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# **Local Businesses**

Fall 2014 Registration Dates	
General Programs:	Tue., Aug. 12, 6:30 a.m. Sun., Aug. 10 ( <i>Drop Box</i> )
Programs (Non-Residents):	Tue., Aug. 19, 6:30 a.m.
Swimming:	Tue., Aug. 26, 6:30 a.m. Sun., Aug. 24, ( <i>Drop Box</i> )
Private Swim & Lifesaving Club of Markham::	Thu., Aug. 28, 6:30 a.m.
Swimming (Non-Residents):	Тие., Sep. 2, 6:30 а.т.

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# **Environmental Benefits Statement**

Markham Life is produced using environmentally safe practices in an effort to save trees, conserve water and energy, and reduce our carbon footprint. It has been printed on 25% post consumer waste recycled paper, using only vegetable based inks.

Wood Use 30 tons less (209 fewer trees) Wastewater 252,902 gallons less (1 fewer swimming pool)



484 million BTU's less (5 fewer homes/year)





Environmental impact estimates were made using the Environmental Defense Paper Calculator. For more information, visit www.papercalculator.org. The Paper Calculator is based on research done by the Paper Task Force, a peer-reviewed study of the lifecycle environment impacts of paper production and disposal. The underlying data is updated regularly. Figures used in this statement represent pro-rated paper usage based on 4 issues of Markham Life (Annual Consumption).



# The Countdown Begins...

arkham kicked off the official countdown to the Toronto2015 Pan Am/Parapan Am Games with a giant street party in Unionville on Sunday, July 13, 2014.

Thousands of excited residents gathered on Enterprise Boulevard outside our new Markham Pan Am Centre and at Bill Crothers Secondary School to experience a sampling of the entertainment, food, sport and cultural activities that will be hosted in Markham beginning July 10, 2015. In the evening, DJ Wayuu, singersongwriter Justin Hines and Latin jazz sensation Amanda Martinez entertained the crowd.

The Pan Am/Parapan Am Games are the world's third largest international multi-sports events, held every four years for athletes of the 42 member nations of the Pan American Sport Organization (PASO). The Games comprise of a mix of Summer Olympic Games sports, as well as sports that are popular in the Americas, such as bowling. The Pan Am Games have been hosted in a dozen countries throughout the Americas. Canada has hosted twice: in 1967 and 1999, both in Winnipeg, Manitoba.

Markham is an official host city of the 2015 Pan Am/Parapan Am Games. We will be hosting badminton, golf, water polo, table tennis and para table tennis. Entertainment and cultural festivals will light up our streets. And we will be ready! With the help of many community representatives on Markham's Games committees, our goal is to make the games an outstanding and memorable experience and to leave a lasting legacy for sport and culture for generations to come. We are looking for hundreds of volunteers to help us during the Markham Pan Am and Parapan Am Games next summer! To find out more about the 2015 Pan Am / Parapan Am Games, and how you can be part of this great event as a volunteer, visit markham.ca.



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Markham Life serves as Markham's official source of information for events and activities and its quarterly culture, recreation and library program guide. Markham Life can also be viewed on Markham's website at www.markham.ca.

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# A Ride Around the Americas at the Flato Markham Theatre

# 2014-2015 season celebrates Pan Am Games

The Flato Markham Theatre is also celebrating the Pan Am Games in its 2014-2015 Diamond Series Season with a roster of performers from around the Americas, including Argentina, Brazil, Chile, Colombia, Cuba, Jamaica, the United States, Uruguay, and, of course, Canada.

Cuban pianist Chucho Valdés brings his innovative Latin jazz to Markham in September and in February, a new musical, Amigas, showcases Cuba's music and dance from the 1950s to today.

Argentinian culture is represented in Glamour Tango, a multimedia celebration of women in tango, and Chilean folk ensemble Inti-illimani will take audiences on a wild ride through Latin music.

Next February, Brazilian brothers Sergio and Odair Assad join Romero Lubambo in a display of guitar virtuosity.

North American music is represented with a wide range of internationally renowned artists. From the U.S. comes country music legend Ricky Skaggs. Canada shines with appearance from several popular artists including rock legends Randy Bachman and Blue Rodeo's Jim Cuddy in October and Colm Wilkinson, star of Les Miserables and The Phantom of the Opera, in November.

For more information, visit markham.ca.



Top: Glamour Tango; above left: Sergio & Odair Assad; above right: Jake Shimabukuro



# Markham Celebrates Official Countdown to Pan Am/Parapan Am Games with a Giant Street Party





Markham Centre, Markham's new downtown, is the proposed location for a new York University satellite campus. Once fully developed, Markham Centre will be a thriving retail, commercial and residential hub, attracting 40,000 new jobs and 40,000 residents.

# York University Prefers Markham for Potential New Campus

he City of Markham recently received exciting news that Markham Centre is York University's choice as the location for its proposed new satellite campus. This decision means that the initiative known as "York in York" - now enters the final stage to prepare a bid submission to the Ontario government in September. The government has issued a Call for Proposals to increase student capacity in areas of growing demand for post-secondary education. The location of a campus in Markham Centre would be a major achievement for the City. If approved by the Province of Ontario, the campus would be in proximity to the future Mobility Hub, and a growing entertainment and cultural centre that includes the Markham Pan Am Centre.

"This site will allow us to serve the growing number of students in York Region," said York University president and vice-chancellor Mamdouh Shoukri. "We are thrilled with the opportunity in Markham Centre."

The presence of a university within York Region is a major pillar in the Region's long term plan. Extensive public consultation pointed to resident desire for a university to complement the knowledge and innovationbased culture thriving in the Region.

York University initially heard bid proposals from six York Region municipalities; Markham, Richmond Hill and Vaughan advanced to the final stages.

"This is a game changer in terms of the benefits it will bring to the York Region

community," said City of Markham Mayor Frank Scarpitti. "This wasn't about the highest bidder. It was more about what resources you can bring to the table. Markham has a reputation for having bold initiatives. It's not just talk. We can deliver."

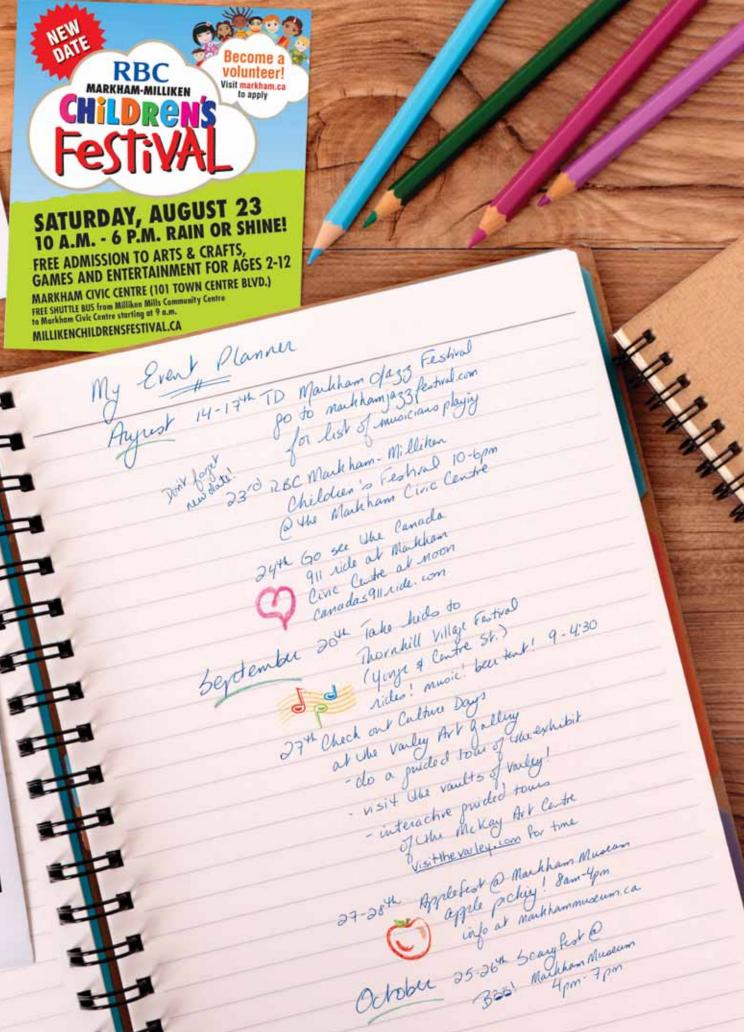
An important consideration for York University, and the Province, is the significant cost savings that can be achieved should Markham Centre be the successful site. The established infrastructure, the sharing of entertainment facilities, sports fields, and resources such as YMCA and the Markham Pan Am Centre are important features that Markham Centre brings to the table.

"The City has been successful in attracting major businesses such as Enbridge, Honda and Aviva, as well as hosting the Pan Am Games," said Mayor Scarpitti. "The new York University Campus would be at the centre of the new urban downtown fabric."

The sharing of this location within Markham Centre allows for the integration of the campus within the growing urban centre. It will provide a new and exciting destination and support the local community by attracting a range of complementary services and businesses and a highly skilled workforce. York University will welcome Seneca College on the new campus, integrating programs that could include co-conferred degrees, joint and collaborative programs, continuing education and bridging programs for new Canadians with credentials from abroad.

# **Fast Facts:**

- York Region is one of Ontario's fastest growing areas.
- Regional population is expected to grow to 1.5 million by 2031.
- York Region is the only municipality of its size in North America without a university campus.
- There are 48,421 York University graduates living in York Region.
- 44 of every 1,000 people living in York Region are York University grads.
- 5,000 students are expected to enroll within the first five years.
- Within 20 years, over 10,000 students may be on this urban campus.
- Almost 56 per cent of York Region's 18 year olds enrolled at an Ontario university in fall 2011, the highest percentage of any Ontario region.
- York Region is headquarters for four of Canada's top 10 corporate R&D investors.
- 42,000 business establishments make York Region their home; it's the second largest business centre in Ontario.





# **Canada Day!**

uly 1 was a great day in Markham. And it's not only Canada's birthday, but Markham's as well. 2014 marked Canada's 147th birthday and Markham's second as a city!

Canada Day was packed with events that offered something for everyone and thousands of residents joined in the party to celebrate.

Canada Day now has extra significance for 44 new citizens who proudly became Canadians at the Markham Civic Centre in the morning.

At noon, more than 800 Markham seniors packed Le Parc Banquet Centre for the annual Seniors Luncheon. This year marked the 75th anniversary of D-Day and speakers acknowledged the contributions of our veterans, and our seniors that helped make Canada – and Markham – great.

The Annual People's Parade travelled from Markville Shopping Centre to Milne Dam Conservation Area celebrating the diversity of our community at large with floats, community and sports groups and children of all ages who were invited to participate with their decorated bikes.

Bands, singers, dancers, and clowns entertained the crowd until musical headliner, internationally acclaimed Latin jazz singersongwriter Amanda Martinez, took the stage.

And then, our fireworks display, brought a fantastic day to a close, spectacular close!



# Make Your Home Bird Friendly This Fall

arkham Council endorsed Bird Friendly Guidelines recommended in the City's Community Sustainability Plan, GreenPrint. These Guidelines offer solutions for residents and developers to prevent collisions between birds and windows. Window collisions are the second leading cause of bird mortality in North America, exceeded only by cats. Making glass visible to birds is one design solution to prevent such collisions.

Markham is also applying bird friendly design standards to our new municipal buildings, and retrofitting existing buildings to meet the Guidelines.

#### **Take action**

Approximately 82 per cent of bird-window collisions, recorded by volunteers in Markham, affected migratory birds and occurred during the months of September and October. As the fall migratory season approaches, the City recommends the following tips to make your home and office bird friendly:

- Turn off inside lights at night to reduce light pollution that can distract nocturnal migratory birds (plus you'll save energy!)
- Ensure exterior lights face downward and not up or toward reflective surfaces

- Reduce window transparency by closing curtains and blinds during the day; this keeps your home cooler too!
- Move house plants away from windows; birds are attracted to them as a place of refuge
- Place bird feeders at least 0.5 metres away from windows for bird safety and best viewing opportunities

For more tips and information on the Guidelines, please email sustainability@ markham.ca or visit www.markham.ca/ sustainability

Photo credit: Oregon Department of Fish & Wildlife (2011) https://flic. kr/p/9R5zdj, Kelly Colgan Azar (2011) https://flic.kr/p/9VEn6L

# **The New Benefits of Pet Licensing**

Pet licensing has many benefits for pets, their owners and our community. If your licensed pet becomes lost, and is found by a Markham Animal Services representative, their first ride home is free! In addition, our licensing programs help Markham manage our pet population, support lost and abandoned animals with food and shelter and provide help to wildlife in danger.

Our new PetConnect Rewards Program is an added bonus for responsible pet owners who have licensed their pets. They can enjoy savings and rewards from more than 50 retail stores and services, right here in Markham.

The program is simple: existing Markham licensed pet owners, as well as those who purchase their pet's licence on or after May 1, 2014, are automatically granted a PetConnect membership entitling them to special savings and exclusive offers.



The PetConnect Rewards card is valid for one year from the date of registration and can be used at all of our PetConnet retailers and service companies.

So take a minute to check out this "wag worthy" program at www.petconnectcard. com. To apply for a new pet licence or to renew an existing one, visit the Online Forms section at markham.ca

# Exciting Changes at the Varley Art Gallery This Fall



In response to client feedback, and as part of the City's commitment to continuous customer service improvements and sustainable practices, the Varley Art Gallery will undergo a series of renovations beginning September 15, 2014. The planned renovations will improve the functionality and accessibility of two of the Varley's program rooms—the Stollery Room and the Paint Studio—as well as upgrade lobby lighting, storage and kitchen space, and building security. These changes will provide enhanced professional studio and school and facility space to students. The work is expected to take about three months to complete. The Varley Art Gallery will remain open during construction.

Don't miss the new exhibition opening September 14, 2014 – *Kim Adams: One for the Road.* There are also many quality public programs, studio workshops, and educational programs as well as community events in which to participate. For details about the Kim Adams exhibition, see page 37.

# **Seed Saving: Reviving a Tradition**

Saving and sharing seeds is something farmers and backyard gardeners have been doing for generations. Why not start your own seed sharing tradition? It's not complex, but it requires knowledge, a dash of patience and a little trial and error. There are specific steps for different varieties of fruits and vegetables. Consider these basic steps to get started:

- Choose your seeds open pollinated vs. hybrid
- Collect the seeds is there a certain trait you want your next crop to have?
- Clean seeds some seeds require soaking, washing or wiping with a dry cloth prior to sowing or storing:
  - wet processing: seeds from tomato plants, cucumbers, melons, etc.
  - dry processing: seeds from lettuce, peas, etc.
- Storing seeds proper storage means germination next season! Think cool and dry.
- **TIP:** Never dry seeds on paper towel. They'll stick like glue! Use a ceramic or glass plate, or cookie sheet.

Resident support for the "local food" movement is growing in Markham. The Markham Organic Home Gardens program is now city wide. The Markham Grows Seed Library which is extremely popular, is available through Markham Public Libraries.

Visit markham.ca/sustainability to learn more about the Markham Grows Seed Library and Markham Organic Home Gardens program and sign up for a Seed Saving workshop in September.



Enjoy fresh, healthy, and affordable food, grown right at home!



**Our Community** 

# HISTORIC MAIN STREET



# settled in 1794 shop . dine . explore



# Celebrate with us IN UNIONVILLEINFO.COM



Thursday Nights at the Bandstand Thursdays to Aug 28 | 7:30pm to 9pm UNIONVILLEPRESENTS.COM

NEW! Sunday Yoga Series Sundays to August 24 | 10am to 11am

Concert Sundays Sundays to August 31 | 7pm to 9pm MCBAND.CA

Stiver Mill Farmer's Market Sundays to October 12 | 10am to 4pm

Movies on Main August 6, 20, 27 | Dusk



Markham Jazz Festival August 14,15,16 & 17 MARKHAMJAZZFESTIVAL.COM

Heritage Festival (Labour Day) September 1



Doors Open Markham September 27



NEW! Oktoberfest (Thanksgiving) October 12



Remembrance Day November 11 | 10:30am to 12pm

Olde Tyme Christmas Parade December 5] 7pm to 10pm

NEW! Artisan Market December 5 & 6

Breakfast with Santa December 6 & 13



# **City Services: Easier, Faster and More Convenient than Ever!**

# Go mobile!

What's more convenient than accessing services from your computer? Accessing them from your mobile device, of course!

Twenty City services can now be requested from your smartphone or tablet, and 20 more will be available later this year.

Download All Access Markham, our free mobile app. Check the waste collection schedule, find the nearest park or plan your event schedule...all while you're on the go!

## Easy access with one login

439 residents now have a single online account at markham.ca and access the City's online services with one login and password. If you already have an EZ Reg account, you can use the same credentials to add other services offered by the Markham Public Library or online service requests, to your registration profile. It's simple: Select "Sign In" from the homepage, login and then create a new profile.

# **Election Information online**

On October 27, we'll go to the polls but some of us will be voting in a new ward. Not sure of your ward? The new Ward Look-Up Tool in the election section of our website helps voters match their address to their ward and see the names of the candidates in their area. Visit Markhamvotes.ca for information about the 2014 municipal election.



# **2013 Annual Report**

Financial performance, sustainability and updates on City services can be found in the City's 2013 Annual Report – now available at markham.ca.

## New Online Services:

- Request Overnight, and Monthly Overnight, Street Parking
- Pet Licence new or renew
- Business Licence new or renew
- Make a Mobile Sign Permit Payment
- Obtain Property Zoning
   Information
- Apply for a Tree Permit (for tree removal)
- Ask a Building Code Question
- Request a Building Investigation
- Request a Property Compliance
   Report
- Request to Access Building Permit Documents
- Obtain a Certificate of Completion
- Apply for Pre-Authorized Tax Payment (PTP)
- Request Senior Driveway Snow Windrow Removal
- Request to change a course or program
- Obtain an Open Air Burn Permit
- Request a Fire Truck to participate in an event
- Request a Community Presentation

# Stormwate

# Impacts of a Changing Climate

Evidence indicates that our climate is becoming warmer and more variable, creating more intense rain events and frequent storms. The changing climate is affecting Markham's existing water, sewer, and stormwater systems.

# **Costs of a Changing Climate**

Rainwater can enter a basement through windows and doors from outside a home. Heavy rains can overload the sanitary sewer pipes and cause backups into the basement through floor drains and toilets.

Water damage and costs are increasing because aging sanitary sewer and stormwater systems can't handle severe storms. As well, many home owners have made costly renovations and improvements to their basements which are expensive to restore if flooding occurs. While insurers do not cover damages from stormwater flooding – that is water coming through doors and basement windows – they are responsible for sanitary sewer backups.

Uncertainty about local climate change and its future impact on water, sewer and stormwater systems is affecting local municipalities across Ontario. Markham is taking steps to address the issue of flooding and you can help too.



# **The Markham Flood Control Program**

In 2013, after a series of public information meetings with residents and the business community, Markham City Council approved the Markham Stormwater Management Strategy. The strategy provides a framework for the Markham Flood Control Program, erosion control, watercourse management and the maintenance of stormwater management facilities.

The Markham Flood Control Program is a long term, City-wide initiative to improve storm drainage capacity and limit surface and basement flooding risks in urban areas. Improvements will help protect public and private properties and make Markham's stormwater system more resilient to climate change. Effective January 2015, a Stormwater Fee will be charged to all property owners to help fund the program. Billing will begin next summer. These fees, combined with a portion of the Canada Gas Tax funds, will provide dedicated funding for both approved and future storm infrastructure improvement projects City-wide and lowering flood risks. **For residents:** The annual rate is \$47 per property unit.

For non-residential property owners: The annual rate is \$29 per \$100,000 current value assessment.

For additional information about Markham's Flood Control Program and the new Stormwater Fee, visit Major City Projects at markham.ca or contact Access Markham at 905-477-5530 or customerservice@markham.ca.



# What You Can Do to Reduce the Risk of Flood Damage on Your Property

√

Regularly clean out your eavestroughs.

Disconnect and redirect your downspouts to an unpaved area at least one metre away from your foundation.

Don't let leaves or litter block storm drains.

- Create a rain friendly landscape by replacing asphalt and other hard surfaces with gardens and plants.
- Maintain your basement windows and foundation and ensure water drains away from your foundation.
  - Limit water use inside your home during rainstorms (for example, delay laundry, taking a shower, using the dishwasher).
- Install a sump pump if you have a low-lying basement, or high water table. Ensure a storm water sump pump drains at least one metre from your house foundation.



Need more information? Visit Markham's website at markham.ca (Residents/Water & Wastewater) or call us at 905-477-5530.

# Markham is Taking Action...

- Encouraging property owners to reduce paving and hard surfaces like parking areas and driveways, where practical. These hard surfaces do not allow water to soak into the ground and slow water runoff. Fast flowing water can overload pipes and cause water courses to overflow.
- Developing innovative design requirements for new developments to reduce stormwater runoff.
- Building drainage systems that can better withstand the effects of climate change.
- Working with the conservation authority on demonstration projects so established communities can become more environmentally friendly and ready for climate change. Visit sustainableneighbourhoods.ca.
- Working with surrounding municipalities and the conservation authority on area-wide flood reduction plans.
- Undertaking flood control engineering projects and improving the capacity of the system to handle stormwater.
- Working with businesses to reduce flood risks and damages through flood proofing.

For more information visit markham.ca and click on Residents / Water & Wastewater.



Markham, Waterworks construction, October 2013



# **Construction Update**

Several large infrastructure projects are Currently underway. They include:

## Warden Avenue

The Regional Municipality of York is improving Warden Avenue and road construction from 16th Avenue to Major Mackenzie Drive resumed this spring. Warden Avenue will remain open to traffic during construction with one lane open in each direction. YRT/Viva riders are advised transit stops may be temporarily relocated during construction.

#### Planned construction for 2014:

- Completion of two additional lanes on the east side of Warden Avenue
- Completion of bridges across Carlton Creek, Berczy Creek South and Berczy Creek North
- Installation of sidewalks, multi-use path and street lighting
- Completion of traffic noise barriers
- Installation of retaining walls
- Water main relocation
- Landscaping

Construction should be completed by the end of 2014 and the planting of street trees will begin in spring 2015.

# **Birchmount Bridge**

This bridge will connect Enterprise Blvd. to Highway 7, providing another northsouth corridor for commuters. The bridge work should be completed soon, opening Brichmount Road to through traffic.

## Main Street Markham South

Main Street Markham South, from Highway 7 to James Scott Road, is closed until the end of the year so the existing bridge over the Rouge River can be rebuilt. All through traffic is being rerouted to Donald Cousens Parkway (Markham By-Pass).

# **Viva/Rapid Transit**

The second phase of the rapidway, which now totals 3.9 kilometres from Highway 404 to Warden Avenue, is due to open at the end of the summer. A short route along South Town Centre Blvd. to Warden Ave. and Enterprise Blvd. is expected to be finished by the end of the year.

For further information, go to Major City Projects at markham.ca.



# Markham Public Library Wins Award for Innovative Management

The City of Markham has received the Gold Award for Innovative Management from the Institute of Public Administration of Canada for the Markham Public Library's customer service improvement project.

The Innovative Management Award, co-sponsored by IBM Canada, recognizes creative and effective initiatives that foster innovation and enhance the image of the public sector. This year, IPAC received more than 80 submissions for the award.

Markham Public Library's "Customer Service Revolution" finds ways to meet increasing customer expectations for responsive and effective service delivery.



# DO YOU KNOW A VETERAN?

Ea Re yo of he Si Vi

Each year, the Markham Remembrance Day Service recognizes three veterans. If you are a veteran, or a member of their family, we would like to hear from you.

# Submission deadline: September 15, 2014

Visit markham.ca for details, or contact Daniela Magarelli: 905-475-4886 dmagarelli@markham.ca

# **14 Students Receive Bursaries**



**F**ourteen graduating Markham students – one from each of Markham's high schools – have each received a \$1,000 bursary from Markham District Energy to assist with first-year post-secondary expenses.

The Markham District Energy Sustainability Bursary encourages and rewards students who have distinguished themselves through academic excellence and participation in environmental extracurricular, volunteer and community services activities and who intend to study science related to the environment full time at a Canadian postsecondary institution. Bruce Ander, President and CEO of Markham District Energy Inc., presented the bursaries during a community recognition awards ceremony at the Markham Civic Centre on May 5.

The recipients were:

From York Region Catholic District School Board:

Richard de Paulsen, St. Robert Catholic High School

Sarena Karpouzis, St. Brother Andre Catholic High School Alexander Morihovitis, Father Michael McGivney Catholic Academy Alyssa Tang, St. Augustine Catholic High School

From York Region District School Board:

Jade Bassler, Pierre Elliott Trudeau High School

Arash Homayouni, Thornhill Secondary School

Jean Ji, Bur Oak Secondary School

Xiang Li, Thornlea Secondary School

Kathy Lin, Unionville High School

**Ella Matthiessen,** Markham District High School

Shailja Modi, Milliken Mills High School Marie Racioppa, Bill Crothers Secondary School

Michelle Sin, Markville Secondary School Sarina Sit, Middlefield Collegiate Institute

Dozens of Markham residents and organizations were also recognized by City Council for their significant contributions to the community as well as for their outstanding achievements. For a complete listing of the residents and organizations recognized, visit the News Room at markham.ca.

Congratulations!

# FOR THIS 10-YEAR-OLD WITH ASTHMA, NEW BEDS WOULD BE A **BREATH OF FRESH AIR.**

Carter and his mother have something in common. They both have severe Bronchial Asthma. Not long ago at 2 o'clock in the morning, Carter couldn't breathe. His parents, Mike and Jacquelyn, took him to the Emergency Department at Markham Stouffville Hospital. There, Carter received immediate attention that eased his respiratory distress and calmed both him and his parents. The quality of care Carter got made his parents passionate supporters of the MSH Buy a Bed campaign. Government does not fund all new equipment and expansion needs at the hospital. And your support has a huge impact on the lives of others. **Buy a Bed. Be a Life Saver.** 

PLEASE GIVE: BedsSaveLives.com 905-472-7373 x 6341 | mshfoundation@msh.on.ca





COMMITMENT TO YOU:

# **Culture Days and Doors Open 2014** Explore Our City's Unique Cultural and Heritage Treasures

ulture Days is a three-day, nationwide initiative that gives everyone the opportunity to participate in free, interactive and "behind the scenes" cultural activities.

Now in its second year, Culture Days in Markham encourages participation and support from local artists, organizations, residents as well as visitors to the community.

This year's activities include PechaKucha Markham vol. 4; Visit the Vaults of the Varley, guided tours of current exhibitions at the Varley Art Gallery, interactive guided tours of the McKay Art Centre and Doors Open Markham 2014.

Doors Open Markham, now in its 12th year, will take place on Saturday, September 27. This free one-day, city-wide celebration of community heritage offers residents and visitors of all ages and abilities the opportunity to explore unique heritage properties ranging from the very oldest houses to the modernera Varley Art Gallery of Markham.

There will be 20 sites in our "community of communities"—Thornhill, Buttonville, Unionville, and Markham Village. Annual favourites include the Thornhill Village Library with its legendary haunting and Markham Heritage Estates, where visitors can imagine what it would be like to restore a historical treasure to its original brilliance. Some of the other interesting sites on this year's roster are Sanatan Mandir Cultural Centre, Warden House, Markham Village Train Station and the Rouge Valley Trail.

Join us for Doors Open Markham as part of your Culture Days experience. See page 36 for more information and visit markham.ca for updates.





# Main Street Transformation Celebrated at the Annual Markham Village Music Festival

The revitalized Main Street Markham opened for the annual Markham Village Music Festival. Celebrating its 37th year, the festival attracted thousands over three days to enjoy great food, music and local vendors. The Main Street Markham Revitalization Project involved extensive rehabilitation, creating a new and intimate pedestrian and retail experience for everyone. The friendly streetscape will support and enhance local commercial activities and be a stage for cultural and community celebrations.

The occasion included the unveiling of a plaque that marks significant contributions of local merchants, residents and others who have worked towards the heritage preservation of this street, a central hub for Markham since the 1800's.



# **Restored Stiver Mill Opens in Unionville**

he City received funding in early 2013 from the federal government through the Community Infrastructure Improvement Fund. This \$1.8-million project to create a heritage site in Unionville included the restoration of the Stiver Mill's exterior, creation of internal community recreational space and a boardwalk to connect the Mill with Main Street Unionville and the Unionville Train Station.

The Stiver Mill was originally built in the early 1900s and remained in use until the late 1960s as a storage building for grain, seed, coal and feed for livestock. Its grain elevator is similar to those seen in Canada's Prairie Provinces. It also features plank-on-plank construction and is clad in sheet metal siding to protect the structure from the weather. Inside, original machinery, grain bins and chutes remain as artifacts.

The Stiver Mill re-opened on June 29, 2014. When you're visiting the Sunday Farmer's Market located in front of the Stiver Mill this summer, make sure you tour this beautifully restored heritage building.



Unique shops. Unique services. Unique experiences.



# New Stores, New Patios, New Street! www.mainstreetmarkham.com

Rediscover Main Street Markham! Stroll our newly renovated street and walk back in time as you shop in over 160 unique and award-winning stores and services with personalized customer service. Something for everyone!

## Hwy. 7 and Markham Rd.



MAY 10th to OCT 11th Main Street Markham Farmers' Market

> JULY 20 Unity Festival

SEPT 7 Markham Auto Classic

SEPT 27 Doors Open Markham

> OCT 25 Trick or Treat

NOV 28 Festival of Lights

NOV 29 Markham Santa Claus Parade

# Your Waste Calendar Coming Soon in Markham Life

arkham is a leader is waste diversion, achieving over 81 per cent diversion from landfill in 2013. Much of this success comes from residents using the City's Annual Waste Collection Calendar each week to help guide them in managing their organic and recycling materials, and garbage.

The Calendar will now be available in winter 2014/2015 issue of the Markham Life, as of the due out at the end of October. Markham Life is a great source of information for residents. A go-to source for what's happening in our City, it makes perfect sense that these two important pieces come together. Twice a year, residents will receive a six-month waste collection calendar as part of Markham Life. This removable calendar will continue to bring you the important information you need to help **Keep Markham beautiful!** 





# What's Been Happening in Markham



Flag Raisings Celebrate Diversity In celebration of Pride Week, the City of Markham raised the Pride flag on June 16 to show support for the LGBT community. r the may on june to to show support for the LND I community Markham also celebrated our Greek, Armenian, Israeli and Phillipine communities, as well as Autism Day, with flag raisings.



10,000 Trees Marks 25 years of Planting 10,000 trees is a local organization that has helped to restore over 175 acres within the Rouge Valley Watershed, much of it in Markham. Their 25th anniversary was celebrated at a planting at Milne Dam Conservation Area on April 27.



Popular Events Bring Great Food to Markham A ribber shows off his skills at this year's annual Ribfest which took place July 4 - 6 at the Markham Civic Centre. The weekend offered ribs, live entertainment and arcade games. Night it Up also returned to the Markham Civic Centre July 11-13. Thousands came to try typical Asian street food.

# Mayor Scarpitti's Annual Board of Trade Luncheon Address

Over 500 business representatives attended the Mayor's Board of Trade Luncheon address on May 29, to hear about the City's many recent achievements and an outlook for the future. The full speech is available online at markham.ca.



Princess Elettra Marconi visited the City of Markham to officially open the Guglielmo Marconi Exhibition at the Markham Museum.



Junior Firefighter Recruitment Day

Two young Markham students learn what it's like to operate a fire hose at the annual Junior Firefighter Recruit day. The day offers young students an opportunity to learn different aspects of fire fighting including fire extinguisher training, water rescue, fire truck inspection and more.

#### Unionville and Markham Village Music Festivals

Residents flocked to Main Street Unionville for the annual Unionville festival on June 6 – 8 for a weekend of live music, amazing food, and family fun.

The 37th Markham Village Music Festival was enjoyed by many on the revitalized Main Street Markham with live music throughout the weekend of June 20-22.

National Day of Honour Celebrated May 9 marked the first annual National Day of Honour. Many may > marken the first annual frational Day of fromour, many gathered at the Markham Civic Centre to honour the services of Bauncreu at the marking to the conflicts around the world. our brave men and women in armed conflicts around the world.

> Honsberger Field 70 Elgin Street

> > MARKHAM

Gordon Weeden Park 339 Swan Park Road

#### Nine Parks Open this Summer Across Markham

Over the course of the summer, the City of Markham opened nine new parks. Photographed here are four of our new parks: (clockwise) Gordon Weeden Park; Honsberger Field; Riverwalk Park; and Highgate Park. Other parks that opened were Felix Opatowski Park, Franklin Carmichael Park, the Arboretum and Heritage Orchard Park, Ray Street Park and the Lesley Price Park.



# Scotiabank's Community Hockey Program

You define richness. With our support of over 3,700 community hockey teams, we're just proud to be a part of it.





You're richer than you think.



<sup>®</sup> Registered trademarks of The Bank of Nova Scotia.

# Fall 2014

# **Our Community**

# Markham By-laws & Your Backyard

Here are a few things to keep in mind this summer:

- Keeping Markham Beautiful: The City of 1. Markham takes great pride in keeping our community beautiful for all residents to enjoy. Lawn maintenance, keeping yards clear of household waste, and maintaining the City's boulevard are a few ways property owners can help keep our city beautiful. Grass and weeds should not exceed six inches in height at any time and grass clippings should be removed from the lawn or mulched. Residents are not permitted to blow grass clippings, leaves, dirt, or any other debris onto the municipal boulevard or highway. Properties should be kept free of all forms of garbage and debris. Garbage may be placed at the curb anytime after 7 p.m. the day before collection. Empty bins must be removed from the curb no later than 7 p.m. the day of collection. For more information on the Keeping Markham Beautiful By-law, visit markham.ca.
- Driveways: If you have plans to install or extend 2. your driveway, you will need to hire a driveway contractor who has been licensed by the City of Markham to do the work. Licensed contractors are listed on our website.

Markham by-laws regulate driveway width and prohibit the extension of a driveway onto the City boulevard. To be sure your driveway will be in compliance, by-law staff can visit your property, review your proposed project and explain the by-law requirements. To schedule a visit, call 905-477-5530.

Wildlife: As the temperatures begin to drop, our urban wildlife begin to look for winter den sites within our homes. To animal proof your home, be sure your chimneys, roof vents, and any existing openings are screened. Also, to prevent easy access onto your roof, trim back trees and vines away from the roof edge. For a complimentary wildlife audit of your home, contact a City By-law Enforcement Officer by calling 905-477-5530. To report an incident regarding wildlife in distress, orphaned or injured, please call Toronto Wildlife Centre at 416-631-0662 or visit torontowildlifecentre.com

Animals: Markham's Animal Control By-law 4. requires that all dogs and cats residing within Markham be licensed annually. Licensing your dog or cat could play a critical role in identifying your pet should it become lost. If you welcome a new pet into your home partway through the calendar year, you may be able to purchase a licence at a reduced fee. You must apply for the licence within 30 days of getting your pet. You may apply and purchase a new licence at the Markham Civic Centre or at one of our authorized locations. For a list of authorized locations, visit markham.ca

Animal licences expire annually on December 31. A renewal licence application from Markham will come to you in the mail. Once you receive your notice, mail your completed form, along with payment to: Markham Civic Centre, 101 Town Centre Boulevard, Markham, Ontario, L3R 9W3. See our website for details.

- Trees: Markham's Tree Preservation By-law sup-5. ports our efforts to promote a greener community and healthier environment. In most cases, before removing a tree from your property, you must get a permit. Call before you cut!
- 6. Taking a Cab? Look for the Markham plate! Licensed Taxicabs in the City of Markham may be identified by this distinctive red and white licence plate. Vehicles licensed as taxicabs by the City are inspected for safety and model year limits, and drivers must carry commercial vehicle insurance. As well, taxi drivers must be licensed by the City of Markham, which requires criminal and driver record checks. Taxi drivers must complete training and testing.
- **Opening a Business in Markham?** If you plan to 7. operate a business in Markham, you may require a business licence from the City. Restaurants, stores selling food or tobacco, and personal service shops such as spas and auto repair garages, are among the businesses that must be licensed. To obtain more information or to find out if your business requires a licence, contact the City of Markham Licensing and Standards office at 905-477-5530.

When in doubt, check it out! For more information, call 905-477-5530, email customerservice@ markham.ca or visit us online at markham.ca

# **Markham Services**

# **Fire and Emergency Services**

Emergency	9-1-1
Poison Control Centre	800-268-9017
City of Markham (Switchboard)	905-477-7000
<b>Customer Service</b> Services include:	905-477-5530
<ul> <li>Animal Licences</li> <li>By-law Enforcement &amp; Licensing</li> <li>Building Inspections</li> <li>Engineering</li> <li>Fire Prevention &amp; Community</li></ul>	<ul> <li>Street Lights Out</li> <li>Traffic Operations</li> <li>Parking Enforcement</li> <li>Property Taxes</li> <li>Recreation Registration</li> <li>Waste Management</li></ul>
Presentation <li>Local Roads Operations</li> <li>Parks, Tree &amp; Forestry</li>	Waterworks
Other Numbers: • York Region Animal Services (OSI • Building Permits	

<ul> <li>York Region Animal Services (OSPCA)/ Wildlife</li> </ul>	
Building Permits	905-475-4870
Clerk's Department	905-475-4744
Development Services Commission	905-475-4861
Economic Development Office	905-475-4878
Heritage Markham	
Sportsfields	905-415-7509
• Information Markham and Volunteer Centre	
(Community Information)	905-415-7500
Markham Public Library (all locations)	

## **Clerk's Department**

# 905-475-4744

The City Clerk is the official secretary of Council and the official record keeper. Dealing extensively with the public, the City Clerk answers a variety of questions pertaining to the City. The Office of the City Clerk is responsible for:

Depending of Council/	Munisinal Election
Recording of Council/	Municipal Election
Committee minutes and	Administration
agendas	Overseeing Contact Centre
<ul> <li>Business licensing</li> </ul>	Overseeing Animal
<ul> <li>Municipal Freedom of</li> </ul>	Services Delivery
Information and Protection of	<ul> <li>Providing notification</li> </ul>
Privacy Act Requests (FOI)	to residents on zoning
• Registering deaths and issuing	changes and Official Plan
burial permits	Issuing marriage licences
<ul> <li>Receiving and opening of</li> </ul>	Performing civil marriages
tenders, quotations	0 0
-	<ul> <li>Photography permits for</li> </ul>
<ul> <li>Enforcing by-laws and parking</li> </ul>	weddings
control	Approving film permits
<ul> <li>Maintaining Corporate</li> </ul>	11 0 1
Describe	<ul> <li>Processing insurance</li> </ul>

- Records
- Lottery licensing

Ratepayer Groups are registered with the Clerk's Department. For contact information and a map of the groups, visit our website.

claims

# Parks

Markham maintains more than 200 parks, from urban parkettes like Church Street Parkette on Main Street Markham to neighbourhood gathering places like Millennium Square in Unionville to large-acre parks like Pomona Mills in Thornhill. Residents and groups may book many of Markham's parks and sportsfields for events and use. For more information, call Sportsfields at 905-415-7509.

# **Pathways**

## 905-477-5530

905-415-7509

Markham has kilometres of scenic pathways that provide access for walkers, joggers and cyclists to enjoy some of the most beautiful areas in Markham. We take pride in keeping Markham beautiful. By maintaining our parks and public green spaces, we promote an active and healthy quality of life.

## Sign Management

905-477-7000 x. 5530

To enhance the City's award-winning urban streetscapes, the placement of mobile and temporary (Mobile Signs/A-Frame/ Banner) signs are regulated within the community. Permits may be obtained from the Licensing and Standards Division for shortterm placement of these signs. Commercial advertising signs on public boulevards are prohibited and are subject to immediate removal by enforcement staff.

#### Zoning

#### 905-475-4743

If you wish to determine what uses are permitted on a property in the City and the standards that apply to those uses, you must submit a written zoning inquiry. A fee may apply in some cases.

# **Road Authorities - Maintenance**

Maintenance is handled by a number of organizations. Roads within Markham are "owned" by one of five road authorities: City of Markham, Region of York, City of Toronto, Ministry of Transportation or SLF Joint Venture (Hwy. 407 ETR). In general, roads that extend beyond the Markham boundaries (e.g., Woodbine Avenue, 16th Avenue, Highway 7) are not the responsibility of the City of Markham; they fall under the jurisdiction of another authority. For a listing of road authorities and who has responsibility for maintenance, visit our website or call 905-477-5530.

# Waste Management

## 905-415-7535

Markham's current curbside diversion rate is 80 per cent – one of the highest municipal diversion rates in Ontario. The City has an ambitious new waste diversion program for schools and condominiums. Our diversion programs encourage reducing, reusing, recycling, composting, and embracing and promoting a zero waste policy. A leader in zero waste recycling programs, Markham is one of a handful of municipalities to have received two Recycling Council of Ontario (RCO) Platinum Awards for achieving top-recycler status.

With clear bags for garbage, bi-weekly waste collection, Big Belly Solar Compactors on Markham Village Main Street and Unionville Main Street; Zero Waste special event containers; 450 parks recycling cages; 1,200 Super Mailbox recycling containers; and 192 public space recycling containers, Markham is on its way to being a zero waste community.

# Hours for Markham Household Hazardous Waste Depot

To better serve Markham residents, the Region of York expanded the hours of the Markham Household Hazardous Waste and Electronics Recycling Depot. The depot, on Rodick Road at Miller Avenue, is open Thursday to Monday, 8:30 a.m. to 4:30 p.m. It is closed Tuesdays and Wednesdays, and all Statutory Holidays. For more information, visit our website.

# Waterworks 905-475-4862 (after hours 905-477-7000)

Markham's Waterworks division provides a safe and sufficient supply of water to all system users in our community. Qualified staff will answer inquiries from the public regarding water services and sanitary sewer issues. Waterworks operators are licensed by the Ontario Ministry of the Environment and receive ongoing training to ensure that the water and wastewater (sanitary sewer) systems are operated according to the current regulatory standards and requirements.

# **Seniors' Programs**

# Fall 2014



he City of Markham is committed to working cooperatively with the older adults in the community to explore opportunities and support an active and independent lifestyle. In addition to the information in this section of the magazine, older adults are welcome to join any program in the Adult Section of the guide at a reduced fee.

Many of these City of Markham programs are run through the Seniors Clubs. The mission of the clubs is to, "**provide programs and services that promote independent living, empowerment, community involvement, public education, advocacy, social activity, physical activity, friendship and partnerships.**" This section of the magazine outlines the programs offered through the clubs as well as those open to the public.

Information sessions, programs, and health and education fairs are occasionally offered at the Seniors Clubs. These include support services such as foot care and fall prevention, walking and hearing loss programs, and fire safety. Contact the Seniors Club nearest you for more information.

# **Seniors' Information**

# Markham

It'S ALL About VOLUNTEERISM!

# KNOW AN EXCEPTIONAL SENIOR? NOMINATE ONE TODAY Mayor's Seniors Hall of Fame Awards

If you know of a deserving Markham resident (aged 60+), who has lived here for 10 or more years, show your appreciation and nominate them for this prestigious award.

Nomination forms are available at all Markham Seniors Centres, Community Centres, Libraries, the Anthony Roman Centre and at **www.markham.ca** 

Nomination Deadline: September 12, 2014



# Seniors with well thought-out emergency plans respond better than those without

Stay informed about emergencies that are likely to affect your community and make an emergency plan that includes:

- Phone numbers of family and other people who can help you inside and outside your area
- Plans for your pets public health regulations only allow service animals in reception centres/ mass lodging sites, and some hotels.

Get an Emergency Kit for your home, your car, and to 'Grab-and-go' if you must evacuate – remember an extra supply of your medications.

A list of items to include in your emergency kits is available at www.markham.ca.

# HAVING DIFFICULTY GETTING YOUR RECYCLING TO THE CURB?

# YOU MAY BE ELIGIBLE FOR MARKHAM'S ASSISTED WASTE AND RECYCLING COLLECTION SERVICE



Please call **905-415-7535** for more information on the Assisted Waste and Recycling Collection Service. Information on garbage and recycling regulations can be found at **www.markham.ca** under "Residents," select "Recycling & Waste."

# **Seniors' Information**

# Strong, Fit and Competitive: York Region Residents Compete at the Ontario Seniors Summer Games!

ore than 300 York Region flexed their mental and physical muscles at the York Region 55+ Summer Games, held at various locations from May 2 to June 19.

Physical competitions included Bocce; Five Pin Bowling; Carpet Bowling; Lawn Bowling; Darts; Golf; Horseshoes; Shuffleboard; Snooker; Eight Ball Pool; Nine Ball Pool; Pickle Ball (a blend of badminton and tennis); and Prediction and Nordic Walk. In the Prediction Walk, participants are asked to predict how long it will them to walk a predetermined distance. The closer they are to their predicted time, the better.

The Games also offered competitive Cribbage, Contact Bridge, Bid Euchre, and Progressive Euchre.

Staying in good physical and mental shape is important at any age. Physical fitness can prevent or minimize the effects of many chronic diseases, while a well exercised mind and social engagement can help ward off depression and dementia.

"The Games are designed so anyone can participate," says Angeline Richard, Chairperson of the York Region 55+ Games. "We want to encourage people to stay physically, mentally and socially active by doing something they enjoy."

Each year, Gold Medal winners from the York Region Summer Games move on to compete in the Ontario 55+ Games. Winter games are held every even numbered year – which means another jam-packed Games is planned for October and November 2014. If you would like to get involved, application forms are available from municipal recreation departments, most Seniors Centres or online at www.ontarioseniorgames.ca.



Till the Boys Come Home

Ladies and gentlemen. You are cordially invited to attend a wonderful afternoon of entertainment at the **Flato Markham Theatre** 

# Monday, October 20 at 1 p.m. Tickets are still \$10 .00

(available after August 15)

# This year we present for your enjoyment **"Till the boys come home"**

We will supply free coffee and nibblies. Come early and sign up for a chance to take home a wonderful door prize.

Please call Gail Leet at **905-887-6029** or email *cheers.eh@sympatico.ca* for tickets or information.

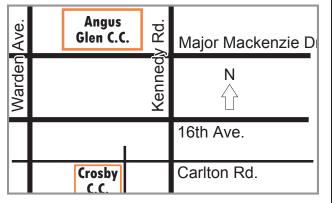
Tony Murphy | Producer

# **Seniors' Programs**

# Markham

# **Angus Glen Older Adults**

Location:	Angus Glen Community Centre 3990 Major Mackenzie Dr. East Markham, ON L6C 1P8
Contact:	Crosby C.C., 210 Main St., Unionville Dan Lock dlock@markham.ca 905-477-7000 ext. 7127



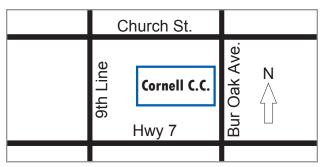
**Membership** Information: Membership is required to attend programs at Angus Glen. Older Adult Services are offered at the Angus Glen and Crosby community centres.

Please contact Dan Lock for an electronic copy of the Program Schedule or drop by and pick up a printed copy.

# **Cornell Community Centre**

Location: Cornell Community Centre 3201 Bur Oak Ave. Markham, ON L6B 0T2 Contact: Carol Manning,

cmanning@markham.ca 905-294-6111 ext. 4344



**Membership Information:** There is no membership required to join the drop-in programs at this centre. Visit or call for more information.

# The Markham Seniors Activity Centre

Location: Markham Seniors Activity Centre 22 Water St., Markham, ON L3P 7P7 Contact: Carol Manning, cmanning@markham.ca 905-294-6111 ext. 4344 905-294-5111 (call for program info) Wilson St. Bobinson St.

Robinson St.

This centre is dedicated to all Markham Seniors and operates in a 15,000-square-foot building on Water Street. The mandate of the Older Adults in Action Club is to, "meet the needs of their membership by offering programmes and activities which encourage and promote social interaction, physical fitness and mental stimulation." Membership is required. To register, please visit the Centre.

# Milliken on the Move

Location:	: Milliken Mills Community Centre 7600 Kennedy Rd., Markham, ON L3R 985				
Website:	www.motm-oac.com				
Contact:	Front Desk, 905-477-6410				
	mcommunitycentre@markham.ca				
	14th Avonuo				



**Membership Information:** Membership is required to attend most MOTM programs. Programs that do not require membership are listed on the Drop-in Programs page. MOTM also operates out of Armadale Community Centre.

# **Seniors' Programs**

# Fall 2014

# **Thornhill Seniors' Club**

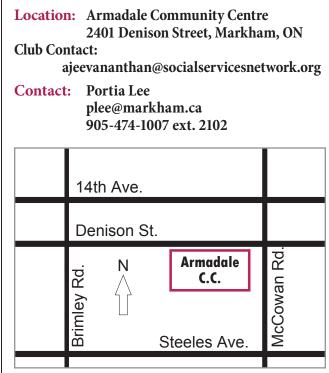
Location:	Thornhill Community Centre
	7755 Bayview Ave.
	Markham, ON L3T 4P1
Website:	www.tsclub.ca
<b>Contact:</b>	Brian Bailey
	bbailey@markham.ca
	905-944-3783
	Reception Desk: 905-944-3781



The Thornhill Seniors' Club is a not-for-profit community organization with approximately 1,400 members and volunteers. Operating out of the Thornhill Seniors Centre – a 6,000' space in the Thornhill Community Centre, it has a TV lounge, cafe, kitchen, accessible washrooms, games room, three activity rooms plus shared space with the Community Centre. Over 90 activities are offered Monday through Sunday. With generous sponsor support, we are also able to offer presentations and events at no charge to our members. The Club also offers day and overnight trips. Please call the Travel Desk for more info: 905-944-3782.

**Membership** Information: Membership is required to attend most Thornhill Seniors' Club programs. Programs that do not require membership are listed on the Drop-in Programs page.

# Armadale Older Adult Club



New to the Armadale Community Centre are drop-in seniors programs which run in partnership with Social Services Network (SSN). SSN is a non-profit community agency that delivers culturally and linguistically appropriate direct services to the South Asian community in order to promote and enhance an independent and enriched community life. Programs are also offered at Markham Community Hub – 8 Shadlock St., Unit 5 – Monday to Friday 9:00 a.m. to 5.00 p.m. and weekends with partners like Markham South Asian Seniors Centre & Middlefield Seniors Wellness Club.

Membership Information: For membership, please contact SSN Program Manager Augustine Jeevananthan at ajeevananthan@socialservicesnetwork.org



These programs are offered through the Senior Clubs. For more information on memberships, please visit the club pages. You may also contact the clubs directly for detailed information on program dates and fees.

#### **Abdominals**

A gentle exercise program to strengthen abdominal muscles and generally increase the feeling of well being. **Program offered at:** Thornhill Seniors Centre

## Aquafit

These great water exercise programs are offered through the City of Markham pools. Please see the swimming section of the magazine for details. These courses are subject to regular swim fees.

**Program offered at:** Angus Glen, Centennial, Cornell, Milliken Mills, Thornhill and Thornlea Pools

## **Badminton**

This program is a great way to be active with friends. Practice your drop shot, smash, and clear techniques. Please bring a good pair of running shoes and a badminton racquet.

**Program offered at:** Cornell C.C., Markham Seniors Activity Centre, Milliken on the Move, Thornhill Seniors Centre

# Ballroom Dancing 1 & 2

This dance class is a lot of fun and great exercise. Classes will cover the Waltz, Rhumba, Tango, Cha Cha and Jive. Please wear appropriate shoes for dancing. Participants are encouraged to sign up as couples.

**Program offered at:** Thornhill Seniors Centre, Milliken on the Move

## **Belly Fit - Sage**

This is a fun exercise class geared toward mobile seniors with a love of music and dance.

**Program offered at:** Thornhill Seniors Centre

# **Bridge Club**

This is a club where you can play a card game that challenges to the mind.

# **Seniors' Programs**

Training sessions are available to those who are new to the game. **Program offered at:** Armadale C.C.

# **Camera Club**

This group meets once a week. It holds photo shoots, competitions and lessons throughout the year. All are welcome to come out and discover photography **Program offered at:** Thornhill Seniors Centre

## **Cardio Dance**

Join our very experienced instructor in this safe, fun, dance-based exercise class that will benefit your mind and body! Enjoy the upbeat music while improving your heart, lungs, balance and flexibility. Please ensure that you wear proper exercise shoes – no sandals or ballet flats.

**Program offered at:** Markham Seniors Activity Centre

# **Carpet Bowling**

All skill levels are welcome to come out and play this fun-filled bowling game. This continues to be one of the most popular weekly activities.

**Program offered at:** Thornhill Seniors Club

# Chair Yoga

This is a gentle form of Yoga practised sitting in a chair or standing using a chair for support. No complicated or complex movements, but the same benefits of a traditional Yoga class – relax your body and mind, improve your fitness and flexibility and elevate your health and well-being.

**Program offered at:** Milliken on the Move, Cornell C.C.

# **Chinese Calligraphy**

Chinese Calligraphy is a unique art form. Participants will be introduced to basic brush techniques and style, while participating in this relaxing, social and therapeutic activity.

**Program offered at:** Milliken on the Move, Thornhill Seniors Centre

## **Computers Basics**

Get to know your computer better. This computer tutorial will provide insight into the basics of computers and how to use them.

**Program offered at:** Thornhill Seniors Centre, Markham Seniors Activity Centre

# **Crafts**

Crafters of all skill levels are invited to come and join in on this group. It is a great way to spend an afternoon socializing and learning new skills. New ideas for crafts are always welcome. **Program offered at:** Markham Seniors Centre, Thornhill Seniors Centre

## **Current Events**

Join our group discussion on global events.

**Program offered at:** Markham Seniors Activity Centre

# **Table Games**

Friendly games for all, such as Canasta, Bingo, cribbage, chess and scrabble.

**Program offered at:** Markham Seniors Centre

# Duplicate Bridge

This is a more exciting and competitive game than regular Bridge. This is a game suitable for more experienced Bridge players.

**Program offered at:** Thornhill Seniors Centre, Markham Seniors Activity Centre

# **Euchre**

Both Bid Euchre and regular Euchre are offered at various Seniors' Centres. Meet new people and enjoy developing new strategies in this great card game. All skill levels are welcome.

**Program offered at:** Markham Seniors Activity Centre, Thornhill Seniors Centre

## **Exercise for Seniors**

This is an exercise progrma designed specifically for Seniors. It will focus on muscle development, balance and flexibility. All abilities are welcome. **Program offered at:** Cornell C.C., Markham Seniors Activity Centre

# Learn to Play the Harmonica

This exciting program will teach participants how to play the harmonica! You will learn how to perform basic scales, understand rhythms and play simple melodies.

**Program offered at:** Milliken on the Move

# **Seniors' Programs**

# Fall 2014

# Health and Wellness Exercise

Enjoy a variety of low-impact exercises including various stretches, tai chi movements and line dancing routines. This is a great program to keep fit. **Program offered at:** Milliken on the Move, Thornhill Seniors Centre

# H.E.L.P. (Healthy Exercise to Ensure Longevity Program)

This specially designed activity program assists with maintaining the ability to do daily tasks by keeping the whole body responsive to the demands of those activities without strain. *Prescreening is mandatory.* 

**Program offered at:** Markham Seniors Activity Centre

## Karaoke

Enjoy an afternoon of karaoke with your favourite songs. Participants will choose from a list of available songs and perform them for each other. This is a fun social activity.

**Program offered at:** Milliken on the Move

# Laughing Yoga

Laughing yoga is a form of therapy, which makes use of self-induced laughter. The principle behind this is that you should force yourself to laugh spontaneously and later on, this fake laughter will translate into something genuine.

Program offered at: Armadale C.C.

# **Line Dancing - Beginners**

Come and enjoy this great dance and exercise program by learning the stepby-step line dancing techniques. No partner is necessary.

**Program offered at:** Milliken on the Move, Markham Seniors Activity Centre, Thornhill Seniors Centre

# **Line Dancing - Advanced**

Once you have mastered the beginners line dancing class, this is the next step. This program will focus on more movements - a fun program for everyone. **Program offered at:** Markham Seniors Activity Centre, Thornhill Seniors Centre, Milliken on the Move

## Lunch, Learn and Linger

Bring your lunch and join in some interesting discussion or entertainment. Every Monday, something new happens.

**Program offered at:** Markham Seniors Activity Centre

## Mah Jong

Enjoy a fun game of Mah Jong with other participants. Whether you are a beginner or an advanced player, we will find you a group to play with.

**Program offered at:** Markham Seniors Activity Centre, Thornhill Seniors Centre

# **Meditation and Yoga**

Meditation and Yoga uses Ch'i kung or qi gong, which is the science and practice of chi. Physical and mental health are supposedly improved by learning how to manipulate chi through controlled breathing, movement, and acts of will.

Program offered at: Armadale C.C.

# **Mild Mobility Exercise**

This exercise class utilizes movement to increase joint mobility, and allows you to go beyond simple flexibility of muscles. It provides you with the ability to move your hips, shoulders, spine, and other body joints more efficiently. **Program offered at:** Armadale C.C.

# **Music Emsemble**

Bring your instrument and share the joy of music by playing in this fun amateur music ensemble. Practice different types of songs and rhythms. All types of instruments are welcome. **Program offered at:** Milliken on the Move

## **Osteo Fit**

This exercise program is geared toward seniors with or without Osteoporosis. It is a fun and great way to exercise at your own pace. This activity uses light weights and music to enhance the program. It involves both sitting and standing exercises.

**Program offered at:** Thornhill Seniors Centre

# Pickleball

This is a racquet sport that combines badminton, tennis and table tennis. It is played with a hand paddle and polymer ball on a court 1/3 the size of a tennis court, and is enjoyed by a wide range of age groups.

**Program offered at:** Cornell C.C., Markham Seniors Activity Centre

# **Snooker/Billiards**

This is a game everyone can enjoy. Lessons are offered throughout the season, building up to a snooker tournament. Work on bank and check side shots while meeting new people. Snooker tables, cues, and balls are provided.

**Program offered at:** Markham Seniors Activity Centre, Thornhill Seniors Centre

# Spanish Language Classes

This pre-registered program runs throughout the year. It offers Basic Spanish, level 1, on Wednesdays, 11:00 am - 12:30 pm; Intermediate Spanish, level 2, on Wednesdays, 9:00 am - 11:00 am and Conversational Spanish for those students who are able to converse in the language, on Tuesdays, 10:30 am - 12:00 noon.

**Program offered at:** Thornhill Seniors Centre

# **Table Tennis**

Beginners and champions are welcome. Practice your top spins, backhands and chop shots while getting some exercise. Tables, balls and racquets are provided, however, participants are welcome to bring their own racquets, if preferred.

**Program offered at:** Cornell C.C., Markham Seniors Activity Centre, Thornhill Seniors Centre, Milliken on the Move

# Tai Chi

Improve your health by joining in this martial arts program. Through a series of graceful movements, you will improve muscle strength and mediations

**Program offered at:** Cornell C.C., Thornhill Seniors Centre, Milliken on the Move



# Seniors' Programs

## Travel

Meet new people and socialize as you join in these fun day trips or evening excursions. Destinations include theatres, cruises, shopping and casinos. **Program offered at:** Markham Seniors Activity Centre, Thornhill Seniors Centre.

## Volleyball

Members of the Markham Seniors Activity Centre only are welcome to join in this fun game of volleyball. Improve your spike, volley, serve and bump as you exercise. Please bring a good pair of running shoes. **Program offered at:** Cornell C.C.

## Watercolour Painting

Reveal your hidden painting talent by joining in this watercolour course. Instructors will assist and help develop painting techniques. Please speak to staff regarding materials for the course. **Program offered at:** Markham Seniors Activity Centre, Thornhill Seniors Centre

# **Yoga for Seniors**

Join our certified yoga instructor as she leads you through a series of stretches that will gradually increase your flexibility, building strength and creating balance while reducing stress. **Program offered at:** Cornell C.C., Markham Seniors Activity Centre, Thornhill Seniors Centre, Armadale C.C.

# Yuanji Dance

Yuanji dance originated in China and is a combination of exercises, dancing, acupressure, and the martial arts. This dance is easy to learn, good for strengthening the muscles and improving flexibility in the joints. Join in the dance and get a great workout too.

**Program offered at:** Milliken on the Move

# Zumba

This active dance class is a fusion of Latin and international music, and dance that creates a dynamic, exciting and effective cardio workout.

**Program offered at:** Markham Seniors Activity Centre, Thornhill Senior Centre, Milliken on the Move, Cornell C.C.

# **Seniors' Drop-in Programs**

Program	Day	Time	Location
ACBL Bridge	Mon., Wed.	12:30 p.m 4:30 p.m.	Angus Glen C.C.
Duplicate Bridge	Mon./Tue./Wed.	1:00 p.m 4:00 p.m.	Thornhill C.C.
Line Dance	Mon.	10:30 a.m 12:00 p.m.	Thornhill C.C.
	Wed.	7:30 p.m 9:00 p.m.	Thornhill C.C.
	Thu.	12:30 p.m 2:00 p.m.	Thornhill C.C.
Line Dance - Intermediate Plus	Tue.	1:00 p.m 3:00 p.m.	Thornhill C.C.
Line Dance - Level 3	Thu.	10:00 a.m 11:45 a.m.	Thornhill C.C.
Ballroom Dance Practice	Mon.	7:00 p.m 10:00 p.m.	Thornhill C.C.
Older Adult Exercise	Mon./Wed.	10:40 a.m 11:40 a.m.	Cornell C.C.
	Mon./Tue./Wed.	9:30 a.m 10:30 a.m.	Cornell C.C.
Pickleball	Tue.	4:00 p.m 5:30 p.m.	Angus Glen C.C.
	Wed.	10:00 a.m 12:30 p.m.	Angus Glen C.C.
	Fri.	1:00 p.m 3:30 p.m.	Angus Glen C.C.
	Tue.	9:30 a.m 11:30 a.m.	Armadale C.C.
Table Tennis	Mon.	7:00 p.m 10:00 p.m.	Thornhill C.C.
	Tue.	8:00 a.m 12:00 p.m.	Thornhill C.C.
	Tue./Fri.	9:30 a.m 10:30 a.m.	Cornell C.C.
Tai Chi	Mon.	9:30 a.m 10:30 a.m.	Cornell C.C.
Wellness Exercise	Mon./Wed./Fri.	9:30 a.m 11:30 a.m.	Thornhill C.C.
Yoga	Tue./Thu.	10:45 a.m 11:45 a.m.	Cornell C.C.
Chair Yoga	Thu.	12:30 p.m 1:30 p.m.	Cornell C.C.
Zumba	Wed.	11:00 a.m 12:00 p.m.	Angus Glen C.C.
	Thu./Fri.	9:30 a.m 10:30 a.m.	Cornell C.C.

These drop-in programs are open to all seniors in the community who wish to participate. Schedule is subject to change. Please contact centres for detailed program schedule.



# Older adults 65+ receive a **30% discount** on all Adult

program prices!



# MARKHAM PUBLIC LIBRARY

#### 905-513-7977

www.markhampubliclibrary.ca

f 💟 @MarkhamLibrary



Branch	Customer Service/ Accounts	Information	Manager	
Angus Glen Branch 3990 Major Mackenzie Dr. E., (between Kennedy and Warden)	ext. 7100	ext. 7141	Angela Tse	ext. 7150
Cornell Branch 3201 Bur Oak Ave. Markham	ext. 3460	ext. 3461	Fred Whitmarsh	ext. 3469
<b>Markham Village Branch</b> 6031 Highway 7 Markham, (at Main St. Markham)	ext. 4271	ext. 4273	Hilary Murphy	ext. 4287
Milliken Mills Branch 7600 Kennedy Rd. Unionville, (south of 14th Ave.)	ext. 5337	ext. 5336	Pam Saliba	ext. 5333
Thornhill Community Centre Branch 7755 Bayview Ave. Thornhill (at John St.)	ext. 3521	ext. 3523	Mindy Freed	ext. 3524
Thornhill Village Branch 10 Colborne St. Thornhill, (east of Yonge St.)	ext. 3481	ext. 3481	Mindy Freed	est 3524
Unionville Branch 15 Library Lane Unionville, (off Main St. Unionville)	ext. 5517	ext. 5518	Patrick Pan	ext. 5551

t Markham Public Library you can

participate in a variety of learning

opportunities. Programs and

workshops are designed to help you learn

a new skill, discover a new passion and

make informed choices. Whatever your

Learning starts at birth! You and your baby,

toddler or preschooler will enjoy books,

songs, rhymes and fingerplays at our drop

in storytimes. Learn tips and techniques

to use at home that build on the storytime

experience and develop language and pre-

Grade appropriate programs have been

developed for MPL by teachers to support

the learning that happens at school. Your

child will be engaged in fun and educa-

tional activities in a small group setting that will develop skills and confidence.

reading skills in your child.

interest, explore it at the library!

**Preschoolers** 

Children

## HOURS

Monday — Thursday: 9:30 a.m. — 9:00 p.m.

Fridays: 9:30 a.m. – 5:00 p.m.

Saturdays: 9:00 a.m. – 5:00 p.m.

Sundays: 1:00 p.m. – 5:00 p.m.

#### **Thornhill Village Branch:**

Tue. & Thu.: 12:00 - 8:00 p.m.

Wed., Fri., & Sat.: 9:00 a.m. – 5:00 p.m.

Sunday: 1:00 p.m. – 5:00 p.m.

## **Holiday Closures**

Monday, September 1 ..... Labour Day Monday, October 13 ...... Thanksgiving

# THE LEARNING PLACE

Teens

MPL has great spaces for teens to study or hang out with friends. Our Teen Librarians can help you find information or suggest books, movies and music. MPL also has a variety of fun or academic programs for teens.

#### **Adults**

MPL offers language programs, computer programs, book discussion groups, and health, parenting or business workshops that will have you learning new skills and exploring new ideas. Seniors (65+) receive a 30% discount on programs.

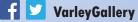
## New to Canada?

Visit MPL for settlement services, ESL classes and programs aimed at newcomers. You'll also find books, newspapers, music, movies and online resources in other languages.

MPL's programs can be found in the program section of this magazine – or visit MPL's website and click on "Programs" www.markhampubliclibrary.ca. Register online through ezReg.

# Varley Art Gallery of Markham

216 Main Street Unionville 905-477-7000 ext. 3261 www.varleygallery.ca





## Hours

Mon.\*, Tue., Wed., Fri. & Sun.: 11 a.m. - 4 p.m. Thu.: 11 a.m. - 8 p.m. Sat.: 10 a.m. - 5 p.m. \*Jul. 1 - Aug. 31

# FREE Gallery admission

# FREE Guided Tours

Sat. & Sun.: 2 p.m.

Group tours available upon request. Book yours today!

#### Supported by:



ONTARIO ARTS COUNCIL CONSEIL DES ARTS DE L'ONTARIO an Ontario government agency un organisme du gouvernement de l'Ontario

#### Volunteer

Play an important role at the Gallery – whether you are interacting with visitors, supporting special events or assisting art classes/camps. As a volunteer, you will meet new people, learn about Canadian art and support your community!





The Varley presents exhibitions of historical and contemporary Canadian art, and offers educational programs for members of the community. Through research, exhibitions, public programs and publications, the gallery explores the art of F.H. Varley – a founding member of the Group of Seven – his peers, and the artists who have explored and shaped Canadian artistic practice.

# **Register for Our Art Classes**

The Varley Art Gallery offers a broad range of art classes that appeal to the curious beginner and the skilled artist. Working with artists and experienced instructors, students of all ages learn through studio-based exploration in a fun and supportive environment. For more information, see the following pages: Adapted Programs on *page 48*, Children on *page 59, Pre-teen on page 69*, Teens on *page 75* and Adults on *page 77*.

## **Become a Member and SAVE!**

Our affordable membership packages offer a number of benefits including:

- FREE general admission to the Varley Art Gallery, Markham Museum and over 70 galleries in Ontario
- 10% discount on art classes and art camps

Becoming a member is easy! Apply online or pick-up an application at the Varley Art Gallery today.

#### **Private Gallery Tours**

Private tours offer an in-depth look at exhibitions, artists, their stories and the stories behind the stories.

# **Upcoming Free Events**

#### **Open on Simcoe Day**

Mon., Aug. 3 | 11 a.m. – 4 p.m.

**Open on Labour Day** 

Mon., Sep. 1 | 11 a.m. – 4 p.m.

#### PechaKucha Markham vol. 4

Fri., Sep. 26 | Culture Days: 7:30 p.m.

#### Culture Days/Doors Open Markham

• Venture into the Varley Sat., Sep. 27 | 1:30 p.m. & 3:30 p.m.

 Guided Tours of Current Exhibitions

Sat., Sep. 27 | 10 a.m., 12, 2, 4 p.m.

• Interactive Guided tours: McKay Art Centre

Sat., Sep. 27 | 11 a.m., 1, 3 p.m.



# Current and Upcoming Exhibitions





F.H. Varley, *Self Portrait, Days of 1943*, c. 1945, oil on canvas on masonite, 49.5 x 40.7 cm, Hart House Art Collection, University of Toronto, Purchased by the Hart House Sketch Committee, 1949/50

With selections taken from our permanent collection, this exhibition serves as an overview of F.H. Varley's life and artistic practice. Also on display are works that explore Varley's use and understanding of colour on loan from the Art Gallery of Ontario, McMichael Canadian Art Collection and Justina M. Barnicke Gallery.



# Kim Adams: One for the Road

Organized and Circulated by Museum London

Sep. 13, 2014 - Jan. 11, 2015

Opening Reception: Sep. 14, 2014 | 2 – 4 p.m.



Kim Adams, *Toaster Work Wagon*, 1997, 1960s VW bus parts, bicycles, approximately 205.7 x 320.0 x 152.4 cm, Courtesy of the Artist, Photo: Steve Martin

This exhibition surveys Adams' 30-year career as an inventor of strange new worlds. An enthusiastic assembler of sculptures made from model parts, bikes, trucks, old appliances and equipment, Adams has exhibited throughout Canada and around the world. He has produced drawings and prints, small models, and huge sculptures that re-envision ideas of home, vehicles, and other machines gone comically wrong.

# Varley Art Gallery of Markham

216 Main Street Unionville 905-477-7000 ext. 3261 www.varleygallery.ca

f 💟 VarleyGallery

# **Public Programs**

#### **Artist Talk**

#### Sun., Sep. 14 | 12:30 p.m. | \$10 (members free) Advance registration required

Join artist Kim Adams for an insightful discussion exploring his 30-year artistic practice, followed by a walkthrough of his exhibition *One for the Road*. The exhibition's free opening reception follows at 2 p.m.

### Maker-mania

Sat., Sep. 20 | 3:30 p.m. | Free | Ages 7 yrs+ Sun., Sep. 28 | 1:00 p.m. & 3:00 p.m. | Free | Ages 7 yrs+

Creativity + Technology = Innovation! This workshop delivered in partnership with the Markham Public Library, will introduce you to exciting new DIY (Do-it-yourself) possibilities.

### **Eco-cities**

#### Sun., Nov. 16 | 11:30 p.m-1:00 p.m. & 2:00 p.m.-3:30 p.m. | \$10 Advance registration required

Led by environmental artist Les Luxemburger, this interactive workshop for ages 8-14 explores basic concepts of ecological and sustainable design. This program is presented in partnership with Markham's Sustainability Office.

# Book Your Next Event with Us

Varley Art Gallery

Make your event a memorable one. Whether it is a wedding ceremony or reception, a corporate meeting or a private party, we have the ideal space to accommodate your needs.

#### McKay Art Centre

The McKay Art Centre is perfect for arts and culture groups, and individual artists. It offers affordable rental rates for self-generated exhibitions, and cultural activities.



**Children's Birthday Parties** (*Ages 4 to 12*) We deliver special two-hour parties in our studio space. Choose from a variety of hands-on art activities, enjoy free time PLUS add a short guided tour of our seasonal exhibition. Each child will take home their masterpieces, Varley sketchbook and memories of a fun-filled art adventure!



9350 Markham Road 905-294-4576 www.markhammuseum.ca



# Thanksgiving to Victoria Day (October 13, 2014 - May 18, 2015)

Open Tuesday to Sunday: 12 noon to 5:00 p.m.

# Closed Mondays (except for special events, camps, & pre-registered groups)

Arkham Museum offers a unique family and educational experience featuring over 20 historic buildings on 25 acres of parkland. One of the first LEED gold standard museum spaces in Canada, the Museum represents the main themes of settlement as it relates to the environment, and the technologies used to adapt to life. Our many quality, affordable programs focus on the ongoing growth of the region. Our exhibitions and events engage the community as a whole and attract over 50,000 visitors to Markham and the Greater Toronto Area each year.

# VOLUNTEER

Be part of an exciting, engaged team, make friends and learn new skills! Opportunities are available for teens, adults and seniors. We need your help with:

- Summer Camps
- Special Events
- Maintenance and Gardening
- KEVA Exhibit Docents
- Family Sundays
- Birthday Parties

Find out more by calling 905-294-4576 or sending an email to museuminfo@ markham.ca.

# **EXPLORE Our Research Centre** Available weekdays by appointment

If you are interested in genealogy or local history, the Museum offers research services, courses on researching family histories and access to a variety of primary and secondary resources.

In addition to our local history library, the Museum has a wide variety of other resources including:

- Genealogical information on 1,500 local family groups
- Municipal assessment and collector's rolls
- Documentary artifacts diaries, deeds, ledgers, private correspondence, directories, and photographs.

The Research Centre is available by appointment on weekdays throughout the year. Book your appointment online under Research Services/Enquiry or by calling 905-294-4576.

# Become a member and SAVE

Our affordable membership packages offer a number of benefits including:

- FREE General Admission to Markham Museum and the Varley Art Gallery.
- 10% discount on select programs and camps\*
- 10% discount on Museum Children's
- Birthday Parties.\* • 15% discount on Gift Shop items (mini-
- 15% discount on Gift Shop items (minimum \$10 purchase).

Becoming a member is easy! Call 905-294-4576 or email museuminfo@markham.ca to find out how.

\* Available for Family Memberships only.

# Check out our Online EXHIBITIONS

- Curating our Community
- Landscapes and Streetscapes Catalogue
- Tradition and Innovation: The Importance of Agriculture to Markham (1820 1920)

Visit markhammuseum.ca and experience them today!



# Visit Our Exhibitions Orientation Gallery Exhibition:

# What is Markham? Discover Our Evolving Community

Visitors can explore the changes in our landscape, and the way we worked, went to school and came together as a community over the past 100 years.



# Kids Celebrate!

**Kids Celebrate!** invites children ages 5 to 12 to learn about the many celebrations in Canada through hands-on activities and games that will stimulate their curiosity and motivate them to discover and explore the traditions of diverse cultures.



This is a travelling exhibition produced by the

This is a travelling exhibition produced by the Canadian Museum of History.





# **Remembering the Great War**

More than 90 Markham Township residents were recognized for their services overseas during World War 1 and twenty-seven names are recorded on Markham's memorials. Still more community members contributed to the war effort without leaving home. This exhibition documents these men and women, their work, and how they were, and still are, commemorated.



Clendening House at 35 Wales Ave. in 1919 M.1989.27.159



# KEVA Planks Design – Build – Play

Blending science with art, KEVA Planks brings out the designer, architect and engineer in each of us. Using identical construction blocks, build structures and sculptures - with imagination and just a little help from gravity. Build your home, your city, your masterpiece and then have fun knocking it down to start all over again. With 15,000 planks, there is no limit to what you can build!

# Join Us for these Events

# Looking for something to do with family on a Sunday afternoon?

Join us for Family Sundays at Markham Museum, drop in and take part in our fun, hands-on, family-oriented activities – all this available as part of your Museum membership or regular admission fee.

# **Applefest**

Sat., Sep. 27 and Sun., Sep. 28 10:00 a.m. - 4:00 p.m. \$3 per person, children under 2 are free

Join in Markham Museum's salute to the wonderful apple! The Museum operates its own apple cider mill and offers fresh samples to visitors. Take a stroll through our heritage apple orchard and participate in a variety of hands-on activities for kids of all ages. Enjoy the great food and music too. It's a fun-filled weekend for the entire family!



# Scaryfest

Sat., Oct. 25 | 4:00 p.m. 7:00 p.m. Sun., Oct. 26 | 4:00 p.m. - 7:00 p.m. \$6 for adults, \$5 seniors/students, \$4 for kids, children under 2 are free

A ghoulishly grand Halloween event for children 10 and under! Trick-or-treat your way around the Museum grounds where you will encounter lively and not so lively characters! Come in costume, have fun and enjoy the family activities!



# Book your next event at Markham Museum

Whether it's a corporate meeting or barbecue, wedding, birthday or family get-together, we are the perfect setting for your event. Indoor, outdoor, big or small, call us to discuss your event and arrange a site visit. We offer our Transportation Hall, Outdoor Pavilion and Gazebo, and the Church.



# Children's Birthday Parties Ages 3 to 12

Party at the Museum! We deliver interactive and educational 2-1/2 hour parties that include handson activities and free time for your group in the party room. Choose from our standard birthday party package or our newly-introduced KEVA blocks, and Geo-caching Treasure Hunt parties. Please visit our website for details.



171 Town Centre Boulevard, Markham www.markhamtheatre.ca



MarkhamTheatre171

# MARTIAL ARTS, DANCE, PERCUSSION...

November 1, 2 pm & 8 pm



Wisdom

# TRENDSETTERS.

# WE ARE THRILLED TO PRESENT THE FLATO MARKHAM THEATRE'S 14+15 DIAMOND SERIES.

We're leading the way again as a theatre venue offering exceptional and unique performances featuring outstanding artists.

They are the trendsetters and their impact as artists has engaged and ignited breakouts in the live performing arts world, whether in music, dance, theatricals or other genres.

This year we are excited to celebrate the spirit of the upcoming 2015 Pan American/Parapan Games with an eclectic roster of performers and cultural influences from many countries and regions of the Americas including Chile, Brazil, Argentina, Colombia, Uruguay, Hawaii, Cuba, Jamaica, America and Canada.

Along with these epic artists and productions, we offer you a dazzling line-up of the most gifted, award-winning artists who continue to garner success and outstanding artistry.

Our promise of a great experience is our #1 priority PLUS the most flexible and diverse pricing options in the GTA.

# EXPECT THE BEST.









markham 😒 theatre

# **CALLING ALLTEACHERS!**

We offer Educational shows for your students! Fall & Winter performances available. Call Andrea Smitko at 905-415-7537 ext. 5700 or email asmitko@markham.ca

flato





Markham Life - Fall 2014 42

#### STAINED GLASS CLASS

8 week session - Tuesday, Oct 14th to Dec 9th - 7 pm to 9 pm Cost: \$110 + \$30 supplies fee + cost of glass Call Laurie: 647-955-3088

#### YOUTH ART CLASS

6 week session - Saturday, Sept 13rd to Nov 1st - 10 am to 12 pm Cost: \$75.00 + \$20.00 supplies fee Call Christine: 905-477-7208

#### CALLIGRAPHY CLASS

7 week session - Starting September 15th Tuesdays - 1:15 pm to 3:15 pm or 7:30 pm to 9:30pm Cost: \$98.00 + \$5.00 supplies fee Call Gayle: 905-294-4272

**CROCHET CLASS - BEGINNER** 2 week session - Wednesday, Oct 1st & 8th- 7:00 pm to 9:00 pm Cost: \$28.00 + 10 Supplies fee Call Katarina: 905-884-2829

**CROCHET CLASS - INTERMEDIATE** 2 week session - Wednesday Oct 22nd & 29th- 7 pm to 9 pm Cost: \$28.00 + \$10 supplies fee Call Katarina: 905-884-2829 (Must have basic skills)

INTRODUCTION TO WEAVING ON A LOOM Email for class dates, times & project information Email: markhamguild@rogers.com

VILLAGE PALETTES - OPEN STUDIO PAINTING GROUP Every Thursday from Sept 11th to early June Call Marg: 905-477-0774 or visit www.villagepalettes.com

**KNITTING CLASS - BEGINNER** 

4 week session - Wednesday Nov 5, 12, 26 & Dec 3 7:00 pm to 9:00 pm - Cost: \$56.00 + \$10.00 supplies fee Call Katarina: 905-884-2829

KUMIHIMO (JAPANESE BRAIDING) - BEGINNER WORKSHOP Sat, Nov 1 - 2 - 4pm - Email : president@markhamguild.com

KUMIHIMO (JAPANESE BRAIDING) - ADVANCED WORKSHOP Nov, 15th - 9:30 am to 12:30 pm - Call Diane: 905-470-0973

CAGED BEAD EARRING & NECKLACE - JEWELLERY WORKSHOP Tuesday, Oct 7th & 14th from 9:30 am to 12:30 pm Email Claire: claireblanglois@gmail.com

VIKING KNIT - JEWELLERY WORKSHOP Sat, Nov 8th from 9:30 am to 1:30 pm - Call Diane: 905-470-0973

SEED BEADING - JEWELLERY WORKSHOP Nov, 22nd from 9:30 am to 1:30 pm - Call Diane: 905-470-0973

SWEDISH WEAVE - 2 DAY WORKSHOP Sat, Oct 11 & 18 from 10am to 12pm - Call Diane: 905-470-0973

**BELLS & BOWS HANDMADE HOLIDAY CRAFT SALE** Fri, Nov 28 from 7pm to 9pm & Sat, Nov 29 from 9am to 3pm WEDNESDAY YARN CRAFT CLUB

Markham

**Guild of Village** 

Sept 17th, 24th, Oct 15th, Nov 19th, Dec 10th, 17th Wednesday - 7:00 pm to 9:00 pm Cost: \$14/evening (pay as you go) + \$10 supply fee Call Katarina: 905-884-2829 (Must have basic skills)

#### **CREATIVE CARDS - STAMPING CLASS**

6 week session - Oct 1st to Nov 5 Wednesdays - 7:30 pm to 9:30 pm Cost: \$78.00 + \$50.00 supplies fee Call Connie: 905-472-0469

#### FIBRE ARTS CLASS - ALL LEVELS OF EXPERIENCE

Contact teacher for dates - Friday - one class per month Cost: \$21.00 + supplies fee (will vary by class) Call Christine: 905-477-7208

#### **QUILTING CLASSES - ADVANCED**

Ongoing 3 sessions per month Commencing on the 1st Wednesday of the month Cost: \$63.00 each month Call Peggy: 416-497-7340

#### POTTERY - HANDBUILDING & WHEELTHROWING

Saturday, 10:00 am to 1:00 pm or 1:00pm to 4:00pm Sunday, 12:30 pm to 3:30 pm Classes are ongoing - Contact teacher for dates Cost: \$245 + \$20 supplies fee + \$15 for clay Call Wai-Yu: 416-219-9708

#### SEWING - BEGINNER - 4 WEEK SESSIONS

Mondays - 7:00 pm to 9:00 pm Session 1: Sept 8 to 29 Session 2: Oct 6 to Nov 3 Session 3: Nov 10 to Dec 1 Cost per session: \$56.00 Email: sewing@markhamguild.com

SEWING - CONTINUED - AFTERNOON CLASSES Tuesdays - 4:30 pm to 6:30 pm Session 1: Sept 16 to Oct 28 (6 week session) Cost \$84.00 Session 2: Nov 4 to Dec 2 (4 week session) Cost \$56.00 Email: sewing@markhamguild.com

#### SEWING - CONTINUED - EVENING CLASSES Tuesdays - 7:00 pm to 9:30 pm

Session 1: Sept 16th to Oct 28 (6 week sessiom) Cost: \$105 Session 2: Nov 4 to Dec 2 (4 week session) Cost: \$70 Email: sewing@markhamguild.com

HAT MAKING WORKSHOP (MINIMUM SEWING REQUIRED) Sat, Sept 13th - 9:30 am to 1:30 pm - Call Diane: 905-470-0973

PURSE MAKING WORKSHOP (MINIMUM SEWING REQUIRED) Sat, Sept 20th - 9:30 am to 1:30 pm - Call Diane: 905-470-0973

HAND SEWN GIFT MAKING - WORKSHOP Sat, Dec 6th from 9:30 am to 3:30 pm - Call Diane: 905-470-0973

\*\*\*Sewing Students 15 & under receive a reduced rate.\*\*\*

# Open House Registration - Sat, Sept 27th from 10am to 2pm

Markham Guild of Village Crafts - 11 Church St., Markham, ON L3P 3V5

markhamguild.com

markhamguild@rogers.com 905-294-7421

Customers need a Client Barcode Number and an Account PIN to register by Internet or phone. If you do not have this information, call the Contact Centre at 905-475-4731

• Contact Centre Hours: Monday, Tuesday, Wednesday, and Friday: 8:00 a.m. - 5:00 p.m. Thursday: 8:00 a.m. - 7:00 p.m.

(as of 6:30 a.m. on registration days). Closed on statutory holidays

• Please call us if you have not received your mail confirmation one week prior to the program start date.

	EZ REG Recommended Method	FAST TRACK 905-475-4867	FAX 905-479-7767	MAIL/DROP BOX* or IN-PERSON
	Internet Registration	Touch Tone Phone Registration		
Step 1 What you need to get started	<ul> <li>Client Barcode(s)</li> <li>Account PIN</li> <li>Course Barcode(s)</li> <li>VISA / MasterCard</li> <li>/ Amex # with valid expiry date to make payment</li> </ul>	<ul> <li>Client Barcode(s)</li> <li>Account PIN</li> <li>Course Barcode(s)</li> <li>VISA / MasterCard / Amex # with valid expiry date to make payment</li> </ul>	<ul> <li>Completed Registration Form</li> <li>VISA / MasterCard / Amex # with valid expiry date to make payment</li> </ul>	<ul> <li>Completed Registration Form</li> <li>Cheque payable to City of Markham OR VISA / MasterCard / Amex # OR Cash (in person during office hours only)</li> <li>No post-dated cheques</li> </ul>
<b>Step 2</b> Register for a program	• Log on to www.markham.ca • Click on the EZ Reg logo	• Call <b>905-475-4867</b> and follow the voice prompt instructions	Fax your completed Registration Form to <b>905-479-7767</b> (any time prior to Drop Box deadline)	Drop off completed Registration Form at one of the following locations: • Angus Glen C.C. 3990 Major Mackenzie Dr. • Armadale C.C. 2401 Denison St. • Centennial C.C. 8600 McCowan Rd. • Cornell C.C. 3201 Bur Oak Ave. • Milliken Mills C.C. 7600 Kennedy Rd. • Thornhill C.C. 7755 Bayview Ave. • Civic Centre 101 Town Centre Blvd.
Step 3 Confirmation	<ul> <li>Successful registrations and wait-lists will be detailed on your confirmation/receipt</li> <li>Please print your receipt for your records. Receipts will not be mailed</li> </ul>	<ul> <li>You will receive a confirmation number for each program you have registered for</li> <li>Confirmation numbers are only valid once you have made a payment</li> <li>Receipts and confirmations will be mailed out to you within 3 weeks of your registration</li> </ul>	• You will receive a confirmation of your placement within a program or on a wait-list by mail, within three (3) weeks of registration	<ul> <li>You will receive a confirmation of your placement within a program or on a wait-list by mail, within three (3) weeks of registration</li> <li>Registration at the community centres begins the day after online registration.</li> </ul>
Registration Dates	General Programs & Club of Markham: Swimming: Private Swim Non-Residents:	Lifesaving Tue., Aug. 12, 6:30 a.m. Tue., Aug. 26, 6:30 a.m. Thu., Aug. 28, 6:30 a.m. Tue., Sep. 2, 8:30 a.m.	Please ensure you the following dead General Programs All Aquatic Course	: Sun., Aug. 10

\* Drop Box Registrations are only processed at the Civic Centre on registration days. Registration forms are processed in a random order.



# **Things You Should Know**

# What if the program I want to take is already full?

If the program is full, applicants will be placed on the wait list. Cheques will not be cashed and will be held at the Contact Centre up to six months and then destroyed. Cheques may be picked up directly from the contact centre.

# How will I know if a spot becomes available after I have been wait-listed?

The Automated Callback telephone system will call if a spot becomes available. If no one is home, a message will be left indicating that you must call the Contact Centre to confirm by 3 p.m. on the next business day. If no confirmation is received by 3 p.m., the next person on the wait-list will be contacted and offered the spot.

# **Can I transfer classes?**

Transfers are permitted where space is available. Transfer requests may be made by:

- a) Completing a 'change request' form, available online, and submitting it to the Contact Centre or the community centres
- b) Withdrawing and re-registering online through the EZ Reg system
- c) Withdrawing and re-registering on the telephone registration system
- d) Emailing the Contact Centre directly

Please note that telephone and online changes are only available up to 24 hours in advance of the course start date. All transfers as of the start date of the course must be made with option 'a' or 'd'.

# **Program cancellation**

Cancellation of programs occurs when there are not enough course registrants. Please sign up early to avoid disappointment. If your course is cancelled, we will do our best to place you elsewhere. If no accommodation can be made, a full refund will be issued.

# **Older adults**

Older adults, aged 65+ years, may register in any adult program for 30% off the registration fee. Please note that if supply costs are required, they must be paid in full.

# **Non-residents**

Non-residents of the City of Markham are welcome in our programs. A non-resident fee of \$10 will be applied to all programs and registration will occur after resident registration has begun. Please see Page 1 for dates.

# **Children's Tax Credits**

The Federal and Provincial governments offer tax credits for participation in recreational and extra-curricular activities. Please verify your course confirmations to determine whether your course is eligible for the credits and retain for your records. For more information on these tax credits, please visit the Canada Revenue Agency website at *www.cra-arc.gc.ca/fitness* and/or the Ontario Ministry of Finance website at *www.fin.gov.on.ca/en/catc.* 

# **Returned cheques – oops!**

Please note that an administration fee will be charged for returned cheques.

# **Financial assistance**

The City of Markham believes that recreation opportunities should be available to all residents. Residents experiencing financial difficulty may be eligible for assistance. For more information, please call **905-475-4731**.

# Find a mistake?

We make every effort to ensure that the information printed in this magazine is correct. However, if a mistake is found, please email *customerservice@markham.ca* 

📌 indicates an active course.

Refund	/Withd	rawal	Policy

IF you submit a written request to cancel <b>at least five (5)</b> <b>days before the start of the first class</b> (e.g. if the class begins on Monday, the request must be received by the end of the day the Tuesday before.)	₽	YOU WILL RECEIVE a full refund.
IF you submit a written request to cancel <b>less than five (5)</b> days before the start of the first class and the day before the program starts	₽	<b>YOU WILL RECEIVE</b> a full refund less a \$10 administration fee. The administration fee will be waived if you accept a credit on your account.
<ul> <li>IF you submit a written request to cancel on the first day and up to and including <b>the second class/day*</b></li> <li>* your written request must be submitted one (1) day prior to day of the third class.</li> </ul>	⊳	YOU WILL RECEIVE a pro-rated refund less a \$10 administration fee. The administration fee will be waived if you accept a credit on your account. No refund will be issued after the 3rd class/day of a program.
IF your request is received after the 3rd class	<b>⊑</b> >	YOU WILL NOT RECEIVE a refund.
IF we cancel your program <b>prior to the start date</b>	<b>⊑</b> >	YOU WILL RECEIVE a full refund.
IF we request an applicant be withdrawn due to lack of program compatibility	₽	YOU WILL RECEIVE a refund less fee for classes attended prior to withdrawal request.
IF you have registered for Aquatic Leadership, or Varley Art Gallery adult programs, workshops or camps	₽	<b>YOU MUST</b> submit a cancellation request five (5) days prior to first class for refund.



### PART A: FAMILY INFORMATION - Please print clearly

PART C: METHOD of PAYMENT - (SORRY NO POST-DATED CHEQUES)

(Non-Markham Residents — Please add \$10.00 per program per participant)

Process Date: \_\_\_\_\_

Card Holder Name (Please print): \_\_\_\_\_

Cheque 🗆

payable to the CITY OF MARKHAM

VISA

Amount to be charged \$: \_

Cash 🗆

Card #

Expiry Date:

Signature \_

**OFFICE USE ONLY** 

Cash/Cheque Amt \$ \_\_\_\_

Money on Account 🛛

ADULT / PARENT / GUARDIAN's Family Name		First Name		Birth Date M/D/Y	Sex M/F		
Family Address	5				Apt/Unit #	Postal Code	
🛛 Markham	🗅 Thornhill	Unionville		Home Phone #		Email*	
🛛 Other: (Pleas	se specify)						
Guardian's Bus	s. Phone #		Guardian	's Cell Phone #		Are you a new appl	icant?
						🗅 Yes 🗖 No	
Guardian's Bus	. Phone #		Guardian	's Cell Phone #		Have you changed a	ddresses?
						🗆 Yes 🗖 No	

\* Email addresses will be used for electronic receipts and program information notifications. If you would like to receive these, please check here 🔲

#### FAMILY MEDICAL INFORMATION

If there is any medical information, special needs, or inclusion support required, Please indicate below. Is the condition life threatening if untreated? 🛛 Yes 🛛 No

#### PART B: PARTICIPANT INFORMATION — Can be used for more than 1 family member /\* IF PROGRAM IS FULL, APPLICANT WILL BE WAITLISTED

1. PARTICIPANT Fa	amily Name	First Name		Birth Date M/D/Y	Sex M/F
Course Barcode #	Activity Name	Location	Day & Start Date	Time	Fee
AND / OR Course Barcode #	Activity Name	Location	Day & Start Date	Time	Fee
2. PARTICIPANT Fa	amily Name	First Name		Birth Date M/D/Y	Sex M/F
Course Barcode #	Activity Name	Location	Day & Start Date	Time	Fee
AND / OR Course Barcode #	Activity Name	Location	Day & Start Date	Time	Fee
3. PARTICIPANT Fa	amily Name	First Name		Birth Date M/D/Y	Sex M/F
Course Barcode #	Activity Name	Location	Day & Start Date	Time	Fee
AND / OR Course Barcode #	Activity Name	Location	Day & Start Date	Time	Fee

Date Time	Fee						
Total Char	ged						
Submission of this form does not guarantee placement in a program. If you have not received confirmation one week prior to the start of the program, please call 905-475-4731.							
Additional forms are availa Community Centres or pho may be used.							

**Getting Started** 

For Refund / Withdrawal Policy see 44

Clerk:\_

The personal information collected herein is subject to the Municipal Freedom of Information Act and the Personal Information Protection and Electronic Documents Act. The information collected may be used for registration and marketing purposes and will be stored electronically by the City for a period of time to facilitate annual registrations, surveys and mailings, Completion of this form constitutes consent by the applicant/user to these terms and uses, unless otherwise modified or revised in writing delivered to the City.



**Community Recreation Manager** 

**Coordinator, Programs & Seniors** 

**Coordinator, Aquatics & Fitness** 

Angus Glen C.C. Facility Bookings

**General Inquires** 

**Facility Coordinator** 

**Facility Supervisor** 

# **Program Contacts**

Recreation / Culture Services Staff, 905-477-700					
Program Registration Mon/Tue/Wed/Fri: 8:00 a.m 5:00 p.m.			Sportsfields / Milne Park / Allocations		
Thu: 8:00 a.m 7:00 p.m. City of Markham Customer Service	customerservice@markham.ca Tel: 905-415-7535		PAN AM Centre (to open Fall 2014)		
Commissioner of Community & Fire Services	Brenda Librecz 905-479-7761		Manager, Sport Development		
Director, Recreation Services	Mary Creighton x 7515		Program Coordinator		
Director, Culture	Moe Hosseini-Ara x 3596		Facility Coordinator		
		1			

North Community - Unic

Jason Tsien x 7116

Sheri Krauss x 3787

Marsha Mariani x 7120

Scott Hill x 7107

Lisa Young x 7110

x 7104

x 7136

Facility Coordinator	Tom Jones, tjones@markham.ca		
ville Area, 905-944-3777			
Program Supervisor, Adult & Senior Services	Dan Lock x 7127		
Pool Supervisor	Jennifer Evans x 7117		
Crosby C.C			
Facility Supervisor	905-477-8583		
Program Supervisor, Children's Programs & Schools	Don Roe x 2921		
Angus Glen Tennis Centre	905-477-7000 x 7149		
Program Supervisor	Yari Gaeta x 7162		

Carol Dimpfel 905-415-7509 Kim Heaslip x 2524

Janis Cookson, jcookson@markham.ca

Susan Stiles, sstiles@markham.ca

East Community — Markham Village Area, 905-477-7000					
Community Recreation Manager	Heather Atherton x 4549	Centennial C.C.	905-470-3590		
Facility Bookings	Antonietta Rescigno x 4335	Facility Supervisor	Alex Giammarco x 4338		
	Monica Ganzhorn, x 4332	Pool Supervisor	Shelley Makepeace x 4342		
Facility Coordinator	Bernie McDermott x 4337	Cornell C.C.	905-479-7753		
Coordinator, Programs & Seniors	Martha Neely x 4340	Facility Bookings	Judie Ellsmere Poole x 4521		
Program Supervisor, Seniors, Adults & Group Fitness	Carol Manning x 4344	Facility Supervisor	Bob Bell x 3325		
Program Supervisor, Children's	Karen Hugh x 4345	Pool Supervisor	Adrian Wong x 4523		
Programs & Schools	Luke Hilts x 4527	Mount Joy C.C. & Markham Village C.C.			
Coordinator, Aquatics & Fitness	Warren Watson x 4341	Facility Supervisor	Lorne DeHaas 905-471-875		

South Community — Milliken Mills Area, 905-477-6410						
Community Recreation Manager	Lori Wells x 7536	South West Supervisor, Programs & Seniors	x 3335			
Milliken Mills C.C.		Pool Supervisor	Shaun Pearl x 3329			
Facility Bookings	Maria Cufre x 3336	Armadale / Rouge River C.C.	905-474-1007			
Facility Coordinator	Kevin McGuckin x 3776	Facility Bookings	Stacey-Anne Chin x 2101			
Facility Supervisor	Jim Valin x 3334	South East Facility Supervisor	x 2107			
South West Coordinator, Programs,	Shawn Hermans x 3330	South East Coordinator, Programs	Portia Lee x 2102			
Seniors & Aquatics		South East Program Supervisor	Kay Huynh x 2104			

West Community — Thornhill Area, 905-944-3800						
Community Recreation Manager Thornhill C.C.	Janice Carroll x 6884	Program Supervisor, Children's Programs & Schools	Carolynn Thompson x 68			
	Lori Caruk x 6609	Coordinator, Aquatics & Fitness	Nancy Letman x 6194			
Facility Bookings	Bonny Halberstadt x 6622	Pool Supervisor	Heather Kazan x 6586			
Facility Coordinator	Rob Hartnett x 3788	R. J. Clatworthy Arena	905-475-4717			
Facility Supervisor	Paul Singleton x 6733	Recreation Supervisor	Paul Singleton x 6733			
Coordinator, Programs & Seniors	Maria Cardozo x 6522	Facility Bookings	Lori Caruk x 6609			
Program Supervisor, Seniors, & Adults	Brian Bailey x 3783					

Culture / Markham Public Library Staff					
Varley Art Gallery	905-477-7000	Markham Museum	905-294-4576		
Manager	Sara Tam, x 3273	Manager	Cathy Molloy, x 3164		
Program Coordinator	Cheryl Rego, x 3268	Program Coordinator	Andrea Carpenter, x 3165		
Flato Markham Theatre	Flato Markham Theatre 905-305-7469 Markham Public Library 905-513-7977				
Manager	Eric Lariviere, 905-415-7546	Program Coordinator	Karen Nowicki, x 2868		

# Markham Map

Fall 2014





The City of Markham welcomes and encourages all residents to participate in our recreation programs. Every effort will be made for the child or adult to participate in an integrated or adapted program. It is important to consider the participant's ability when registering. If a participant requires a caregiver or volunteer to assist them, one will be admitted to the program free of charge.

# How do I know if support is required?

Please consider the following when registering:

- Extra support is required at school in the classroom
- A physical, development, and or learning disability exists
- Extra support is needed at home for basic care
- Participant is supported by an agency
- Participant has a safety plan with their educational institution
- There may be behaviours that need to be managed, such as: biting, pinching, slapping, or running.

Participants will be required to complete a City of Markham Intake Form to assist with integration. This will help our instructors adapt the program and provide the best possible service.

You are welcome to provide your own support. Following is a list of suggestions:

# **Adapted Programs**

- A support worker that is provided by a social service agency or the family
- A family member or friend
- A caregiver that is familiar with the participants needs and abilities i.e. nanny/babysitter

### Volunteers

When requesting a volunteer through the City of Markham, please consider that volunteers:

- May not always be available during the day and time you have selected
- Are 14 and 15 years of age
- Do not support individuals with challenging behaviours
- Cannot provide lifts and transfers
- Cannot be alone with a participant

#### Volunteers can:

- Provide encouragement during participation
- Break down instructions and program rules
- Repeat skills
- Be a buddy
- Provide a safe environment

#### Inclusion Support Staff:

Caregivers can hire paid support for one-toone assistance. These individuals are 16 years of age and older, have their Standard First Aid and experience working with various needs, and are High Five certified. Please note that there is a fee for this service.

# How to Request a Volunteer for Recreation Programs:

You will need to request a volunteer by calling the Community Centre where you will be participating. (See page 41 for contact information. Please provide us with at least two (2) weeks notice.)

For Aquatic Programs, please contact the pool where you have registered. (See page *41* for contact information.)

For additional information:

- Special Needs/Adapted Programs: 905-477-7000 x 3930
- Markham Public Libraries: Andrea Cecchetto, 905-513-7977 x 4997
- Markham Museum: Andrea Carpenter, 905-477-7000, x 3165
- Varley Art Gallery: Cheryl Rego, 905-477-9511, x 228

Our City of Markham Fitness Centres *are* accessible! We encourage everyone to join! Benefits include:

- Kranck Cycles for the upper body
- Lots of free weights and pulley selectorized pieces
- Whirlpool's are 104°F (not wheelchair accessible)
- Thornhill Therapeutic Pool 93°F and fully accessible
- Fitness staff are able to create and adapt a program specific to your needs

### Behind the Line Drama - Special Needs

Let your voice be heard. Let your story be told. With Behind the Line you are centre stage! Produce your own fun and interactive art or media project. Make a short movie, create a superhero, or become a character in a comic book. *No experience necessary*, a fun and unique opportunity to meet new people and develop your communication skills. A new media and interactive drama program dedicated to strengthening social and life skills of participants through action based learning strategies. *This program is in partnership with Community Living*.

# **Best Brunch Cooking**

Brunch Cooking classes provide a stimulating, innovative and exciting way to encourage interaction while learning a new life skill. Participants will learn safe equipment use, food preparation, food handling skills, and food presentation as well as table etiquette. Roll up your sleeves, put on an apron and work with friends in an enjoyable, fun-filling, creative manner. It's a hands - on brunch cooking class. This class is for participants 16 years or older with or without an intellectual disability.

# **Personal Safety Training**

Personal Safety Training will provide you with practical insightful and informative preventative strategies that can protect you at home and in the community. Topics will include: phone safety, street safety, internet safety, friendship safety, home safety and more. For participants 16 years and older with or without a disability.

# ART - Art Therapy - ADHD/ADD

This eight week course offers children with Attention Deficit Hyperactive Disorder (ADHD) and Attention Deficit Disorder (ADD) a structured and creative environment for artistic expression. Through individual and collaborative art making, children will practise social skills, deepen relationships with others and correct attention and impulsivity issues. *There will be an initial meeting between Art Therapist and participants prior to the course. All materials provided. Note: no refunds 5 business days prior to the program.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Behind the Line Drama - Special Needs	18 yrs+	Milliken Mills C.C.	Thu.	10:00 a.m 12:00 p.m.	Oct. 2	10	245989	\$95
Best Brunch Cooking	18 yrs+	Armadale C.C.	Mon.	9:30 a.m 1:30 p.m.	Sep. 22	10	251106	\$95
Personal Safety Training	18 yrs+	Centennial C.C.	Thu.	9:30 a.m 12:30 p.m.	Oct. 2	12	251107	\$32
ART - Art Therapy - ADHD/ADD	7 - 9 yrs	Varley Art Gallery	Wed.	4:00 p.m 5:00 p.m.	Oct. 1	8	248848	\$80
	10 - 12 yrs	Varley Art Gallery	Wed.	5:30 p.m 6:30 p.m.	Oct. 1	8	248849	\$80

# **Adapted Programs**



### ART - Art Therapy - ASD

This eight week course offers children with Autism Spectrum Disorders a safe and supportive environment for creative growth. Through drawing, painting and sculpting, children will have the opportunity to express themselves, use imaginative thinking, stimulate developmental growth and gain social skills. They will work independently as well as collaboratively on art projects. Art projects will be based on goals set in the initial meeting between participants and art therapist. *All materials provided. Note: no refunds 5 business days prior to the program.* 

# Art Therapy 1- Autism

Art Therapy provides a safe environment for children with autism to explore their creative potential. The 10 week program provides participants a sensory experience that build fine motor skills, express thoughts and feelings, build on social skills and encourages healthy self esteem.

### Art Therapy- Anxiety

Art Therapy provides a safe environment for children experiencing anxiety to explore their creative potential. This group will provide sensory experiences that help express and reduce anxious feelings, build healthy coping skills, develop social skills and encourage healthy self esteem.

# **Ballet and Jazz - ASD**

PRIET

Children learn a combination of ballet and jazz. All classes are visually supported, offer frequent breaks and ensure sensory needs are met while keeping the dance moves sharp and energized. A great way to improve muscle tone, coordination and have fun!

### Let's Jam - Music and Creative Movement

This is a therapeutic based music program where participants are engaged in playing various musical instruments, singing, and creative movement. It is a hands on class designed to enhance participants relaxation and create the ultimate sensory experience. The fous will be on regulating positive behaviours, active listening, turn taking and social interaction. Aromatherapy scents such as lavender or vanilla are used to help create a more serene state. 1:8 - 1:10 capactity. 1:1 to be provided by the caregiver/or respite support worker.

### **Music Mania**

This program is designed for children with special needs who enjoy music and its elements. This unique program is for children aged 7 - 15 who have various needs. Young musicians will have an opportunity to participate in instrument playing, movement to music, singing, improvising, song writing and listening to music. Musical opportunities will be presented in a fun, non-threatening environment.

### Social Skills for Youth

This program will take place in our Sensory room and Therapy pool. Those with high functioning Autism, Asperger syndrome, ADD and ADHD, Aphasia/Dysphasia, Down syndrome who are looking to work on social skills.

# **Wheels and Walkers Dance Class**

All dance classes are accessible and modified to meet different mobility needs. Classes are designed to increase body awareness, embrace dancing on wheels and foster individuals areas of strength and need.

# **Adapted Aquatics**

This 45 minute program incorporates water exercise and basic learn to swim techniques for participants who require more 'hands on' assistance. Adapted Aquatics is volunteer driven under the supervision of a specialized instructor.

					Start	# of	Course	
Program Name	Age	Location	Day	Time	Date	Classes	Code	Fee
ART - Art Therapy - ASD	7 - 9 yrs	Varley Art Gallery	Tue.	4:00 p.m 5:00 p.m.	Sep. 30	8	248846	\$80
	10 - 12 yrs	Varley Art Gallery	Tue.	5:30 p.m 6:30 p.m.	Sep. 30	8	248847	\$80
Art Therapy 1- Autism	6 - 9 yrs	Cornell C.C.	Mon.	4:00 p.m 5:00 p.m.	Sep. 22	10	250174	\$109
	10 - 12 yrs	Cornell C.C.	Mon.	5:30 p.m 6:30 p.m.	Sep. 22	10	250211	\$109
Art Therapy- Anxiety	6 - 9 yrs	Cornell C.C.	Thu.	4:00 p.m 5:00 p.m.	Sep. 25	10	250207	\$109
	10 - 12 yrs	Cornell C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 25	10	250208	\$109
Ballet and Jazz - ASD	6 - 9 yrs	Thornhill C.C.	Sat.	3:00 p.m 3:45 p.m.	Sep. 27	10	245282	\$87
Let's Jam - Music and Creative Movement	12 - 17 yrs	Cornell C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 30	10	251014	\$109
	18 yrs+	Cornell C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 30	8	251155	\$109
Music Mania	6 - 13 yrs	Angus Glen C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 22	6	249305	\$82
		Angus Glen C.C.	Mon.	7:00 p.m 8:00 p.m.	Nov. 10	6	249306	\$82
		Cornell C.C.	Mon.	5:00 p.m 6:00 p.m.	Sep. 22	12	251323	\$132
Social Skills for Youth	8 - 14 yrs	Cornell C.C.	Wed.	6:00 p.m 7:30 p.m.	Oct. 8	5	246823	\$115.83
Wheels and Walkers Dance Class	6 - 9 yrs	Thornhill C.C.	Sat.	3:45 p.m 4:30 p.m.	Sep. 27	10	245283	\$87
Adapted Aquatics	All Ages	Angus Glen C.C.	Sun.	12:00 p.m 12:45 p.m.	Sep. 28	12	246381	\$105.50
		Centennial C.C.	Mon.	6:15 p.m 7:00 p.m.	Sep. 8	14	248274	\$123
		Centennial C.C.	Sat.	9:00 a.m 9:45 a.m.	Sep. 13	14	248272	\$123
		Centennial C.C.	Sat.	10:00 a.m 10:45 a.m.	Sep. 13	14	248273	\$123
		Centennial C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 13	14	248275	\$123
		Centennial C.C.	Mon.	7:00 p.m 7:45 p.m.	Sep. 8	14	248276	\$123
		Cornell C.C.	Thu.	5:00 p.m 5:45 p.m.	Sep. 18	9	248543	\$79.50
		Cornell C.C.	Thu.	5:45 p.m 6:30 p.m.	Sep. 18	9	248544	\$79.50
		Milliken Mills C.C.	Sun.	4:00 p.m 4:45 p.m.	Sep. 14	8	247831	\$71
		Milliken Mills C.C.	Sun.	5:00 p.m 5:45 p.m.	Sep. 14	8	247832	\$71
		Milliken Mills C.C.	Sun.	4:00 p.m 4:45 p.m.	Nov. 9	7	250358	\$62
		Milliken Mills C.C.	Sun.	5:00 p.m 5:45 p.m.	Nov. 9	7	250359	\$62
		Thornlea Pool/Gym	Sat.	9:45 a.m 10:30 a.m.	Oct. 4	9	249942	\$79.50
		Thornlea Pool/Gym	Sat.	9:45 a.m 10:30 a.m.	Nov. 29	9	249943	\$79.50



# Adventures in Math & Science

Discover math and science concepts through literature and hands-on activities based upon familiar situations. Activities capitalize on children's natural curiosity and help foster a positive attitude towards mathematics and scientific discovery.

### Alphabet Adventures

This program will allow your child to learn through play. Each class will focus on different letters of the Alphabet. Creative activities, songs, stories and games will enhance the learning experience.

# **Preschool Programs**

### **Baby Jumpstart**

mpl Share special times with baby by participating in sensory activities and exploration through the use of books, bouncing rhymes, music, and games in order to stimulate brain development and promote early literacy in a fun social environment.

### **Baby Massage**

Touch is the primary sense for infants. A nurturing touch is essential to the growth and health of infants. Infant massage is a wonderful tool to help parents develop confidence when caring for their baby. Benefits for baby include, improved sleeping patterns, reduced discomfort from colic, gas and constipation and stronger digestive, circulatory and intestinal systems.

### Babygym

You and your baby will experience body awareness through specially designed movement, play and exercise.

#### Ballet

basic This ballet course combines the movements of ballet and rhythm, and an opportunity to participate in a multi-level instructional class setting. Children will become familiar with steps and movements, following the directions of the instructor. Parents do not participate.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Adventures in Math & Science	4 - 6 yrs	Angus Glen Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247445	\$51.50
		Angus Glen Library	Sun.	2:30 p.m 3:30 p.m.	Sep. 21	8	247446	\$51.50
		Markham Village Library	Wed.	6:00 p.m 7:00 p.m.	Sep. 17	8	247447	\$51.50
		Unionville Library	Sat.	9:30 a.m 10:30 a.m.	Sep. 20	8	247449	\$51.50
Alphabet Adventures	2 - 4 yrs	Markham Village C.C.	Mon.	9:30 a.m 11:00 a.m.	Sep. 22	12	246623	\$114
		Markham Village C.C.	Tue.	9:30 a.m 11:00 a.m.	Sep. 23	12	246624	\$114
		Markham Village C.C.	Wed.	9:30 a.m 11:00 a.m.	Sep. 24	12	246625	\$114
	3 - 5 yrs	Thornhill C.C.	Wed.	9:30 a.m 11:00 a.m.	Sep. 17	14	250967	\$133
Baby Jumpstart	3 - 12 mths	Angus Glen Library	Tue.	12:30 p.m 1:30 p.m.	Sep. 16	8	248737	\$51.50
		Cornell Library	Fri.	9:45 a.m 10:45 a.m.	Sep. 19	8	248736	\$51.50
		Markham Village Library	Thu.	9:45 a.m 10:45 a.m.	Sep. 18	8	248739	\$51.50
		Unionville Library	Tue.	10:00 a.m 11:00 a.m.	Sep. 16	8	248738	\$51.50
Baby Massage	1 - 6 mths	Cornell C.C.	Mon.	1:30 p.m 2:30 p.m.	Sep. 22	12	248933	\$75
Babygym	4 - 8 mths	Old Unionville Lib. C.C.	Wed.	1:15 p.m 2:00 p.m.	Sep. 17	12	246917	\$75
	7 - 10 mths	Centennial C.C.	Tue.	10:00 a.m 10:45 a.m.	Sep. 23	12	246626	\$75
		Centennial C.C.	Tue.	10:45 a.m 11:30 a.m.	Sep. 23	12	246627	\$75
		Cornell C.C.	Mon.	10:00 a.m 10:45 a.m.	Sep. 22	12	246629	\$75
		Cornell C.C.	Wed.	11:00 a.m 11:45 a.m.	Sep. 24	12	246628	\$75
		Old Unionville Lib. C.C.	Wed.	2:00 p.m 2:45 p.m.	Sep. 17	12	246918	\$75
		Old Unionville Lib. C.C.	Mon.	10:30 a.m 11:15 a.m.	Sep. 22	10	246916	\$62.50
	10 - 14 mths	Old Unionville Lib. C.C.	Mon.	9:45 a.m 10:30 a.m.	Sep. 22	10	246915	\$62.50
Ballet	3 - 4 yrs	Angus Glen C.C.	Mon.	1:15 p.m 2:00 p.m.	Sep. 22	10	247799	\$75
	-	Angus Glen C.C.	Mon.	2:05 p.m 2:50 p.m.	Sep. 22	10	247793	\$75
	3 - 5 yrs	Angus Glen C.C.	Sun.	8:30 a.m 9:15 a.m.	Sep. 21	12	247800	\$89.50
	-	Angus Glen C.C.	Sun.	9:15 a.m 10:00 a.m.	Sep. 21	12	247796	\$89.50
		Angus Glen C.C.	Sun.	11:15 a.m 12:00 p.m.	Sep. 21	12	247797	\$89.50
		Angus Glen C.C.	Sun.	12:00 p.m 12:45 p.m.	Sep. 21	12	247795	\$89.50
		Armadale C.C.	Wed.	5:10 p.m 5:55 p.m.	Sep. 17	6	247048	\$45
		Armadale C.C.	Wed.	5:10 p.m 5:55 p.m.	Oct. 29	8	247047	\$60
		Cornell C.C.	Fri.	11:00 a.m 11:45 a.m.	Sep. 26	12	248995	\$89.50
		Cornell C.C.	Sat.	9:00 a.m 9:45 a.m.	Sep. 27	12	246631	\$89.50
		Cornell C.C.	Sat.	9:45 a.m 10:30 a.m.	Sep. 27	12	246630	\$89.50
		Milliken Mills C.C.	Tue.	5:00 p.m 5:45 p.m.	Sep. 16	7	247924	\$52
		Milliken Mills C.C.	Tue.	6:40 p.m 7:25 p.m.	Sep. 16	7	247919	\$52
		Milliken Mills C.C.	Sat.	10:15 a.m 11:00 a.m.	Sep. 20	7	247917	\$52
		Milliken Mills C.C.	Sat.	11:45 a.m 12:30 p.m.	Sep. 20	7	247921	\$52
		Milliken Mills C.C.	Tue.	5:00 p.m 5:45 p.m.	Nov. 4	7	247923	\$52
		Milliken Mills C.C.	Tue.	6:40 p.m 7:25 p.m.	Nov. 4	7	247922	\$52
		Milliken Mills C.C.	Sat.	10:15 a.m 11:00 a.m.	Nov. 8	7	247920	\$52
		Milliken Mills C.C.	Sat.	11:45 a.m 12:30 p.m.	Nov. 8	7	247918	\$52
		Rouge River C.C.	Sat.	10:15 a.m 11:00 a.m.	Sep. 20	10	249493	\$62.50
		Rouge River C.C.	Mon.	5:00 p.m 5:45 p.m.	Sep. 22	10	249494	\$62.50
		Thornhill C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 13	12	247150	\$89.50
		Thornhill C.C.	Sun.	9:30 a.m 10:30 a.m.	Sep. 14	12	247151	\$89.50
		Un.Train Station C.C.	Wed.	5:30 p.m 6:15 p.m.	Sep. 24	10	247794	\$75
		Un.Train Station C.C.	Sat.	1:00 p.m 1:45 p.m.	Oct. 4	10	247798	\$75

# **Preschool Programs**

# Fall 2014

# **Ballet - Intermediate**

Ballet - Intermediate the basic movements of Ballet and Rhythm. Ballet Beginner is a prerequisite. Parents do not participate.

# **Bollywood / Hip Hop**

This program is ideal for children who wish to learn a combination of Bollywood and Hip Hop Dancing. Our instructor will lead your children through a variety of dance steps each week with the goal of performing full routines by the end of the season.

# Cheerleading

The focus will be on basic stunting, with an emphasis on technique of basic jumps and acrobatic skills, and teamwork. Routines will include dance moves with adifferent motions. Cheerleading develops coordination, balance and strong sense of self esteeem. Classes will be aught by USASF certified instructors.

## Chess

Chess is an excellent avenue for learning both logical and intuitive thinking skills as well as increasing a child's attention span. The game develops good sportsmanship for handling wins and defeats and it's fun. Participants will learn starting positions, moves, captures, checks, checkmate, stalemate and pawn promotion.

# Combo Craze

A combination of ballet, jazz and creative movement steps will be taught in this class.

# **Cupcake Surprise**

Preschoolers will learn delicious cupcake recipes and decorating techniques. They will also learn the basic safety skills in the kitchen. Each preschooler will actively participate in the preparation of each recipe and will assist in the clean up. All chefs' creations will be eaten at the end of the class. A \$10.00 extra food fee payable to the instructor

### **Dealing with Feelings**

Through books, songs, and activities, this fun program will enable children to explore and understand various feelings they may have. It will cover day to day feelings children experience, understanding them, controlling impulsive reactions, and learning that everyone's reactions may be different. Independent learning program.

# Dance Pl3y

The DANCEPL3Y Preschool program is designed specifically for children ages 3-5 to discover dance in a playful and interACTIVE way through creative story lines and music that MOVES them. Building the foundations for dance through rhythms, fundamental movement skills and playful group formations, young dancers will discover a love of dance as they leap, hop, crawl, turn, spin and jump into their "Bubble of Awesome".

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Ballet - Intermediate	3 - 5 yrs	Angus Glen C.C.	Sun.	10:05 a.m 10:50 a.m.	Sep. 21	12	247900	\$89.50
		Angus Glen C.C.	Sun.	10:30 a.m 11:15 a.m.	Sep. 21	12	247901	\$89.50
		Angus Glen C.C.	Sun.	11:05 a.m 11:50 a.m.	Sep. 21	12	247902	\$89.50
		Milliken Mills C.C.	Tue.	5:50 p.m 6:35 p.m.	Sep. 16	7	247927	\$52
		Milliken Mills C.C.	Sat.	9:30 a.m 10:15 a.m.	Sep. 20	7	247928	\$52
		Milliken Mills C.C.	Sat.	11:00 a.m 11:45 a.m.	Sep. 20	7	247926	\$52
		Milliken Mills C.C.	Tue.	5:50 p.m 6:35 p.m.	Nov. 4	7	247930	\$52
		Milliken Mills C.C.	Sat.	9:30 a.m 10:15 a.m.	Nov. 8	7	247931	\$52
		Milliken Mills C.C.	Sat.	11:00 a.m 11:45 a.m.	Nov. 8	7	247929	\$52
		Rouge River C.C.	Sat.	11:00 a.m 11:45 a.m.	Sep. 20	10	249523	\$62.50
		Rouge River C.C.	Mon.	6:30 p.m 7:15 p.m.	Sep. 22	10	249521	\$62.50
		Thornhill C.C.	Tue.	4:30 p.m 5:30 p.m.	Sep. 9	12	247152	\$89.50
		Thornhill C.C.	Sun.	11:30 a.m 12:30 p.m.	Sep. 14	12	247154	\$89.50
		Thornhill C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 20	12	247153	\$89.50
		Un.Train Station C.C.	Sat.	2:00 p.m 2:45 p.m.	Oct. 4	10	247903	\$75
Bollywood / Hip Hop	3 - 5 yrs	Armadale C.C.	Sat.	9:00 a.m 9:45 a.m.	Sep. 20	6	247067	\$45
		Armadale C.C.	Sat.	9:00 a.m 9:45 a.m.	Nov. 1	8	247066	\$60
	4 - 5 yrs	Cornell C.C.	Fri.	4:00 p.m 5:00 p.m.	Sep. 26	12	249002	\$89.50
		Cornell C.C.	Sun.	2:00 p.m 3:00 p.m.	Sep. 28	11	249003	\$89.50
Cheerleading	4 - 6 yrs	Flowervale P.S.	Fri.	6:00 p.m 6:45 p.m.	Sep. 12	9	247167	\$78
Chess	5 - 6 yrs	Angus Glen C.C.	Sun.	12:00 a.m 12:45 a.m.	Sep. 21	10	248882	\$75
		Angus Glen C.C.	Sun.	10:00 a.m 10:45 a.m.	Sep. 21	10	248880	\$75
		Angus Glen C.C.	Sun.	11:00 a.m 11:45 a.m.	Sep. 21	10	248881	\$75
		Angus Glen C.C.	Mon.	4:15 p.m 5:00 p.m.	Sep. 22	10	248879	\$75
		Centennial C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 27	12	251168	\$89.50
		Centennial C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 28	12	248765	\$89.50
		Cornell C.C.	Thu.	4:30 p.m 5:30 p.m.	Sep. 25	12	251227	\$89.50
		Thornhill C.C.	Wed.	5:00 p.m 5:45 p.m.	Sep. 10	12	251229	\$89.50
Combo Craze	3 - 5 yrs	Cornell C.C.	Fri.	5:15 p.m 6:00 p.m.	Sep. 26	12	249007	\$89.50
		Cornell C.C.	Sun.	3:15 p.m 4:00 p.m.	Sep. 28	11	249008	\$89.50
Cupcake Surprise	3 - 5 yrs	Angus Glen C.C.	Sun.	10:30 a.m 12:00 p.m.	Sep. 21	4	246940	\$45
		Angus Glen C.C.	Sun.	10:30 a.m 12:00 p.m.	Nov. 2	4	246941	\$45
		Armadale C.C.	Sun.	1:15 p.m 2:45 p.m.	Sep. 21	4	247095	\$45
		Armadale C.C.	Sun.	1:15 p.m 2:45 p.m.	Oct. 19	4	247096	\$45
		Armadale C.C.	Sun.	1:15 p.m 2:45 p.m.	Nov. 16	4	247097	\$45
		Centennial C.C.	Tue.	11:30 a.m 1:00 p.m.	Sep. 23	12	251166	\$134
		Centennial C.C.	Thu.	11:00 a.m 12:30 p.m.	Sep. 25	12	246632	\$134
		Centennial C.C.	Sun.	11:00 a.m 12:30 p.m.	Sep. 28	12	248767	\$134
Dealing with Feelings	4 - 6 yrs	Angus Glen Library	Sun.	3:30 p.m 4:30 p.m.	Sep. 21	8	247463	\$51.50
		Cornell Library	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	8	247464	\$51.50
Dance Pl3y	3 - 5 yrs	Thornhill C.C.	Sun.	1:45 p.m 2:45 p.m.	Sep. 14	12	251325	\$89.50



## **Energy Burner**

Perfect for the pre-schooler who has energy to burn! Cooperative games, soccer, and basketball are all included. *Running shoes must be worn. Please send your child to class with a water bottle.* 

## **Fun with French**

Give your child the opportunity to have fun with French. This program is for the older pre-schooler, to learn French in a recreational setting. Children will learn numbers, letters, and simple instructions in French.

# Fun with Numbers

This program will allow your child to learn through play. Each class will focus on different numbers. Creative activities, songs, stories and games will enhance the learning experience.

### Fun with Spanish

See page 63 for details.

### Get Ready Drama

Dramatic play helps children express themselves and put thoughts into words. This program will build your child's literacy skills through rhyme, song and movement as your child memorizes and acts out a familiar children story. Crafts and props are created for the final performance whereby parents

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# **Preschool Programs**

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are invited to watch the children dazzle, surprise, and entertain! (Independent learning)

### **Get Ready for French**

Through the use of books, songs, music and movement this program teaches the alphabet, basic vocabulary with a new theme each week preparing young learners to foster a positive attitude towards french language.

### Get Ready for Public Speaking mpl

Your child's first public speaking class! This program introduces JK/SK children to simple activities that help build confidence and provide opportunities to communicate effectively with their peers. *A great introduction to public speaking skills.* 

#### **Get Ready for School**

Children will enjoy fun-filled, cooperativeplay activities focusing on literacy, arts, math and science. Participants will also build emotional skills, self-confidence and independence, fostering greater social and academic success at school. *Independent program for child*.

### **Get Ready Mandarin**

This literacy based program will introduce young children to many aspects of the Chinese (Mandarin) culture. Child will learn to speak, understand, and write using simple Chinese characters in Mandarin. In order to retain this knowledge and recognize its roots, part of the program will be dedicated to learning about the culture. Books, arts, craft activities, and games that are rooted in the Chinese culture will be presented. (Independent learning program)

# Gym for Life

This program has been developed around studies fo long term athlete development. This program will provide your child with a strong foundation of physical preparation for all sports. Rotation will be set up to include acrobatic and circus skills, the manipulation of hand apparatus and proper ball technique. Skills will be geared to the age and level of each child. Music will be incorporated into this program while the children move to each activity your child will improve focus, eye and hand coordination, flexibility, agility and core strength. *Course will be taught by NCCP certified instructors.* 

### Hop, Skip, Jump and Thump

Join us for a fun active program where you child will learn about their bodies through active games. They will learn about their muscles and healthy eating through the Canada's food guide.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Energy Burner	2 - 4 yrs	Centennial C.C.	Tue.	1:30 p.m 3:00 p.m.	Sep. 23	12	246637	\$92
		Centennial C.C.	Thu.	1:30 p.m 3:00 p.m.	Sep. 25	12	246639	\$92
		Cornell C.C.	Thu.	1:00 p.m 2:30 p.m.	Sep. 25	12	249051	\$92
		Markham Village C.C.	Mon.	1:30 p.m 3:00 p.m.	Sep. 22	12	246638	\$92
		Armadale C.C.	Mon.	5:15 p.m 6:15 p.m.	Sep. 15	5	250414	\$26.5
		Armadale C.C.	Sun.	9:00 a.m 10:00 a.m.	Sep. 21	6	247117	\$31.5
		Armadale C.C.	Thu.	5:30 p.m 6:30 p.m.	Oct. 30	8	249434	\$41.5
		Armadale C.C.	Sun.	9:00 a.m 10:00 a.m.	Nov. 2	8	247113	\$41.5
		Armadale C.C.	Mon.	5:15 p.m 6:15 p.m.	Nov. 3	8	247119	\$41.5
	3 - 4 yrs	Old Unionville Lib. C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 25	12	246942	\$62
Fun with French	3 - 5 yrs	Markham Village C.C.	Sat.	9:00 a.m 10:30 a.m.	Sep. 27	12	246640	\$114
		Markham Village C.C.	Sat.	10:45 a.m 12:15 p.m.	Sep. 27	12	246641	\$114
	3 - 6 yrs	Thornhill C.C.	Sat.	12:00 p.m 1:00 p.m.	Sep. 13	14	247182	\$89
		Thornhill C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 17	14	247181	\$89
un with Numbers	2 - 3 yrs	Markham Village C.C.	Mon.	1:00 p.m 2:30 p.m.	Sep. 22	12	246642	\$114
un with Spanish	4 - 6 yrs	Thornhill C.C.	Tue.	5:30 p.m 6:15 p.m.	Sep. 16	8	251233	\$60
Get Ready Drama	4 - 6 yrs	Angus Glen Library	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	8	247451	\$51.5
		Cornell Library	Sat.	10:30 a.m 11:30 a.m.	Sep. 20	8	247452	\$51.5
Get Ready for French - Preschool	4 - 6 yrs	Angus Glen Library	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	8	248734	\$51.5
		Thornhill C.C. Library	Sun.	2:15 p.m 3:15 p.m.	Sep. 21	8	248735	\$51.5
Get Ready for Public Speaking	4 - 6 yrs	Angus Glen Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247438	\$51.5
		Cornell Library	Sat.	1:00 p.m 2:00 p.m.	Sep. 20	8	247439	\$51.5
		Markham Village Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247441	\$51.5
		Milliken Mills Library	Sat.	10:30 a.m 11:30 a.m.	Sep. 20	8	247440	\$51.5
		Unionville Library	Wed.	6:00 p.m 7:00 p.m.	Sep. 17	8	247442	\$51.5
Get Ready for School	3 - 5 yrs	Angus Glen Library	Sun.	1:15 p.m 2:15 p.m.	Sep. 21	8	247453	\$51.5
		Cornell Library	Sat.	9:15 a.m 10:15 a.m.	Sep. 20	8	247503	\$51.5
		Thornhill C.C. Library	Sun.	1:15 p.m 2:15 p.m.	Sep. 14	8	247455	\$51.5
et Ready Mandarin	4 - 6 yrs	Angus Glen Library	Sat.	10:30 a.m 11:30 a.m.	Sep. 20	8	247450	\$51.5
Sym for Life	2 - 6 yrs	Thornlea Pool/Gym	Mon.	5:00 p.m 6:00 p.m.	Sep. 8	12	247188	\$103
		Thornlea Pool/Gym	Wed.	10:45 a.m 11:45 a.m.	Sep. 10	12	247189	\$103
lop, Skip, Jump and Thump	2 - 3 yrs	Cornell C.C.	Tue.	9:30 a.m 11:00 a.m.	Sep. 23	12	246649	\$110
	3 - 5 yrs	Centennial C.C.	Fri.	9:30 a.m 11:00 a.m.	Sep. 26	12	246648	\$116
		Cornell C.C.	Thu.	9:30 a.m 11:00 a.m.	Sep. 25	12	246650	\$110

# **Preschool Programs**



### Jazz Dance

This course combines all pre-school jazz dance abilities. It is exited to be a school of the school dance abilities. It is suitable for both beginner and intermediate levels. Must be 3 years at the start of the program. Parents do not participate.

# JK/SK Enrichment Program

This program is geared to kindergarten aged children who are interested in furthering their reading, writing and math skills. A fun, language-based program that would support the Kindergarten curriculum through music, poetry, art and movement. This class is intended to reinforce or extend skills that are to be learned in kindergarten.

# Jr. Sports Soccer - with Parent

Interested in getting in shape in a fun environment and love soccer. Each day the parent will participate in soccer drills, skills, scrimmages and your preschooler participates in their own mini games.

# Junior Sports - Basketball

An opportunity to play recreational sports with other young friends. A general warmup, skills session and playing time will be offered each week.

# **Junior Sports - Floor Hockey**

Pre-schoolers will make friends, develop motor skills and social skills while playing a variety of recreation sports. A general warmup, skills session and playing time will be offered each week. A CSA approved Hockey Helmet with face mask is mandatory.

# **Junior Sports & Games Club**

An opportunity to meet new friends and enjoy a variety of recreational sports and games every week.

# **Junior Sports Soccer**

An opportunity for young boys and girls to play with other young friends and be introduced to recreational soccer through active, fun soccer related games and activities.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Jazz Dance	3 - 5 yrs	Cornell C.C.	Sat.	10:30 a.m 11:15 a.m.	Sep. 27	12	246657	\$89.50
		Cornell C.C.	Sat.	11:30 a.m 12:15 p.m.	Sep. 27	12	246659	\$89.50
		Milliken Mills C.C.	Thu.	5:10 p.m 5:55 p.m.	Sep. 18	7	248167	\$53
		Milliken Mills C.C.	Thu.	6:00 p.m 6:45 p.m.	Sep. 18	7	248166	\$53
		Milliken Mills C.C.	Thu.	5:10 p.m 5:55 p.m.	Nov. 6	7	248169	\$53
		Milliken Mills C.C.	Thu.	6:00 p.m 6:45 p.m.	Nov. 6	7	248168	\$53
		Rouge River C.C.	Mon.	5:45 p.m 6:30 p.m.	Sep. 22	10	249578	\$75
		Thornhill C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 13	11	247211	\$82
		Thornhill C.C.	Sun.	10:30 a.m 11:30 a.m.	Sep. 14	10	247210	\$75
		Un.Train Station C.C.	Wed.	6:15 p.m 7:00 p.m.	Sep. 24	10	247907	\$75
JK/SK Enrichment Program	3 - 5 yrs	Armadale C.C.	Wed.	10:00 a.m 12:00 p.m.	Sep. 24	8	249403	\$101.50
		Rouge River C.C.	Thu.	12:45 p.m 3:00 p.m.	Sep. 25	5	250049	\$64
		Rouge River C.C.	Thu.	12:45 p.m 3:00 p.m.	Oct. 30	5	250050	\$64
Jr. Sports Soccer - with Parent	3 - 5 yrs	Armadale C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 20	6	249384	\$31.50
	0 0 10	Armadale C.C.	Sat.	9:00 a.m 10:00 a.m.	Nov. 1	8	249383	\$41.50
		Randall P.S.	Mon.	6:00 p.m 7:00 p.m.	Sep. 29	10	249385	\$52
Junior Sports - Basketball	3 - 5 yrs	Cornell C.C.	Mon.	10:00 a.m 11:00 a.m.	Sep. 22	12	249084	\$62
Sumo Sports Basketbatt	4 - 6 yrs	Angus Glen C.C.	Wed.	6:00 p.m 7:00 p.m.	Sep. 24	12	250294	\$62
	4 0 913	Armadale C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 24	6	250274	\$31.50
		Armadale C.C.	Sun.	10:00 a.m 11:00 a.m.	Nov. 2	8	250436	\$41.50
		Centennial C.C.	Thu.	4:30 p.m 5:30 p.m.	Sep. 25	12	248779	\$62
		Centennial C.C.	Sun.	12:30 p.m 1:30 p.m.	Sep. 25	12	240779	\$62
						12	240700	\$62
		Cornell C.C.	Tue.	4:30 p.m 5:30 p.m.	Sep. 23			
		Thornhill C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 13	12	247214	\$62
haring Oceanity - File on Hardware	0.5	Unionville P.S.	Fri.	6:00 p.m 7:00 p.m.	Sep. 26	10	250293	\$52
Junior Sports - Floor Hockey	3 - 5 yrs	Ellen FairClough P.S.	Tue.	6:00 p.m 7:00 p.m.	Sep. 30	8	249363	\$41.50
	4 - 6 yrs	Angus Glen C.C.	Sat.	8:00 a.m 9:00 a.m.	Sep. 27	12	250295	\$62
		Centennial C.C.	Fri.	5:00 p.m 6:00 p.m.	Sep. 26	12	248781	\$62
		Cornell C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 27	12	249086	\$62
		Thornhill C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 10	10	247213	\$52
		Thornhill C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 19	5	250964	\$26.50
Junior Sports & Games Club	3 - 5 yrs	Centennial C.C.	Mon.	2:00 p.m 3:00 p.m.	Sep. 22	12	248777	\$62
		Cornell C.C.	Thu.	11:00 a.m 12:00 p.m.	Sep. 25	12	249083	\$62
Junior Sports Soccer	3 - 5 yrs	Centennial C.C.	Tue.	1:00 p.m 2:00 p.m.	Sep. 23	12	246666	\$62
	4 - 6 yrs	Angus Glen C.C.	Tue.	5:30 p.m 6:30 p.m.	Sep. 23	12	249065	\$62
		Angus Glen C.C.	Fri.	4:00 p.m 5:00 p.m.	Sep. 26	12	249066	\$62
		Angus Glen C.C.	Fri.	5:00 p.m 6:00 p.m.	Sep. 26	12	249064	\$62
		Armadale C.C.	Thu.	5:00 p.m 6:00 p.m.	Sep. 18	6	248975	\$31.50
		Armadale C.C.	Sun.	9:00 a.m 10:00 a.m.	Sep. 21	6	248973	\$31.50
		Armadale C.C.	Thu.	5:00 p.m 6:00 p.m.	Oct. 30	8	248974	\$41.50
		Armadale C.C.	Sun.	9:00 a.m 10:00 a.m.	Nov. 2	8	248972	\$41.50
		Centennial C.C.	Mon.	6:30 p.m 7:30 p.m.	Sep. 22	12	248783	\$62
		Centennial C.C.	Sun.	1:30 p.m 2:30 p.m.	Sep. 28	12	248782	\$62
		Cornell C.C.	Mon.	1:00 p.m 2:00 p.m.	Sep. 22	12	249089	\$62
		M.M. Soccer Dome	Mon.	2:00 p.m 3:00 p.m.	Sep. 29	12	247914	\$62
		M.M. Soccer Dome	Mon.	5:00 p.m 6:00 p.m.	Sep. 29	12	247915	\$62
		Mount Joy C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 24	12	248784	\$62
		Mount Joy C.C.	Thu.	5:00 p.m 6:00 p.m.	Sep. 25	12	246667	\$62
		Pierre Elliott Trudeau H.S.	Thu.	6:00 p.m 7:00 p.m.	Sep. 25	10	240007	\$52
		Thornhill C.C.	Mon.	5:00 p.m 6:00 p.m.	Sep. 23	12	247215	\$62



# Junior Sports with Mom / Dad

Hey Mom, hey Dad! Bring your child to a jam packed 60 minutes of sports, games and fun. You will play a variety of sports including, soccer, floor hockey, basketball and other fun games and activities.

# **Junior Sports with Mom**

Hey Mom! Bring your child to a jam packed 90 minutes of sports, games and fun. You will play a variety of sports including, soccer, floor hockey, basketball and other fun games and activities.

# **Just For Threes**

This program is for that creative, energetic three year old. In this program they will have fun with games, crafts and music.

### **Kiddies Corner**

Join us daily for an exciting March Break where your child will participate in scavenger hunts, crafts, games, cooking and music.

# **Preschool Programs**

# Kids on the Go!

Hey, Kids! Let's move and play! This is an active program with a combination of choice play and cooperative group activities. Each week the program will feature different activities like sport skills, obstacles, dodge-ball and active games.

### **Kindercreations**

This is a program for children who love to draw, doodle, glue, paint and create. The children will have opportunities to experiment with modelling clay, felt and recycling materials. *Parent Participation*.

### Kindergym - Level 1

A fun-filled program for you and your child to experience and play on gym equipment. This program is designed to develop coordination, motor skills and body awareness through exercise, games and songs. It is best if children are walking to take advantage of the full program. *Walking to 2 years old PARENT RATIO - 1 Child to 1 Parent* 

# Kindergym - Level 2

2 and 3 years of age PARENT RATIO - 1 Child to 1 Parent Parents participate. A fun-filled program for you and your child to experience and play on gym equipment. This program is designed to develop coordination, motor skills and body awareness through exercise, games and songs.

# Kindergym and Swim - Level 2

This program is designed to introduce children to a variety of climbing and gross motor apparatus as well as fun in the water. The program offers children the opportunity to combine kindergym and swimming in a recreational capacity. The swimming session is not an instructional swim lesson. *Parents participate.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Junior Sports with Mom / Dad	3 - 5 yrs	Armadale C.C.	Tue.	6:30 p.m 7:30 p.m.	Sep. 16	6	248982	\$31.50
		Armadale C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 20	6	248981	\$31.50
		Armadale C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 21	6	248977	\$31.50
		Armadale C.C.	Mon.	5:15 p.m 6:15 p.m.	Sep. 29	12	248980	\$62
		Armadale C.C.	Tue.	6:30 p.m 7:30 p.m.	Oct. 28	8	248979	\$41.50
		Armadale C.C.	Sat.	10:00 a.m 11:00 a.m.	Nov. 1	8	248978	\$41.50
		Armadale C.C.	Sun.	10:00 a.m 11:00 a.m.	Nov. 2	8	248976	\$41.50
		Centennial C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 27	12	248785	\$62
		Cornell C.C.	Thu.	5:00 p.m 6:00 p.m.	Sep. 25	12	249094	\$62
		Cornell C.C.	Sun.	9:00 a.m 10:00 a.m.	Sep. 28	12	249093	\$62
Junior Sports with Mom	2 - 3.5 yrs	Angus Glen C.C.	Mon.	9:30 a.m 10:30 a.m.	Sep. 22	10	250989	\$52
	3 - 5 yrs	Cornell C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 28	12	249091	\$62
Just For Threes	3 - 4 yrs	Centennial C.C.	Tue.	9:30 a.m 11:00 a.m.	Sep. 23	12	246669	\$116
Kiddies Corner	3 - 5 yrs	Old Unionville Lib. C.C.	Mon/Tue/Wed/Fri	9:00 a.m 12:00 p.m.	Dec. 29	4	250706	\$64
Kids on the Go!	3 - 5 yrs	Cornell C.C.	Mon.	11:00 a.m 12:00 p.m.	Sep. 22	12	249099	\$62
		Cornell C.C.	Wed.	11:00 a.m 12:00 p.m.	Sep. 24	12	249100	\$62
	4 - 6 yrs	Milliken Mills C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 21	7	248170	\$36.50
		Milliken Mills C.C.	Sun.	10:00 a.m 11:00 a.m.	Nov. 9	7	248171	\$36.50
	5 - 8 yrs	Cornell C.C.	Wed.	4:00 p.m 5:00 p.m.	Sep. 24	12	249098	\$62
Kindercreations	1.5 - 3 yrs	Armadale C.C.	Thu.	10:00 a.m 11:30 a.m.	Sep. 18	6	249034	\$58
		Armadale C.C.	Thu.	10:00 a.m 11:30 a.m.	Oct. 30	8	249033	\$76.50
		Rouge River C.C.	Wed.	10:30 a.m 12:00 p.m.	Sep. 24	5	249036	\$48
		Rouge River C.C.	Wed.	10:30 a.m 12:00 p.m.	Oct. 29	5	249035	\$48
Kindergym - Level 1	1 - 2 yrs	Angus Glen C.C.	Tue.	9:15 a.m 10:00 a.m.	Sep. 23	12	246943	\$78
		Centennial C.C.	Wed.	9:30 a.m 10:15 a.m.	Sep. 24	12	246672	\$78
		Centennial C.C.	Thu.	9:30 a.m 10:15 a.m.	Sep. 25	12	246674	\$78
		Centennial C.C.	Sat.	9:30 a.m 10:15 a.m.	Sep. 27	10	246673	\$65
		Centennial C.C.	Sat.	12:30 p.m 1:15 p.m.	Sep. 27	10	246675	\$65
		Milliken Mills C.C.	Sat.	9:30 a.m 10:15 a.m.	Sep. 20	7	248172	\$46
		Milliken Mills C.C.	Sat.	9:30 a.m 10:15 a.m.	Nov. 8	7	248173	\$46
Kindergym - Level 2	1 - 3 yrs	Centennial C.C.	Sat.	10:30 a.m 11:15 a.m.	Sep. 27	10	246679	\$65
	2 - 3 yrs	Angus Glen C.C.	Tue.	10:15 a.m 11:00 a.m.	Sep. 23	12	246944	\$78
		Centennial C.C.	Wed.	10:30 a.m 11:15 a.m.	Sep. 24	12	246677	\$78
		Centennial C.C.	Thu.	10:30 a.m 11:15 a.m.	Sep. 25	12	246678	\$78
		Centennial C.C.	Sat.	11:30 a.m 12:15 p.m.	Sep. 27	10	246680	\$65
		Milliken Mills C.C.	Sat.	10:15 a.m 11:00 a.m.	Sep. 20	7	248176	\$46
		Milliken Mills C.C.	Sun.	11:00 a.m 11:45 a.m.	Sep. 21	7	248174	\$46
		Milliken Mills C.C.	Sat.	10:15 a.m 11:00 a.m.	Nov. 8	7	248175	\$46
		Milliken Mills C.C.	Sun.	11:00 a.m 11:45 a.m.	Nov. 9	7	248177	\$46
Kindergym and Swim - Level 2	All Ages	Milliken Mills C.C.	Sat.	11:15 a.m 12:45 p.m.	Oct. 4	10	248179	\$97
		Centennial C.C.	Mon.	9:30 a.m 11:15 a.m.	Sep. 15	12	249418	\$116

# **Preschool Programs**

# Fall 2014

MUSEUM

MUSEUM

### Le Petit Tennis

Le Petit Tennis is a visual story based tennis program to help child program to help children of ages 3-5 to discover tennis through a series of engaging stories while traveling across countries and cultures. The story and image based component that allows for better communication with children and maximizes their attention span and focus. Kids learn is a safe fun environment with small format courts, age adapted equipment like large inflatable balls, lower nets and smaller racquets.

### Learning through Play

Your child will learn through play with a variety of stations, circle time, and songs. This program will make reading, writing, math and science fun.

# **Little Learners**

Participants will learn about numbers, letters, seasons, animals and nature in a stimulating and engaging environment. Little Learners will enjoy activity stations, circle time, songs and theme days.

### **Magic of Dinosaurs**

This program is geared to children who enjoy the mystery and magic of dinosaurs. Children will participate in crafts, games, scavenger hunts, gross motor activities and many other exciting activities related to dinosaurs.

# **Mini Chefs**

Children learn the basic safety skills in the kitchen and will be preparing fun, nutritious finger foods. We have partnered with York Region Public Health to provide a healthy program. Each preschooler will actively participate in the preparation of each recipe and will assist in the cleanup. All chefs' creations will be eaten at the end of the class. A \$15.00 cost for materials and food will be required.

# Mom and Tot Ballet

This program is for Mom and tot to experiance the movements of dance and ballet. You will participant with your child as the instructor leads you through a series of beginner ballet movements. Children will learn to work together, and enhance their early childhood coordination.

# Movin and Groovin'

Move and groove to the music and enjoy the active play, songs, musical instruments, and creative movement this exciting class offers.

Museum - Amazing Afternoons Looking for something new to do with your active preschooler? Join us at the Museum for fun, educational and interactive activities specifically designed for you and your little one. Classes are lead by our experienced program instructors and incorporate the museum's unique features including our heritage orchard, exhibitions, and historic buildings. Each 4 week session has a new theme and activities, so you can sign up for multiple sessions! Cost for 1 child and 1 adult, additional children \$40.00 each (max 3 children per adult).

### Museum - Mini Mornings

Looking for something new to do with your active preschooler? Join us at the Museum for fun, educational and interactive activities specifically designed for you and your little one. Classes are lead by our experienced program instructors and incorporate the museum's unique features including our heritage orchard, exhibitions, and historic buildings. Each 4 week session has a new theme and activities, so you can sign up for multiple sessions! Cost for 1 child and 1 adult, additional children \$40.00 each (max 3 children per adult).

### Museum - Fall Munchkins

'Fall Munchkins' was designed to provide preschoolers with a memorable one-of-akind experience. Each week, the 3.5 hour program will be filled with exciting crafts, activities, games and songs. Educational and exciting themes will be experienced in a creative and caring environment designed to engage and captivate. Each session is different! Visit www.markhammuseum.ca for the weekly program details.

exerting activities related to unio		gram mstructors and me			Clark	the of	Courses	
Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Le Petit Tennis	3 - 5 yrs	Centennial C.C.	Tue.	2:00 p.m 3:00 p.m.	Sep. 23	12	248790	\$62
		Cornell C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 27	12	249118	\$62
		Cornell C.C.	Sun.	9:00 a.m 10:00 a.m.	Sep. 28	12	249119	\$62
Learning through Play	3 - 5 yrs	Centennial C.C.	Fri.	9:30 a.m 11:00 a.m.	Sep. 26	12	247020	\$116
Little Learners	2 - 5 yrs	Thornhill C.C.	Sat.	9:30 a.m 11:30 a.m.	Sep. 13	14	247235	\$177
		Thornhill C.C.	Thu.	9:30 a.m 11:30 a.m.	Sep. 18	14	247234	\$177
Magic of Dinosaurs	2 - 4 yrs	Cornell C.C.	Wed.	10:30 a.m 12:00 p.m.	Sep. 24	12	249126	\$114
Mini Chefs	3 - 5 yrs	Angus Glen C.C.	Fri.	1:00 p.m 2:30 p.m.	Sep. 26	12	246945	\$134
		Angus Glen C.C.	Sat.	9:30 a.m 11:00 a.m.	Sep. 20	12	246946	\$134
		Armadale C.C.	Sat.	10:00 a.m 11:30 a.m.	Sep. 20	6	249070	\$67.50
		Armadale C.C.	Sun.	10:00 a.m 11:30 a.m.	Sep. 21	6	249071	\$67.50
		Armadale C.C.	Mon.	5:30 p.m 7:00 p.m.	Sep. 29	10	249072	\$112
		Armadale C.C.	Sat.	10:00 a.m 11:30 a.m.	Nov. 1	8	249068	\$89.50
		Armadale C.C.	Sun.	10:00 a.m 11:30 a.m.	Nov. 2	8	249069	\$89.50
		Centennial C.C.	Thu.	1:00 p.m 2:30 p.m.	Sep. 25	12	248796	\$134
		Centennial C.C.	Sat.	9:30 a.m 11:00 a.m.	Sep. 27	10	248799	\$112
		Centennial C.C.	Sun.	9:30 a.m 11:00 a.m.	Sep. 28	12	248795	\$134
Mom and Tot Ballet	2 - 3 yrs	Cornell C.C.	Sun.	9:30 a.m 10:15 a.m.	Sep. 28	12	246683	\$75
		Cornell C.C.	Sun.	10:30 a.m 11:15 a.m.	Sep. 28	12	249129	\$75
	2 - 4 yrs	Cornell C.C.	Fri.	10:00 a.m 10:45 a.m.	Sep. 26	12	246682	\$75
Movin and Groovin'	2 - 5 yrs	Thornhill C.C.	Fri.	10:30 a.m 11:30 a.m.	Sep. 12	15	247240	\$105
Museum - Amazing Afternoons	2 - 4 yrs	Markham Museum	Thu.	1:30 p.m 3:00 p.m.	Oct. 2	4	248901	\$64
		Markham Museum	Thu.	1:30 p.m 3:00 p.m.	Oct. 30	4	248902	\$64
		Markham Museum	Thu.	1:30 p.m 3:00 p.m.	Nov. 27	4	248903	\$64
Museum - Mini Mornings	2 - 4 yrs	Markham Museum	Wed.	10:00 a.m 11:30 a.m.	Sep. 3	4	245005	\$64
		Markham Museum	Wed.	9:30 a.m 11:00 a.m.	Oct. 1	4	248892	\$64
		Markham Museum	Sun.	9:30 a.m 11:00 a.m.	Oct. 19	4	248895	\$64
		Markham Museum	Wed.	9:30 a.m 11:00 a.m.	Oct. 29	4	248893	\$64
		Markham Museum	Sun.	9:30 a.m 11:00 a.m.	Nov. 16	4	248896	\$64
		Markham Museum	Wed.	9:30 a.m 11:00 a.m.	Nov. 26	4	248894	\$64
Museum - Fall Munchkins	3 - 6 yrs	Markham Museum	Tue.	9:00 a.m 12:30 p.m.	Sep. 30	8	248890	\$189
		Markham Museum	Sat.	9:00 a.m 12:30 p.m.	Oct. 4	8	248889	\$189
		Markham Museum	Tue.	9:00 a.m 12:30 p.m.	Nov. 25	4	248891	\$93



## **Music Corner**

The use of songs, stories, movement and percussion instruments will develop the child's language and listening skills, sense of rhythm and his/her confidence and sense of self-esteem.

# **My Little Carpenter**

This program is designed to introduce preschoolers to the art of woodworking in a safe and creative environment. Children will learn to safely use a hammer, nails and will bring home their project at the completion of the course.

### **Mandarin- Stories and Crafts**

Come and join the fun as we select a special story geared to young children followed by creating a craft. Children will have the opportunity to use their imagination and create a craft around the theme of the story book. *Program will be taught in Mandarin.* 

### **Our Time Together**

**General Programs** 

Come and enjoy a relaxing morning of friendship and activities in the company of parents and children. Have fun participating in various learning activities with your child under the supervision of a qualified instructor. It is an opportunity to make new friends and share conversation and concerns. *Newborns welcome if an older child is also registered in the program.* \$21.00 each additional child - excludes newborns (max.3).

# Our Time Together - Additional Child

Join the fun for a creative morning of crafts, play centres, stories, circle activities and

# **Preschool Programs**

finger plays while socializing with other children in a positive setting. *Cost covers additional child only.* 

### **Parent & Tot Mini Chefs**

Join your child in this class learning ktichen safety, nutrition and fun recipes. You will both actively participate in the preparation of each recipe and will also assist in the clean up. *A* \$15.00 cost for materials and food will be required.

### **Parent & Tot Soccer**

Interested in getting in shape in a fun environment and love soccer. Each day the parent will participate in soccer drills, skills, scrimmages and your preschooler participates in their own mini games.

### Parent & Tot Yoga

This program will relax yourself and your child. This class is a gentle way to exercise the body for you and your child. Learn how to relax, tone, and strengthen the body.

# Parent and Tot Le Petit Tennis

Le Petit Tennis is a visual story based tennis program to help children of ages 3-5 to discover tennis through a series of engaging stories while traveling across countries and cultures. The story and image based component that allows for better communication with children and maximizes their attention span and focus. Kids learn is a safe fun environment with small format courts, age adapted equipment like large inflatable balls, lower nets and smaller racquets.

### Playtime - Program 1

For ages 1 1/2 to 3 yrs Parents participate. This pre-school program is designed to provide maximum opportunity for both parent and child to socialize and play together. Activities include games, songs and crafts. PARENT RATIO - 1 child to 1 parent

### **Playtime and Swim**

This pre-school program is designed to provide an opportunity for both parent and child to socialize and play together. Activities include games, songs and crafts. The program then offers swimming in a recreational capacity. The swimming session is not an instructional swim lesson. *Parents participate*.

### Pre - Tae Kwon-Do

The most practiced martial art world wide. The art of Tae Kwon-Do is guided by the principals of self respect, respect for others and non violence. The student of Tae Kwon-Do is not only trained in the physical aspects of the art, but her/she must learn to develop self-control, courtesy, integrity, perseverance and an indomitable spirit.

# Pre - Tae Kwon Do - Intermediate 📌

The most practiced martial art world wide. The art of Tae Kwon-Do is guided by the principals of self respect, respect for others and non violence. The student of Tae Kwon-Do is not only trained in the physical aspects of the art, but her/she must learn to develop self-control, courtesy, integrity, perseverance and an indomitable spirit. *Participants must have attended Pre Tae Kwon Do.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Music Corner	2 - 4 yrs	Centennial C.C.	Fri.	9:30 a.m 10:30 a.m.	Sep. 26	12	246695	\$88.50
		Buttonville Women's Institute	Sat.	11:45 a.m 12:45 p.m.	Sep. 27	10	251403	\$65
My Little Carpenter	4 - 6 yrs	Milliken Mills C.C.	Thu.	5:00 p.m 6:30 p.m.	Sep. 18	6	248190	\$58
		Milliken Mills C.C.	Thu.	5:00 p.m 6:30 p.m.	Nov. 6	6	248191	\$58
Mandarin - Stories and Crafts	4 - 6 yrs	Thornhill C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 11	8	251250	\$89
Our Time Together	7 mths - 4 yrs	Old Unionville Lib. C.C.	Fri.	9:30 a.m 11:00 a.m.	Sep. 26	12	246947	\$114
Our Time Together - Additional Child	7 mths - 4 yrs	Old Unionville Lib. C.C.	Fri.	9:30 a.m 11:00 a.m.	Sep. 26	12	246948	\$23
Parent & Tot Mini Chefs	3 - 5 yrs	Centennial C.C.	Thu.	9:30 a.m 11:00 a.m.	Sep. 25	12	248800	\$134
Parent & Tot Soccer	3 - 5 yrs	Milliken Mills H.S.	Tue.	6:00 p.m 7:00 p.m.	Sep. 30	10	250120	\$52
Parent & Tot Yoga	2 - 10 mths	Angus Glen C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 25	10	246949	\$87
		Cornell C.C.	Mon.	10:30 a.m 11:30 a.m.	Sep. 22	12	247025	\$103
		Cornell C.C.	Thu.	10:45 a.m 11:45 a.m.	Sep. 25	12	247024	\$103
Parent and Tot Le Petit Tennis	3 - 5 yrs	Cornell C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 28	12	249316	\$62
Playtime - Program 1	1.5 - 3.0 yrs	Angus Glen C.C.	Sat.	9:15 a.m 10:45 a.m.	Sep. 20	12	246952	\$114
		Milliken Mills C.C.	Sat.	9:15 a.m 10:45 a.m.	Oct. 4	10	250362	\$95
		Cornell C.C.	Tue.	9:30 a.m 11:00 a.m.	Sep. 23	12	249317	\$114
		Markham Village C.C.	Mon.	9:30 a.m 11:00 a.m.	Sep. 22	12	246700	\$114
Playtime and Swim	1.5 - 4 yrs	Milliken Mills C.C.	Fri.	9:30 a.m 11:15 a.m.	Oct. 3	10	250369	\$95
Pre - Tae Kwon-Do	4 - 6 yrs	Milliken Mills C.C.	Tue.	5:00 p.m 6:00 p.m.	Sep. 16	7	248198	\$53
		Milliken Mills C.C.	Tue.	5:00 p.m 6:00 p.m.	Nov. 4	7	248199	\$53
		Old Unionville Lib. C.C.	Thu.	4:30 p.m 5:30 p.m.	Sep. 25	12	250297	\$89.50
		Old Unionville Lib. C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 25	12	250296	\$89.50
		Rouge River C.C.	Sun.	11:15 a.m 12:15 p.m.	Sep. 21	10	250166	\$62.50
		Thornhill C.C.	Wed.	5:30 p.m 6:15 p.m.	Sep. 10	15	247263	\$105
Pre - Tae Kwon Do - Intermediate	4 - 6 yrs	Milliken Mills C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	7	248196	\$53
		Milliken Mills C.C.	Tue.	6:00 p.m 7:00 p.m.	Nov. 4	7	248197	\$53

# **Preschool Programs**

# Fall 2014

# **Rainbows & Rhythms 5**

Parents Participate. This program is geared to older children who love to sing, dance, participate in musical games, move to lively music and listen to stories with a musical flair.

# Rainbows and Rhythm (1)

Musical instruments, songs and movement in a fun atmosphere to stimulate even the most active child.

# **Rainbows and Rhythm (2)**

Musical instruments, songs and movement in a fun atmosphere to stimulate even the most active child. (12-18 months)

# **Rainbows and Rhythm (3)**

*Parents participate.* Children sing, dance, clap, jump and play in this lively music program that combines children's action songs with animal puppets, balls, bean bags, a parachute and simple rhythm instruments.

# **Rainbows and Rhythm (4)**

**Parents participate.** Children sing, dance, clap, jump and play in this lively music program that combines children's action songs with animal puppets, balls, bean bags, a parachute and simple rhythm instruments.

# **Read and Play**

Play is one of the primary ways preschoolers learn about the world. Play-based activities, stories, songs and crafts will appeal to your child's natural curiosity and support development of literacy skills through sounds in words, creative thinking and problem solving skills to prepare for school success. (Based on Every Child Ready to Read practices)

## **Read and Sing**

Music based activities help develop children's language abilities, social skills and teach pre-reading skills. Have fun with singing, movement, stories and musical games to stimulate your child's creativity and imagination. (*Based on Every Child Ready to Read practices*)

# **Read and Talk**

Talking with children helps with oral language. Enjoy shared reading activities, crafts, and play that will encourage conversation and storytelling to help your child learn new words, learn to express themselves and develop their pre-reading skills. (Based on Every Child Ready to Read practices)

# **Ready to Read**

mpl

mpl

wol

Reading together remains the single most effective way to help children become readers. Enjoy shared reading activities to develop vocabulary and comprehension through stories, rhymes, songs, and crafts to help your child prepare for reading readiness (Based on Every child Ready to Read practices)

# **Spectacular Science**

This program will allow children to learn about science, nature, biology, colour, volcanoes and much more through simple experiments and crafts.

# **Stories and Crafts**

Come and join the fun as we select a special story geared to young children followed by creating a craft. Children will have the opportunity to use their imagination and create a craft around the theme of the story book.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Rainbows and Rhythm (1)	1 - 12 mths	Milliken Mills C.C.	Tue.	1:45 p.m 2:30 p.m.	Sep. 30	10	248200	\$65
		Rouge River C.C.	Mon.	10:15 a.m 11:00 a.m.	Sep. 22	8	250170	\$52
		Un.Train Station C.C.	Thu.	9:15 a.m 10:00 a.m.	Sep. 25	12	246954	\$78
Rainbows and Rhythm (2)	1 - 1.5 yrs	Milliken Mills C.C.	Tue.	2:30 p.m 3:15 p.m.	Sep. 30	10	248201	\$65
		Rouge River C.C.	Mon.	11:15 a.m 12:00 p.m.	Sep. 22	8	250180	\$52
		Un.Train Station C.C.	Tue.	9:15 a.m 10:00 a.m.	Sep. 23	12	246958	\$78
		Un.Train Station C.C.	Thu.	10:00 a.m 10:45 a.m.	Sep. 25	12	246956	\$78
Rainbows and Rhythm (3)	1.5 - 2 yrs	Markham Village C.C.	Sat.	9:00 a.m 9:45 a.m.	Sep. 27	8	246705	\$52
		Rouge River C.C.	Mon.	9:30 a.m 10:15 a.m.	Sep. 22	8	250185	\$52
		Un.Train Station C.C.	Tue.	10:00 a.m 10:45 a.m.	Sep. 23	12	251195	\$78
		Un.Train Station C.C.	Wed.	10:00 a.m 10:45 a.m.	Sep. 24	12	246960	\$78
Rainbows and Rhythm (4)	2 - 3 yrs	Markham Village C.C.	Sat.	9:45 a.m 10:30 a.m.	Sep. 27	8	246706	\$52
		Markham Village C.C.	Sat.	10:30 a.m 11:15 a.m.	Sep. 27	8	246707	\$52
		Rouge River C.C.	Mon.	12:00 p.m 12:45 p.m.	Sep. 22	8	250191	\$52
		Un.Train Station C.C.	Tue.	10:45 a.m 11:30 a.m.	Sep. 23	12	246964	\$78
		Un.Train Station C.C.	Wed.	9:15 a.m 10:00 a.m.	Sep. 24	12	246967	\$78
		Un.Train Station C.C.	Wed.	10:45 a.m 11:30 a.m.	Sep. 24	12	246963	\$78
Read and Play	1.5 - 3 yrs	Angus Glen Library	Sat.	9:15 a.m 10:15 a.m.	Sep. 20	8	248773	\$51.50
		Cornell Library	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	8	248774	\$51.50
		Markham Village Library	Sun.	1:15 p.m 2:15 p.m.	Sep. 21	8	248776	\$51.50
		Milliken Mills Library	Sat.	9:30 a.m 10:30 a.m.	Sep. 20	8	248775	\$51.50
		Thornhill C.C. Library	Thu.	5:00 p.m 6:00 p.m.	Sep. 18	8	250935	\$51.50
Read and Sing	1 - 2 yrs	Cornell Library	Wed.	9:30 a.m 10:30 a.m.	Sep. 17	8	248751	\$51.50
		Unionville Library	Fri.	9:45 a.m 10:45 a.m.	Sep. 19	8	248753	\$51.50
Read and Talk	1.5 - 3 yrs	Cornell Library	Wed.	10:30 a.m 11:30 a.m.	Sep. 17	8	248754	\$51.50
		Unionville Library	Fri.	10:45 a.m 11:45 a.m.	Sep. 19	8	248772	\$51.50
Ready to Read	3 - 4 yrs	Markham Village Library	Thu.	4:30 p.m 5:30 p.m.	Sep. 18	8	248778	\$51.50
Spectacular Science	3 - 4 yrs	Old Unionville Lib. C.C.	Wed.	9:30 a.m 10:30 a.m.	Sep. 24	10	246965	\$75
	3 - 6 yrs	Thornhill C.C.	Sat.	1:15 p.m 2:45 p.m.	Sep. 13	14	247275	\$133
		Thornhill C.C.	Sun.	9:30 a.m 11:00 a.m.	Sep. 14	14	247276	\$133
	4 - 6 yrs	Milliken Mills C.C.	Thu.	9:30 a.m 11:30 a.m.	Oct. 2	8	248205	\$101.50
		Milliken Mills C.C.	Sun.	10:00 a.m 12:00 p.m.	Sep. 28	8	248206	\$101.50
		Milliken Mills C.C.	Sun.	10:00 a.m 12:00 p.m.	Nov. 23	5	248207	\$64
Stories and Crafts	2 - 4 yrs	Angus Glen C.C.	Tue.	9:30 a.m 10:30 a.m.	Sep. 23	6	250990	\$39
		Cornell C.C.	Sat.	9:30 a.m 11:00 a.m.	Sep. 27	12	249321	\$114

Mon.

5:00 p.m. - 6:00 p.m.

Thornhill C.C.

14

Sep. 15



### Teeball

A wonderful sport to introduces children to baseball. Our trained instructors will lead your child through fun activities and exercises that will help develop throwing, catching and hitting skills.

### **Tennis Tots**

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This new tennis program is geared for young children who have an interest in learning tennis. Focus of the program will be fun, introduction to ground strokes and movement on the court. This program is geared for children between 4 - 6 yrs. and must be 4 yrs at the start of the program. Progressive Tennis is the teaching method used at the Angus Glen Tennis Centre and is used as a development tool to allow young children to improve their overall tennis skills faster as they can transition to the regular court with more ease. Half court tennis is the first step in progressive tennis. The transition to successful half-court tennis will require a period of skill development where basis coordination and cooperative activities will lead to the development of the basic stroke and fundamentals.

### **Toddler Jumpstart**

Share special times with your toddler by exploring the world around them through stories, rhymes, music, creative play, and craft creation in a social environment for

# **Preschool Programs**

toddler and caregiver. Program encourages fine and gross motor skills, and supports language learning and early literacy skills.

### Tot Spot - Program 1

2-3 years of age. Must be 2 by start of program. Parents do not participate. This program is designed to provide a variety of learning opportunities for your child. Children will be introduced to a wide selection of crafts, music, and co-operative games with the opportunity to socialize with their peers. NOTE: Instructors do not change diapers.

### Tot Spot - Program 2

3-5 years of age Must be 3 by start of program. This program is designed to provide a variety of learning opportunities for your child. Children will be introduced to a wide selection of crafts, music, and co-operative games with the opportunity to socialize with their peers. Please bring a painting smock for your child. NOTE: Instructors do not change diapers. Please bring a peanut free snack to each class.



Parents are responsible for the supervision of their children. No registration required — just drop by. Cost: \$3.00 per adult and one child (\$0.75 per each additional child). For details, contact the community centre nearest you. (see "Program Contacts" on page 46 for details) **Angus Glen C.C.** (Oct. 3 - Dec. 19): Fri.: 10:30 a.m. - 12:00 noon

**Centennial C.C.** (Sep. 25 - Dec. 18): Thu.: 11:30 a.m. - 1:30 p.m.

 Mon. - Fri.:
 9:30 a.m. - 11:30 a.m.

 Mon., Wed., Fri.:
 5:30 p.m. - 7:30 p.m.

 Tue. & Thu.:
 1:00 p.m. - 3:00 p.m.,

Sat.: 9:30 a.m. - 11:30 a.m.

**Milliken Mills C.C.** (Sep. 7 - Dec. 28): Sun.: 12:00 noon - 2:00 p.m.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Teeball	3 - 5 yrs	Armadale C.C.	Tue.	5:15 p.m 6:15 p.m.	Sep. 16	6	249341	\$31.50
		Armadale C.C.	Sun.	11:00 a.m 12:00 p.m.	Sep. 21	6	250437	\$31.50
		Armadale C.C.	Tue.	5:15 p.m 6:15 p.m.	Oct. 28	8	249342	\$41.50
		Armadale C.C.	Sun.	11:00 a.m 12:00 p.m.	Nov. 2	8	250438	\$41.50
Tennis Tots	4 - 6 yrs	Angus Glen Tennis Centre	Sat.	12:30 p.m 1:30 p.m.	Sep. 20	12	246969	\$130
		Angus Glen Tennis Centre	Sat.	2:30 p.m 3:30 p.m.	Sep. 20	12	250991	\$130
		Angus Glen Tennis Centre	Sun.	12:30 p.m 1:30 p.m.	Sep. 21	12	246971	\$130
		Angus Glen Tennis Centre	Sun.	1:30 p.m 2:30 p.m.	Sep. 21	12	247712	\$130
		Angus Glen Tennis Centre	Sun.	3:30 p.m 4:30 p.m.	Sep. 21	12	246972	\$130
Toddler Jumpstart	1 - 2 yrs	Angus Glen Library	Tue.	1:30 p.m 2:30 p.m.	Sep. 16	8	248743	\$51.50
		Cornell Library	Fri.	11:00 a.m 12:00 p.m.	Sep. 19	8	248744	\$51.50
		Markham Village Library	Thu.	10:45 a.m 11:45 a.m.	Sep. 18	8	248745	\$51.50
		Unionville Library	Tue.	11:00 a.m 12:00 p.m.	Sep. 16	8	248746	\$51.50
Tot Spot - Program 1	2 - 3 yrs	Angus Glen C.C.	Mon.	9:30 a.m 11:00 a.m.	Sep. 22	11	246987	\$70
		Angus Glen C.C.	Tue.	9:30 a.m 11:00 a.m.	Sep. 23	12	246988	\$114
		Angus Glen C.C.	Wed.	9:30 a.m 11:00 a.m.	Sep. 24	12	247749	\$114
		Angus Glen C.C.	Fri.	9:30 a.m 11:00 a.m.	Sep. 26	12	246991	\$114
		Armadale C.C.	Mon.	9:30 a.m 11:00 a.m.	Sep. 29	8	249343	\$76.50
		Markham Village C.C.	Tue.	9:30 a.m 11:00 a.m.	Sep. 23	12	246709	\$114
		Markham Village C.C.	Thu.	9:30 a.m 11:00 a.m.	Sep. 25	12	246710	\$114
		Markham Village C.C.	Sat.	9:30 a.m 11:00 a.m.	Sep. 27	12	246711	\$114
		Thornhill C.C.	Fri.	9:30 a.m 11:00 a.m.	Sep. 12	14	247281	\$133
		Warden House C.C.	Wed.	9:30 a.m 11:00 a.m.	Sep. 24	12	246989	\$114
Tot Spot - Program 2	3 - 4 yrs	Angus Glen C.C.	Thu.	9:30 a.m 11:30 a.m.	Sep. 25	12	247663	\$152
	3 - 5 yrs	Angus Glen C.C.	Sat.	1:00 p.m 3:00 p.m.	Sep. 20	10	247353	\$127
		Markham Village C.C.	Wed.	9:00 a.m 11:00 a.m.	Sep. 24	12	246715	\$152
		Markham Village C.C.	Wed.	1:00 p.m 3:00 p.m.	Sep. 24	12	246714	\$152
		Markham Village C.C.	Thu.	1:00 p.m 3:00 p.m.	Sep. 25	12	246716	\$152
		Markham Village C.C.	Sat.	1:00 p.m 3:00 p.m.	Sep. 27	12	246717	\$152
		Milliken Mills C.C.	Sat.	11:00 a.m 12:30 p.m.	Oct. 4	10	248216	\$95

# **Children's Programs**



# 3D Creation and Printing 2

Learn how to design and model 3D structures using easy software. Students will be able to create 3D objects like a cup, house, building etc, This program will engage students with the tools required for design, inventing, and fabricating which can lead to various career paths such as industrial design and engineering, Bring your imagination and creativity, and take home a small 3D structure you will print from a 3D printer (*\$15 fee payable at time of registration for technology supplies*)

### Acrobatics

Acrobatics is a discipline of gymnastics which focuses on team work, balance, flexibility and coordination. Acrobatics is highly interactive where boys and girls learn and master skills on their own and with partners. For those who enjoy creativity and movement, this is the class for you. *NOTE: No shoes are required, only bare feet.* 

### Archery

This program is designed to teach children basic archery skills and techniques. Qualified Instructors will introduce the fundamental skills of archery in a fun and safe environment. *All equipment is supplied.* 

# ART - Crafty Christmas Camp

Treat the kids to a day filled with creativity, fun and Holiday Cheer! Deck the halls with hand-made decorations and create gifts from the heart for kids ages 5-10. *Group will be split into 2; dress in art-friendly attire. All materials included*.

# **ART- Eco-Cities**

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This fun and interactive workshop led by environmental artist Les Luxemburger, explores basic concepts of ecological design and sustainable living, the theory and practice of designing buildings and structures in alignment with nature; as well as biomimicry (study of how nature informs / influences building / design / architecture). Children will gain an enhanced understanding of how ecosystems and nature influences the way that human settlements are planned, designed and built. Using this experience and learning process, students will then apply what they've learned to create small ecocity designs (concept plan and a small 3D model). All materials included.

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# ART - Elements of Art & Design

Would you like to challenge your children to explore their creativity in a fun and creative environment? Our professional artist/ instructor will introduce your children to the principles and elements of colour and design, whilst encouraging self-expression and experimentation. Children will build on this knowledge and explore drawing, watercolour and acrylic painting, printmaking, clay & multi-media sculpture. These art fundamentals are essential in developing observation, spatial skills and co-ordination. Classes will also include visits into the Gallery where the kids will be inspired by the masters of Canadian art. At the end of the term, kids will be proud to show off their work in their own in-class Art Show! All materials provided.

# ART - Haunted Halloween

Young creative minds will delight in creating ghostly decorations that will spook the neighbours! Make their very own artful spook-tacular decorations. *Dress in costume and express your funky self (not your new one as art can be messy!)* 

## ART - Mixed Media for Mini Artists



If your little one has shown an eye for colour and loves to get his or hands messy, this is the perfect class to start their artistic journey. Kids will learn about a variety of media; printmaking, pastels, paint and more! It is never too early for your child to explore their creative side, and improve their spatial, observation and self-expression. Kids will enjoy interactive tours of the current exhibitions at the gallery and learn and be inspired by original works of art. *All materials provided*.

# ART - PA Day Extravaganza 🔍

Students will participate in a full day mixed media art workshop for children ages 6-12. The art adventures begin with exhibition inspired projects in painting, drawing and sculpture creations both morning and afternoon. *Please bring a nut-free snack and lunch. All materials included. Program is from 9am-4pm; extended care is included from 8-9am and 4-6pm.* 

# ART - French PA Day Extravaganza!

A full day of art making in French! Students will participate in a full day mixed media art workshop for children ages 6-12. The art adventures begin with exhibition inspired projects in painting, drawing and sculpture creations both morning and afternoon. *All materials included. Please bring a nut-free snack and lunch. Program is from 9am-4pm; extended care is included from 8-9am and 4-6pm.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
3D Creation and Printing 2	8 - 13 yrs	Thornhill C.C. Library	Sat.	9:00 a.m 1:00 p.m.	Sep. 27	2	248953	\$135
		Thornhill C.C. Library	Sat.	9:00 a.m 1:00 p.m.	Oct. 18	2	249286	\$135
		Thornhill C.C. Library	Sat.	9:00 a.m 1:00 p.m.	Nov. 1	2	249287	\$135
		Thornhill C.C. Library	Sat.	9:00 a.m 1:00 p.m.	Nov. 15	2	249288	\$135
Acrobatics	6 - 10 yrs	Rouge River C.C.	Tue.	6:30 p.m 7:30 p.m.	Sep. 23	10	249141	\$62.50
		Thornhill C.C.	Tue.	5:30 p.m 6:30 p.m.	Sep. 9	9	247123	\$67.50
		Thornhill C.C.	Sat.	1:00 p.m 2:00 p.m.	Sep. 13	14	247124	\$89
Archery	6 - 10 yrs	Angus Glen C.C.	Sat.	11:30 a.m 12:30 p.m.	Sep. 27	6	246768	\$65.50
		Angus Glen C.C.	Sat.	12:30 p.m 1:30 p.m.	Sep. 27	6	246769	\$65.50
		Armadale C.C.	Fri.	7:15 p.m 8:15 p.m.	Sep. 12	5	246741	\$55.50
		Armadale C.C.	Sat.	10:30 a.m 11:30 a.m.	Sep. 13	5	249422	\$55.50
		Armadale C.C.	Fri.	7:15 p.m 8:15 p.m.	Nov. 21	5	246742	\$55.50
	6 - 15 yrs	Thornhill C.C.	Thu.	5:00 p.m 6:00 p.m.	Sep. 18	5	247131	\$55.50
		Thornhill C.C.	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	5	247132	\$55.50
		Thornhill C.C.	Thu.	5:00 p.m 6:00 p.m.	Nov. 20	5	247133	\$55.50
		Thornhill C.C.	Thu.	6:00 p.m 7:00 p.m.	Nov. 20	5	247134	\$55.50
ART - Crafty Christmas Camp	5 - 10 yrs	Varley Art Gallery	Sat.	1:00 p.m 4:00 p.m.	Dec. 13	1	248862	\$16
ART - Eco-Cities	8 - 14 yrs	Varley Art Gallery	Sun.	11:30 a.m 1:00 p.m.	Nov. 16	1	251326	\$10
		Varley Art Gallery	Sun.	2:00 p.m 3:30 p.m.	Nov. 16	1	251327	\$10
ART - Elements of Art & Design	7 - 10 yrs	Varley Art Gallery	Sat.	10:00 a.m 12:00 p.m.	Sep. 13	10	248850	\$162
ART - Haunted Halloween at the Varley	5 - 10 yrs	Varley Art Gallery	Sun.	1:00 p.m 4:00 p.m.	Oct. 26	1	248861	\$18
ART - Mixed Media for Mini Artists	4 - 6 yrs	McKay Art Centre	Sun.	1:00 p.m 3:00 p.m.	Sep. 14	10	248854	\$162
ART - PA Day Extravaganza	6 - 12 yrs	Varley Art Gallery	Mon.	8:00 a.m 6:00 p.m.	Oct. 27	1	248858	\$53
		Varley Art Gallery	Fri.	8:00 a.m 6:00 p.m.	Nov. 14	1	248859	\$53
ART - French PA Day Extravaganza!	6 - 12 yrs	McKay Art Centre	Mon.	8:00 a.m 6:00 p.m.	Oct. 27	1	251404	\$54
		Varley Art Gallery	Fri.	8:00 a.m 6:00 p.m.	Nov. 21	1	251405	\$54



# ART - Sculpture & Design Fundamentals

For the intermediate student, kids will take their knowledge of colour and design principles to the next level. More challenging and Designed especially for the curious and tactile child, this class will explore the wonderful world of three-dimensional art! Classes will focus on sculpture creation from a variety of media including clay, recyclable materials, paper and everyday objects. Projects emphasize creative thinking and exploration of materials while developing additive and subtractive sculpting techniques, building skills and improvement of co-ordination. All materials provided; additional \$10 cost of glazing and kiln-firing payable at time of registration.

# ART - Start with Art!

Bring your creative geniuses to the gallery and harness their energy and imagination in a positive and encouraging environment. Children will be introduced to the wonderful world of colour and imagination through

# **Children's Programs**

PRIET

drawing, painting and sculpting projects. Focus will be on the fundamentals of art, colour mixing and brushwork.

# **ART - Young Art Masters**

The perfect way to whet your young ones' creative appetite. Art allows children to express their ideas and concepts visually, and leads to a balance in development. Children are encouraged to engage in both traditional and nontraditional art projects in a variety of media, and explore their diverse roots and experiences through art. *No experience required but come with an open mind! All materials provided.* 

### **Badminton**

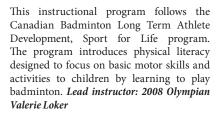
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Here is an opportunity to play recreational badminton with your friends. Matches and round robins will be set up for your enjoyment. *Birds supplied, racquets required.* 

### Badminton Instructional - Active 🦨 Start / Beginner

Introduce and promote healthy active living to children through the sport of badminton.



# **Ballet - Beginner**

A basic course covering the technical aspects of ballet, positioning of arms and legs while combining several dance steps. The program also provides an opportunity for the development of grace and creativity.

# Basketball

Recreational basketball including a general warm-up, teaching sessions and playing time.

# **Basketball for Girls**

This recreational basketball program has been planned for girls to enhance their skills through specific drills and game play.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
ART - Sculpture & Design Fundamentals	8 - 12 yrs	Varley Art Gallery	Sat.	1:00 p.m 3:00 p.m.	Sep. 13	10	248851	\$162
ART - Start with Art!	4 - 5 yrs	McKay Art Centre	Sat.	10:00 a.m 12:00 p.m.	Sep. 13	10	248852	\$162
ART - Young Art Masters	5 - 6 yrs	McKay Art Centre	Sat.	1:00 p.m 3:00 p.m.	Sep. 13	10	248853	\$162
Badminton	6 - 10 yrs	Armadale C.C.	Mon.	6:30 p.m 8:00 p.m.	Sep. 15	5	247040	\$39
		Armadale C.C.	Sun.	12:45 p.m 2:15 p.m.	Sep. 21	6	247037	\$47
		Armadale C.C.	Sun.	12:45 p.m 2:15 p.m.	Nov. 2	8	247038	\$62
		Armadale C.C.	Mon.	6:30 p.m 8:00 p.m.	Nov. 3	8	247035	\$62
		Centennial C.C.	Wed.	5:00 p.m 6:30 p.m.	Sep. 24	12	248757	\$92
		Coledale P.S.	Wed.	6:00 p.m 7:30 p.m.	Sep. 17	12	247988	\$92
		Cornell C.C.	Thu.	5:00 p.m 6:30 p.m.	Sep. 25	12	248934	\$92
		Cornell C.C.	Sat.	2:30 p.m 4:00 p.m.	Sep. 27	12	248935	\$92
		Thornhill C.C.	Tue.	5:00 p.m 6:00 p.m.	Sep. 9	12	247145	\$62
		Thornlea Pool/Gym	Sat.	9:00 a.m 10:00 a.m.	Sep. 13	10	247146	\$52
Badminton Instructional - Active Start / Beginner	5 - 10 yrs	Middlefield C.I.	Mon.	6:00 p.m 7:00 p.m.	Sep. 29	10	249375	\$91
Ballet - Beginner	6 - 10 yrs	Angus Glen C.C.	Mon.	5:30 p.m 6:30 p.m.	Sep. 22	10	247904	\$75
Salet Soguine	0 10 110	Armadale C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 17	6	247041	\$45
		Armadale C.C.	Wed.	7:00 p.m 8:00 p.m.	Oct. 29	8	247042	\$60
		Cornell C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 23	12	248992	\$89.50
		Cornell C.C.	Sun.	11:30 a.m 12:30 p.m.	Sep. 28	12	248990	\$89.50
		Thornhill C.C.	Sat.	12:00 p.m 1:00 p.m.	Sep. 13	12	247148	\$89.50
		Thornhill C.C.	Sun.	12:30 p.m 1:30 p.m.	Sep. 14	12	247140	\$89.50
		Un.Train Station C.C.	Sat.	2:00 p.m 3:00 p.m.	Oct. 4	10	250346	\$75
Basketball	6 - 10 yrs	Armadale C.C.	Wed.	5:30 p.m 7:00 p.m.	Sep. 17	6	247054	\$47
Dasketbatt	0 10 913	Armadale C.C.	Sat.	9:30 a.m 11:00 a.m.	Sep. 20	6	247058	\$47
		Armadale C.C.	Sat.	12:45 p.m 2:15 p.m.	Sep. 20 Sep. 20	6	247050	\$47
		Armadale C.C.	Sun.	11:00 a.m 12:30 p.m.	Sep. 20	6	247037	\$47
		Armadale C.C.	Wed.	5:30 p.m 7:00 p.m.	Oct. 29	8	247052	\$62
		Armadale C.C.	Sat.	9:30 a.m 11:00 a.m.	Nov. 1	8	247057	\$62
		Armadale C.C.	Sat.	12:45 p.m 2:15 p.m.	Nov. 1	8	247050	\$62
		Armadale C.C.	Sun.	11:00 a.m 12:30 p.m.	Nov. 1	8	247055	\$62
		Buttonville P.S.	Wed.	6:15 p.m 7:45 p.m.	Sep. 24	10	247003	\$77
		Centennial C.C.	Thu.	5:30 p.m 7:00 p.m.	Sep. 24	12	247774	\$92
		Cornell C.C.	Tue.	5:30 p.m 7:00 p.m.	Sep. 25 Sep. 23	12	248796	\$92
		Cornell C.C.	Sat.	3:30 p.m 5:00 p.m.		12	248997	\$92
		Legacy P.S.	Thu.	6:30 p.m 8:00 p.m.	Sep. 27 Oct. 2	12	240777	\$92
		Lincoln Alexander P.S.	Tue.	6:15 p.m 7:45 p.m.	Sep. 23	12	247055	\$77
		Milliken Mills H.S.				10		
		Thornhill C.C.	Mon. Sat.	6:00 p.m 7:00 p.m.	Sep. 29	10	248219 247157	\$52 \$62
		Unionville P.S.		10:00 a.m 11:00 a.m.	Sep. 13		247157	\$02 \$77
Deskethall for Cirla	/ 10		Thu.	6:00 p.m 7:30 p.m.	Sep. 25	10		
Basketball for Girls	6 - 10 yrs	Angus Glen C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 23	10	247991	\$77
		Centennial C.C.	Sat.	11:30 a.m 1:00 p.m.	Sep. 27	12	248762	\$92
		Cornell C.C.	Tue.	5:00 p.m 6:30 p.m.	Sep. 23	12	248999	\$92
<u> </u>		Thornhill C.C.	Fri.	5:00 p.m 6:00 p.m.	Sep. 12	12	247159	\$62

# **Children's Programs**



## Bollywood

Are your kids ready to get active and playful with dance? Bollymeter with dance? Bollysteps introduces kids to a fusion of classical Indian and Modern Bollywood movements. This class is designed for all levels and abilities allowing children to enjoy the energetic beats of Bollywood while getting fit & having fun! Students take part in Bollywood Choreography where they learn various moves & at the end of the session have put together a mini Bollywood Dance Routine. Guaranteed to help meet the daily recommended 60 minutes of moderate to vigorous physical activity

# **Bollywood / Hip Hop Dance**

This program is ideal for children who wish to learn combination of Bollywood and Hip Hop Dancing. Our instructor will lead your children through a variety of dance steps each week with the goal of performing full routines by the end of the session.

# Car Modelling

ZoooommM!! Get an opportunity to build a model vehicles! Learn from modelling experts in putting the model together and spray painting your finished product. An additional cost of \$20 for supplies payable upon registration. For Fall session, participants will be building Army Tanks! For Winter session, participants will be building Army Planes!

# **Children's Afro-Caribbean Dance Classes**

FEEL THE BEAT! Have fun and make new friends in this newly refreshed Caribbean Beat-Dance class for kids taught by renowned Afro-Caribbean dance company Ballet Creole! Developed especially for children, this program will have them learning traditional African and Caribbean movement mixed with contemporary dance technique. No experience is necessary.

# Cheerleading

The focus will be on basic stunting, with an emphasis on technique of basic jumps and acrobatic skills, and teamwork. Routines will include dance moves with different motions. Cheerleading develops coordination, balance and strong sense of self esteem. Classes will be taught by USASF certified instructors.

# Chess

Chess is an excellent avenue for learning both logical and intuitive thinking skills as well as increasing a child's attention span. The game develops good sportsmanship traits for handling wins and defeats and it's fun. Participants will learn starting positions, moves, captures, check, checkmate, stalemate and pawn promotion.

# **Chess & Badminton**

Participants will exercise their minds and bodies in this one of a kind program (no experience required). Our chess & badminton specialist will lead instructional drills, exercises, and supervise friendly matches every class.

# **Chocolate Delights**

A holiday workshop for chocolate lovers. This program is designed for children between 6 and 10 years who are interested in creating chocolate delights. Participants will create three chocolate treats each using moulds, coloured chocolate and a host of confections.

#### **Computer Animation** mpl 2D Stick-man

Whether it is your first time or you have taken animation before, this program will provide you excitement as you creative animation. Become an animator in full control of 2D stick figure movements by dragging handles and moving joints, and the opportunity to create any type of action you want!

# **Computers-Keyboarding** -Beginner

Students learn the correct typing technique including the correct finger position on the keyboard, typing lower and uppercase letters without looking at the keyboard. In addition to lessons completed in class, students will have access to personalized online accounts for the duration of the course to learn and improve their typing skills at home. The typing accounts contain lessons, exercises and exciting typing games tailored to each students needs.

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Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Bollywood	6 - 10 yrs	Thornhill C.C.	Wed.	5:00 p.m 6:00 p.m.	Sep. 10	12	251343	\$89.50
Bollywood / Hip Hop Dance	4 - 10 yrs	Armadale C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 20	6	247070	\$45
		Armadale C.C.	Sat.	10:00 a.m 11:00 a.m.	Nov. 1	8	247068	\$60
Car Modelling	7 - 11 yr	Milliken Mills C.C.	Wed.	5:00 p.m 7:00 p.m.	Sep. 17	6	247941	\$104
		Milliken Mills C.C.	Tue.	6:30 p.m 8:30 p.m.	Nov. 4	6	247942	\$104
Children's Afro-Caribbean Dance Classes	6 - 9 yrs	Thornhill C.C.	Sat.	1:30 p.m 2:15 p.m.	Sep. 13	8	251139	\$50
Cheerleading	7 - 11 yr	Thornlea Pool/Gym	Fri.	6:00 p.m 7:00 p.m.	Sep. 12	12	247165	\$103
Chess	6 - 12 yrs	Armadale C.C.	Fri.	6:30 p.m 7:30 p.m.	Sep. 12	6	247081	\$45
		Armadale C.C.	Wed.	6:30 p.m 7:30 p.m.	Sep. 17	6	247079	\$45
		Armadale C.C.	Fri.	6:30 p.m 7:30 p.m.	Oct. 24	8	247080	\$60
		Armadale C.C.	Wed.	6:30 p.m 7:30 p.m.	Oct. 29	8	247078	\$60
	7 - 12 yrs	Angus Glen C.C.	Mon.	5:15 p.m 6:15 p.m.	Sep. 22	10	248156	\$75
		Angus Glen C.C.	Mon.	6:15 p.m 7:15 p.m.	Sep. 22	10	248157	\$75
		Angus Glen Library	Sat.	11:00 a.m 12:00 p.m.	Sep. 20	8	247082	\$60
		Centennial C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 27	12	251167	\$89.50
		Centennial C.C.	Sun.	11:00 a.m 12:00 p.m.	Sep. 28	12	248764	\$89.50
		Cornell C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 25	12	249005	\$89.50
		Cornell C.C.	Thu.	6:30 p.m 7:30 p.m.	Sep. 25	12	249006	\$89.50
		Markham Village Library	Wed.	5:00 p.m 6:00 p.m.	Sep. 17	8	247084	\$60
		Milliken Mills Library	Thu.	5:00 p.m 6:00 p.m.	Sep. 18	8	247083	\$60
		Thornhill C.C.	Wed.	6:00 p.m 7:00 p.m.	Sep. 10	12	251230	\$89.50
		Thornhill C.C. Library	Tue.	5:00 p.m 6:00 p.m.	Sep. 16	8	247086	\$60
		Unionville Library	Sat.	2:00 p.m 3:00 p.m.	Sep. 20	8	247085	\$60
Chess & Badminton	8 - 12 yrs	Cornell C.C.	Sun.	10:30 a.m 11:15 a.m.	Sep. 28	12	249004	\$92
Chocolate Delights	6 - 10 yrs	Warden House C.C.	Sat.	9:30 a.m 11:00 a.m.	Dec. 13	1	249310	\$32
	, í	Warden House C.C.	Thu.	4:30 p.m 6:00 p.m.	Dec. 11	1	249311	\$32
Computer Animation - 2D Stick-man	7 - 12 yrs	Angus Glen Library	Sun.	2:15 p.m 3:15 p.m.	Sep. 28	8	250704	\$135
Computers-Keyboarding - Beginner	8 - 15 yrs	Angus Glen Library	Sat.	1:30 p.m 2:30 p.m.	Sep. 27	6	247643	\$101
		Angus Glen Library	Tue.	7:30 p.m 8:30 p.m.	Oct. 7	6	247644	\$101
		Markham Village Library	Thu.	5:30 p.m 6:30 p.m.	Oct. 9	6	247648	\$101
		Markham Village Library	Sat.	12:00 p.m 2:00 p.m.	Oct. 25	3	247645	\$101
		Thornhill C.C. Library	Wed.	5:30 p.m 6:30 p.m.	Oct. 8	6	247647	\$101



# Computers-Microsoft Excel

Designed to introduce students to complex Excel features that assist in completing school work. Upon completion of the course students will be able to enter and format data, autofill, sort, create and format charts. Lessons on formulas and functions include: sum, average, count, max, min, as well as logical functions: if, sumif(s), averageif(s), countif(s), and more

## Computers-Microsoft Word

Students learn all necessary functions of Microsoft Word required for school projects. Lessons are provided on formatting, graphics, spell-check, page layout, columns, track changes, tables, smartart, hyperlinks, table of contents etc.

#### Computers-My First Computer mpl Workshop

Students learn to type and use basic features of Microsoft Word and Paint. Topics include: printing, saving, clip art pictures, font, drawing and educational games. Students will also have access to personalized online accounts to complete typing lessons, activities and games.

### **Crafty Kids**

If crafts are your game, this program is for you. You'll experience a variety of fun and

# **Children's Programs**

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exciting crafts to bring home each week. Join us for the fun!

### **Creative Writing**

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Learning the tools to craft stories strengthens creativity, communication skills, speech and vocabulary. In addition writing allows children to explore their own feelings and allows them to stretch their imaginations beyond their wildest dreams.

# Dance 2 the Beat

Do you love to dance? This class will give you a great chance to explore and enjoy a variety of music and dance styles such as jazz, hiphop, lyrical, musical theatre and more all in one energizing and upbeat class! *Participants* will perform selected dances at an end of the session dance showcase.

# Dance Pl3y

DANCEPL3Y is innovative kids dance/ fitness program that uses simple movements from a variety of dance styles (Hip Hop, Urban, Ballroom, Bollywood, Lyrical, Jazz/ Funk) to explore the elements of dance while developing Fundamental Movement Skills! Our unique 360-degree use of space is paired with creative story lines and playful group formations to create a safe, interACTIVE and engaging class where every kid can develop confidence through dance. Guaranteed to help meet the daily recommended 60 minutes of moderate to vigorous physical activity

### Dodgeball

Join us for a very active hour of fun playing dodgeball by the official rules. You will also learn variations of dodgeball such as king's court, corner, and all for one. This program is for those who have a lot of energy.

# **Drawing and Painting**

A basic course offering instruction in the different categories of drawing using a variety of mediums such as watercolours, pencil, ink and pastels. Participants will spend time on an individual project involving most of the media covered. *Materials will be supplied*.

### Drawing and Painting -Intermediate

For those who have taken beginners program and are looking to further their artistic talent.

### Drumming

Qualified staff will lead you through basic drumming skills to enable you to play along with your favourite songs. *Drums are provided and we work in a 1:4 instructor - student ratio.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Computers-Microsoft Excel	9 - 15 yrs	Angus Glen Library	Sat.	12:30 p.m 1:30 p.m.	Sep. 27	6	247649	\$101
	7 10 913	Thornhill C.C. Library	Wed.	6:30 p.m 7:30 p.m.	Oct. 8	6	247651	\$101
Computers-Microsoft Word	8 - 11 vr	Angus Glen Library	Tue.	6:30 p.m 7:30 p.m.	Oct. 7	6	247641	\$101
Computers-My First Computer Workshop	5 - 7 yrs	Angus Glen Library	Tue.	5:30 p.m 6:30 p.m.	0ct. 7	6	247640	\$101
Crafty Kids	6 - 12 yrs	Armadale C.C.	Sat.	2:30 p.m 3:30 p.m.	Nov. 1	8	247091	\$51.50
	0 12 913	Centennial C.C.	Thu.	5:00 p.m 6:30 p.m.	Sep. 25	12	248766	\$114
		Centennial C.C.	Sun.	12:30 p.m 2:00 p.m.	Sep. 28	12	251169	\$114
		Centennial C.C.	Sun.	12:30 p.m 2:00 p.m.	Sep. 28	12	251169	\$114
Creative Writing	9 - 12 yrs	Angus Glen Library	Wed.	7:00 p.m 8:00 p.m.	Sep. 20	8	247396	\$51.50
	7 12 913	Thornhill C.C. Library	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	8	247399	\$51.50
		Unionville Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247397	\$51.50
Dance 2 the Beat	6 - 10 yrs	Armadale C.C.	Wed.	6:00 p.m 7:00 p.m.	Sep. 17	6	247099	\$45
	o iojio	Armadale C.C.	Wed.	6:00 p.m 7:00 p.m.	Oct. 29	8	247098	\$60
		Cornell C.C.	Fri.	6:15 p.m 7:45 p.m.	Sep. 26	12	249009	\$134
		Cornell C.C.	Sun.	4:15 p.m 5:45 p.m.	Sep. 28	11	249010	\$134
		Thornhill C.C.	Thu.	4:30 p.m 5:30 p.m.	Sep. 11	12	247172	\$89
Dance Pl3y	6 - 10 yrs	Thornhill C.C.	Sun.	2:45 p.m 3:45 p.m.	Sep. 14	12	251336	\$89.50
Dodgeball	6 - 10 yrs	Cornell C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 22	12	249011	\$62
Jougosan	7 - 10 yrs	Cornell C.C.	Fri.	6:30 p.m 7:30 p.m.	Sep. 26	12	246633	\$62
Drawing and Painting	6 - 10 yrs	Angus Glen C.C.	Tue.	5:00 p.m 6:30 p.m.	Sep. 23	10	248883	\$95
5.4	0 10 10	Armadale C.C.	Sun.	1:15 p.m 2:45 p.m.	Nov. 2	8	247105	\$76.50
		Centennial C.C.	Wed.	5:00 p.m 6:30 p.m.	Sep. 24	12	246635	\$114
		Centennial C.C.	Sat.	1:00 p.m 2:30 p.m.	Sep. 27	12	246636	\$114
		Cornell C.C.	Mon.	5:00 p.m 6:30 p.m.	Sep. 22	12	249045	\$114
		Cornell C.C.	Sat.	9:30 a.m 11:00 a.m.	Oct. 4	12	249046	\$114
		Milliken Mills C.C.	Tue.	5:00 p.m 6:30 p.m.	Sep. 16	7	247998	\$67
		Milliken Mills C.C.	Tue.	5:00 p.m 6:30 p.m.	Nov. 4	7	247999	\$67
		Milliken Mills C.C.	Tue.	6:30 p.m 8:00 p.m.	Nov. 4	7	248041	\$67
		Thornhill C.C.	Wed.	6:30 p.m 7:30 p.m.	Sep. 17	10	247174	\$64
Drawing and Painting - Intermediate	6 - 10 yrs	Thornhill C.C.	Wed.	7:30 p.m 8:30 p.m.	Sep. 17	12	247175	\$76.50
Drumming	6 - 10 yrs	Milliken Mills C.C.	Sun.	2:30 p.m 3:15 p.m.	Sep. 28	10	248142	\$136
	10 10	Milliken Mills C.C.	Sun.	3:15 p.m 4:00 p.m.	Sep. 28	10	248145	\$136
		Milliken Mills C.C.	Sun.	4:00 p.m 4:45 p.m.	Sep. 28	10	248141	\$136
		Milliken Mills C.C.	Mon.	5:00 p.m 5:45 p.m.	Sep. 29	10	248144	\$136
		Milliken Mills C.C.	Mon.	5:45 p.m 6:30 p.m.	Sep. 29	10	248140	\$136
		Milliken Mills C.C.	Mon.	6:30 p.m 7:15 p.m.	Sep. 29	10	248143	\$136
	8 - 10 yrs	Angus Glen C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 25	8	249043	\$109

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# **Children's Programs**

# Fall 2014

### **Essay Writing for Children**

mpl Students progress through the process of report writing, including organization, research, note taking, and paragraph writing to develop a well structured essay. Ideally suited for students in grades 4 to 6.

# Floor Hockey

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An opportunity to play recreational sports with other friends. A general warm up, skills session and playing time will be offered each week. Sticks will be provided. CSA hockey helmet is mandatory for all participants.

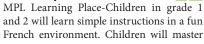
# **Floorball for Children**

Floorball is an exciting, fast-paced form of hockey focused on highly skilled play. Floorball is one of the fastest growing sports in the world today because it is low cost, safe and extremely exciting to play and watch. This program will cover the basic skills according to The Ontario Floorball/Unihockey Federation. All equipment will be provided.

# Fun with Spanish

Give your child the opportunity to have fun with Spanish. This program is for the older pre-schooler, to learn Spanish in a recreational setting. Children will learn numbers, letters, and simple instructions in Spanish.

### **Get Ready for French**



pronunciation of the alphabet, basic rules, and simple vocabulary using activities, French songs and storybooks. By the end of the program, children will be capable of conducting a brief French conversation.

# Get Ready Math

Develop a solid foundation in Grade 1 & 2 Math. Explore curriculum related concepts in number sense, measurement, patterning and geometry. Program includes problem solving and reasoning to help students apply their understanding to real life situations.

# **Get Ready Science**

An opportunity for children in Grades 1 and 2 to be stimulated by science concepts and to satisfy their curiosity about the world around them. Based on Ontario's science curriculum which include energy, life, living things, structures and matter in a social environment.

# Girls on the Go

From basketball to volleyball to soccer and badminton, this program is for the energetically inclined. Tons of sports to keep you active from head to toe!

# **Glee - Musical Theatre**

This class combines dancing, singing and acting. Musical numbers from popular shows will be chosen and participants perform at the end of the session.

### Grammar

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#### Through language-oriented activities students will learn how the English language works, while learning parts of speech, punctuation and sentence structure. Students will improve their knowledge of language conventions to correct errors, refine expression and present their work effectively.

# **Guitar Lessons - Beginner**

An introductory course offering the novice instruction in guitar through practice and theory. An acoustic guitar is required by each student.

# **Guitar Lessons - Intermediate**

Assuming student has knowledge of notes and chords, more advanced techniques will be covered including learning the entire fretboard including finger style and pickin techniques to play more advanced songs with ear training to transcribe tunes from CD' Theory to be learned will cover major an minor scales as well as chord construction Own guitar is required.

# **Holiday Gingerbread Cookies**

Get ready for the holidays and make some magical gingerbread cookies to share with friends and family. Participants will make an assortment of gingerbread cookies and decorate them with a variety of edible decorations. All supplies will be included.

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**General Programs** 

Program Name	Age L	ocation	Day	Time	Start Date	# of Classes	Course Code	Fee
Essay Writing for Children	9 - 12 yrs 🛛 A	Angus Glen Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247384	\$51.50
	N	Aarkham Village Library	Wed.	6:00 p.m 7:00 p.m.	Sep. 17	8	247387	\$51.50
	N	Aarkham Village Library	Sat.	2:00 p.m 3:00 p.m.	Sep. 20	8	247386	\$51.50
	N	Ailliken Mills Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247385	\$51.50
		hornhill C.C. Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247388	\$51.50
		Jnionville Library	Sun.	3:30 p.m 4:30 p.m.	Sep. 21	8	247389	\$51.50
Floor Hockey		hornhill C.C.	Wed.	5:30 p.m 6:30 p.m.	Sep. 10	14	247179	\$72
		hornhill C.C.	Wed.	5:30 p.m 6:30 p.m.	Nov. 5	7	250979	\$36.50
Floorball for Children	9 - 12 yrs 🛛 S	Sir John A MacDonald	Wed.	7:00 p.m 8:30 p.m.	Sep. 17	12	246838	\$92
Fun with Spanish	6 - 10 yrs 🛛 T	hornhill C.C.	Tue.	6:15 p.m 7:15 p.m.	Sep. 9	8	251232	\$51.50
Get Ready for French	6 - 8 yrs 🛛 A	Angus Glen Library	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	8	247394	\$51.50
	T	hornhill C.C. Library	Sun.	3:15 p.m 4:15 p.m.	Sep. 14	8	247395	\$51.50
Get Ready Math	6 - 8 yrs 🛛 A	Angus Glen Library	Wed.	7:00 p.m 8:00 p.m.	Sep. 17	8	247390	\$51.50
	N	4illiken Mills Library	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	8	247502	\$51.50
Get Ready Science	6 - 9 yrs A	Angus Glen Library	Wed.	6:00 p.m 7:00 p.m.	Sep. 17	8	247461	\$51.50
		Aarkham Village Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247462	\$51.50
Girls on the Go	6 - 10 yrs 🛛 A	Armadale C.C.	Tue.	5:15 p.m 6:45 p.m.	Sep. 16	6	248946	\$47
	A	Armadale C.C.	Tue.	5:15 p.m 6:45 p.m.	Oct. 28	8	248945	\$62
	(	Centennial C.C.	Mon.	5:00 p.m 6:30 p.m.	Sep. 22	12	248768	\$92
	0	Cornell C.C.	Wed.	6:30 p.m 8:00 p.m.	Sep. 24	12	249060	\$92
	0	Cornell C.C.	Sat.	3:00 p.m 4:30 p.m.	Sep. 27	12	249061	\$92
Glee - Musical Theatre	6 - 10 yrs 🛛 F	Rouge River C.C.	Thu.	6:00 p.m 7:30 p.m.	Sep. 25	10	249580	\$112
	T	hornhill C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 11	10	247184	\$75
Grammar	9 - 12 yrs 🛛 A	Angus Glen Library	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	8	247340	\$51.50
	l	Jnionville Library	Sun.	2:30 p.m 3:30 p.m.	Sep. 21	8	247341	\$51.50
Guitar Lessons - Beginner	6 - 10 yrs 🛛 0	Cornell C.C.	Wed.	5:30 p.m 6:30 p.m.	Sep. 24	12	249075	\$88.50
-	(	Cornell C.C.	Wed.	6:30 p.m 7:30 p.m.	Sep. 24	12	249077	\$88.50
	T	hornhill C.C.	Tue.	5:30 p.m 6:30 p.m.	Sep. 9	10	247187	\$75
	7 - 10 yrs 🛛 A	Armadale C.C.	Thu.	6:00 p.m 7:00 p.m.	Oct. 2	8	248959	\$60
	8 - 10 yrs A	Angus Glen C.C.	Wed.	5:00 p.m 6:00 p.m.	Sep. 24	12	250286	\$88.50
Guitar Lessons - Intermediate	8 - 10 yrs 🛛 A	Angus Glen C.C.	Wed.	6:00 p.m 7:00 p.m.	Sep. 24	12	250287	\$88.50
Holiday Gingerbread Cookies		Varden House C.C.	Sat.	1:00 p.m 3:00 p.m.	Nov. 29	1	249313	\$14



### Hip Hop - Level 1

Are you in tune with the latest hip hop moves? Do you want to learn how to dance like some of your favourite hip hop artists? This program is designed for children who love to dance!

## **Indoor Ball Hockey**

Fast-paced action will be featured during this program. Each day includes a warm-up, skills drill and a game. *Players must wear CSA hockey helmets, face masks and gloves.* 

#### Indoor Golf

Whether you need to learn the basics or brush up on your skills, our golf instructor will help you. *Please bring a #7 iron to the first class.* 

### Indoor Hockey

This program is for boys and girls who like to play hard and have fun. Cosom hockey or floor hockey is a game of running and teamwork. Participants will be split into teams

# **Children's Programs**

and play 45-minute games plus a warm-up. White-soled running shoes and C.S.A. approved helmets with face masks are mandatory.

#### Indoor Soccer

This basic recreational soccer program is designed for both boys and girls interested in the game of soccer. The emphasis will be on active, fun soccer related games and activities. Warm up, fitness training and skills development aspects will be dealt with in a manner appropriate to each group and to the individual children. *Shin pads mandatory to participate in program. Children must be 6 years old by the start of program.* 

### **Indoor Tennis**

This basic recreational tennis program is designed for both boys and girls interested in the game of tennis. Progressive Tennis is the teaching method used at the Angus Glen Tennis Centre and is used as a development tool to allow young children to improve their overall tennis skills faster as they can transition to the regular court with more ease. Half court tennis is the first step in progressive tennis. The transition to successful half-court tennis will require a period of skill development where basis coordination and cooperative activities will lead to the development of the basic stroke and fundamentals.

### Indoor Tennis - Level 2

Ideal for those who have taken indoor tennis lessons previously. The class will focus on adjusting to technical and practical play. Participants will learn weight distribution, proper footwork and stroke fundamentals including the forehand, backhand and serve. Players will learn how to put spin on the ball. Learn to judge where the ball is going and can direct strokes with moderate success and sustain a rally from 3/4 of the court. *Tennis racquet and proper footwear required. This class is geared to the participants who currently play tennis.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Hip Hop - Level 1	6 - 10 yrs	Centennial C.C.	Tue.	4:00 p.m 5:00 p.m.	Sep. 23	12	248769	\$89.50
		Cornell C.C.	Sat.	12:30 p.m 1:30 p.m.	Sep. 27	11	249081	\$82
		Cornell C.C.	Sun.	12:45 p.m 1:45 p.m.	Sep. 28	11	249080	\$82
		Milliken Mills C.C.	Wed.	6:30 p.m 7:30 p.m.	Oct. 1	10	248161	\$75
		Old Unionville Lib. C.C.	Mon.	4:30 p.m 5:30 p.m.	Sep. 22	10	250289	\$75
		Rouge River C.C.	Mon.	7:30 p.m 8:30 p.m.	Sep. 22	10	249568	\$75
		Thornhill C.C.	Fri.	4:30 p.m 5:30 p.m.	Sep. 12	12	247193	\$89.50
Indoor Ball Hockey	6 - 10 yrs	Ellen FairClough P.S.	Tue.	7:00 p.m 8:00 p.m.	Sep. 30	8	249364	\$41.50
Indoor Golf	7 - 11 yr	Fr. McGivney C.H.S.	Thu.	6:00 p.m 7:00 p.m.	Oct. 2	5	250133	\$55.50
Indoor Hockey	6 - 10 yrs	Angus Glen C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 27	12	250309	\$62
		Angus Glen C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 27	12	251216	\$62
		Cornell C.C.	Fri.	7:30 p.m 8:30 p.m.	Sep. 26	12	246651	\$62
Indoor Soccer	6 - 10 yrs	Angus Glen C.C.	Fri.	6:00 p.m 7:00 p.m.	Sep. 26	12	250292	\$62
		Armadale C.C.	Thu.	6:30 p.m 8:00 p.m.	Sep. 18	6	248964	\$47
		Armadale C.C.	Sat.	11:00 a.m 12:30 p.m.	Sep. 20	6	248967	\$47
		Armadale C.C.	Thu.	6:30 p.m 8:00 p.m.	Oct. 30	8	248965	\$62
		Armadale C.C.	Sat.	11:00 a.m 12:30 p.m.	Nov. 1	8	248966	\$62
		Centennial C.C.	Sun.	2:30 p.m 4:00 p.m.	Sep. 28	12	248771	\$92
		M.M. Soccer Dome	Mon.	6:00 p.m 7:00 p.m.	Sep. 29	12	247916	\$62
		Mount Joy C.C.	Mon.	4:30 p.m 6:00 p.m.	Sep. 22	12	246654	\$92
		Mount Joy C.C.	Tue.	4:30 p.m 6:00 p.m.	Sep. 23	12	246652	\$92
		Mount Joy C.C.	Fri.	4:30 p.m 6:00 p.m.	Sep. 26	12	246653	\$92
		Pierre Elliott Trudeau H.S.	Thu.	7:00 p.m 8:00 p.m.	Sep. 25	10	251152	\$52
		Randall P.S.	Mon.	7:00 p.m 8:00 p.m.	Sep. 29	10	248968	\$52
		Thornhill C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 8	7	247205	\$36.50
		Thornhill C.C.	Mon.	6:00 p.m 7:00 p.m.	Nov. 3	8	250983	\$41.50
Indoor Tennis	5 - 7 yrs	Angus Glen Tennis Centre	Sat.	8:30 a.m 9:30 a.m.	Sep. 20	12	247361	\$130
		Angus Glen Tennis Centre	Sat.	9:30 a.m 10:30 a.m.	Sep. 20	12	247366	\$130
		Angus Glen Tennis Centre	Sun.	8:30 a.m 9:30 a.m.	Sep. 21	12	247364	\$130
		Angus Glen Tennis Centre	Sun.	10:30 a.m 11:30 a.m.	Sep. 21	12	247365	\$130
		Angus Glen Tennis Centre	Sun.	2:30 p.m 3:30 p.m.	Sep. 21	12	247367	\$130
		Angus Glen Tennis Centre	Sun.	5:30 p.m 6:30 p.m.	Sep. 21	12	247407	\$130
		Angus Glen Tennis Centre	Mon.	4:30 p.m 5:30 p.m.	Sep. 22	12	247362	\$130
		Angus Glen Tennis Centre	Wed.	5:30 p.m 6:30 p.m.	Sep. 24	12	247363	\$130
	8 - 10 yrs	Angus Glen Tennis Centre	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	12	247412	\$130
		Angus Glen Tennis Centre	Sun.	9:30 a.m 10:30 a.m.	Sep. 21	12	247413	\$130
		Angus Glen Tennis Centre	Tue.	4:30 p.m 5:30 p.m.	Sep. 23	12	247414	\$130
		Angus Glen Tennis Centre	Wed.	4:30 p.m 5:30 p.m.	Sep. 24	12	247415	\$130
Indoor Tennis - Level 2	5 - 7 yrs	Angus Glen Tennis Centre	Sat.	10:30 a.m 11:30 a.m.	Sep. 20	12	247417	\$130
		Angus Glen Tennis Centre	Fri.	4:30 p.m 5:30 p.m.	Sep. 26	12	247416	\$130
	8 - 10 yrs	Angus Glen Tennis Centre	Sun.	4:30 p.m 5:30 p.m.	Sep. 21	12	247420	\$130
		Angus Glen Tennis Centre	Mon.	5:30 p.m 6:30 p.m.	Sep. 22	12	247419	\$130
		Angus Glen Tennis Centre	Tue.	5:30 p.m 6:30 p.m.	Sep. 23	12	247418	\$130
		Angus Glen Tennis Centre	Fri.	5:30 p.m 6:30 p.m.	Sep. 26	12	247421	\$130

# **Children's Programs**



### Jazz Dance - Beginner

Through the teaching of basic dance steps and movements, girls and because it is jazz routines. The class is for beginners only.

### Junior Public Speaking

Public Speaking is a powerful tool for communicating and learning. Participants will have opportunities to speak for a variety of purposes, including sharing information, questioning, storytelling, and group activities to develop themselves as confident speakers.

### Karate



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This program is designed for girls and boys to learn traditional Japanese style Karate, and achieve Self Confidence, Discipline, Leadership and physical strength. The students will utilize all areas of kicking, punching, throwing, and sparring. Work towards Belt training, details in class.

# Kids in the Kitchen

Children will enjoy cooking and eating a variety of fun receipes. We have partnered with York Region Public Health to proavide a healthy program. Basic cooking skills, kitchen safety and fun will be emphasized. Additional food cost of \$15.00 payable to the Instructor.

### Kids in the Kitchen- Cookie/Square lover

Children will enjoy cooking and decorating a variety of cookies and squares. Kids and cookies go great together! Basic cooking skills, kitchen safety and fun will be emphasized. Additional food cost of \$15.00 payable to the Instructor.

# **Kids Love Lego**

A creative fun program where kids can learn to build items using Lego. Participants will be challenged to create their own model using balance, stability, mechanics and colour. Each week a new theme will be introduced and demonstrated on building something new and exciting using a variety of Lego pieces. Experienced staff will lead the program and work with the participants using teamwork, creativity and problem solving techniques. There is a \$10.00 material fee payable to the course instructor on the first class. Please note that this program is not sponsored by the LEGO Group.

# Kids Love Lego - Advanced

This Lego program is geared to children and youth who have experience in working with Lego and want to further develop their building skills. The introductory course is recommended prior to taking this advanced course.

# **Knitting and Crochet**

In this course students will learn basic knitting and crochet. Students will learn how to use a crochet hook and knitting needle. Class projects including learning how to make a scarf, hat and place mat using crochet and knitting techniques.

## Kung Fu

Kung Fu originally means a continuous long term effort put forth to complete a task. Nowadays, Kung Fu generally stands for Chinese martial art. The concept of Kung Fu teaches about discipline and assertiveness which can be applied to every aspect in life. Shaolin Kung Fu, one of the most practiced martial arts worldwide be taught in this program.

# Kung Fu Level 2

This course is for those who have completed the beginner course and are interested to continue to learn more about kung fu. Level 2 students will learn additional footwork and new routines. Participants must have taken Kung Fu and passed an assessment test.

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Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Jazz Dance - Beginner	6 - 10 yrs	Angus Glen C.C.	Mon.	6:30 p.m 7:30 p.m.	Sep. 22	10	247905	\$75
	í í	Thornhill C.C.	Mon.	4:30 p.m 5:30 p.m.	Sep. 15	12	247209	\$89.50
Junior Public Speaking	6 - 8 yrs	Angus Glen Library	Sun.	1:15 p.m 2:15 p.m.	Sep. 21	8	247332	\$51.50
		Cornell Library	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	8	247334	\$51.50
		Markham Village Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247335	\$51.50
		Markham Village Library	Sat.	9:30 a.m 10:30 a.m.	Sep. 20	8	247336	\$51.50
		Milliken Mills Library	Sat.	2:00 p.m 3:00 p.m.	Sep. 20	8	247333	\$51.50
		Thornhill C.C. Library	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	8	247339	\$51.50
		Unionville Library	Wed.	7:00 p.m 8:00 p.m.	Sep. 17	8	247338	\$51.50
		Unionville Library	Sat.	10:30 a.m 11:30 a.m.	Sep. 20	8	247337	\$51.50
Karate	6 - 10 yrs	Armadale C.C.	Tue	6:00 pm - 7:00 pm	Sep. 9	6	249020	\$45
		Armadale C.C.	Tue	6:00 pm - 7:00 pm	Nov. 4	8	249022	\$60
		Old Unionville Lib. C.C.	Sat	10:30 am -11:30 am	Sep. 20	12	250339	\$89.50
		Thornhill C.C.	Sun.	1:30 p.m 2:30 p.m.	Sep. 12	7	250994	\$52
		Thornhill C.C.	Sun.	1:30 p.m 2:30 p.m.	Nov. 2	7	250995	\$52
	8 - 16 yrs	Cornell C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 22	12	249386	\$89.50
Kids in the Kitchen	6 - 10 yrs	Armadale C.C.	Sat.	11:45 a.m 1:15 p.m.	Sep. 20	6	249030	\$67.50
		Armadale C.C.	Mon.	7:00 p.m 8:30 p.m.	Sep. 29	10	249028	\$112
		Armadale C.C.	Sun.	11:30 a.m 1:00 p.m.	Sep. 21	6	249031	\$67.50
		Armadale C.C.	Sat.	11:45 a.m 1:15 p.m.	Nov. 1	8	249027	\$89.50
		Armadale C.C.	Sun.	11:30 a.m 1:00 p.m.	Nov. 2	8	249029	\$89.50
		Centennial C.C.	Thu.	5:00 p.m 6:30 p.m.	Sep. 25	12	248786	\$134
		Centennial C.C.	Sat.	11:30 a.m 1:00 p.m.	Sep. 27	10	246671	\$112
Kids in the Kitchen- Cookie/Square lover	6 - 12 yrs	Centennial C.C.	Sat.	1:30 p.m 3:00 p.m.	Sep. 27	10	248787	\$112
Kids Love Lego	6 - 10 yrs	Angus Glen C.C.	Sun.	10:00 a.m 11:30 a.m.	Sep. 21	10	247423	\$95
		Angus Glen C.C.	Tue.	5:00 p.m 6:30 p.m.	Sep. 23	10	247422	\$95
	8 - 12 yrs	Box Grove C.C.	Mon.	6:00 p.m 7:30 p.m.	Sep. 29	8	249399	\$76.50
Kids Love Lego - Advanced	8 - 12 yrs	Angus Glen C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 23	10	247424	\$95
Knitting and Crochet	6 - 12 yrs	Armadale C.C.	Sat.	10:30 a.m 12:00 p.m.	Sep. 20	6	249057	\$58
		Armadale C.C.	Sat.	10:30 a.m 12:00 p.m.	Nov. 1	6	249059	\$58
Kung Fu	6 - 12 yrs	Markham Village C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 24	12	248788	\$75
Kung Fu Level 2	6 - 12 yrs	Markham Village C.C.	Wed.	5:30 p.m 6:30 p.m.	Sep. 24	12	248789	\$75



# Leadership and Self Confidence mpl Development

Develop self confidence and leadership skills! This program fosters self-esteem and enhances talents, skills and motivation through a variety of exercises and activities.

# Learn the Basics of Crocheting

Students will learn basic crochet stitches, using both wool and crochet cotton, and to crochet both square and circular pieces. A small project, such as a festive tree decoration, will be completed so that participants will have an opportunity to practice reading pattern directions and to learn various finishing techniques. (Cap. 12)

### **Looney Tunes Cartooning**

Don't just watch cartoons and read comics, come and learn to draw your own. For participants who enjoy doodling and creating their own cartoon characters.

mpl

### Microsoft Xbox and PC Interactive Game Creation 1

Would you like to create your own Xbox or PC games? This program uses new visual programming language made specifically for creating games, and is oriented for students with no previous knowledge of programming. It is designed to be accessible for children and enjoyed by anyone. Students will be able to run their games on a PC or Xbox.

### Museum - Holiday Card Marking (MISEUR)

Get ready for the Holidays by making your own cards! Using a combination of modern materials and historic methods, you will get the opportunity to create a collection of personalized cards. You will try your hand at using the Museum's 1910 printing press and also create your own one of a kind stamp to use to decorate future creations.

# **Children's Programs**

MUSEUM

MUSEUM

# Museum - Homemade Holiday Treasures

Get ready for the season of giving by creating your own holiday treasures you can give to family and friends. After gaining inspiration from our exhibition each participant will be able to choose three unique treasures to create from Hot Chocolate Snowmen to Oneof-a-kind tea towels.

### **Museum - Kids Celebrate!**

Everyone loves a special occasion - be it India's Diwali, the New Year in China, the Jewish celebration Hanukkah, or Christmas - what better way to appreciate the diversity of celebrations in Canada than through Kids Celebrate!, our new exhibition on loan from the Canadian Museum of Civilization. During this half-day program participants will explore this lively exhibition and expand their knowledge of celebrations across Canada through variety of games, crafts, drama and so much more. *Holiday extended before care available for December 24th class.* 

# Museum - P.A. Day at the Museum

Bust PA Day boredom for your kids! Children will explore the many on-site attractions while participating in fun and educational activities that have been specially programmed to keep kids active while school's out. *Please send your child with a nut-free lunch/snacks and dress them for the weather as many of the activities will be outdoors.*  **French P.A. Day at the Museum** Bust PA Day boredom in French! This program has been specifically designed for those children attending French Immersion schools in the Markham area. Children will explore the many on-site attractions while participating in fun and educational activities that have been specially programmed to keep kids active and practicing their French while school's out. Please send your child with a nutfree lunch/snacks and dress them for the weather as many of the activities will be outdoors.

#### Museum - Science Magic

Explore the magic of science through kitchen chemistry, engineering challenges, and cool electronic projects! Mix slimy concoctions connect simple circuits, make things levitate, play with small robots, and even build a touch screen table. Each day, campers will participate in a variety of hands-on experiments, fun outdoor activities, games, interesting projects and crafts.

MUSEUM

### **Origami & Craft Paper Work**

This program will teach children the basic skills and techniques in folding and making three dimensional animals and objects with paper. Many other different types of paper crafts will be made. *Supplies included*.

### **Outdoor Golf**

Enjoy the increasingly popular sport of golf. This recreational program is designed for both boys and girls interested in the sport. The classes will be taught by a C.P.G.A. Instructor. Participants may use their own equipment or it will be provided for them. Please note that this program is geared to children 7 years and up. Participants will be taught to put, chip and use a 5 iron.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Leadership and Self Confidence Development	7 - 9 yrs	Angus Glen Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247378	\$51.50
		Markham Village Library	Sat.	1:00 p.m 2:00 p.m.	Sep. 20	8	247380	\$51.50
		Milliken Mills Library	Sat.	3:00 p.m 4:00 p.m.	Sep. 20	8	247379	\$51.50
		Unionville Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247381	\$51.50
	9 - 12 yrs	Angus Glen Library	Sun.	3:30 p.m 4:30 p.m.	Sep. 21	8	247377	\$51.50
		Markham Village Library	Sun.	3:15 p.m 4:15 p.m.	Sep. 21	8	247383	\$51.50
		Thornhill C.C. Library	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	247382	\$51.50
Learn the Basics of Crocheting	7 - 12 yrs	Angus Glen C.C.	Tue.	5:00 p.m 6:00 p.m.	Sep. 23	8	247743	\$60
Looney Tunes Cartooning	6 - 10 yrs	Armadale C.C.	Sun.	2:45 p.m 4:15 p.m.	Nov. 2	8	249062	\$76.50
		Centennial C.C.	Fri.	5:00 p.m 6:30 p.m.	Sep. 26	12	248792	\$114
Microsoft Xbox and PC Interactive Game Creation 1	8 - 12 yrs	Cornell Library	Sun.	1:15 p.m 2:45 p.m.	Sep. 28	8	249297	\$200
Museum - Holiday Card Marking	6 - 10 yrs	Markham Museum	Sun.	10:00 a.m 12:00 p.m.	Dec. 7	1	248898	\$30
Museum - Homemade Holiday Treasures	4 - 8 yrs	Markham Museum	Sat.	1:00 p.m 3:00 p.m.	Dec. 13	1	248904	\$35
		Markham Museum	Sun.	1:00 p.m 3:00 p.m.	Dec. 21	1	248905	\$35
Museum - Kids Celebrate!	4 - 10 yrs	Markham Museum	Sat.	9:00 a.m 12:30 p.m.	Dec. 20	1	248911	\$30
		Markham Museum	Wed.	9:00 a.m 12:30 p.m.	Dec. 24	1	248912	\$30
Museum - P.A. Day at the Museum	4 - 10 yrs	Markham Museum	Mon.	8:00 a.m 6:00 p.m.	Oct. 27	1	248899	\$54
		Markham Museum	Fri.	8:00 a.m 6:00 p.m.	Nov. 14	1	248900	\$54
www Museum - French P.A. Day at the Museum	6 - 12 yrs	Markham Museum	Mon.	8:00 a.m 6:00 p.m.	Oct. 27	1	250968	\$54
		Markham Museum	Fri.	8:00 a.m 6:00 p.m.	Nov. 21	1	250970	\$54
Museum - Science Magic	6 - 12 yrs	Markham Museum	Sat.	12:30 p.m 3:30 p.m.	Nov. 1	4	248897	\$93
Origami & Craft Paper Work	8 - 14 yrs	Milliken Mills C.C.	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	8	248192	\$51.50
Outdoor Golf	7 - 11 yrs	Within Range	Sat.	10:00 a.m 11:00 a.m.	Sep. 6	5	250939	\$104

# **Children's Programs**



### **Outdoor Soccer Skills**

This introductory soccer skills program is designed for boys and girls who want to develop and improve their soccer skills. Emphasis will be fun active games that develop ball control, foot work and passing. At the end of the eash session there will be a short scrimmage.

# P.A. Day Workshop - Lego Camp

Participants will be challenged to create their Lego models using balance, stability, mechanics and colour. Participants will work on their teamwork, creativity and problem solving skills. *Please note that this program is not sponsored by the LEGO Group.* 

# Public Speaking for Children

Public speaking is one of people's greatest fears yet the ability to communicate well is an important life skill. Through non-threatening oral language and drama activities participants will develop self-confidence in their speaking skills and learn strategies for dealing with nervousness in order to become effective communicators.

# **Reading for Meaning**

Through guided activities participants will develop strategies for reading comprehension. Learn to select strategies appropriate for different reading activities such as in reading for information or reading for entertainment, and engage with and enjoy written language in all its varieties.

# **Rhythmic Gymnastics**

Learn the Graceful Art of Rhythmic Gymnastics. This course teaches an introduction to the hand apparatus of rope and ribbon in combination with free dance movement to music.

# **Rock Climbing**

Are your kids climbing the walls? Send them to Armadale for fun and excitement on our climbing wall. Trained Instructors will teach participants the skills of rock climbing through trust activities, bouldering and climbing. *All equipment is provided*.

### **Science Wiz Exploration**

Are you ready to learn and discover new things through hands on experiments? Come join the Science Wiz Exploration team in discovering the fascinating marvels of science through curious investigations and various activities. Experiments vary from creating bubbling concoctions or slimy mush to simulated volcanic eruptions models. Get ready to get your hands dirty!

# Scratch-Introduction to programming

Come learn coding using Scratch (MIT Massachusetts Institute of Technology programming) Scratch makes it easy to create your own interactive stories, animations. Kids are prepared for future by creating and learning basic concepts of programming, important mathematical and computational ideas, while also learning to think creatively, reason systematically, and work collaboratively. Coding is literacy.

## **Skipping for Kids**

You'll love the amazing sport of rope jumping, and learn new skills/games each class. The fitness benefits to jumping rope are amazing, not to mention all the fun you'll be having with your friends.

# **Sport Stacking**

Sport Stacking is an individual or team sport where participants stack specialized cups in a sequence. Sequences are usually in a pyramid with 3, 6 or 10 cups. Participants compete against time or other players. Children will have a opportunity to participate in group games and competition to develop their stacking skills. Sport stacking will improve hand-eye coordination, motor skills and quickness. *No experience necessary!* 

# **Sports Club**

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An opportunity to meet new friends and enjoy recreational sports with the guidance of an Instructor. Participants will play a variety of sports including basketball, soccer and badminton.

### **Sports with Dad**

Hey Dad! Bring your child to a jam-packed 90 minutes of sports, games and fun. You will cover soccer, floor hockey, basketball and much more.

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Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee		
Outdoor Soccer Skills	6 - 8 yrs	Thornlea S.S.	Sat.	9:30 a.m 10:30 a.m.	Sep. 13	7	251346	\$36.50		
		Thornlea S.S.	Sat.	10:30 a.m 11:30 a.m.	Sep. 13	7	251347	\$36.50		
P.A. Day Workshop - Lego Camp	6 - 12 yrs	Armadale C.C.	Fri.	9:00 a.m 4:00 p.m.	Nov. 14	1	250335	\$60		
		Cornell C.C.	Fri.	9:00 a.m 4:00 p.m.	Nov. 14	1	249314	\$60		
		Un. Train Station C.C.	Fri.	9:30 a.m 12:00 p.m.	Nov. 14	1	250997	\$25		
Public Speaking for Children	9 - 12 yrs	Angus Glen Library	Wed.	6:00 p.m 7:00 p.m.	Sep. 17	8	247348	\$51.50		
		Angus Glen Library	Sun.	2:30 p.m 3:30 p.m.	Sep. 21	8	247347	\$51.50		
		Markham Village Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247349	\$51.50		
		Markham Village Library	Sat.	10:45 a.m 11:45 a.m.	Sep. 20	8	247351	\$51.50		
		Milliken Mills Library	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	8	247350	\$51.50		
		Unionville Library	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	8	247352	\$51.50		
Reading for Meaning	7 - 9 yrs	Angus Glen Library	Sat.	10:30 a.m 11:30 a.m.	Sep. 20	8	247342	\$51.50		
		Markham Village Library	Wed.	7:00 p.m 8:00 p.m.	Sep. 17	8	247343	\$51.50		
		Markham Village Library	Sat.	3:00 p.m 4:00 p.m.	Sep. 20	8	247344	\$51.50		
		Unionville Library	Sun.	1:15 p.m 2:15 p.m.	Sep. 21	8	247346	\$51.50		
Rhythmic Gymnastics	6 - 8 yrs	Thornlea Pool/Gym	Wed.	5:00 p.m 6:00 p.m.	Sep. 10	10	247267	\$87		
	9 - 10 yrs	Thornlea Pool/Gym	Wed.	6:00 p.m 7:00 p.m.	Sep. 10	10	247268	\$87		
Rock Climbing	6 - 10 yrs	Armadale C.C.	Wed.	5:45 p.m 7:05 p.m.	Sep. 17	5	249107	\$102.50		
		Armadale C.C.	Sat.	2:30 p.m 4:00 p.m.	Oct. 18	5	249088	\$102.50		
		Armadale C.C.	Sat.	1:00 p.m 2:30 p.m.	Sep. 13	5	249087	\$102.50		
Science Wiz Exploration	6 - 10 yrs	Armadale C.C.	Sun.	1:00 p.m 2:30 p.m.	Nov. 2	8	249289	\$89.50		
		Armadale C.C.	Fri.	5:30 p.m 7:00 p.m.	Nov. 7	6	249290	\$67.50		
		Thornhill C.C.	Sun.	1:00 p.m 2:30 p.m.	Sep. 14	8	247271	\$76.50		
		Thornhill C.C.	Sun.	1:00 p.m 2:30 p.m.	Nov. 9	6	250986	\$58		
Scratch-Introduction to Programming	8 - 12 yrs	Angus Glen Library	Sun.	3:15 p.m 4:45 p.m.	Sep. 28	8	249295	\$200		
Skipping for Kids	6 - 10 yrs	Cornell C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 22	12	249318	\$62		
Sport Stacking	6 - 10 yrs	Milliken Mills C.C.	Sat.	4:30 p.m 5:30 p.m.	Oct. 11	10	248210	\$52		
Sports Club	6 - 10 yrs	Armadale C.C.	Tue.	7:30 p.m 8:30 p.m.	Sep. 16	6	249332	\$31.50		
		Armadale C.C.	Tue.	7:30 p.m 8:30 p.m.	Oct. 28	8	249331	\$41.50		
		Centennial C.C.	Fri.	6:00 p.m 7:30 p.m.	Sep. 26	12	248802	\$92		
Sports with Dad	6 - 10 yrs	Centennial C.C.	Sat.	10:00 a.m 11:30 a.m.	Sep. 27	12	248803	\$92		
		Cornell C.C.	Sat.	12:00 p.m 1:30 p.m.	Sep. 27	12	249319	\$92		
		Cornell C.C.	Sun.	11:30 a.m 1:00 p.m.	Sep. 28	12	249320	\$92		



### **Study Skills**

Find the best way to maximize your learning experience both in the classroom and at home. Learn how to manage your time and get organized to make the most of studying and achieve your academic goals!

## **Table Tennis**

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A recreational program which will provide an opportunity to play table tennis with your friends. Matches, round robins and basic instruction will be provided. *Table tennis bats are required*.

# **Table Top Hockey**

New! A Canadian all time favourite activity! Join us for one on one action playing the exhilarating game of table top hockey. Players will be matched up and compete in weekly tournaments.

#### Tae Kwon-Do

General Programs

The most practiced martial art world-wide. The art of Tae Kwon-Do is guided by the principles of self-respect, respect for others and non-violence. The student of Tae Kwon-Do is not only trained in the physical aspects of the art, but he/she must learn to develop selfcontrol, courtesy, integrity, perseverance and an indomitable spirit.

# TrackMania Game Creation mpl

In this game creation program you will create and customize your own challenging fun race tracks with loops, jumps, checkpoints and so much more! Once track is created, you can improve your driving skills, work on world records, edit your race videos, and

# **Children's Programs**

share games with friends. Tracks will allow you to change your environment, respawn if you mess up and earn money to add special features to your tracks.

### **Treasure Hunting with a GPS**

The sport where you are the search engine. Join us for an introductory workshop on Geocaching. Geocaching is a high-tech treasure hunting game played throughout the world by adventure seekers equipped with GPS devices. The basic idea is to locate hidden containers, called geocaches, outdoors. Geocaching is enjoyed by people from all age groups, with a strong sense of community and support for the environment. *No experience or equipment is necessary. Please bring a filled water bottle to every class. Children under 14 years of age must be registered with an adult.* 

### Underwater Hockey - P.A. Day Fun 📌

Only in Canada would you have the opportunity to play this fun and exciting sport - underwater hockey. Lead by coaches and lifeguards, participants will have the chance to play hockey in the shallow end of the Milliken Mills Pool. *No experience necessary. All participants must be able to complete swim test in order to participate.* 

### Violin Lessons- Beginner Suzuki Style

An introductory course offering the novice instruction in violin through practice and theory using the Suzuki style. *A violin is required by each student. You can rent at Long* & McQuad.

# **Volleyball for Children**

Join us for a night of recreational fun. If you are a beginner, please join us and we will teach you a few volleyball techniques.

# Water Polo Try it P.A. Day Fun

No experience necessary to try out this fun and exciting sport. Participants will have the chance to play water polo in the shallow end of the Milliken Mills pool. Lead by coaches and supervised by lifeguards, this program will be sure to set your child in motion! *All participants must be able to complete swim test in order to participate.* 

### Yoga for Kids

Yoga poses with movement, music and laughter will help children to build flexible and healthy bodies, increase concentration, build confidence and find their own creativity.

### **Young Engineers**

Budding engineers have an opportunity to build electronic circuits, follow engineer drawings, experiment and build projects out of circuits, motors and wood. Designed and delivered by engineers and teachers to compliment the school science curriculum and give children an exhilarating engineering experience. *Note: All technology kits, projects and tools are provided for in class use only.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Study Skills	9 - 12 yrs	Markham Village Library	Sun.	2:15 p.m 3:15 p.m.	Sep. 21	8	247499	\$51.50
		Milliken Mills Library	Sat.	1:00 p.m 2:00 p.m.	Sep. 20	8	247497	\$51.50
Table Tennis	6 - 10 yrs	Cornell C.C.	Wed.	5:00 p.m 6:00 p.m.	Sep. 24	12	246708	\$52
		Milliken Mills C.C.	Mon.	5:00 p.m 6:00 p.m.	Sep. 29	10	248211	\$52
		Thornhill C.C.	Mon.	5:00 p.m 6:00 p.m.	Sep. 8	11	247278	\$52
Table Top Hockey	8 - 10 yrs	Armadale C.C.	Sat.	12:30 p.m 1:30 p.m.	Nov. 1	6	249336	\$31.50
		Armadale C.C.	Tue.	6:30 p.m 7:30 p.m.	Nov. 4	6	249337	\$31.50
Tae Kwon-Do	5 - 10 yrs	Rouge River C.C.	Sun.	10:15 a.m 11:15 a.m.	Sep. 21	10	250154	\$62.50
	6 - 10 yrs	Milliken Mills C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	7	248212	\$53
		Milliken Mills C.C.	Tue.	6:00 p.m 7:00 p.m.	Nov. 4	7	248213	\$53
		Old Unionville Lib. C.C.	Thu.	6:30 p.m 7:30 p.m.	Sep. 25	12	250303	\$89
		Rouge River C.C.	Sun.	12:15 p.m 1:15 p.m.	Sep. 21	10	250155	\$62.50
		Rouge River C.C.	Fri.	7:15 p.m 8:15 p.m.	Sep. 26	10	250202	\$75
		Thornhill C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 10	15	247279	\$105
		Thornhill C.C.	Wed.	4:30 p.m 5:30 p.m.	Nov. 5	7	250987	\$53
TrackMania Game Creation	7 - 12 yrs	Cornell Library	Sun.	2:45 p.m 4:15 p.m.	Sep. 28	8	250703	\$200
Treasure Hunting with a GPS	6 yrs+	Armadale C.C.	Sat.	1:00 p.m 3:00 p.m.	Sep. 20	1	248944	\$23.30
Underwater Hockey - P.A. Day Fun	6 - 12 yrs	Milliken Mills C.C.	Fri.	1:45 p.m 2:30 p.m.	Nov. 14	1	250348	\$13.50
Violin Lessons- Beginner Suzuki Style	8 - 12 yrs	Cornell C.C.	Wed.	5:00 p.m 6:00 p.m.	Sep. 24	10	246719	\$75
	8 - 12 yrs	Cornell C.C.	Wed.	6:00 p.m 7:00 p.m.	Sep. 24	9	246720	\$75
Volleyball for Children	6 - 10 yrs	Armadale C.C.	Sun.	2:30 p.m 4:00 p.m.	Sep. 21	6	249349	\$47
		Armadale C.C.	Sun.	2:30 p.m 4:00 p.m.	Nov. 2	8	249348	\$62
	6 - 12 yrs	Centennial C.C.	Tue.	5:00 p.m 6:30 p.m.	Sep. 23	12	248805	\$92
		Cornell C.C.	Mon.	6:00 p.m 7:30 p.m.	Sep. 22	12	249322	\$92
Water Polo Try It P.A. Day Fun	6 - 12 yrs	Milliken Mills C.C.	Fri.	1:00 p.m 1:45 p.m.	Nov. 14	1	250344	\$13.50
Yoga for Kids	6 - 10 yrs	Angus Glen C.C.	Wed.	4:30 p.m 5:30 p.m.	Sep. 24	12	250306	\$103
		Armadale C.C.	Sun.	2:15 p.m 3:15 p.m.	Sep. 21	6	249351	\$52.50
		Armadale C.C.	Sun.	2:15 p.m 3:15 p.m.	Nov. 2	8	249350	\$70
		Thornhill C.C.	Sat.	2:00 p.m 3:00 p.m.	Sep. 13	12	251231	\$103

# **Pre-Teen Programs**

# Fall 2014

# Acrobatics

Acrobatics is a discipline of gymnastics which focuses on team work, balance, flexibility and coordination. Acrobatics is highly interactive where boys and girls learn and master skills on their own and with partners. For those who enjoy creativity and movement, this is the class for you. *NOTE: No shoes are required, only bare feet.* 

# Android Appwizard Beginner

Learn to create Android apps with App Inventor from MIT. Using their simple, intuitive interface, even non-programmers can take their Android phones for a fun spin! Android Appwizard Beginner introduces students to the basics of Android app development. Throughout the course, students will learn how to incorporate components of the phone including the various sensors, storage, graphics, and GPS. At the end of this course, students will take home their very own app, designed and tailored to their own imaginations!

### Archery

This program is designed to teach pre-teens basic archery skills and techniques. Qualified Instructors will introduce the fundamental skills of archery in a fun and safe environment. *All equipment is supplied.* 

# ART - After School Studio

Creativity, experimentation, and the development of technical skills are the foundations of this course. With our professional and experienced artist, Sarka

Badminton Instructional - Beginner / Intermediate 11 - 16 yrs

RIEI

Buchl-Stephenson, students will explore in depth a variety of media and techniques, including drawing, painting, sculpture, and print-making in this year-round art course and will have the opportunity to study works from the Gallery's permanent collection and/ or temporary exhibitions. *All materials are provided. Classes are based at the Gallery.* 

# ART - Building your Portfolio

This studio instruction class is designed to improve the student's technical skills and artistic knowledge to build a strong art portfolio. The course will focus on the basics of drawing such as comparative sight training and incorporate the study of perspective, shading, composition and color theory. Students will learn to render using a variety of media, while developing their own personal style. Different approaches to art will be incorporated including representational and expressive art. The class includes discussion and trips to the gallery to learn through interacting with the artwork in the current exhibitions. All students are welcome, whether you are a beginner pursuing art as a form of recreation and an outlet for self expression or are looking to improve your body of artwork for art school submission. Most materials included.

# ART - Drawing for Pre-Teens

Express yourself through learning different drawing techniques, using a variety of subjects. Explore cartooning, gesture drawing, design, perspective and more with our professional artist. This course can be a great foundation for other art making courses and also a perfect exercise to build up your portfolio or prepare for art school entry exams. *No art experience required. All materials provided. Classes are based at the McKay Art Centre, Varley's studio.* 

# **Babysitting Course**

Do you enjoy the responsibility of supervising children? Learn how to babysit effectively. Topics includes child care, feeding, child development, child safety, how to handle emergency situations, and first aid. Meet friends and learn new skills. *This leadership program is sponsored by the Canadian Red Cross Society, Region of York Branch. Please note, participants must be 11 years old at the start of the course.* 

#### Badminteen

Here is an opportunity to play recreational badminton with your friends. Matches and round robins will be set up for your enjoyment. *Birds supplied, racquets required.* 

### Badminton Instructional -Beginner / Intermediate

This instructional program follows the Canadian Badminton Long Term Athlete Development, Sport for Life program. The program will develop further technical badminton skills after the beginner level. Promote healthy active living to teens through the sport of badminton.

Program Name	Age	Location	Day	Time	Start Date	# of Classes		Fee
Acrobatics	9 - 14 yrs	Rouge River C.C.	Tue.	7:30 p.m 8:30 p.m.	Sep. 23	10	249484	\$62.50
Android Appwizard Beginner	9 - 16 yrs	Milliken Mills C.C.	Sun.	10:00 a.m 12:00 p.m.	Nov. 30	4	245025	\$135
		Milliken Mills C.C.	Sat.	4:00 p.m 5:00 p.m.	Oct. 4	8	251149	\$135
Archery	11 - 15 yrs	Angus Glen C.C.	Sat.	11:30 a.m 12:30 p.m.	Nov. 8	6	246773	\$65.50
		Armadale C.C.	Sat.	12:45 p.m 1:45 p.m.	Sep. 13	5	246750	\$55.50
		Armadale C.C.	Fri.	8:15 p.m 9:15 p.m.	Oct. 17	5	246749	\$55.50
		Thornhill C.C.	Thu.	6:00 p.m 7:00 p.m.	Sep. 18	7	251002	\$77
		Thornhill C.C.	Thu.	6:00 p.m 7:00 p.m.	Nov. 6	7	251003	\$77
ART - After School Studio	8 - 12 yrs	Varley Art Gallery	Thu.	4:30 p.m 6:30 p.m.	Sep. 18	30	248878	\$408.25
ART - Building your Portfolio for Pre-teens	11 - 14 yrs	Varley Art Gallery	Wed.	4:00 p.m 6:30 p.m.	Oct. 1	8	248856	\$162
ART - Drawing for Pre-Teens	8 - 12 yrs	McKay Art Centre	Tue.	4:00 p.m 6:30 p.m.	Sep. 30	8	248855	\$162
Babysitting Course	11 - 14 yrs	Angus Glen C.C.	Sat.	9:00 a.m 4:00 p.m.	Nov. 29	1	247932	\$45
		Armadale C.C.	Mon.	9:30 a.m 4:30 p.m.	Oct. 27	1	247017	\$45
		Armadale C.C.	Fri.	9:30 a.m 4:30 p.m.	Nov. 14	1	247030	\$45
		Cornell C.C.	Sat.	9:00 a.m 4:00 p.m.	Sep. 20	1	248930	\$45
		Cornell C.C.	Sat.	9:00 a.m 4:00 p.m.	Dec. 13	1	248931	\$45
		Crosby C.C.	Sat.	9:00 a.m 4:00 p.m.	Oct. 18	1	247925	\$45
		Thornhill C.C.	Sat.	9:00 a.m 4:00 p.m.	Oct. 4	1	247139	\$45
		Thornhill C.C.	Sat.	9:00 a.m 4:00 p.m.	Nov. 29	1	247140	\$45
Badminteen	11 - 15 yrs	Centennial C.C.	Wed.	6:30 p.m 8:00 p.m.	Sep. 24	12	248755	\$92
		Coledale P.S.	Wed.	7:30 p.m 9:00 p.m.	Sep. 17	12	247987	\$92
		Armadale C.C.	Mon.	6:30 p.m 8:00 p.m.	Sep. 15	5	247032	\$39
		Armadale C.C.	Fri.	7:00 p.m 8:30 p.m.	Sep. 26	12	247031	\$92
		Armadale C.C.	Mon.	6:30 p.m 8:00 p.m.	Nov. 3	8	247034	\$62
		Thornhill C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 9	8	247141	\$41.50
		Thornhill C.C.	Tue.	6:00 p.m 7:00 p.m.	Nov. 4	7	250971	\$36.50
		Thornlea Pool/Gym	Sat.	10:00 a.m 11:00 a.m.	Sep. 13	10	247142	\$52

Middlefield C.I.

10

249377

\$111

Sep. 29

7:00 p.m. - 8:15 p.m.

Mon



# **Baseball Skills**

This course allows participants an opportunity to explore the game of baseball before committing to a team or league. The program will focus on building the fundamentals of baseball. It will concentrate on hitting, throwing and catching as well as fielding. All participants must have a baseball glove.

# Basketball

Recreational basketball including a general warm-up, teaching sessions and playing time. White-soled running shoes required.

# **Basketball for Girls**

This recreational basketball program has been planned for girls to enhance their skills through specific drills and game play.

# **Basketball Pre-Teen League**

Markham Recreational Basketball is an after school basketball league for pre-teens. MRB will be focusing on facilitating a league that is safe, organized and fun for players to improve their basketball skills. Players will be assessed for the first 3 weeks and then placed on a team. After being placed on their teams, players will get their team schedules and will play a different team each week leading up to the playoffs where the champions will be crowned.

# Pre-Teen Programs

# **Basketball Select**

This intense Basketball Program is for the skilled player or for those who want to improve their skills. Staff will be on hand to coach, refine skills and motivate individuals. Coaches will also analyse player's game play and work on skills that could be improved. Special attention will be focused on strategic play, defence, shooting, passing, dribbling, footwork, speed and agility.

## **Basketball Tournament**

Grab 4 of your friends and hit the court at Angus Glen Community Centre for some 4 on 4 action. Tournament includes a minimum of 2 games. Join us for the fun!

### Bollywood

See page 61 for details.

### Car Modelling

ZoooommM!! Get an opportunity to build a model vehicles! Learn from modelling experts in putting the model together and spray painting your finished product. An additional cost of \$20 for supplies payable upon registration.

# Chess

Chess is an excellent avenue for learning both logical and intuitive thinking skills as well as increasing a child's attention span. The game develops good sportsmanship traits for handling wins and defeats and it's fun. Participants will learn starting positions, moves, captures, check, checkmate, stalemate and pawn promotion.

## **Computer - Animation**

Learn to create and animate graphics using the latest software in this fun, hands-on setting. Specifically, participants will learn how to incorporate animation using Flash in order to create movies, sounds and other forms of animation.

### **Computer - Hands-on Hardware**

Hands on Hardware will teach you everything you need to know to build your own desktop PC. This popular course will provide participants all the knowledge they need to choose the right PC hardware and put them all together! Understand the functionalities of components and learn how to assemble a computer from scratch. They will also receive the benefits of saving money in the future, when they learn how to purchase and piece together a system geared towards a specific need without overspending on unnecessary system parts.

Program Name	Age	Location	Day	Time	Start	# of		Fee
					Date	Classes		
Baseball Skills	8 - 14 yrs	Armadale C.C.	Tue.	6:45 p.m 8:15 p.m.	Sep. 16	6	247052	\$47
		Armadale C.C.	Tue.	6:45 p.m 8:15 p.m.	Oct. 28	8	247051	\$62
Basketball	11 - 14 yrs	Angus Glen C.C.	Sun.	1:30 p.m 3:00 p.m.	Sep. 28	12	247990	\$92
		Milliken Mills H.S.	Mon.	7:00 p.m 8:00 p.m.	Sep. 29	10	248220	\$52
		Thornhill C.C.	Fri.	6:00 p.m 7:00 p.m.	Sep. 12	12	247158	\$62
	11 - 15 yrs	Centennial C.C.	Thu.	7:00 p.m 8:30 p.m.	Sep. 25	12	248760	\$92
		Centennial C.C.	Sat.	2:30 p.m 4:00 p.m.	Sep. 27	12	248759	\$92
		Cornell C.C.	Tue.	7:00 p.m 8:30 p.m.	Sep. 23	12	248998	\$92
Basketball for Girls	11 - 14 yrs	Centennial C.C.	Sat.	1:00 p.m 2:30 p.m.	Sep. 27	12	248763	\$92
		Cornell C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 23	12	249000	\$92
Basketball Pre-Teen League	11 - 15 yrs	Cornell C.C.	Sun.	12:00 p.m 2:00 p.m.	Sep. 28	12	249001	\$122.50
Basketball Select	11 - 16 yrs	Armadale C.C.	Sat.	11:15 a.m 12:45 p.m.	Sep. 20	6	247065	\$47
		Armadale C.C.	Sat.	11:15 a.m 12:45 p.m.	Nov. 1	8	247064	\$62
Basketball Tournament	11 - 14 yrs	Angus Glen C.C.	Sat.	12:00 p.m 6:00 p.m.	Dec. 27	1	246833	\$10
Bollywood	11 - 15 yrs	Thornhill C.C.	Wed.	6:00 p.m 7:00 p.m.	Sep. 10	12	251344	\$89.50
Car Modelling	12 - 16 yrs	Milliken Mills C.C.	Wed.	7:00 p.m 9:00 p.m.	Nov. 5	6	247944	\$104
Chess	11 - 15 yrs	Armadale C.C.	Fri.	7:30 p.m 8:30 p.m.	Sep. 12	6	250445	\$45
		Armadale C.C.	Fri.	7:30 p.m 8:30 p.m.	Oct. 24	8	250439	\$60
Computer - Animation	9 - 14 yrs	Milliken Mills C.C.	Fri.	6:00 p.m 7:00 p.m.	Oct. 3	8	247945	\$135
		Milliken Mills C.C.	Sat.	9:30 a.m 10:30 a.m.	Oct. 4	8	247946	\$135
		Milliken Mills C.C.	Sun.	11:30 a.m 12:30 p.m.	Oct. 5	8	247949	\$135
		Thornhill C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 10	8	247168	\$135
		Thornhill C.C.	Sun.	3:30 p.m 4:30 p.m.	Sep. 14	8	250976	\$135
Computer - Hands-on Hardware	10 - 16 yrs	Milliken Mills C.C.	Tue.	7:30 p.m 8:30 p.m.	Sep. 30	8	247963	\$135
		Milliken Mills C.C.	Fri.	7:00 p.m 8:00 p.m.	Oct. 3	8	247960	\$135
		Milliken Mills C.C.	Sat.	10:30 a.m 11:30 a.m.	Oct. 4	8	251148	\$135
		Milliken Mills C.C.	Sat.	3:00 p.m 4:00 p.m.	Oct. 4	8	247959	\$135
		Milliken Mills C.C.	Sun.	12:30 p.m 1:30 p.m.	Oct. 5	8	247961	\$135
		Thornhill C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 13	8	247169	\$135

# **Pre-Teen Programs**

# Fall 2014

# Computer Programming - C++ Level One

C++ is one of the most popular programming languages, and is used to make a variety applications and software. This course is intended for beginning programmers who want to learn programming from the ground up. Participants will learn basic building blocks of C++ syntax, general programming rules, and develop problem solving skills. Upon the completion of this course, participants will be able to write a simple number guessing game.

# Computer Programming- Java Level One

Java Level One target participants who are new to Java. Focusing on the basic building blocks of Java's syntax e.g., data types, loops, conditions, etc. Participants will also learn general programming rules and develop problem solving skills. Upon the completion of this course, participants will able to write a simplified version of a rock-paper-scissors game.

# Computer Programming - Java Level Two

This course is a continuation to the Computer Programming - Java Level One course. Participants will explore more advanced Java topics like creating classes and objects. Upon the completion of this course, participants will get a final project that incorporates all the topics covered in this course in a practical manner. *Requires completion of Java Level One or C++ Level One* 

# **Computer Programming Level 1**

This course is intended for students who want to learn about object-oriented programming. Concepts presented are exemplified using the Turing, Qbasic and Visual Basic programming language. Knowing the basics of these languages will prepare you in your high school years.

# **Computers - Hands on Robotics**

Hands-on Robotics will immerse students in the exciting world of robotics. Using Lego Mindstorms NXT, students will grasp concepts on building structures and gearing. Upon the completion of the course, students would have built at least six robots. They will be very familiar with how to build a solid robot, understand how the different sensors work, and how to tweak the robot so that it is suitable for the current environment, whether it is navigating a path, throwing a ball, or avoiding obstacles. This course will challenge students to think critically and work in a team in solving problems.

## Computers - Hands on Robotics -Level 2

Hands-on Robotics - Level 2 will immerse students in the building and programming of Lego Mindstorms NXT. Students will learn essential programming skills, including how to make robots move and how to use sensors. Gaining knowledge to develop their own outof-this-world creations. Students will have the opportunity to showcase their robots at the end of term during the class robotic competition on the last class. Upon the completion of the course, students will be introduced to computer programming through the Mindstorms robot. Students program by simply draggingand-dropping symbols onto the screen to control the motors and sensors such that the robot will perform the intended action.

# **Computers - HTML Web Design**

Students learn to create websites using the foundations of HTML(Hypertext Transfer Mark-up Language). Lessons include using HTML tags and attributes to create and structure pages, apply hex colour codes, place and format images, tables, hyperlinks, and much more.

# Computers-HTML 5

Students learn to create complex web applications through step-by-step instructions using HTML5. Introduction to features that have been designed for the usage of modern websites on computers, smartphones, and tablets will be introduced. *Basic working knowledge of HTML is recommended*.

# Computers-Microsoft PowerPoint



Designed for students with little or no experience with PowerPoint. Detailed instruction will be provided on creating and formatting slideshows using practical and advanced features of the program including drawing, design tools, as well as the use of smart art, charts, hyperlinks and more. Students learn to control presentations using transitions and custom animations, preparing them for school assignments.

# Dance Pl3y

DANCEPL3Y Teens is more than just a highenergy, super-fun, grab-your-friends-andfav-hightops kind of dance class - it's about learning simple moves from a mix of styles (Club, House, Hip Hop, Urban, Jazz/Funk, Krump, Street, Old Skool) and getting inter-ACTIVE with one another so that everyone in the class can bust a move to today's best music. Whatever you call it: Swagga, Style, SOMO...DANCEPL3Y is all over it. Our unique program pairs a playful 360-degree teaching style with a refreshing coaching philosophy: Be Positive. Be Fun. Be Yourself. So that each person can discover their own unique style and way of moving.

Program Name	Age	Location	Day	Time	Start Date	# of Classes		Fee
Computer Programming - C++ Level One	12 - 16 yrs	Milliken Mills C.C.	Sat.	11:30 a.m 12:30 p.m.	Oct. 4	8	247967	\$135
		Thornhill C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 13	8	247170	\$135
Computer Programming - Java Level One	11 - 16 yrs	Milliken Mills C.C.	Tue.	6:30 p.m 7:30 p.m.	Sep. 30	8	247969	\$135
		Milliken Mills C.C.	Sat.	2:00 p.m 3:00 p.m.	Oct. 4	8	247968	\$135
		Thornhill C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 13	8	247171	\$135
Computer Programming - Java Level Two	11 - 16 yrs	Milliken Mills C.C.	Sat.	12:30 p.m 1:30 p.m.	Oct. 4	8	247970	\$135
Computer Programming Level 1	11 - 16 yrs	Milliken Mills C.C.	Wed.	8:00 p.m 9:00 p.m.	Oct. 1	8	247972	\$135
		Milliken Mills C.C.	Thu.	6:30 p.m 7:30 p.m.	Oct. 2	8	247971	\$135
		Milliken Mills C.C.	Fri.	5:00 p.m 6:00 p.m.	Oct. 3	8	247973	\$135
Computers - Hands on Robotics	10 - 16 yrs	Milliken Mills C.C.	Tue.	5:00 p.m 6:00 p.m.	Sep. 30	8	247976	\$135
		Milliken Mills C.C.	Sat.	1:00 p.m 2:00 p.m.	Oct. 4	8	247975	\$135
		Milliken Mills C.C.	Sat.	2:00 p.m 3:00 p.m.	Oct. 4	8	247974	\$135
		Milliken Mills C.C.	Sun.	10:30 a.m 11:30 a.m.	Oct. 5	8	247977	\$135
		Thornhill C.C.	Sat.	2:00 p.m 3:00 p.m.	Sep. 13	8	250977	\$135
Computers - Hands on Robotics - Level 2	11 - 16 yrs	Milliken Mills C.C.	Sun.	11:30 a.m 12:30 p.m.	Oct. 5	8	247980	\$135
Computers - HTML Web Design	11 - 15 yrs	Markham Village Library	Sat.	2:30 p.m 4:30 p.m.	Oct. 25	3	247655	\$101
		Milliken Mills C.C.	Thu.	4:30 p.m 6:30 p.m.	Sep. 18	4	247654	\$135
		Milliken Mills C.C.	Thu.	7:30 p.m 9:30 p.m.	Sep. 18	4	247653	\$135
Computers-HTML 5	11 - 15 yrs	Angus Glen Library	Sat.	3:00 p.m 4:00 p.m.	Sep. 27	6	247656	\$101
Computers-Microsoft Powerpoint	8 - 15 yrs	Markham Village Library	Thu.	6:30 p.m 7:30 p.m.	Oct. 9	6	247652	\$101
Dance Pl3y	11 - 14 yrs	Thornhill C.C.	Sun.	3:45 p.m 4:45 p.m.	Sep. 14	12	251340	\$89.50



# **Discovery Science Program**

Explore the fascinating marvels of science through curious investigation and interesting experimentation. Have the chance to participate in a variety of activities like creating bubbling concoctions or slimy mush, to exploring volcanic eruptions and other fun science. This program is hands on!

# Dodgeball

Join us for an active hour of fun playing dodgeball by the official rules. You will also learn variations of the game such as king's court, corner and all for one. This program is for pre teens that have a lot of energy and love the game of dodgeball.

### Drawing

In this course you will learn to understand drawing techniques, creating depth, shading and shadowing. Drawing will be done from still-life pictures and photographs. Through practice and correction you will create finished pieces of work in pencil, pastel and charcoal. *All materials are included*.

### Drumming

Our qualified instructor will lead you through basic drumming skills to enable you to play along with your favour songs. Participants will learn on a seven piece portable unit. 4:1 student to instructor ratio will ensure one on one time in a small group setting. *Electronic Drums are provided at Milliken Mills and drum kits will be available at Angus Glen.* 

# **Pre-Teen Programs**

### Fencing

This program will introduce you to the exhilarating sport of fencing. Lead by trained instructors, we will teach you a variety of skills and techniques in a fun and safe environment. *All equipment is provided*.

## **Flag Football**

Flag football is a version of American football where the basic rules of the game are maintained however, the defensive team must remove a flag or flag belt from the ball carrier ('deflagging') to end a down. This program focuses on team work, agility and coordination.

# **Floor Hockey**

# **GameFusion Studio Beginner**

GameFusion Studio is a series of courses where students learn to design and create fun, fully graphical computer games, right from the first class! For this beginner course, students will learn how games are designed and will be completing a multi-level maze game where characters can navigate, collect treasures, and find the exit. Students will be able to hone their inner game craftsmanship by designing their own custom game elements. A competition will be held at the end of the course to see who's game is the most fun to play! *No experience required*.

### **GameFusion Studio Platforming 1**

GameFusion Studio Platforming 1 introduces the concept of platform gaming, exploring topics of jumping and gravity and having a camera that follows the main character. Throughout the course, students will work towards a striped-down version of a Super Mario-like game, where the main character will earn points and defeat evil bosses along the way! *Requires GameFusion Studio Beginner.* 

### **GameFusion Studio Platforming 2**

Continuing from GameFusion Studio Platforming 1, this course explores more advanced topics in the realm of platforming games. Students will build on the game from the previous course by adding more intelligent enemies, projectiles that bounce off walls, multiple levels, mini bosses, etc. - elements that make the game more realistic! Students finishing this course will be able to create professional platforming games. Didn't think that creating professional games was a possibility before finishing high school? Think again! *Requires GameFusion Studio Platforming 1.* 

# GameFusion Studio Scrolling Shooter

GameFusion Studio Scrolling Shooter takes the maze game a step towards the concept of scrolling shooter, where the main object appears to move over a scrolling background. Topics such as automatic camera movement, artificial intelligence, projectiles, and alarms, essential to develop your own arcade-style game similar to the popular Space Invaders! *Requires GameFusion Studio Beginner.* 

### **Girl's Night Out**

An exciting program for girls 11-14 years of age to have fun, develop friendships, and build self esteem. Activities may include movie night, cooking, makeovers, body image, laserquest, bowling and wellness.

Program Name	Age	Location	Day	Time	Start Date	# of Classes		Fee
Discovery Science Program	11 - 14 yrs	Armadale C.C.	Sun.	4:00 p.m 5:30 p.m.	Nov. 2	8	247101	\$89.50
Dodgeball	11 - 14 yrs	Angus Glen C.C.	Fri.	7:00 p.m 8:00 p.m.	Sep. 26	12	251212	\$62
		Cornell C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 22	12	249044	\$62
Drawing	11 - 14 yrs	Angus Glen C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 23	10	249041	\$95
		Armadale C.C.	Sun.	10:00 a.m 11:30 a.m.	Oct. 5	8	249451	\$76.50
		Centennial C.C.	Wed.	6:30 p.m 8:00 p.m.	Sep. 24	12	246634	\$114
		Milliken Mills C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 16	7	248058	\$67
Drumming	11 - 14 yrs	Angus Glen C.C.	Thu.	6:30 p.m 7:30 p.m.	Sep. 25	8	249054	\$109
		Angus Glen C.C.	Thu.	7:30 p.m 8:30 p.m.	Sep. 25	8	249055	\$109
		Milliken Mills C.C.	Sun.	4:45 p.m 5:30 p.m.	Sep. 28	10	248147	\$136
Fencing	10 - 15 yrs	Rouge River C.C.	Wed.	6:00 p.m 7:30 p.m.	Nov. 5	6	250078	\$98
Flag Football	10 - 15 yrs	Armadale C.C.	Thu.	6:30 p.m 8:00 p.m.	Oct. 30	8	249424	\$62
Floor Hockey	11 - 15 yrs	Angus Glen C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 27	12	250945	\$62
		Thornhill C.C.	Wed.	6:30 p.m 7:30 p.m.	Sep. 10	8	247180	\$41.50
		Thornhill C.C.	Wed.	6:30 p.m 7:30 p.m.	Nov. 5	7	250951	\$36.50
GameFusion Studio Beginner	11 - 16 yrs	Milliken Mills C.C.	Sun.	12:30 p.m 1:30 p.m.	Oct. 5	8	248150	\$135
		Milliken Mills C.C.	Sun.	1:30 p.m 2:30 p.m.	Oct. 5	8	248151	\$135
		Thornhill C.C.	Sat.	1:00 p.m 2:00 p.m.	Sep. 13	8	247183	\$135
GameFusion Studio Platforming 1	11 - 16 yrs	Milliken Mills C.C.	Sun.	2:30 p.m 3:30 p.m.	Oct. 5	8	248153	\$135
GameFusion Studio Platforming 2	11 - 16 yrs	Milliken Mills C.C.	Sun.	12:00 p.m 2:00 p.m.	Nov. 30	4	245028	\$135
GameFusion Studio Scrolling Shooter	10 - 16 yrs	Milliken Mills C.C.	Sun.	3:30 p.m 4:30 p.m.	Oct. 5	8	251151	\$135
Girl's Night Out	11 - 15 yrs	Cornell C.C.	Wed.	6:30 p.m 8:30 p.m.	Sep. 24	8	249052	\$105

# **Pre-Teen Programs**

## Fall 2014

#### Girls on the Go

#### From basketball to volleyball to soccer this program is for the energetically inclined. Tons of sports to keep you active from head to toe!

#### **Girls Self Defense**

This program is geared to females who are interested in learning how to protect themselves and deal with the most common attacks. The emphasis of the program is on prevention. You will learn to use avoidance, awareness and verbal techniques to defuse a situation.

#### **Glee - Musical Theatre**

This class combines dancing, singing, and acting. Musical numbers from popular shows will be chosen, and participants perform at the end of the session.

#### **Guitar Lessons - Beginner**

An introductory course offering the novice instruction in guitar through practice and theory. *An acoustic guitar is required by each student at every class.* 

#### **Guitar Lessons - Intermediate**

Program Name Girls on the Go Girls Self Defense Glee - Musical Theatre Guitar Lessons - Beginner

Guitar Lessons - Intermediate

Healthy Active Girls in the Community

Guys Night Out

Healthy Kids Hip Hop Dance - Level 1

Indoor Soccer

Indoor Tennis

Junior Leaders

Karate

Students will have some knowledge of notes and chords and more advanced techniques will be covered including learning the entire fret board including finger style and picking techniques. Participants will have an opportunity to play more advanced songs with ear training to transcribe tunes from CD's. Theory will cover major and minor scales as well as chord construction.

#### **Guys Night Out**

An exciting program for guys 11-14 years old to try new and different activities, develop friendships and self- esteem. Activities may include recreational sports, movie night, games night, laserquest, bowling, cooking, rock climbing.

#### Healthy Active Girls in the Community

In this workshop we will put the 'fun' into fitness. You will have hands on experience with healthy eating, cooking, how to read food labels and a ton of fun learning some great games.

#### **Healthy Kids**

Regular exercise is considered to be an essential part of a healthy lifestyle. 26% of Canadian children and youth are either overweight or obese. Get started! Join our activity hour, get moving and have some fun. This is a non competitive format for ages 8 - 11. The class will be lead by a certified group fitness/certified coach instructor.

#### Hip Hop Dance - Level 1

Angus Glen Tennis Centre

Angus Glen C.C.

Angus Glen C.C.

Armadale C.C.

Armadale C.C.

Old Unionville Lib C.C.

10 - 12 yrs

11 - 14 yrs

Are you in tune with the latest hip hop moves? Do you want to learn how to dance like some of your favourite hip hop artists? This program is designed for those who love to dance.

#### **Indoor Soccer**

This recreational-based soccer program is designed for both boys and girls interested in the game of soccer. Each session will consist of warm-up, fitness training, skill drills and a scrimmage. Join us for soccer excitement! *Shin pads mandatory to participate in program.* 

#### **Indoor Tennis**

This recreational tennis program is designed for youth interested in learning the game of tennis. Each session will consist of warmups, skill development and game play. *Tennis racquet required* 

#### **Junior Leaders**

This program is designed to develop basic leadership skills through hands-on activities and cooperative games. Interactive workshops may include communication, problem solving and teamwork. *Completion of this program will provide participants with the first opportunity to register for the Leadership Program at the Angus Glen Community Centre.* 

#### Karate

Learn from black belt instructors. Traditional karate and jiu-jitsu/aikido is a realistic and effective form of self-defense, discipline, better co-ordination and self-esteem. This form of karate incorporates katas, punches, blocks, throws, locks, kicks and self-defense techniques.

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	Age	Location	Day	Time	Start Date	# of Classes		Fee
	11 - 14 yrs	Cornell C.C.	Wed.	6:00 p.m 7:30 p.m.	Sep. 24	12	249074	\$92
	11 - 18 yrs	Old Unionville Lib. C.C.	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	12	250341	\$89.50
	11 - 15 yrs	Armadale C.C.	Wed.	8:00 p.m 9:30 p.m.	Oct. 1	8	249455	\$89.50
		Rouge River C.C.	Thu.	7:45 p.m 9:15 p.m.	Sep. 25	10	249594	\$112
	11 - 15 yrs	Armadale C.C.	Thu.	7:00 p.m 8:00 p.m.	Oct. 2	8	250250	\$60
		Centennial C.C.	Mon.	6:30 p.m 7:30 p.m.	Sep. 22	12	246646	\$88.50
		Centennial C.C.	Sun.	4:30 p.m 5:30 p.m.	Sep. 28	12	246647	\$88.50
		Thornhill C.C.	Tue.	6:30 p.m 7:30 p.m.	Sep. 9	12	250988	\$88.50
	11 - 14 yrs	Angus Glen C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 24	12	250288	\$88.50
	11 - 14 yrs	Cornell C.C.	Thu.	6:30 p.m 8:30 p.m.	Sep. 25	8	249078	\$105
	11 - 15 yrs	Cornell C.C.	Sat.	10:00 a.m 3:00 p.m.	Oct. 25	1	246814	\$49.72
	8 - 11 yr	Centennial C.C.	Sat.	2:00 p.m 3:00 p.m.	Oct. 18	8	248039	\$68.93
	11 - 14 yrs	Centennial C.C.	Tue.	5:00 p.m 6:00 p.m.	Sep. 23	12	248770	\$89.50
		Milliken Mills C.C.	Wed.	5:30 p.m 6:30 p.m.	Oct. 1	10	248164	\$75
		Milliken Mills C.C.	Wed.	7:30 p.m 8:30 p.m.	Oct. 1	10	248163	\$75
		Rouge River C.C.	Mon.	8:30 p.m 9:30 p.m.	Sep. 22	10	249573	\$62.50
		Thornhill C.C.	Fri.	5:30 p.m 6:30 p.m.	Sep. 12	12	249575	\$89.50
	11 - 15 yrs	Milliken Mills H.S (A2)	Tue.	7:00 p.m 8:00 p.m.	Sep. 30	10	250117	\$52
		Thornhill C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 8	7	247206	\$36.50
		Thornhill C.C.	Mon.	7:00 p.m 8:00 p.m.	Nov. 3	8	250984	\$41.50
	11 - 15 yrs	Angus Glen Tennis Centre	Sat.	5:30 p.m 6:30 p.m.	Sep. 20	12	247710	\$130
	1							

11:30 a.m. - 12:30 p.m.

5:00 p.m. - 6:30 p.m.

5:00 p.m. - 6:30 p.m.

7:00 p.m. - 8:00 p.m.

7:00 p.m. - 8:00 p.m.

7:00 p.m. - 8:00 p.m.

Sep. 21

Sep. 17

Oct. 29

Sep. 9

Oct. 28

Sep. 22

12

6

6

6

8

12

Sun.

Wed.

Wed.

Tue.

Tue.

Mon

247708

246861

249018

249024

249023

251430

\$130

\$58

\$58

\$45

\$60

\$89.50



#### Learn to Crochet

Learn the basic crochet stitiches, using both wool and crochet cotton and to crochet both square and circular pieces. A small project will be completed so the participants will have an opportuntiy to practice reading pattern directions and to learn various finishing techniques.



## Mayor's Seniors Hall of Fame Awards

Nomination Deadline: September 12, 2014

**General Programs** 

For more information, please call **905-477-7000 x4930** or email **Igold@markham.ca** 

# **Pre-Teen Programs**

#### Magic

Learn advanced moves, misdirection, palming and professional techniques. Whether you wish to learn to do card flourishes, vanish cards, or make cards appear out of the air. *No experience required, bring your own playing cards and coins and let's get started.* 

#### **Rock Climbing**

Are your kids climbing the walls? Send them to Armadale for fun and excitement on our climbing wall. Trained Instructors will teach participants the skills of rock climbing through trust activities, bouldering and climbing. *All equipment is provided*.

#### **Robotics 1 (Starter)**

Students will begin learning basic Robotics theory and design concepts through robot building and programming on the computer. Robotics 1 (Starter) will build up students' logical thinking, reasoning abilities and problem-solving skills. Students will be asked to solve a series of challenges by exploring the functionality of their robots and the programs they wrote during each class. Robotics 1 (Starter) is a hands-on program that will introduce basic robotics and programming with fun activities and in-class competitions! *No experience required.* 

#### **Robotics 2 (Developer)**

Building upon their experience from Robotics 1 (Starter), students will utilize a combination of sensory add-ons to build more complex robots in solving seemingly impossible tasks. Robotics 2 (Developer) will develop the students' ability to work in a team where they will design computer programs to control the robot. Students will face fun yet challenging problems, and will therefore receive enormous satisfaction as they complete each challenge. *Requires completion of Robotics 1 (Starter)* 

#### **Table Tennis**

A recreational program which will provide an opportunity to play table tennis with your friends. Matches, round robins and basic instruction will be provided. *Table tennis bats are required*.

#### **Table Top Hockey**

New! A Canadian all time favourite activity! Join us for one on one action playing the exhilarating game of table top hockey. Players will be matched up and compete in weekly tournaments.

#### Tae Kwon-Do

The most practiced martial art world-wide. The art of Tae Kwon-Do is guided by the principles of self-respect, respect for others and non-violence. The student of Tae Kwon-Do is not only trained in the physical aspects of the art, but he/she must learn to develop selfcontrol, courtesy, integrity, perseverance and an indomitable spirit.

#### **Ultimate Frisbee**

Ultimate is a team sport played with a flying disc. The object of the game is to score points by passing the disc to a player in the opposing end zone, similar to an end zone in American football. It's an incredibly fun and active sport.

#### Volleyball

Join us for a night of recreational fun. If you are a beginner, please join us and we will teach you a few volleyball techniques.

Program Name	Age	Location	Day	Time	Start Date	# of Classes		Fee
Learn to Crochet	11 - 14 yrs	Angus Glen C.C.	Tue.	6:30 p.m 7:30 p.m.	Sep. 23	8	251017	\$60
Magic	11 - 14 yrs	Thornhill C.C.	Thu.	7:30 p.m 8:30 p.m.	Oct. 2	12	251001	\$89.50
Rock Climbing	11 - 15 yrs	Armadale C.C.	Wed.	7:05 p.m 8:25 p.m.	Sep. 17	5	249109	\$102.50
		Armadale C.C.	Sat.	2:30 p.m 4:00 p.m.	Sep. 13	5	249090	\$102.50
		Armadale C.C.	Sat.	1:00 p.m 2:30 p.m.	Oct. 18	5	249131	\$102.50
Robotics 1 (Starter)	11 - 16 yrs	Milliken Mills C.C.	Sat.	10:00 a.m 11:00 a.m.	Oct. 4	8	250115	\$135
		Milliken Mills C.C.	Sat.	11:00 a.m 12:00 p.m.	Oct. 4	8	248203	\$135
Robotics 2 (Developer)	11 - 16 yrs	Milliken Mills C.C.	Sat.	12:00 p.m 1:00 p.m.	Oct. 4	8	248204	\$135
Table Tennis	10 - 14 yrs	Thornhill C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 8	10	247277	\$72
Table Top Hockey	11 - 15 yrs	Armadale C.C.	Sat.	1:30 p.m 2:30 p.m.	Nov. 1	6	249338	\$31.50
		Armadale C.C.	Tue.	7:30 p.m 8:30 p.m.	Nov. 4	6	249339	\$31.50
Tae Kwon-Do	11 - 14 yrs	Milliken Mills C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	7	248214	\$53
		Milliken Mills C.C.	Tue.	7:00 p.m 8:00 p.m.	Nov. 4	7	248215	\$53
		Rouge River C.C.	Fri.	8:15 p.m 9:15 p.m.	Sep. 26	10	250195	\$75
		Thornhill C.C.	Wed.	6:15 p.m 7:15 p.m.	Sep. 10	15	250196	\$105
Ultimate Frisbee	10 - 15 yrs	Thornlea Pool/Gym	Fri.	7:00 p.m 8:30 p.m.	Sep. 12	10	247282	\$77
Volleyball	11 - 15 yrs	Armadale C.C.	Sun.	2:30 p.m 4:00 p.m.	Sep. 21	6	249347	\$47
	· · · ·	Armadale C.C.	Sun.	2:30 p.m 4:00 p.m.	Nov. 2	8	249346	\$62
		Centennial C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 23	12	248804	\$92
		Thornlea Pool/Gym	Fri.	4:30 p.m 6:00 p.m.	Sep. 12	14	247284	\$72

## Teen Programs



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#### **ART - Portfolio Creation**

This course will give art students the opportunity to develop the necessary skills for producing a winning portfolio! Students will create works in a variety of media, covering a wide range of art techniques. Both the elements and principles of design will be explored in order to encourage growth through self-critique, creativity, technical skills and visual problem solving. Most materials provided. Classes are based at the McKay Art Centre with an opportunity to study the Gallery's collection.

#### **Basketball Tournament**

See page 70 for details.

#### **Essay Writing for Teens**

This program focuses on the full process of writing effective essays, developing critical thinking skills while converting analysis in to words. You will become familiar with common essay styles and approaches to writing them.

#### **High Five - Healthy Child** Development

High Five, Quality at Play program is committed to assisting children along the path of healthy child development. High Five has been designed to promote the safety, well-being, and healthy development of children. This one-day leadership course is mandatory for anyone interested in working for City of Markham summer camps and/or seasonal programs.

#### Karate

See "Karate" on page 73.

#### Leadership Program

This Leadership Program prepares youth to volunteer in recreation programs within the City of Markham. Youth will enhance and develop their leadership skills including, communication, teamwork, program planning and time management which will give them the hands on experience of learning how to successfully deliver a program. Resume writing will be included in this program. Upon successful completion of the course, participants will have the opportunity for a placement in a City of Markham program.

#### Look Your Best

Look and feel your best!. This workshop is geared to youth between 14 - 18 years who want to learn how to apply make up in a quick and professional way. Each participant will have an opportunity to get tips from Jin Jiang, professional makeup artist, and to try a variety of different make up including shadows, blushes, brushes and mascara. Come out and learn from the best.

#### **Making Your Money Last**

Great workshop for students. This inforamtion session will teach students about how to pay for school and making your money last through the school year. This workshop is being offer in partnership with RBC.

#### **Managing Credit Cards**

This one day workshop will teach youth how to manage their credit cards effectively, how to pay off their credit card faster and make the most of your credit cards. Great oppotunity to learn and ask questions about using credit cards.

#### **Mix Fitness Fun**

This program provides a fun variety of fitness classes for Teens such as, cycling, muscle conditioning, running, zumba and circuit

training. Focusing on the quality of exercise experience to develop positive behaviours and healthy life style.

#### **Public Speaking for Teens**

Public speaking is a fear many young adults have. Communicating well is an essential life skill and vital for success in school, work and ultimately in life. Through non-threatening oral language exercises and drama activities, participants will develop self-confidence in their speaking skills. Participants will learn strategies for dealing with nervousness in order to become effective communicators.

#### **Teen Circuit**

This class has been designed for teens 12 to 15 years of age. The class is set up in 'stations'; a specific exercise is performed at each station for a prescribed brief length of time. The format concentrates on cardio, strength and flexibility. The class is held in our wellequipped group fitness studio.

#### Volunteer Orientation Workshop

This Volunteer Workshop is mandatory for anyone wishing to volunteer in the Recreation Department. This workshop does not guarantee a volunteer placement, but rather prepares the potential volunteer for a placement.

#### Youth Fitness

This program provides an introduction to fitness training principles, equipment demonstration and nutrition education in a fully supervised environment. Participants will learn safe and effective ways to exercise as well as have an opportunity to develop the basis of an active and healthy life style. They will have access to cardiovascular and weight training equipment.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
ART - Portfolio Creation	14 - 18 yrs	McKay Art Centre	Thu.	4:00 p.m 6:30 p.m.	Oct. 2	8	248857	\$162
Basketball Tournament	15 - 18 yrs	Angus Glen C.C.	Sat.	12:00 p.m 6:00 p.m.	Dec. 27	1	246834	\$10
Essay Writing for Teens	13 - 16 yrs	Markham Village Library	Wed.	7:00 p.m 8:00 p.m.	Sep. 17	8	247437	\$60
High Five - Healthy Child Development	13 yrs+	Armadale C.C.	Sat.	9:30 a.m 4:30 p.m.	Dec. 20	1	248963	\$68.37
		Thornhill C.C.	Sat.	9:00 a.m 4:00 p.m.	Sep. 20	1	247191	\$68.37
	15 yrs+	Angus Glen C.C.	Sat.	9:00 a.m 4:00 p.m.	Oct. 4	1	246850	\$68.37
Karate	11 - 18 yrs	Old Unionville Lib. C.C.	Mon.	8:00 p.m 9:00 p.m.	Sep. 22	12	250342	\$89.50
		Old Unionville Lib. C.C.	Wed.	7:30 p.m 8:30 p.m.	Sep. 24	12	250343	\$89.50
Leadership Program	13 - 15 yrs	Angus Glen C.C.	Sat.	10:00 a.m 1:00 p.m.	Sep. 20	6	249016	\$194
		Angus Glen C.C.	Sat.	10:00 a.m 1:00 p.m.	Nov. 1	6	249017	\$194
	14 - 16 yrs	Milliken Mills C.C.	Sat.	1:00 p.m 4:00 p.m.	Oct. 4	5	248180	\$164
		Milliken Mills C.C.	Sat.	1:00 p.m 4:00 p.m.	Nov. 8	5	248181	\$164
		Thornhill C.C.	Sat.	9:30 a.m 12:30 p.m.	Sep. 27	6	247219	\$194
	14 - 17 yrs	Cornell C.C.	Tue.	6:00 p.m 7:30 p.m.	Sep. 23	10	249123	\$164
Look Your Best	14 - 18 yrs	Angus Glen C.C.	Tue.	5:00 p.m 6:30 p.m.	Oct. 7	1	249303	\$14
Making Your Money Last	15 - 21 yr	Angus Glen C.C.	Wed.	6:00 p.m 7:30 p.m.	Oct. 22	1	247747	\$5
Managing Credit Cards	15 - 21 yr	Angus Glen C.C.	Wed.	6:30 p.m 8:00 p.m.	Oct. 1	1	247745	\$5
Mix Fitness Fun	11 - 15 yrs	Thornhill C.C.	Thu.	4:30 p.m 5:30 p.m.	Sep. 11	8	250998	\$88
		Thornhill C.C.	Thu.	4:30 p.m 5:30 p.m.	Nov. 6	8	250999	\$88
Public Speaking for Teens	13 - 16 yrs	Milliken Mills Library	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	8	247509	\$60
Teen Circuit	12 - 15 yrs	Centennial C.C.	Sat.	12:45 p.m 1:45 p.m.	Oct. 18	8	248101	\$68.93
Volunteer Orientation Workshop	14 yrs+	Thornhill C.C.	Sun.	10:00 a.m 11:00 a.m.	Nov. 23	1	247285	FREE
Youth Fitness	13 - 15 yrs	Centennial C.C.	Tue.	4:00 p.m 5:15 p.m.	Sep. 16	8	245750	\$68.93
		Cornell C.C.	Thu.	4:00 p.m 5:15 p.m.	Sep. 18	8	245754	\$68.93



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# **Teen Services**

# Markham Mayor's Youth Council

A n accredited voice in municipal government, private industry and in Markham, the Mayor's Youth Task Force is a catalyst for action and change.

The task force is driven with the focus of raising awareness and cultivating a culture that celebrates youth.

Operated and propelled solely by youth, the task force:

- Provides ideas for teen and pre-teen services;
- Manages the Markham Youth website;
- Upholds seats on regional committees; and
- Addresses various social issues that are important to today's youth.

For more information, please call at 905-477-7000 x3930

## CORNELL YOUTH CENTRE Drop-in Hours

Tue., Thu., Fri. 4:00 p.m. - 5:30 p.m. Sat. 11:00 a.m. - 1:00 p.m.

Family Fun Night | 6 - 12 yrs | Fri. | 6:00 p.m. - 8:00 p.m. | \$5

Please contact Luke Hilts at 905-477-7000 x 4527 or Ihilts@markham.ca for more information.

## THORNHILL YOUTH CENTRE Drop-in Hours

Wed., Fri. 4:30 p.m. - 5:30 p.m.

Please contact Carolynn Thompson at 905-944-3800 ext.6863 or cathompson@markham.ca for more information.

## **Area Youth Councils**

o you want to be a part of a youth council to have the opportunity to meet new people and have fun organizing great events? With the resources of the Mayor's Youth Task Force and the heartbeat of Markham's four distinct communities, the Ambassadors Program addresses needs of youth closer to home.

The Youth Councils have planned and run events such as dances, tree plantings, various sports tournaments, food drives, and many more.

Representatives motivated to give back to the community are sought from every high school and elementary school within Markham. If you are interested in becoming a member of the Youth Council, please visit *www.markhamyouth.com* or contact:

Unionville	Don Roe	droe@markham.ca
Cornell	Luke Hilts	lhilts@markham.ca
Markham	Karen Hugh	khugh@markham.ca
Thornhill	Carolynn Thompson	cathompson@markham.ca
Milliken	Kay Huynh	khuynh@markham.ca
Museum		museuminfo@markham.ca

Youth Friendly Community

The City of Markham is proud to be recognized as one of the first "Youth Friendly Communities"

Recognized by the Play Works Partnership

# **Youth Councils**

Join these youth councils and get involved with your community. Visit www.markhamyouthcouncil.com for more information

## Markham

Meetings held at Centennial C.C. Call Karen at 905-294-6111 ext. 4345 or khugh@markham.ca

## Thornhill

Meetings held at Thornhill C.C. Call Carolynn at 905-944-3800 ext.6862 or cathompson@markham.ca

## Markham Museum

Meetings held at Markham Museum. Call the Museum at 905-294-4576 or email: museuminfo@markham.ca

## Milliken

Applications are being accepted in August. Please contact Kay at khuynh@markham.ca for more information

## Unionville

Meetings held third Monday of the month at Angus Glen C.C. Call Don at 905-477-7000 x. 2921 or droe@markham.ca

### Junior Markham Youth Council

Meetings held at Cornell C.C. Call Luke Hilts at 905-479-7753 ext. 4527 or Ihilts@markham.ca



# **Adult Programs**

## Fall 2014

#### Afro-Caribbean Dance Classes

FEEL THE BEAT! Bored of Zumba? Then signup for the newly refreshed adult beginner-level Afro-Caribbean high-energy, hip-shaking Beat-Dance class series lead by the renowned Afro-Caribbean dance company Ballet Creole! Experience the rhythmic flavour of the Caribbean offered by the Flato Markham Theatre. A fun and dynamic dance workout, no previous experience is required. This Beat-Dance class will have you feeling the benefits of its stretches and core training, and will get you into shape with its energizing dance moves. Work on your posture and fitness level, learn from an experienced instructor, and have a great time, too! Dress code: Comfortable dance or fitness clothing, dark colours preferred, bare feet. Clothing should not beoverly baggy and should allow for free range of movement.

#### Archery

This program is designed to teach adults basic archery skills and techniques. Qualified Instructors will introduce the fundamental skills of archery in a fun and safe environment. *All equipment is supplied.* 

#### ART - Acrylic Painting - Beginner

This course for the novice acrylic painter will introduce students to the unique 'forgiving' qualities of acrylic paint and allow them to experiment with a variety of techniques. Start at the very beginning and learn about choosing paints and painting surfaces and how to make the most of your paint and brushes as you work. Basic colour theory and colour mixing will be explored as well as creating glazes and textures. *Materials not provided*.

#### ART - Acrylics - Intermediate

Each student in this program will develop techniques that permit him or her to express their individual and unique creative vision. Knowledge of the design elements and principles will cement this practice. The individual will progress at their own pace using a variety of subject matter and techniques. *Materials not included.* 

#### ART - Acrylics - The Basics and Jerust Beyond

Participants will be introduced to unique approaches using acrylic paints, mediums and varnishes. Beginner to experienced painters will enjoy exploring and experimenting with this versatile medium. Whether on paper, canvas or wood, two or three dimensional, realistic or abstract, participants will discover new approaches to self expression. *Materials not included*.

## ART - Drawing for Absolute (Mariely Beginners

The perfect class for ones who have always wanted to learn to draw but were afraid to take the plunge! This class could be the springboard to further art studies in painting, design. Even if you have little to no instruction, you will learn to turn a blank page into your personal artistic statement as professional artist Glenn Bernabe teaches you the fundamentals of form, perspective, proportion, contour and composition. Students will use conte, charcoal and ink and be introduced to specific exercises designed to develop drawing skills. *No materials provided*.

#### **ART - Hand-built Pottery**

In this introductory course for the absolute beginner, perfect for those who have always wanted to learn how to create one-of-a-kind aesthetic ceramic artwork, you will discover the mysterious world of working with clay trough hands-on projects. Explore one of the oldest forms of artistic expression with the tools and techniques taught by our professional and experienced instructor. Eight sessions provide students the opportunity to complete two complete hand-built sculptural projects which will be glazed and fired. (\$45 fee payable at time of registration for materials, glazing and firing)

## ART - Landscapes for the Avid

Ideal for the beginner to intermediate artist, our professional artist will assist students with the development of techniques that capture the rhythms, colours and moods of landscape painting. Students will also learn how to use line, shape, colour, and texture and explore the principles of composition, balance and perspective. Artists will work in acrylic, oil or watercolour, while comparing the contrasting styles and techniques of working with two very different media. *Materials not included*.

#### ART - Life Drawing - Beginner

Life drawing for the absolute beginner or the intermediate student, designed to help understand and apply the fundamental principles of drawing the human figure. Participants will explore gestural drawings moving from short to long and more sustained and expressive poses. Classes are based at the Gallery providing an opportunity to study selected drawings by F. H. Varley, one of the best portraiture artists in Canada. *An additional fee of \$50 is payable to the instructor on the first day of class to cover the expense of a live model for the course.* 

#### For the ART programs

Supply lists where applicable for programs at the Varley Art Gallery and McKay Art Centre can be found online at www.varleygallery.ca. Refunds must be requested 5 business days before the first day of class.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Afro-Caribbean Dance Classes	16 yrs+	Thornhill C.C.	Sat.	2:30 p.m 3:30 p.m.	Sep. 13	8	251127	\$75
Archery	16 yrs+	Angus Glen C.C.	Sat.	12:30 p.m 1:30 p.m.	Nov. 8	6	246774	\$74.02
		Armadale C.C.	Sat.	9:30 a.m 10:30 a.m.	Sep. 13	5	249420	\$62.72
		Armadale C.C.	Thu.	10:00 a.m 11:00 a.m.	Nov. 6	5	251245	\$62.72
		Armadale C.C.	Fri.	8:15 p.m 9:15 p.m.	Nov. 21	5	250429	\$62.72
		Thornhill C.C.	Sat.	5:00 p.m 6:00 p.m.	Sep. 13	5	250953	\$62.72
		Thornhill C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 14	5	250955	\$62.72
		Thornhill C.C.	Thu.	7:00 p.m 8:00 p.m.	Sep. 18	5	247129	\$62.72
		Thornhill C.C.	Sat.	5:00 p.m 6:00 p.m.	Oct. 18	5	250958	\$62.72
		Thornhill C.C.	Sun.	10:00 a.m 11:00 a.m.	Oct. 19	5	250956	\$62.72
		Thornhill C.C.	Thu.	7:00 p.m 8:00 p.m.	Oct. 23	5	247130	\$62.72
		Thornhill C.C.	Sun.	10:00 a.m 11:00 a.m.	Nov. 23	5	251415	\$62.72
		Thornhill C.C.	Thu.	7:00 p.m 8:00 p.m.	Nov. 27	5	250952	\$49.72
ART - Acrylic Painting - Beginner	18 yrs+	McKay Art Centre	Thu.	10:00 a.m 12:30 p.m.	Oct. 2	8	248831	\$194.23
ART - Acrylics - Intermediate	18 yrs+	McKay Art Centre	Tue.	1:00 p.m 3:30 p.m.	Sep. 30	8	248832	\$194.23
ART - Acrylics - The Basics and Beyond	18 yrs+	Varley Art Gallery	Tue.	7:00 p.m 9:30 p.m.	Sep. 30	8	248833	\$194.23
ART - Drawing for Absolute Beginners	16 yrs+	Cornell C.C.	Tue.	1:00 p.m 3:30 p.m.	Sep. 30	8	250427	\$194.23
		McKay Art Centre	Tue.	7:00 p.m 9:30 p.m.	Sep. 30	8	248834	\$194.23
ART - Hand-built Pottery	18 yrs+	McKay Art Centre	Mon.	7:00 p.m 9:30 p.m.	Sep. 29	8	248835	\$194.23
ART - Landscapes for the Avid Painter	18 yrs+	Varley Art Gallery	Thu.	1:00 p.m 3:30 p.m.	Oct. 2	8	248836	\$194.23
ART - Life Drawing - Beginner	18 yrs+	Varley Art Gallery	Thu.	7:00 p.m 9:30 p.m.	Oct. 2	8	248837	\$194.23

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#### ART - Mixed Media & Collage

Mixed Media and Collage affords tremendous opportunities for artistic growth and creative exploration. Drawing materials, paints, papers and found objects will be manipulated and/or combined in the creation of a body of work. The principles of composition and design, surface quality, colour and value systems, imagery and concepts will be discussed to guide you in your creative process.

#### ART - Photography for Beginners

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This introductory course by a professional photographer explores photographic techniques, and how you can express yourself through the camera, to share ideas and inner feelings. Participants will become familiar with composition techniques so your image will get the 'wow' factor and you will investigate how light affects form, colour and composition; how to choose the right shooting angle and create perspective; how to look at light; and how to best use light and shadow. Get to know the workings of your digital SLR camera to best utilize this unique instrument so you can capture that moment in time! All supplies will be discussed in the first class so you need not purchase them ahead of time. If you have any of the following, please bring them: Laptop computer, tripod, flash, memory cards and stick, batteries, and charger.

#### ART - Photography - Intermediate

This intermediate photography course is a continuation of the Photography for Beginners course. Students will use the knowledge gained in the introductory course to address specific topics in photography and expand their already existing knowledge. Students will be introduced to the history of photography and it's development as an art form. Creative genres such as portraiture, landscape, still-life, creative night photography, documentary and street photography will be discussed in more detail and students will be lead through a series of hands-on

# **Adult Programs**

exercises and take-home projects to further develop their portfolio. Students will also be introduced to the creative potential of using an off-camera flash. Each week a new topic will be addressed and the final class will include a portfolio review of each student's work. Students are required to have a digital SLR camera and one lens, as well as the following recommended supplies: camera battery and charger, memory card, access to a computer and photo editing application/ software, USB stick and a tripod (if you have one). All supplies will be discussed in the first class. \*\*Please note that students must have taken the Photography for Beginners class prior to registering for this course, or possess the equivalent knowledge\*\*

## ART - Staining and Painting

This course for the beginner to intermediate artist introduces alternative ways of working with materials and mediums in your oil painting practice. Discover the impact of under painting, staining and layering to create balance and complexity to your artwork. Explore new techniques and discover and establish your own individual voice. Artists can use these new skills and confidence to form abstract or realistic compositions. *Materials fee of \$\_\_\_\_ to be paid at time of registration to cover some materials.* 

#### ART - The Art of the Portrait

As an homage to Fred Varley, one of Canada's greatest portraitists, participants will learn the foundations of portraiture primarily in pastels. With the emphasis on colour, perspective and design, students will work on different methods from still life and photographs, to mirrors (for self-portraits) and a live model to sharpen their ability to capture likeness. This class is suitable for absolute beginners, and is open to a limited number of students. A nominal fee of \$25 (cash) covering the expense for a live model for selected session(s) must be paid to the instructor on the first day of classes. Materials not included. Participants will have an opportunity to work from the portraits in the galleries in our permanent collection and current exhibition Canada on Canvas, organized by the Winnipeg Art Gallery. *Classes are based at the Varley Art Gallery.* 

#### ART - Watercolour - Beginner

Learn the basics of watercolour painting - colour, brush techniques, and other methods of applying the paint. Emphasis will be placed on solid drawing, composition, and colour theory. *No experience required. Materials not included.* 

#### ART - Watercolour - Sketch and Paint



A course in drawing and painting for the absolute beginner. For four weeks, the emphasis is on learning the fundamentals in drawing such as composition, contour, proportion, form and perspective, and four weeks on painting in watercolour through focus on colour theory, mixing colour, brush work and composition. As well, if weather permits plein air sketching and painting will be part of this class. *Materials not provided. Classes are based at the McKay Art Centre.* 

## ART - Watercolour Progression

Please Note: This course is not suitable for Beginners. Participants should have a firm working knowledge of basic watercolour techniques and materials and are ready to advance their skills and knowledge of painting in watercolour beyond the beginner level. Traditional and experimental techniques colour and value systems, composition and painting styles will be explored through demonstrations, in-class painting and homework. Individual attention and class critiques complement the learning process. Materials not provided. Classes are based at the Gallery.

#### **Badminton**

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An opportunity to play recreational badminton with players of varying skill levels. This program does not include instruction. *Birds supplied, racquet required.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
ART - Mixed Media & Collage	18 yrs+	McKay Art Centre	Mon.	10:00 a.m 12:30 p.m.	Sep. 29	8	248838	\$194.23
ART - Photography - Intermediate	16 yrs+	McKay Art Centre	Tue.	10:00 a.m 12:30 p.m.	Sep. 30	8	248839	\$194.23
ART - Photography for Beginners	18 yrs+	Cornell C.C.	Tue.	7:00 p.m 9:30 p.m.	Sep. 30	8	250468	\$194.23
		Varley Art Gallery	Thu.	7:00 p.m 9:30 p.m.	Oct. 2	8	248840	\$194.23
ART - Staining and Painting in Oils	18 yrs+	Varley Art Gallery	Wed.	7:00 p.m 9:30 p.m.	Oct. 1	8	248841	\$194.23
ART - The Art of the Portrait	18 yrs+	McKay Art Centre	Wed.	7:00 p.m 9:30 p.m.	Oct. 1	8	248842	\$194.23
ART - Watercolour - Beginner	18 yrs+	Varley Art Gallery	Tue.	7:00 p.m 9:30 p.m.	Sep. 30	8	248843	\$194.23
ART - Watercolour - Sketch and Paint	18 yrs+	Angus Glen C.C.	Tue.	10:00 a.m 12:30 p.m.	Sep. 30	8	248884	\$194.23
		McKay Art Centre	Mon.	1:00 p.m 3:30 p.m.	Sep. 29	8	248844	\$194.23
ART - Watercolour Progression	18 yrs+	Varley Art Gallery	Wed.	1:00 p.m 3:30 p.m.	Oct. 1	8	248845	\$194.23
Badminton	16 yrs+	Angus Glen C.C.	Mon.	7:00 p.m 8:30 p.m.	Sep. 22	12	246778	\$103.96
		Angus Glen C.C.	Thu.	8:30 p.m 10:00 p.m.	Sep. 25	12	246777	\$103.96
		Centennial C.C.	Wed.	8:00 p.m 9:30 p.m.	Sep. 24	12	248756	\$103.96
		Thornhill C.C.	Sun.	8:00 p.m 9:30 p.m.	Sep. 21	12	251406	\$103.96
		Thornhill C.C.	Mon.	8:15 p.m 9:45 p.m.	Sep. 22	12	251407	\$103.96

# **Adult Programs**

## Fall 2014

#### **Badminton - Intermediate**

This program has been designed for the more skilled player. This co-ed setting offers a friendly competitive atmosphere. *Birds supplied, racquet required.* 

#### **Badminton** - Instructional

This instructional program focuses on improving on-court footwork and further develops technical badminton skills in a non-competitive atmosphere. Program is designed for recreational players wishing to improve their badminton skills at the beginner and intermediate level

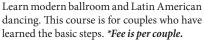
#### Ballet

Many adults wish they had the opportunity to enjoy ballet, now is your chance! This course will cover the basic technical aspects of ballet. Not only will you have fun learning but you will develop stength, and muscle control.

#### Ballroom & Latin Dance - Beginners

Learn modern ballroom and Latin American dancing. Our instructors will teach the fox trot, swing, waltz, cha-cha and merengue and many more as you advance. \**Fee is per couple.* 

#### Ballroom & Latin Dance - Intermediate



#### Ballroom & Latin Dance - Advanced

Learn modern ballroom and Latin American dancing. This course is for couples who have learned the intermediate steps. *\*Fee is per couple.* 

#### **Basketball - Recreational**

The program provides an opportunity for men and women to play recreational basketball. A 10 minute warm-up will be followed by a non-competitive game for the remainder of the class.

#### **Belly Dancing for Beginners**

Improve your grace and posture! Reconnect with your feminine side! Deeply relax to the beautiful music! This course is designed for all those interested in learning the basics of the ancient art of belly dancing. A great way to get fit and have fun!

#### Belly Dancing - Intermediate

This course is for the student who has completed the beginner course and is ready for MORE! It will include some variations of steps and technique that you learned in the beginners. Participants should have experience in belly dancing.

#### Bolly-JAM!

Armadale C.C.

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Bolly-JAM uses a combination of steps and sequences from traditional Indian dances and fitness routines to create the ultimate fitness dance class. Classes will incorporate a warm up, learning component and cool down.

#### Boxing

Ever wonder why boxers are in such great shape? Join us for this noncontact class and you will find out! This class will be geared towards those who have an interest in recreational boxing. Participants will take part in boxing exercises and drills designed to develop endurance, strength and proper boxing form. Class will consist of a warm-up followed by work on specific skills and a cool down at the end.

#### **Bridge Lessons**

These lessons are geared towards brand new Bridge players with no or very little experience. Topics will covering the basics rules and game scenarios and basic bridge stategy.

#### **Cardio Tennis**

Cardio tennis is a great workout! Improve your footwork and speed while working on ground strokes. This program is geared to the intermediate level player who wants to have a fun fitness/ tennis workout. Participants will be moving on the court at all times.

#### Chess

Chess is an excellent avenue for learning both logical and intuitive thinking skills. This program is for those who would like to play chess at a recreational level in an enjoyable, relaxed setting.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Badminton - Intermediate	16 yrs+	Angus Glen C.C.	Mon.	8:30 p.m 10:00 p.m.	Sep. 22	12	246780	\$103.96
		Angus Glen C.C.	Thu.	7:00 p.m 8:30 p.m.	Sep. 25	12	246781	\$103.96
Badminton - Instructional	16 yrs+	Middlefield C.I.	Mon.	8:15 p.m 9:45 p.m.	Sep. 29	10	249371	\$125.43
		Middlefield C.I.	Wed.	6:30 p.m 8:00 p.m.	Oct. 1	10	250467	\$125.43
Ballet	16 yrs+	Cornell C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 23	12	251223	\$134
Ballroom & Latin Dance - Beginners	18 yrs+	Milliken Mills C.C.	Mon.	7:00 p.m 8:30 p.m.	Sep. 29	10	247935	\$126.56
		Thornlea Pool/Gym	Sat.	7:00 p.m 8:30 p.m.	Sep. 13	12	250965	\$151.42
Ballroom & Latin Dance - Intermediate	18 yrs+	Milliken Mills C.C.	Wed.	8:30 p.m 10:00 p.m.	Oct. 1	10	247936	\$126.56
Ballroom & Latin Dance - Advanced	18 yrs+	Milliken Mills C.C.	Mon.	8:30 p.m 10:00 p.m.	Sep. 29	10	247933	\$126.56
		Milliken Mills C.C.	Wed.	7:00 p.m 8:30 p.m.	Oct. 1	10	247934	\$126.56
Basketball - Recreational	16 yrs+	Angus Glen C.C.	Tue.	8:00 p.m 9:30 p.m.	Sep. 23	12	246793	\$103.96
		Centennial C.C.	Thu.	8:30 p.m 10:00 p.m.	Sep. 25	12	248761	\$103.96
		Thornlea Pool/Gym	Thu.	8:30 p.m 10:00 p.m.	Sep. 25	12	251412	\$103.96
Belly Dancing for Beginners	16 yrs+	Milliken Mills C.C.	Thu.	6:30 p.m 8:00 p.m.	Oct. 2	10	247938	\$126.56
Belly Dancing - Intermediate	16 yrs+	Milliken Mills C.C.	Thu.	8:00 p.m 9:00 p.m.	Oct. 2	10	247937	\$84.75
Bolly-JAM!	16 yrs+	Milliken Mills C.C.	Fri.	7:00 p.m 8:00 p.m.	Oct. 3	8	249472	\$67.80
Boxing	17 yrs+	Milliken Mills C.C.	Wed.	7:30 p.m 9:00 p.m.	Sep. 17	7	247939	\$102.83
		Milliken Mills C.C.	Wed.	7:30 p.m 9:00 p.m.	Nov. 5	7	247940	\$102.83
Bridge Lessons - Beginner	16 yrs+	Thornhill C.C.	Fri.	7:00 p.m 9:00 p.m.	Oct. 24	6	251009	\$117.52
Bridge Lessons - Intermediate	16 yrs+	Thornhill C.C.	Mon.	7:00 p.m 9:00 p.m.	Oct. 20	8	251008	\$155.92
Cardio Tennis	18 yrs+	Angus Glen Tennis Centre	Wed.	10:30 a.m 11:30 a.m.	Sep. 24	12	248178	\$148.03
Chess	16 yrs+	Angus Glen C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	8	250931	\$58.20
		Armadale C.C.	Fri.	8:30 p.m 9:30 p.m.	Sep. 12	6	250444	\$50.85

Fri.

8:30 p.m. - 9:30 p.m.

Oct. 24

247089

\$67.80

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#### **Computer - Hands on Hardware**

Hands on Hardware will teach you everything you need to know to build your own desktop PC. This popular course will provide participants all the knowledge they need to choose the right PC hardware and put them all together! Understand the functionalities of components and learn how to assemble a computer from scratch. They will also receive the benefits of saving money in the future, when they learn how to purchase and piece together a system geared towards a specific need without overspending on unnecessary system parts.

#### Computers - Basic Excel

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Participants will be able to create, format and edit some basic charts and spreadsheets in Excel after completing this course. The course will also focus on simple formulas, creating charts and changing the appearance of data in spreadsheets.

#### Computers - Basic Word

Learn to use the powerful features of this word-processing application to create documents, letters, reports, resumes and flyers. Learn to format text, paragraphs, lists, columns, and insert tables, shapes and graphics to improve your documents. Stat to use shortcut keys to increase your speed and confidence in using Word.

#### **Computers - HTML Web Design**

Provides a thorough guide to creating websites using HTML (Hypertext Transfer Mark-up Language). Students will follow step-by-step lessons to create their own website using HTML tags including heading, images, tables and hyperlinks. Students will learn to post their websites on the Internet.

# **Adult Programs**

#### **Computers - PowerPoint**

Learn to create multimedia slide presentations using Microsoft PowerPoint. Learn to format your slides, colours, lists, and insert graphics, media clips, tables, diagrams and charts. Learn to use animations and transitions to design and deliver an impressive presentation using PowerPoint.

#### **Computers for the Beginner**

This course is designed for individuals who have little or no experience with computers. Topics include introduction to Windows and application software packages including -Microsoft Word (word processing) and Excel (spreadsheets). Classes are instructor-led and are conducted in a hands-on format.

## Drawing: The Art of Composition and Beyond

This program is suitable for both beginners and experienced artists. Learn how to use proportion, achieve three-dimensional focus through volume, and learn how to use space and shading. Various techniques such as value, light, principle in design and composition will be explored. Subject matter will include familiar everyday objects to architectural detail.

#### Drumming

Our qualified instructor will lead you through basic drumming skills to enable you to play along with your favourite songs. Participants will learn on a seven piece portable unit. 4:1 student to instructor ratio will ensure one on one time in a small group setting. *Electronic drums are provided*.

#### Fencing

This program will introduce you to the exhilarating sport of fencing. Lead by trained instructors, we will teach you a variety of skills and techniques in a fun and safe environment. *All equipment is provided.* 

#### **French for Adults Intermediate**

This course is a continuation of French for Adults. It is suitable for those who are familiar with basic French such as pronunciation, greetings, verb conjugation in the present tense, gender and basic vocabulary. Enhance your skills by learning how to use the past and future tenses. Learn about pronominal verbs and the agreement of pronouns and adjectives. Continue to master vocabulary through dialogue and oral exercises. *This class will be taught mostly in French with English explanations as needed*.

#### French for Adults-Conversational

You have learned the basics of French and you know how to conjugate your verbs. Now it's time to put all that into action. Join us for an informal French conversation where you get to practice speaking on fun and easy topics. Improve your comprehension and increase your vocabulary. You will be provided with prompts to get conversations started and it is then up to you to keep it going, with guidance from the teacher. No grammar will be taught but explanations will be offered as we go along to help in understanding various points of discussion. Joignez-vous à nous pour la conversation française.

#### **Fusion Dance - Women only**

This is a fusion of international inspired dancing that blends dancing and music that results in a workout that is great for the mind and body. Dances include combination of Bollywood, Jamaican, line dancing and Latin dance. This class will motivate participants to be fit, reduce weight and at the same time learn and enjoy international dance. The program is held in closed room to ensure a private environment for women only.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Computer - Hands on Hardware	16 yrs+	Milliken Mills C.C.	Tue.	8:30 p.m 9:30 p.m.	Sep. 30	8	247964	\$152.55
		Milliken Mills C.C.	Fri.	8:00 p.m 9:00 p.m.	Oct. 3	8	247965	\$152.55
Computers - Basic Excel	18 yrs+	Angus Glen Library	Mon.	6:30 p.m 7:30 p.m.	Sep. 29	8	247637	\$152.55
		Markham Village Library	Tue.	1:00 p.m 3:00 p.m.	Nov. 4	4	247638	\$152.55
Computers - Basic Word	18 yrs+	Angus Glen Library	Mon.	5:30 p.m 6:30 p.m.	Sep. 29	8	247635	\$152.55
		Markham Village Library	Tue.	10:30 a.m 12:30 p.m.	Nov. 4	4	247636	\$152.55
Computers - HTML Web Design	16 yrs+	Milliken Mills C.C.	Mon.	8:00 p.m 9:30 p.m.	Sep. 15	6	247981	\$171.76
		Milliken Mills C.C.	Wed.	6:30 p.m 8:00 p.m.	Sep. 17	6	247982	\$171.76
Computers - PowerPoint	18 yrs+	Angus Glen Library	Mon.	7:30 p.m 8:30 p.m.	Sep. 29	8	247639	\$152.55
Computers for the Beginner	16 yrs+	Milliken Mills C.C.	Mon.	6:30 p.m 8:00 p.m.	Sep. 15	6	247983	\$152.55
Drawing: The Art of Composition and Beyond	18 yrs+	Thornhill C.C.	Tue.	1:00 p.m 3:00 p.m.	Sep. 2	8	247176	\$134.47
		Thornhill C.C.	Tue.	1:00 p.m 3:00 p.m.	Nov. 4	8	247177	\$134.47
Drumming	15 yrs+	Milliken Mills C.C.	Mon.	7:15 p.m 8:00 p.m.	Sep. 29	10	248018	\$123.17
Fencing	16 yrs+	Rouge River C.C.	Wed.	7:30 p.m 9:00 p.m.	Sep. 24	6	250077	\$111.87
French for Adults Intermediate	18 yrs+	Angus Glen Library	Mon.	6:45 p.m 8:45 p.m.	Sep. 15	8	248731	\$155.94
French for Adults-Conversational	18 yrs+	Milliken Mills Library	Wed.	6:30 p.m 8:30 p.m.	Sep. 17	8	248732	\$155.94
Fusion Dance - Women only	16 yrs+	Armadale C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 15	7	247299	\$59.89
		Armadale C.C.	Fri.	7:00 p.m 8:00 p.m.	Oct. 3	9	247122	\$76.28
		Armadale C.C.	Mon.	7:00 p.m 8:00 p.m.	Nov. 10	7	247120	\$59.89

# Adult Programs

## Fall 2014

#### **Guitar Lessons - Beginner**

Basics taught will cover note learning on all six strings, basic chords and simple songs employing right hand finger style and picking techniques for the beginner. Some basic theory will also be covered. Ear training will be introduced in this course. An acoustic guitar is required by each student at every class.

#### **Guitar Lessons - Intermediate**

Assuming student has knowledge of notes and chords, more advanced techniques will be covered including learning the entire fret board including finger style and picking techniques to play more advanced songs with ear training to transcribe tunes from CDs. Theory to be learned will cover major and minor scales as well as chord construction. Own guitar is required.

#### **Hip Hop Dance**

Learn the latest dance moves. Put on your sneakers and get funky! It's not just for teens anymore!

#### **Indoor Golf**

Latin Club Dancing for Couples Beginner

Latin Club Dancing - Couples Intermediate

18 yrs+

18 yrs+

Rouge River C.C.

Rouge River C.C.

Here is your chance to brush up on your golf swing before you go on your vacation or just improve your overall skills. \* Indoor instruction \* Learn the skills of a proper golf swing \* Once weekly for 5 weeks \* Supervised practice time \*Please bring a #7 iron to the first class.

#### Indoor Soccer

This program provides an opportunity for men and women to play indoor soccer in a recreational, friendly manner. A 10 minute warm-up is followed by game play.

#### Indoor Tennis

This recreational tennis program is designed for men and women interested in learning the game of tennis. Each session will consist of a warm-up, skill development and game play. Tennis racquets required.

#### Indoor Tennis Level 2

The class will focus on adjusting to technical and practical play. This includes weight distribution, proper footwork, forehand, backhand swings and stroke fundamentals. Tennis racquet and proper tennis shoes required

#### Karate

This program is designed for men and women to learn traditional Japanese style Karate, and achieve Self Confidence, Discipline, Leadership and physical strength. The students will utilize all areas of kicking, punching, throwing, and sparring. Work towards Belt training, details in class.

#### Knitting & Crochet

In this course students will learn basic knitting and crochet. Students will learn how to use a crochet hook and knitting needle. Class projects including learning how to make a scarf, hat and place mat using crochet and knitting techniques.

#### **Ladies Self Defence**

This program is geared to females who are interested in learning how to protect themselves and deal with the most common attacks. The emphasis of the program is on prevention. You will learn to use avoidance, awareness and verbal techniques to defuse a situation. An opportunity to do a Mother and Daughter activity together.

#### Latin Club Dancing for Couples <u>7</u>-Beginner

Come and enjoy the fun of learning Latin Club Dancing for couples. If you are a couple that enjoys learning about dances from countries you may have been to, or would like to visit, then this is the class for you. Dances covered will be Salsa, Merengue, Cha Cha, and Swing. Fee is per couple.

#### Latin Club Dancing - Couples Intermediate

This program is for those with previous Latin Dancing experience and are looking to further your dancing skills. If you are a couple that enjoys learning about dances from countries you may have been to, or would like to visit, then this is the class for you. Participants are expected to have previous experience in the following dances: Salsa, Merengue, Bachata, Cha Cha, and Argentine Tango. Fee is per couple.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Guitar Lessons - Beginner	15 yrs+	Armadale C.C.	Thu.	8:00 p.m 9:00 p.m.	Oct. 2	8	248954	\$67.80
	16 yrs+	Angus Glen C.C.	Wed.	8:00 p.m 9:00 p.m.	Sep. 17	10	246839	\$84.75
		Thornhill C.C.	Tue.	7:30 p.m 8:30 p.m.	Sep. 9	10	247186	\$84.75
	18 - 64 yrs	Centennial C.C.	Mon.	7:30 p.m 8:30 p.m.	Sep. 22	12	246643	\$101.14
Guitar Lessons - Intermediate	16 yrs+	Angus Glen C.C.	Thu.	8:30 p.m 9:30 p.m.	Sep. 18	10	246848	\$84.75
Hip Hop Dance	16 yrs+	Milliken Mills C.C.	Wed.	8:30 p.m 9:30 p.m.	Oct. 1	10	248162	\$84.75
Indoor Golf	16 yrs+	Fr. McGivney C.H.S.	Thu.	7:00 p.m 8:00 p.m.	Oct. 2	5	250128	\$62.72
Indoor Soccer	16 yrs+	Angus Glen C.C.	Fri.	8:00 p.m 9:30 p.m.	Sep. 26	12	246860	\$103.96
	18 yrs+	Cornell C.C.	Thu.	8:30 p.m 10:00 p.m.	Sep. 25	12	249082	\$103.96
Indoor Tennis	16 yrs+	Angus Glen Tennis Centre	Sat.	1:30 p.m 2:30 p.m.	Sep. 20	12	248807	\$148.03
		Angus Glen Tennis Centre	Sat.	3:30 p.m 4:30 p.m.	Sep. 20	12	248808	\$148.03
		Angus Glen Tennis Centre	Mon.	10:30 a.m 11:30 a.m.	Sep. 22	12	248809	\$148.03
Indoor Tennis Level 2	16 yrs+	Angus Glen Tennis Centre	Mon.	9:00 a.m 10:30 a.m.	Sep. 22	12	248810	\$222.05
		Angus Glen Tennis Centre	Wed.	9:00 a.m 10:30 a.m.	Sep. 24	12	248811	\$222.05
Karate	14 yrs+	Old Unionville Lib. C.C.	Mon.	8:00 p.m 9:00 p.m.	Sep. 22	13	250330	\$109.61
		Old Unionville Lib. C.C.	Wed.	7:30 p.m 8:30 p.m.	Sep. 24	12	250338	\$101.14
	18 yrs+	Armadale C.C.	Tue.	8:00 p.m 9:00 p.m.	Oct. 28	8	249026	\$67.80
Knitting & Crochet	16 yrs+	Angus Glen C.C.	Sat.	2:00 p.m 3:30 p.m.	Sep. 20	10	246746	\$107.35
		Armadale C.C.	Sat.	12:00 p.m 1:30 p.m.	Sep. 20	6	249038	\$65.54
		Armadale C.C.	Sat.	12:00 p.m 1:30 p.m.	Nov. 1	6	249056	\$65.54
		Thornhill C.C.	Sun.	2:00 p.m 3:30 p.m.	Sep. 21	10	251411	\$107.35
Ladies Self Defence	11 yr+	Old Unionville Lib. C.C.	Sat.	11:30 a.m 12:30 p.m.	Sep. 20	12	250340	\$101.14

Fri.

Fri

7:30 p.m. - 9:00 p.m.

7:30 p.m. - 9:00 p.m.

Sep. 19

Nov. 7

\$-

250103

250104

\$84.75

\$84.75

7

7



#### Latin Line Dance - Beginner

Come join the fun with Latin Line Dancing. Learn to move through Cuban motion, hip and body movement. It's Hot, it sizzles and you will groove to great Latin music. You will learn cha-cha steps, Mambo; Salsa, Rumba, Swing, Samba and a great variety of other steps as we progress. It will help you with Poise, Posture and Confidence. *No Partner required*.

#### Latin Line Dance - Intermediate

Come join the fun with our high energy Intermediate Latin Line dancing; You will progress to additional footwork, styling and learn Latin movement through advance Cuban and body motion. (You must know all your 10 Latin dances before moving up to Intermediate Level). *No Partner Required.* 

#### Line Dance - Beginner

**General Programs** 

Learn the basics of footwork, including vines and shuffles in an easy-going atmosphere. An assortment of music and dance rhythms will be taught to all levels. Wear comfortable clothing and smooth-soled shoes and get ready to have fun! *No partner required*.

#### Line Dance - Beginner/Intermediate 📌

Learn the fundamentals of line dance footworks, including shuffles, vines, coaster and sailor steps; and progress towards Latin-type line dance steps such as basic cha cha, rumba, samba, waltz, mambo, swing, rock and roll and tango. Participants will enjoy dancing to a variety of music, from pop to Latin to modern country as they progress through Beginner to Intermediate Level. Wear comfortable clothing and smooth-soled shoes and get ready to meet new people, get physically fit, maintain healthy heart and have fun. *No partner required. Men and Women are welcome* 

# **Adult Programs**

#### Line Dance - Intermed./Advanced 🧏

Ready for more of a challenge? Advanced/ Intermediate line dance will challenge you with some new routines and fancy footwork. Be challenged, keep fit and have fun. *No partner required.* 

#### Meditation and Kung Fu for Health 📌

Meditation helps you to purify your mind and depress stress. Brain's scans show that people who meditate regularly have less cognitive decline and brain shrinkage- a classic sign of Alzheimer's- as they age. Through meditation and Kung Fu practice, you can achieve both mental and physical fitness. *This program combines tranquility and action together and participants may experience a different way to achieve wellness.* 

#### Muay Thai - Beginners Kickboxing 📌

Muay Thai is referred to as the martial art of eight limbs as it effectively uses punches, kicks, elbows, and knee strikes. This class is designed for those who have an interest in 'kick' starting their Muay Thai journey. Participants will take part in a variety of traditional Muay Thai exercises as well as drills to develop proper striking technique from head to toe while also increasing endurance and strength. These techniques will be developed through a number of teaching styles such as: shadow boxing, focus mitts, kick pad work and non-contact reaction based countering. **\*Boxing gloves and hand wraps are provided.** 

#### **Outdoor Golf Clinic**

The City of Markham Recreation Department is offering a 5 week golf lesson for adults. Lessons include instructions including driving, chipping, sand play and putting. You are welcome to bring your own clubs or clubs will be made availble. Lessons will be held at Within Range, 8111 Leslie Street, 100m south of the 407 on the east side of Leslie Street.

#### Quick and Easy Make up for Women

Learn how to look your best! Join this 3 week workshop and learn how to apply make up in an easy natural way that will highlight your best features. Each participant will have an opportunity to try different make ups including shadows, blushes, foundations and brushes. Jin Jiang, professional makeup artist will lead the workshop. She is keen to work with women and teach them how to apply makeup quickly adding confidence to their everyday living.

#### **Reiki 1 Certificate Course**

Reiki is a non-invasive laying on of hands healing technique in which you participate in your own healing. In this 8 hour course, the Reiki student learns to be a clear channel through which universal energy (ki) flows. Reiki energy allows you to heal physically, emotionally, mentally and spiritually.

#### **Rock Climbing**

Join us at Armadale Community Centre for adventure on the wall! With three challenging overhangs, over 190 holds and 30 feet of vertical climbing, we can offer an exhilarating evening of climbing. The course includes instruction, techniques and equipment. *No experience is required.* 

#### **Rock Climbing for Couples**

What better way to get a super workout and spend a quality evening together. Communication, trust and bonding are all benefits associated with the sport of rock climbing. The program includes full instruction, climbing techniques and equipment. *No experience is required.* \* *Fee is per couple.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Latin Line Dance - Beginner	18 yrs+	Rouge River C.C.	Mon.	8:30 p.m 10:00 p.m.	Sep. 22	10	250110	\$105.09
Latin Line Dance - Intermediate	18 yrs+	Rouge River C.C.	Mon.	7:00 p.m 8:30 p.m.	Sep. 22	10	250114	\$105.09
Line Dance - Beginner	16 yrs+	Milliken Mills C.C.	Thu.	7:15 p.m 8:15 p.m.	Sep. 18	7	248182	\$59.89
		Milliken Mills C.C.	Thu.	7:15 p.m 8:15 p.m.	Nov. 6	7	248183	\$59.89
		Thornhill C.C.	Thu.	8:00 p.m 9:30 p.m.	Sep. 18	10	247233	\$105.09
Line Dance - Beginner/Intermediate	18 yrs+	Milliken Mills C.C.	Tue.	8:00 p.m 9:30 p.m.	Sep. 16	7	248184	\$88.71
		Milliken Mills C.C.	Tue.	8:00 p.m 9:30 p.m.	Nov. 4	7	248185	\$88.71
Line Dance - Intermed./Advanced	18 yrs+	Milliken Mills C.C.	Thu.	8:15 p.m 9:45 p.m.	Sep. 18	7	248186	\$88.71
		Milliken Mills C.C.	Thu.	8:15 p.m 9:45 p.m.	Nov. 6	7	248187	\$88.71
Meditation and Kung Fu for Health	18 yrs+	Cornell C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 24	8	249128	\$56.50
Muay Thai - Beginners Kickboxing	17 yrs+	Milliken Mills C.C.	Tue.	7:30 p.m 9:00 p.m.	Sep. 16	7	248188	\$102.83
		Milliken Mills C.C.	Tue.	7:30 p.m 9:00 p.m.	Nov. 4	7	248189	\$102.83
Outdoor Golf Clinic	16 yrs+	Within Range	Tue.	6:00 p.m 7:00 p.m.	Sep. 2	5	250941	\$138.99
		Within Range	Sat.	10:00 a.m 11:00 a.m.	Sep. 6	5	250940	\$138.99
Quick and Easy Make up for Women	18 - 50 yrs	Angus Glen C.C.	Thu.	7:00 p.m 8:30 p.m.	Oct. 16	4	249308	\$39
Reiki 1 Certificate Course	18 yrs+	Thornhill C.C.	Sun.	9:00 a.m 5:00 p.m.	Nov. 2	1	247265	\$152.55
Rock Climbing	18 yrs+	Armadale C.C.	Wed.	8:25 p.m 9:55 p.m.	Sep. 17	5	249105	\$115.83
		Armadale C.C.	Thu.	10:00 a.m 11:30 a.m.	Oct. 2	5	251244	\$115.83
Rock Climbing for Couples	18 yrs+	Armadale C.C.	Sat.	2:30 p.m 4:00 p.m.	Nov. 22	5	249285	\$140.50

# **Adult Programs**

#### **Serve and Volley Clinic**

This clinic will focus on serving to the opponent and quickly moving towards the net to hit the volley across the court. The clinic will include learning the fundamentals of grips, proper footwork and aiming with strategy for ending point quickly. *Tennis racquet and proper tennis shoes required*.

#### **Table Tennis**

A recreational program which will provide an opportunity to play table tennis with your friends. *Table tennis racquets are required*.

#### **Table Top Hockey**

New! A Canadian all time favourite activity! Join us for one on one action playing the exhilarating game of table top hockey. Players will be matched up and compete in weekly tournaments.

#### Tai Chi - Beginner

The Chinese exercise art form that gently mobilizes every muscle and joint in the body. Improves circulation, co-ordination, muscle tone, flexibility, concentration and promotes relaxation. *Tai chi style at Centennial*, *Markham Village and Milliken and Armadale location is Yang's Style Tai Chi*.

#### Tai Chi - Intermediate

For individuals who have attended the beginner course or desire a more advanced program. It will include a review of section 1 students will learn the kicking technique of Tai Chi Chuan.

#### **Tennis - Ace Players**

This class is designed for players who have tennis experience and can hit a tossed ball consistently. Players are expected to have knowledge of the basic strokes and are ready for the next level of play. The class will focus on game strategy, tactical, technical, physical and mental with forehand, backhand, serve and volley strokes. This will be a fast paced program and it not geared to introductory players. *Please bring a tennis racquet and a bottle of water at all times.* 

#### Violin Lessons- Beginner Suzuki Style

An introductory course offering the novice instruction in violin through practice and theory using the Suzuki style. *A violin is required by each student. You can rent at Long* & McQuad.

#### **Volleyball - Competitive**

This co-ed setting offers a friendly, competitive program for people who want to play hard and enjoy nonstop action.

## Volleyball - Competitive Co-Ed 🦪

Join us for action on the court as we host the always popular COMPETITIVE CO-ED (minimum 2 females per team) Volleyball League. Individual registrants welcome. **ON-SITE registration will not be accepted.** 

#### Walk For Wellness

Join friends and get walking. This outdoor walking group will be lead by an energetic person who will guide the group through the paths in Unionville. Participants will walk for 55 minutes followed by a short stretch at the end of the program.

#### Watercolour for all - Beginner

An introduction to the diverse medium of watercolour painting. The program is designed to develop a sense of confidence and knowledge in the beginner watercolourist. Explore the fundamentals of BASIC colour theory and mixing, composition, value study, and a review of BASIC techniques. A strong hands-on approach with individual assistance and entertaining demonstrations will bring out the painter in you!



Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Serve and Volley Clinic	16 yrs+	Angus Glen Tennis Centre	Wed.	6:00 p.m 7:30 p.m.	Oct. 1	1	248812	\$29.38
Table Tennis	15 yrs+	Milliken Mills C.C.	Thu.	8:30 p.m 10:00 p.m.	Oct. 2	8	251015	\$70.06
Table Top Hockey	15 yrs+	Armadale C.C.	Sat.	2:30 p.m 3:30 p.m.	Nov. 1	6	249334	\$35.60
		Armadale C.C.	Tue.	8:30 p.m 9:30 p.m.	Nov. 4	6	249335	\$35.60
Tai Chi - Beginner	16 yrs+	Angus Glen C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	12	246889	\$84.75
		Angus Glen C.C.	Wed.	1:30 p.m 2:30 p.m.	Sep. 17	12	246890	\$84.75
		Armadale C.C.	Thu.	7:00 p.m 8:00 p.m.	Oct. 2	12	249340	\$84.75
		Box Grove C.C.	Mon.	7:30 p.m 8:30 p.m.	Nov. 3	8	249357	\$56.50
		Markham Village C.C.	Thu.	7:00 p.m 8:00 p.m.	Sep. 25	10	247026	\$70.63
		Thornhill C.C.	Tue.	8:30 p.m 9:30 p.m.	Sep. 16	10	250962	\$70.63
		Thornhill C.C.	Fri.	7:30 p.m 8:30 p.m.	Sep. 19	8	250963	\$56.50
Tai Chi - Intermediate	18 yrs+	Markham Village C.C.	Thu.	8:00 p.m 9:00 p.m.	Sep. 25	10	247027	\$70.63
Tennis - Ace Players	16 yrs+	Angus Glen Tennis Centre	Wed.	7:30 p.m 8:30 p.m.	Sep. 24	10	248208	\$123.17
		Angus Glen Tennis Centre	Sat.	8:30 a.m 9:30 a.m.	Sep. 27	10	248209	\$123.17
Violin Lessons- Beginner Suzuki Style	16 yrs+	Cornell C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 24	10	246718	\$84.75
Volleyball - Competitive	16 yrs+	Armadale C.C.	Wed.	7:30 p.m 9:30 p.m.	Sep. 17	6	250423	\$70.06
Volleyball - Competitive Co-Ed League	16 yrs+	Armadale C.C.	Wed.	7:30 p.m 11:30 p.m.	Oct. 29	8	247090	\$70.06
Walk For Wellness	16 yrs+	Crosby C.C.	Thu.	6:30 p.m 7:30 p.m.	Sep. 18	10	246899	\$40
Watercolour for all - Beginner	18 yrs+	Thornhill C.C.	Tue.	10:00 a.m 12:00 p.m.	Sep. 2	8	247286	\$134.47
		Thornhill C.C.	Tue.	10:00 a.m 12:00 p.m.	Nov. 4	8	247287	\$134.47



#### **A Fusion Cooking Adventure**

Schezuan, Thai, Indian and Indonesian foods are enjoyed all over the world today. You will learn to make healthy, quick, easy and delicious recipes. The best of food is found at home and not in restaurants, so feed your family and friends great dishes. *Additional food costs* **\$20.00** *payable to the instructor at the first class.* 

#### **A Fusion Cooking Adventure II**

Learn to add a new meaning to healthy, gourmet food. Take your taste buds on a trip to Spain, Italy, France and Asia and learn to make a variety of mouth watering dishes to expand your repertoire. A fun cooking class devoted to producing international cuisines from paella, Russian salad, tapas, curries and desserts. **\$20.00 extra food cost payable to** *instructor at first class.* 



#### Saturday, September 13 9:00 a.m. – 2:00 p.m. Armadale C.C. (2401 Denison St.)

\$15.00 per table, maximum 2 tables per person. CASH ONLY. Registration starting 8:30 a.m. Fri., Aug. 15

Featuring Community Sport equipment swap. Bring your sport goods for sale or trade! Free to community sports clubs. *Contact* 905-474-1007 *ext.* 2102 *for more info* 

# Adult Cooking & Workshop

#### **Bollywood Vegetarian Cooking**

Are you a vegetarian and do not know what to cook? Experience the different flavours and integrate different spices to create delicious, healthy, vegetarian meals. Recipes include Appetizers, Lentils, Curries, Biryani, Indian breads and Desserts. Add Spice to Your Life Today! **\$20.00 extra food cost pay***able to instructor at first class.* 

#### **Cake Decorating - Beginner**

There's more to cake decorating than readymade frosting. Learn the basics of decorating cakes for all occasions: level a cake, torte, fill and ice to a smooth finish. Borders, pattern transfers, figure piping, floral sprays, sweet peas, and roses will also be covered. *No supplies required at the first class.* 

#### **Gourmet Cooking**

Learn to make healthy and easy gourmet meals using a great blend of flavours and ingredients. This is an interactive cooking program which will lead you through the steps to create meals to be remembered. \$50.00 food costs extra, payable to the instructor.

#### **Italian Essentials**

In this course we uncover the foundations of delicious regional Italian cooking. Learn the basics of traditional sauces, homemade pastas, rippling risottos and the skilful use of herbs and spices. We will use first class ingredients to create mouth watering dishes. *Additional \$45.00 food costs payable the first night.* 

#### **Recipes for Everyday Living**

Our experienced Instructor will lead you through 20 basic recipes that are easily transformed into dishes suited for everyday and special occasions. *There is an additional \$45 food cost.* 

#### **Stir Fry Cooking - Chinese Style**

Learn this easy and nutritious cooking method which is low in calories yet high in flavour. Three main dishes will be taught nightly. Cooking tips and recipes will be included with each class. *Additional \$45 food cost.* 

#### **Family Guide To Haircutting**

A trained hair stylist will lead you through this six-hour workshop. You will learn the basics needed to keep your family's hair looking great! Learn how to trim hair length and bangs and how to properly use razors and scissor-like shears to thin hair. *All supplies are included. Cut your family hair costs in half*!

#### **Geocaching Workshop**

The sport where you are the search engine. Join us for an introductory workshop on Geocaching. Geocaching is a high-tech treasure hunting game played throughout the world by adventure seekers equipped with GPS devices. The basic idea is to locate hidden containers, called geocaches, outdoors. Geocaching is enjoyed by people from all age groups, with a strong sense of community and support for the environment. *No experience or equipment is necessary. Cost is per person. Children under 14 years of age must be registered with an adult.* 

#### Quick and Easy Make up for Women

Learn how to look your best! Join this 3 week workshop and learn how to apply make up in an easy natural way that will highlight your best features. Each participant will have an opportunity to try different make ups including shadows, blushes, foundations and brushes. Jin Jiang, professional make up artist will lead the workshop. She is keen to work with women and teach them how to apply makeup quickly adding confidence to their everyday living.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
A Fusion Cooking Adventure	16 yrs+	Centennial C.C.	Wed.	7:00 p.m 9:00 p.m.	Oct. 8	5	246726	\$84.75
A Fusion Cooking Adventure II	16 yrs+	Centennial C.C.	Wed.	7:00 p.m 9:00 p.m.	Nov. 19	5	246728	\$84.75
Bollywood Vegetarian Cooking	18 yrs+	Centennial C.C.	Tue.	7:00 p.m 9:00 p.m.	Oct. 21	5	246729	\$84.75
Cake Decorating - Beginner	18 yrs+	Thornhill C.C.	Sat.	11:00 a.m 1:00 p.m.	Sep. 13	5	247160	\$57.63
		Thornhill C.C.	Sat.	11:00 a.m 1:00 p.m.	Nov. 1	5	247161	\$57.63
Gourmet Cooking	16 yrs+	Milliken Mills C.C.	Thu.	7:00 p.m 10:00 p.m.	Oct. 2	5	248158	\$126.56
		Milliken Mills C.C.	Thu.	7:00 p.m 10:00 p.m.	Nov. 13	5	249474	\$126.56
Italian Essentials	18 yrs+	Armadale C.C.	Tue.	7:30 p.m 10:00 p.m.	Oct. 28	5	248971	\$101.14
Recipes for Everyday Living	16 yrs+	Angus Glen C.C.	Tue.	10:00 a.m 1:00 p.m.	Sep. 16	5	248993	\$126.56
Stir Fry Cooking - Chinese Style	16 yrs+	Armadale C.C.	Thu.	7:00 p.m 9:00 p.m.	Oct. 16	5	249333	\$84.75
Family Guide To Haircutting	18 yrs+	Milliken Mills C.C.	Mon.	7:00 p.m10:00 p.m.	Sep. 29	2	248149	\$114.70
Geocaching Workshop	8 yrs+	Armadale C.C.	Sat.	1:00 p.m 2:30 p.m.	Sep. 20	1	248943	\$26
Quick and Easy Make up for Women	18 yrs+	Angus Glen C.C.	Thu.	7:00 p.m8:30 p.m.	Oct. 16	4	249308	\$44.07

# Winter Break Programs

## Fall 2014

**3D Creation and Printing** See page *59.* 



#### **Badminton Clinic**

The badminton clinic will help youths develop their badminton skills through a sports warm-up, drills, activities, and recreational game play. \*\*You must bring your own racquet, birdies are supplied.\*\*

#### **Basketball Clinic**

The basketball clinic will help youths develop their basketball skills through a sports warm-up, drills, activities, and recreational game play.

#### **Computer Animation**



Unlock you inner animator with us! Introducing the world's easiest animation course, designed to have your drawings moving in minutes! It will let you design animations for movies, greeting cards, websites, presentations, and school projects that you can share with the world. This course is designed to encourage the artist in everyone. The program's simple-to-use tools, engaging design, and multiple levels offer a fun, rewarding experience providing the novice animator the courage to create with confidence.

#### **Crafty Kids**

See page 62 for details.

#### **Holiday Camp Capers**

Calling all first time campers. This is the perfect place to meet new friends and learn what camp is all about! Campers will enjoy sports, games, indoor playground, and arts & crafts. Camp wouldn't be complete without theme days & special guest appearances.

#### **Holiday-Cheerleading Camp**

If you have always been interested in being a cheerleader, this camp is for you! Simple dance routines, props, various cheers and an opportunity to perform are part of this program.

#### **Holiday Chess & Badminton Camp**

Not your average day at camp! Campers will challenge their minds with daily chess instruction from our Chess Specialist and their bodies with daily badminton instruction & game play with our Badminton Specialist. Campers will also enjoy theme days, arts & crafts and swimming.

#### **Holiday Extended Before/After Care**

This program is designed to supervise participants after their Day Camp program. A variety of indoor activities will be organized.

#### **Holiday Computer Camp**

A camp with a difference! A variety-based camp with a computer component. Campers will be involved in a variety of outdoor activities, co-operative games, sports, crafts, theme days, cooking, swimming, and special events. Participants will be introduced to computers and will receive 1 hour of computer time at a ratio of one computer to two children each day. An excellent range of fun educational software is used to introduce campers to the importance of computers. This camp is geared to children who enjoy the outdoors, socializing with new friends and learning about computers.

#### Holiday Discover Science & Sports Camp

What better combination of science fun and sports. Explore the fascinating marvels of

science through curious investigation and interesting experiments. Have the chance to participate in a variety of activities such as creating bubbling concoctions or slimy mush as well as arts and crafts, sports and games. Enjoy a memorable week filled with special events for everyone!

#### Holiday Gym for Life - Camp

This is a new and innovative program which has been developed around the studies of long term athlete development. This porgram will provide your child with a strong foundation of physical preparation for all sports. Rotations will be set up to include acrobatic skills, the manipulation of hand apparatus and proper ball technique. Skills will be geared to the age and level of each child. Music will be incorporated into this program while the children move to each activity your child will improve activy, focus eye and hand coordination, flexibility, agility and core strength.

#### **Holiday Junior Sports Camp**

Young children can enjoy hours of fun playing sports and co-operative games all day. We focus on soccer, basketball, t-ball, floor hockey, and sportsmanship. Tournaments, special events and an end-ofcamp party will round off the week.

#### **Holiday Soccer Camp**

This specialty camp is designed for participants to develop basic soccer skills, including ball control, passing and shooting. Other activities throughout the camp include games, special events, theme days, swimming and organized tournaments.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
3D Creation and Printing	7 - 12 yrs	Markham Village Library	Mon.	9:00 a.m 4:00 p.m.	Dec. 29	1	248947	\$133
Badminton Clinic	6 - 10 yrs	Centennial C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 22	3	251171	\$31.50
		Centennial C.C.	Mon., Tue., Wed.	11:30 a.m 1:30 p.m.	Dec. 22	3	251179	\$31.50
	11 - 16 yrs	Centennial C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 29	3	251178	\$31.50
		Centennial C.C.	Mon., Tue., Wed.	11:30 a.m 1:30 p.m.	Dec. 29	3	251180	\$31.50
Basketball Clinic	6 - 10 yrs	Cornell C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 22	3	251360	\$31.50
		Cornell C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 29	3	251361	\$31.50
	11 - 15 yrs	Cornell C.C.	Mon., Tue., Wed.	11:30 a.m 1:30 p.m.	Dec. 22	3	251363	\$31.50
		Cornell C.C.	Mon., Tue., Wed.	11:30 a.m 1:30 p.m.	Dec. 29	3	251362	\$31.50
Computer Animation	6 - 12 yrs	Angus Glen Library	Tue.	9:00 a.m 4:00 p.m.	Dec. 30	1	251115	\$118
Crafty Kids	6 - 12 yrs	Centennial C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 22	3	251183	\$76.50
		Centennial C.C.	Mon., Tue.	9:30 a.m 11:30 a.m.	Dec. 29	2	251184	\$76.50
Holiday Camp Capers	4 - 7 yrs	Thornhill C.C.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 22	3	247195	\$95
Holiday-Cheerleading Camp	5 - 10 yrs	Flowervale P.S.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 29	3	247204	\$144
Holiday Chess & Badminton Camp	6 - 12 yrs	Thornhill C.C.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 29	3	247196	\$95
Holiday Extended Before Care	4 - 11 yrs	Markham Museum	Wed.	7:30 a.m 9:00 a.m.	Dec. 24	1	248914	\$2.84
	4 - 12 yrs	Markham Museum	Mon., Tue., Wed., Fri.	7:30 a.m 9:00 a.m.	Dec. 29	4	248916	\$11.25
		Milliken Mills C.C.	Mon., Tue., Wed., Fri.	7:30 a.m 9:00 a.m.	Dec. 29	4	250253	\$11.25
		Markham Museum	Mon., Tue.	7:30 a.m 9:00 a.m.	Dec. 22	2	248915	\$7.50
Holiday - Extended After Care	4 - 12 yrs	Markham Museum	Mon., Tue., Wed., Fri.	4:00 p.m 6:00 p.m.	Dec. 29	4	248928	\$15.50
		Milliken Mills C.C.	Mon., Tue., Wed., Fri.	4:00 p.m 6:00 p.m.	Dec. 29	4	250254	\$15.50
		Markham Museum	Mon., Tue.	4:00 p.m 6:00 p.m.	Dec. 22	2	248926	\$7.50
Holiday Computer Camp	6 - 10 yrs	Milliken Mills C.C.	Mon., Tue., Wed., Fri.	9:00 a.m 4:00 p.m.	Dec. 29	4	250143	\$107.50
Holiday Discover Science & Sports Camp	6 - 12 yrs	Thornhill C.C.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 29	3	247197	\$95
Holiday Gym for Life - Camp	5 - 8 yrs	Flowervale P.S.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 22	3	247198	\$144
Holiday Junior Sports Camp	3 - 7 yrs	Armadale C.C.	Mon., Tue., Wed., Fri.	9:00 a.m 4:00 p.m.	Dec. 29	4	249432	\$107.50
Holiday Soccer Camp	6 - 10 yrs	M.M. Soccer Dome	Mon., Tue., Wed., Fri.	9:00 a.m 4:00 p.m.	Dec. 29	4	250156	\$107.50

#### Holiday Learn To Skate - Children

See page 88 for details.

#### Holiday TaekwonDo Camp

See page 68 for details.

Holiday Power Skating & Hockey Skills See page 88 for details.

#### Kids in the Kitchen

See page 65 for details.

#### Winter Break Soccer Clinic

This skills development program will provide your child with three hours a day of soccer instruction. The emphasis of the program will be ball control, shooting, passing, soccer drills and scrimmage games. This program will benefit the beginner and house league level players.

#### **Museum - Camp KEVA!**

**General Programs** 

Design - Build - Play! Blending science with art, KEVA Planks brings out the designer, architect and engineer in each of us. With imagination and just a little help from gravity, campers will build structures and sculptures using identical construction blocks. Each fun filled day at camp will include new challenges, indoor and outdoor activities, and of course fun with over 15,000 KEVA blocks. Holiday extended before and after care available.

MUSEUM

MUSEUM

#### Museum - Kids Celebrate!

See page 66 for details.

# Winter Break Programs

MUSEUM

PRIET

#### Museum - Museum Mini Mystery (Museum)

Put your Junior Detective on the case! Campers will spend the day using their super sleuthing skills to find clues, solve puzzles, and in the end crack the case. Through teamwork, activities, games and crafts the case shall be solved! Holiday extended before and after care available.

#### Museum - Treasure Hunting

Does your child love a challenge and the great outdoors? Then this camp is for them! On the Museums 25 acre grounds, campers will spend two days exploring and hunting for treasures using a variety of traditional and modern methods. They will learn basic orienteering skills, how to read and use different types of maps and compasses, and try their hand at Geocaching (GPS based treasure hunting). Using all their new found skills campers will search for prizes hidden throughout the Museum grounds. Holiday extended before and after care available.

#### **Museum - Wild Winter**

MUSEUM Campers will explore nature's winter wonders on the Museum's 25 acre grounds. Through a variety of indoor and outdoor activities, campers will learn how plants and animals prepare for the winter and what they do during the frosty months. Holiday extended before and after care available.

#### WonderLandscapes

Campers will create their very own landscape creation where the sky is the limit! Working in a variety of media, the artwork created will be inspired by our current exhibitions and will make the perfect gift for someone special this holiday season! All materials provided.

#### Sketch and Draw!

PRIET

Learn about different drawing techniques and media to create your very own framed work of art. Campers will be provided both the tools and the freedom to express their unique perspective. Mount, present and finish your artwork ready to hang in your room or as a special gift.

#### **Sculpture Studio**

PRIET

Inspired by artist Kim Adams' fantastical sculptures on exhibit, campers will make 3D creations using a variety of materials including clay, found objects and recycled material to tell their story.



Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Holiday Learn To Skate	3 - 5 yrs	Clatworthy Arena	Tue.	9:00 a.m 10:40 a.m.	Dec. 23	1	247201	\$18
	6 - 10 yrs	Clatworthy Arena	Mon., Fri.	2:00 p.m 2:50 p.m.	Dec. 22	2	247200	\$18
		Crosby C.C.	Mon., Tue., Wed., Fri.	9:00 a.m 9:45 a.m.	Dec. 29	4	250021	\$35.50
		Crosby C.C.	Mon., Tue., Wed., Fri.	10:00 a.m 10:45 a.m.	Dec. 29	4	250022	\$35.50
		Milliken Mills C.C.	Mon., Tue., Wed.	9:30 a.m 10:15 a.m.	Dec. 22	3	250031	\$27
		Milliken Mills C.C.	Mon., Tue., Wed.	10:25 a.m 11:10 a.m.	Dec. 22	3	250032	\$27
		Milliken Mills C.C.	Mon., Tue., Wed.	11:20 a.m 12:05 p.m.	Dec. 22	3	250033	\$27
		Milliken Mills C.C.	Mon., Tue., Wed., Fri.	9:30 a.m 10:15 a.m.	Dec. 29	4	250034	\$35
		Milliken Mills C.C.	Mon., Tue., Wed., Fri.	10:25 a.m 11:10 a.m.	Dec. 29	4	250035	\$35
		Milliken Mills C.C.	Mon., Tue., Wed., Fri.	11:20 a.m 12:05 p.m.	Dec. 29	4	250036	\$35
Holiday TaekwonDo Camp	6 - 10 yrs	Thornhill C.C.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 22	3	247202	\$144
		Thornhill C.C.	Mon., Tue., Wed.	9:00 a.m 4:00 p.m.	Dec. 29	3	247203	\$144
Holiday Power Skating & Hockey Skills	6 - 12 yrs	Angus Glen C.C.	Mon., Tue., Fri. Wed.	2:00 p.m 3:50 p.m. 9:00 a.m 10:50 a.m.	Dec. 29	4	250076	\$69
Kids in the Kitchen	6 - 10 yrs	Centennial C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 22	3	251188	\$45
		Centennial C.C.	Mon., Tue.	12:30 p.m 2:30 p.m.	Dec. 22	2	251186	\$45
		Centennial C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 29	3	251185	\$45
		Centennial C.C.	Mon., Tue., Wed.	12:30 p.m 2:30 p.m.	Dec. 29	3	251187	\$45
Winter Break Soccer Clinic	6 - 10 yrs	Angus Glen C.C.	Mon., Tue., Wed., Fri.	9:00 a.m 11:00 a.m.	Dec. 29	4	250305	\$41.50
		Mount Joy C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 22	3	251181	\$31.50
		Mount Joy C.C.	Mon., Tue., Wed.	9:30 a.m 11:30 a.m.	Dec. 29	3	251182	\$31.50
Museum - Camp KEVA!	4 - 8 yrs	Markham Museum	Mon., Tue., Wed., Fri.	9:00 a.m 4:00 p.m.	Dec. 29	4	248936	\$190
Museum - Kids Celebrate!	4 - 10 yrs	Markham Museum	Sat.	9:00 a.m 12:30 p.m.	Dec. 20	1	248911	\$30
		Markham Museum	Wed.	9:00 a.m 12:30 p.m.	Dec. 24	1	248912	\$30
Museum - Museum Mini Mystery	4 - 8 yrs	Markham Museum	Mon., Tue.	9:00 a.m 4:00 p.m.	Dec. 22	2	248932	\$96
Museum - Treasure Hunting	8 - 12 yrs	Markham Museum	Mon., Tue.	9:00 a.m 4:00 p.m.	Dec. 22	2	248929	\$96
Museum - Wild Winter	4 - 12 yrs	Markham Museum	Mon., Tue., Wed., Fri.	9:00 a.m 4:00 p.m.	Dec. 29	4	248925	\$190
WonderLandscapes	7 - 12 yrs	Varley Art Gallery	Mon.	9:00 a.m 4:00 p.m.	Dec. 22	1	248863	\$53
Sketch and Draw!	7 - 12 yrs	Varley Art Gallery	Mon.	9:00 a.m 4:00 p.m.	Dec. 29	1	248864	\$53
Sculpture Studio	7 - 12 yrs	Varley Art Gallery	Tue.	9:00 a.m 4:00 p.m.	Dec. 30	1	248865	\$53

# Winter Break Programs

PRIET

PRIET

## Fall 2014

#### Mixed and Mingled Media

#### New ways of looking at and experiencing art is encouraged in this creative and fun camp using a variety of media and approaches. This camp is developed to reflect and the year that is coming to a close.

#### **Eco-Art Adventures**

Incorporating themes of ecology and environment with art, campers will express and communicate how they see the world around them in creative and thoughtful activities, inspired by the exhibition Kim Adams: One for the Road, an experience not to be missed!

#### Winter Landscapes

Kids will be introduced to painting the great outdoors and have a ball creating winter landscapes using a variety of media. A perfect gift for the most important person in your life!

#### Drawing Outside the Box

A camp for young artists to be introduced to the basics of drawing including use of shape, line and form as well as fun activities like doodling and drawing from memory. Creat

#### Sculpture Factory

Using a variety of materials, let loose and let your child's creative juices flow in this sculpture-based camp that combines art, play and creative exploration. Be inspired by Kim Adams' imaginative and fun sculptures.

#### Little Machines

PRIET

PRIET

PRIET

Campers get creative with activities developed to get them thinking about how things work and move! The perfect camp for the curious and tactile child.

#### Imaginary Worlds

PRIET

PRIET

The perfect program for the child with boundless energy and a vivid imagination! Young artists are provided with the opportunity to explore and develop their creative impulses and share their view of their world in this mixed media based program. Guaranteed fun!

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Mixed and Mingled Media	7 - 12 yrs	Varley Art Gallery	Wed.	9:00 a.m 4:00 p.m.	Dec. 31	1	248866	\$53
Eco-Art Adventures	7 - 12 yrs	Varley Art Gallery	Fri.	9:00 a.m 4:00 p.m.	Jan. 2	1	248867	\$53
Winter Landscapes	4 - 6 yrs	Varley Art Gallery	Mon.	9:00 a.m 12:00 p.m.	Dec. 22	1	248868	\$30
·		Varley Art Gallery	Mon.	1:00 p.m 4:00 p.m.	Dec. 22	1	248873	\$30
Drawing Outside the Box	4 - 6 yrs	Varley Art Gallery	Mon.	9:00 a.m 12:00 p.m.	Dec. 29	1	248869	\$30
°		Varley Art Gallery	Mon.	1:00 p.m 4:00 p.m.	Dec. 29	1	248874	\$30
Sculpture Factory	4 - 6 yrs	Varley Art Gallery	Tue.	9:00 a.m 12:00 p.m.	Dec. 30	1	248870	\$30
		Varley Art Gallery	Tue.	1:00 p.m 4:00 p.m.	Dec. 30	1	248875	\$30
Little Machines	4 - 6 yrs	Varley Art Gallery	Wed.	9:00 a.m 12:00 p.m.	Dec. 31	1	248871	\$30
		Varley Art Gallery	Wed.	1:00 p.m 4:00 p.m.	Dec. 31	1	248876	\$30
Imaginary Worlds	4 - 6 yrs	Varley Art Gallery	Fri.	9:00 a.m 12:00 p.m.	Jan. 2	1	248872	\$30
	, í	Varley Art Gallery	Fri.	1:00 p.m 4:00 p.m.	Jan. 2	1	248877	\$30

# **Family Activities**

Come and learn archery together as a family. This program is designed to teach participants basic archery skills and techniques, and introduction to fundamental skills in a fun and safe environment. All equipment is supplied. Registration is per person.

#### **Car Modelling - Family**

ZoooommM!! Get an opportunity to build a model vehicles as a Family! Learn from modelling experts in putting the model together and spray painting your finished product. Registration is per child plus one additional person. An additional cost of \$20 for supplies payable upon registration. For Fall 2013,

participants will be building Army Tanks! For Winter 2014, participants will be building **Army Planes!** 

#### Museum-Family Holiday Card MUSEUM Making

Get ready for the Holidays by making your own cards as a family! Using a combination of modern materials and historic methods, you will get the opportunity to create a collection of personalized cards. You will get to try your hand at using the Museum's 1910 printing press and also create your own one of a kind stamp to use to decorate future creations. Cost is for 1 child and 1 adult, additional adults or children are \$10 each (max 3 additional).

#### **Rock Climbing for Families**

Are you in for an evening of adventure? Join us at Armadale Community Centre for action on the wall as you tackle 25 feet of vertical climbing, bouldering and fun adventure games. No experience required. Cost is per person.

#### Yoga - Family

Yoga is a gentle way to exercise the body, because students work at their own pace. This course is designed for persons at ALL levels of physical ability. Learn how to release tension, tone and strengthen the body, relaxation techniques, boost energy, and increase self esteem! (Cap. 15) 10 weeks

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Archery - Family	6 yrs+	Armadale C.C.	Fri.	8:15 p.m 9:15 p.m.	Sep. 12	5	246747	\$62.72
		Armadale C.C.	Sat.	1:45 p.m 2:45 p.m.	Sep. 13	5	249423	\$62.72
		Armadale C.C.	Fri.	7:15 p.m 8:15 p.m.	Oct. 17	5	250430	\$62.72
		Thornhill C.C.	Sat.	6:00 p.m 7:00 p.m.	Sep. 13	5	251413	\$62.72
		Thornhill C.C.	Thu.	5:00 p.m 6:00 p.m.	Oct. 23	5	251414	\$62.72
Car Modelling - Family	6 - 16 yrs	Milliken Mills C.C.	Tue.	6:30 p.m 8:30 p.m.	Sep. 16	6	247943	\$104
Museum-Family Holiday Card Making	4 yrs+	Markham Museum	Sun.	1:00 p.m 3:00 p.m.	Dec. 7	1	248908	\$30
Rock Climbing for Families	6 yrs+	Armadale C.C.	Sat.	1:00 p.m 2:30 p.m.	Nov. 22	5	249095	\$115.83
Yoga - Family	11 yr+	Centennial C.C.	Fri.	6:30 p.m 7:30 p.m.	Sep. 26	12	246723	\$88.14



## Disclaimer

Children's skating:

Children will be grouped according to their age and skill level. C.S.A. approved hockey helmets are MANDATORY.

NOTE: Bicycle and ski helmets are not acceptable. Ski gloves/mitts and warm clothing are required. Face masks are MANDATORY for those 5 years of age and under. Failure to arrive at class with proper equipment will result in non-participation.

#### Junior Introduction to Hockey

This course allows participants an opportunity to explore the game of hockey before committing to a team or league. The program will cover the basic skills according to the Canadian Hockey Association (C.H.A.). *All participants must provide skates.* 

## Introduction to Hockey

See above.

#### Introduction to Hockey - Adult

This is an opportunity to explore the game of hockey at a recreational level. The program will cover the basic skills according to the Canadian Hockey Association (C.H.A.). *All participants must provide skates.* 

# **Skating and Hockey**

#### Learn to Skate - Family Lessons

This beginner skating program is for the whole family. Participants will be taught various skills to increase their skating ability. Families will be taught together by an Instructor.

#### Learn to Skate - Preschool

A Beginners skating program designed to introduce basic skating skills to preschoolers. The children gain confidence in their skating abilities through various activities. *Instruction ratio is 8:1. Must be 3 by the start of the program.* 

#### Learn to Skate - Children

A beginners skating program designed to introduce basic skating skills to children. The children gain confidence in their skating abilities through various activities. Children will be grouped according to their age and skill levels.

#### Learn to Skate - Pre-Teen - Beginner

A beginners skating program designed to introduce basic skating skills to youth. The participants gain confidence in their skating abilities through various activities. *C.S.A. approved hockey helmets and gloves are mandatory. Face masks recommended.* 

#### Learn to Skate - Adult

An introductory program for adults who wish to learn the basics of skating. *C.S.A. approved hockey helmets are MANDATORY.* 

#### **Power Skating - Children**

Instruction is provided by qualified staff in power development, power strides, starting, stopping, lateral mobility and power drills. This is an excellent opportunity to increase your skating skills. *This is not a Learn to Skate class. Participants must be able to skate unassisted and have a desire to improve their speed and skating skills.* 

#### **Power Skating - Pre-Teen**

Instruction is provided by qualified staff in power development, power strides, starting, stopping, lateral mobility and power drills. *This is an excellent opportunity to increase your skating skills.* 

#### **Power Skating & Hockey skills**

This program is specifically designed for adults who wish to enhance their skills in hockey and ringette. The course consists of warm-up activities, skating and stick-handling drills, and game play. *The program is intended to maximize ice time for participants.* 

#### Power Skating & Hockey Skills for Women

Specifically designed for women who wish to enhance their skills in hockey and ringette. The course consists of warm-up activities, skating and stick-handling drills and game play and is intended to maximize ice time for participants.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Junior Introduction to Hockey	3 - 5 yrs	Angus Glen C.C.	Mon.	4:10 p.m 4:55 p.m.	Sep. 8	4	250371	\$35.50
, · · · ·		Angus Glen C.C.	Mon.	9:30 a.m 10:15 a.m.	Sep. 15	10	250372	\$87
		Crosby C.C.	Wed.	1:15 p.m 2:00 p.m.	Sep. 17	10	250370	\$87
	4 - 5 yrs	Centennial C.C.	Mon.	4:10 p.m 4:55 p.m.	Sep. 22	12	248814	\$103
Introduction to Hockey	6 - 10 yrs	Angus Glen C.C.	Mon.	5:10 p.m 5:55 p.m.	Sep. 8	4	250360	\$35.50
,		Centennial C.C.	Mon.	5:10 p.m 5:55 p.m.	Sep. 22	12	248813	\$103
		Clatworthy Arena	Mon.	4:00 p.m 5:00 p.m.	Oct. 20	9	247207	\$78
Introduction to Hockey - Adult	18 yrs+	Milliken Mills C.C.	Sat.	2:45 p.m 4:00 p.m.	Sep. 20	7	250047	\$102.83
,	, í	Milliken Mills C.C.	Sat.	2:45 p.m 4:00 p.m.	Nov. 8	7	250048	\$102.83
		Thornhill C.C.	Sat.	10:00 p.m 11:00 p.m.	Sep. 13	9	247208	\$88.14
Learn to Skate - Family Lessons	3 - 60 yrs	Clatworthy Arena	Thu.	5:00 p.m 5:50 p.m.	Oct. 16	10	247225	\$88.14
Learn to Skate - Preschool	2 - 4 yrs	Markham Village C.C.	Thu.	10:30 a.m 11:15 a.m.	Sep. 25	12	248819	\$103
	3 - 5 yrs	Angus Glen C.C.	Mon.	5:00 p.m 5:45 p.m.	Sep. 15	10	249532	\$87
		Angus Glen C.C.	Wed.	5:00 p.m 5:45 p.m.	Sep. 3	12	249535	\$103
		Angus Glen C.C.	Thu.	4:00 p.m 4:45 p.m.	Sep. 18	12	249528	\$103
		Angus Glen C.C.	Sun.	4:10 p.m 5:00 p.m.	Sep. 21	12	251221	\$103
		Angus Glen C.C.	Sun.	5:00 p.m 5:45 p.m.	Sep. 21	12	251222	\$103
		Angus Glen C.C.	Wed.	5:00 p.m 5:45 p.m.	Nov. 26	4	251239	\$35.50
		Clatworthy Arena	Wed.	5:10 p.m 6:00 p.m.	Oct. 15	10	247230	\$87
		Clatworthy Arena	Thu.	10:00 a.m 10:50 a.m.	Oct. 16	10	247227	\$87
		Clatworthy Arena	Thu.	4:10 p.m 5:00 p.m.	Oct. 16	10	247226	\$87
		Clatworthy Arena	Sat.	12:10 p.m 1:00 p.m.	Oct. 18	10	247228	\$87
		Clatworthy Arena	Sat.	2:00 p.m 2:50 p.m.	Oct. 18	10	247229	\$87
		Crosby C.C.	Wed.	10:05 a.m 10:50 a.m.	Sep. 17	10	249534	\$87
		Markham Village C.C.	Tue.	10:30 a.m 11:15 a.m.	Sep. 23	12	248820	\$103
		Markham Village C.C.	Tue.	9:30 a.m 10:15 a.m.	Sep. 30	12	251192	\$103
		Milliken Mills C.C.	Mon.	10:30 a.m 11:15 a.m.	Sep. 15	7	250079	\$60.50
		Milliken Mills C.C.	Mon.	4:10 p.m 4:55 p.m.	Sep. 15	7	250089	\$60.50
		Milliken Mills C.C.	Mon.	5:00 p.m 5:45 p.m.	Sep. 15	7	250080	\$60.50
		Milliken Mills C.C.	Mon.	5:55 p.m 6:40 p.m.	Sep. 15	7	250083	\$60.50
		Milliken Mills C.C.	Wed.	1:00 p.m 1:45 p.m.	Sep. 17	7	250086	\$60.50
		Milliken Mills C.C.	Wed.	1:55 p.m 2:40 p.m.	Sep. 17	7	250085	\$60.50
		Milliken Mills C.C.	Wed.	4:10 p.m 4:55 p.m.	Sep. 17	7	250087	\$60.50
		Milliken Mills C.C.	Wed.	5:05 p.m 5:50 p.m.	Sep. 17	7	250088	\$60.50

# **Skating and Hockey**

Fall 2014

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Learn to Skate - Preschool	3 - 5 yrs	Milliken Mills C.C.	Sat.	12:10 p.m 12:55 p.m.	Sep. 20	7	250094	\$60.50
		Milliken Mills C.C.	Sat.	1:00 p.m 1:45 p.m.	Sep. 20	7	250096	\$60.50
		Milliken Mills C.C.	Sat.	1:50 p.m 2:35 p.m.	Sep. 20	7	250098	\$60.50
		Milliken Mills C.C.	Sun.	7:30 a.m 8:15 a.m.	Sep. 21	7	250100	\$60.50
		Milliken Mills C.C.	Wed.	1:00 p.m 1:45 p.m.	Nov. 5	6	250093	\$52
		Milliken Mills C.C.	Wed.	1:55 p.m 2:40 p.m.	Nov. 5	6	250092	\$52
		Milliken Mills C.C.	Wed.	4:10 p.m 4:55 p.m.	Nov. 5	6	250091	\$52
		Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.	Nov. 5	6	250102	\$52
		Milliken Mills C.C.	Sat.	12:10 p.m 12:55 p.m.	Nov. 8	6	250095	\$52
		Milliken Mills C.C.	Sat.	1:00 p.m 1:45 p.m.	Nov. 8	6	250097	\$52
		Milliken Mills C.C.	Sat.	1:50 p.m 2:35 p.m.	Nov. 8	6	250099	\$52
		Milliken Mills C.C.	Sun.	7:30 a.m 8:15 a.m.	Nov. 9	6	250101	\$52
		Milliken Mills C.C.	Mon.	10:30 a.m 11:15 a.m.	Nov. 10	6	250081	\$52
		Milliken Mills C.C.	Mon.	4:10 p.m 4:55 p.m.	Nov. 10	6	250090	\$52
		Milliken Mills C.C.	Mon.	5:00 p.m 5:45 p.m.	Nov. 10	6	250070	\$52
		Milliken Mills C.C.	Mon.	5:55 p.m 6:40 p.m.	Nov. 10	6	250084	\$52
		Mount Joy C.C.	Mon.	4:00 p.m 4:45 p.m.	Sep. 22	12	248821	\$103
		Thornhill C.C.	Mon.		Sep. 22	11	240021	\$87
Learn to Chata Children	( 10 yrs			4:00 p.m 4:50 p.m.				
Learn to Skate - Children	6 - 10 yrs	Angus Glen C.C.	Mon.	6:00 p.m 6:45 p.m.	Sep. 15	10	249480	\$87
		Angus Glen C.C.	Wed.	5:00 p.m 5:45 p.m.	Sep. 3	12	249481	\$103
		Angus Glen C.C.	Wed.	6:00 p.m 6:45 p.m.	Sep. 17	12	249477	\$103
		Angus Glen C.C.	Sun.	4:10 p.m 4:55 p.m.	Sep. 21	12	249476	\$103
		Angus Glen C.C.	Sun.	5:00 p.m 5:45 p.m.	Sep. 21	12	249479	\$103
		Angus Glen C.C.	Sun.	6:00 p.m 6:45 p.m.	Sep. 21	12	249478	\$103
		Angus Glen C.C.	Wed.	6:00 p.m 6:45 p.m.	Nov. 26	4	251240	\$35.50
		Centennial C.C.	Fri.	5:10 p.m 5:55 p.m.	Sep. 26	12	248817	\$103
		Centennial C.C.	Sat.	9:10 a.m 9:55 a.m.	Sep. 27	12	248818	\$103
		Clatworthy Arena	Wed.	4:10 p.m 5:00 p.m.	Oct. 15	10	247221	\$87
		Clatworthy Arena	Thu.	6:00 p.m 6:50 p.m.	Oct. 16	10	247222	\$87
		Clatworthy Arena	Sat.	1:00 p.m 1:50 p.m.	Oct. 18	10	247223	\$87
		Crosby C.C.	Sat.	8:00 a.m 8:45 a.m.	Sep. 20	12	251236	\$103
		Milliken Mills C.C.	Mon.	5:00 p.m 5:45 p.m.	Sep. 15	7	250051	\$60.50
		Milliken Mills C.C.	Mon.	5:55 p.m 6:40 p.m.	Sep. 15	7	250053	\$60.50
		Milliken Mills C.C.	Wed.	4:10 p.m 4:55 p.m.	Sep. 17	7	250055	\$60.50
		Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.	Sep. 17	7	250067	\$60.50
		Milliken Mills C.C.	Sat.	12:10 p.m 12:55 p.m.	Sep. 17	7	250056	\$60.50
			Sat.		Sep. 20	7	250058	\$60.50
		Milliken Mills C.C.		1:00 p.m 1:45 p.m.				
		Milliken Mills C.C.	Sat.	1:50 p.m 2:35 p.m.	Sep. 20	7	250060	\$60.50
		Milliken Mills C.C.	Sun.	8:15 a.m 9:00 a.m.	Sep. 21	7	250062	\$60.50
		Milliken Mills C.C.	Wed.	4:10 p.m 4:55 p.m.	Nov. 5	6	250054	\$52
		Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.	Nov. 5	6	250055	\$52
		Milliken Mills C.C.	Sat.	12:10 p.m 12:55 p.m.	Nov. 8	6	250057	\$52
		Milliken Mills C.C.	Sat.	1:00 p.m 1:45 p.m.	Nov. 8	6	250059	\$52
		Milliken Mills C.C.	Sat.	1:50 p.m 2:35 p.m.	Nov. 8	6	250061	\$52
		Milliken Mills C.C.	Sun.	8:15 a.m 9:00 a.m.	Nov. 9	6	250063	\$52
		Milliken Mills C.C.	Mon.	5:00 p.m 5:45 p.m.	Nov. 10	6	250065	\$52
		Milliken Mills C.C.	Mon.	5:55 p.m 6:40 p.m.	Nov. 10	6	250066	\$52
		Mount Joy C.C.	Mon.	5:10 p.m 5:55 p.m.	Sep. 22	12	248816	\$103
		Thornhill C.C.	Mon.	5:00 p.m 5:50 p.m.	Sep. 15	11	247224	\$87
Learn to Skate - Pre-Teen - Beginner	11 - 14 yrs	Angus Glen C.C.	Wed.	6:00 p.m 6:45 p.m.	Sep. 3	12	249603	\$103
Ŭ	í í	Angus Glen C.C.	Sun.	6:00 p.m 6:45 p.m.	Sep. 21	12	249605	\$103
		Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.	Sep. 17	7	250106	\$60.50
		Milliken Mills C.C.	Sat.	1:50 p.m 2:35 p.m.	Sep. 20	7	250107	\$60.50
		Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.	Nov. 5	6	250108	\$52
		Milliken Mills C.C.	Sat.	1:40 p.m 2:25 p.m.	Nov. 8	6	250100	\$52
Learn to Skate - Adult	18 - 64 yrs	Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.		7	250380	\$68.93
	10 - 04 yi S				Sep. 17			
		Milliken Mills C.C.	Wed.	5:05 p.m 5:55 p.m.	Nov. 5	6	250382	\$59.33
		Thornhill C.C.	Tue.	10:00 a.m 10:50 a.m.	Oct. 7	10	250996	\$98.31
	10	Thornhill C.C.	Sat.	9:00 p.m 9:50 p.m.	Oct. 18	9	247220	\$88.14
	18 yrs+	Angus Glen C.C.	Wed.	9:30 a.m 10:50 a.m.	Sep. 17	10	249614	\$146.90
		Centennial C.C.	Mon.	4:10 p.m 4:55 p.m.	Sep. 22	12	248815	\$117.52
		Markham Village C.C.	Thu.	9:30 a.m 10:15 a.m.	Sep. 25	12	251190	\$117.52
Power Skating - Children	5 - 10 yrs	Mount Joy C.C.	Wed.	4:10 p.m 4:55 p.m.	Sep. 24	12	248823	\$103
	6 - 10 yrs	Angus Glen C.C.	Thu.	4:10 p.m 4:55 p.m.	Sep. 4	3	250016	\$27
		Angus Glen C.C.	Mon.	5:00 p.m 5:45 p.m.	Dec. 1	4	251237	\$35.50
		Crosby C.C.	Sat.	7:00 a.m 7:45 a.m.	Sep. 20	12	250017	\$103
			Mon.	6:00 p.m 6:45 p.m.	Dec. 1	4	251238	\$35.50
Power Skating - Pre-Teen	10 - 14 yrs	Angus Glen C.C.	i i i i i i i i i i i i i i i i i i i					
Power Skating - Pre-Teen	10 - 14 yrs	Angus Glen C.C. Centennial C.C.				12		\$103
		Centennial C.C.	Fri.	6:10 p.m 6:55 p.m.	Sep. 26	12	248824	\$103 \$59.33
	10 - 14 yrs 18 yrs+	Centennial C.C. Crosby C.C.	Fri. Fri.	6:10 p.m 6:55 p.m. 9:30 p.m 10:50 p.m.	Sep. 26 Sep. 5	4	248824 250308	\$59.33
Power Skating - Pre-Teen Power Skating & Hockey skills		Centennial C.C. Crosby C.C. Milliken Mills C.C.	Fri. Fri. Mon.	6:10 p.m 6:55 p.m. 9:30 p.m 10:50 p.m. 9:00 a.m 10:20 a.m.	Sep. 26 Sep. 5 Sep. 15	47	248824 250308 250111	\$59.33 \$102.83
		Centennial C.C. Crosby C.C.	Fri. Fri.	6:10 p.m 6:55 p.m. 9:30 p.m 10:50 p.m.	Sep. 26 Sep. 5	4	248824 250308	\$59.33

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# **Recreational Ice Skating**

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Parent & Tot Shinny (5 yrs and under)	Adult Shinny (16 yrs +)	Older Adult Skate (55 yrs +)	Note
	Mon.	4:00 p.m 6:00 p.m.					
Angus Glen	Tue.					2:00 p.m 3:00 p.m.	
C.C.	Wed.				12:00 p.m 2:00 p.m.		No Skating on:
	Thu.	4:00 p.m 6:00 p.m.	9:00 a.m 11:00 a.m.	11:00 a.m 12:00 p.m.	12:00 p.m 2:00 p.m.		Nov. 13,
3990 Major Mackenzie Dr. E., (East of Warden Ave.)	Fri.		9:00 a.m 11:00 a.m.	11:00 a.m 12:00 p.m.			Dec. 24-26, 31/14
905-944-3777	Sat.	12:00 p.m 2:00 p.m.	Cancelled on No	ov. 13, Dec. 5/14,	Cancelled on		Jan. 1, Feb. 16/15.
	Sun.	2:00 p.m 4:00 p.m.		lar. 13/15	Nov. 13/14		
		Oct. 16/14-Mar. 29/15	Oct. 16/14-Mar. 27/15	Oct. 16/14-Mar. 27/15	Oct. 15/14-Mar. 26/15	Oct. 14/14-Mar. 31/15	

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Adult Shinny	Note
	Mon.	6:00 p.m 8:00 p.m.			
Centennial C.C.	Tue.		9:00 a.m 10:00 a.m.	11:30 a.m 1:30 p.m.	
	Wed.			11:30 a.m 1:30 p.m.	No Skating on
8600 McCowan Rd., (McCowan Rd. &	Thu.			11:30 a.m 1:30 p.m.	All Statutory Holidays
Bullock Dr.)	Fri.			11:30 a.m 1:30 p.m.	and Mar. 8, 2015
905-294-6111	Sat.				
	Sun.	1:00 p.m 3:00 p.m.			
		Oct. 20/14-Mar. 30/15	Oct. 22/14-Mar. 31/15	Sep. 3/14-May 1/15	

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Co-ed Shinny	Ladies Shinny	Note
	Mon.					
Cuashu	Tue.	3:00 p.m 5:00 p.m.	9:30 a.m 10:30 a.m.			
Crosby Memorial C.C.	Wed.			11:30 a.m 1:00 p.m.		No Skating on:
	Thu.					Dec. 24-26, 31/14.
210 Main St., Unionville	Fri.		11:00 a.m 12:00 p.m.		12:10 p.m 1:00 p.m.	Jan. 1, Feb. 16/15.
905-477-8583	Sat.	7:00 p.m 9:00 p.m.				
	Sun.	1:00 p.m 3:00 p.m.				
		Oct. 14/14-Mar. 31/15	Oct. 14/14-Mar. 31/15	Oct. 15/14-Mar. 25/15	Oct. 17/14-Mar. 27/15	

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Parent & Tot Shinny (5 yrs and under)	Adult Shinny (16 yrs +)	Older Adult & Tot Skate	Note
	Mon.		1:30 p.m 2:30 p.m.				
Markham	Tue.				11:30 a.m 1:30 p.m.		
Village C.C.	Wed.						No Skating on
6041 Hwy 7,	Thu.				11:30 a.m 1:30 p.m.		All Statutory Holidays and
(Hwy 7 & Hwy 48)	Fri.		10:00 a.m 11:00 a.m.	11:00 a.m noon		2:00 p.m 4:00 p.m.	Mar. 29, 2015
905-294-7309	Sat.	1:00 p.m 3:00 p.m.					
	Sun.						
		Oct. 19/14 - Mar. 22/15	Oct. 18/14 - Mar. 28/15	Oct. 18/14 - Mar. 28/15	Oct. 18/14 - Mar. 28/15	Oct. 18/14 - Mar. 28/15	

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Note
	Mon.			
Milliken Mills	Tue.			
	Wed.			No Olas Para
7600 Kennedy Rd.,	Thu.			<b>No Skating:</b> Dec. 24-31/14 and Jan. 1/15
(14th Ave. & Kennedy Rd.)	Fri.	4:00 - 6:00 p.m.	1:00 - 2:20 p.m.	DCC. 24 01/14 and 3an. 1/13
905-477-6410	Sat.			
	Sun.	12:00 - 2:00 p.m.		
		Sep. 19/14 - Mar. 29/15	Sep. 19/14 - Mar. 27/15	

# **Recreational Ice Skating**

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Parent & Tot Shinny (5 yrs and under)	Ladies Shinny	Older Adult & Tot Skate	Development Shinny (50 yrs+)	Note
	Mon.				12:10 p.m 1:00 p.m.			
	Tue.		9:30 a.m 10:30 a.m.	10:30 a.m 11:30 a.m.				No
Mount Joy C.C.	Wed.					1:00 p.m 3:00 p.m.		Skating
6140 16th Ave. E.,	Thu.		12:30 p.m 1:30 p.m.	1:30 p.m 2:30 p.m.				on All
(East of Hwy.48) 905-471-8755	Fri.						10:00 a.m 11.30 a.m.	Statutory
900-4/1-0/00	Sat.							Holidays
	Sun.	4:00 p.m 6:00 p.m.						
		Oct. 19/14 - Mar. 29/15	Oct. 14/14 - Mar. 31/15	Oct. 14/14 - Mar. 31/15	Oct. 20/14 - Mar. 30/15	Oct. 15/14 - Mar. 25/15	Oct. 19/14 - Mar. 27/15	

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Adult Shinny	Note
	Mon.		1:00 p.m 2:00 p.m.	11:30 a.m 1:00 p.m.	
R. J. Clatworthy	Tue.			11:30 a.m 1:00 p.m.	
Arena	Wed.				No Skating on:
2400 John St., (Don Mills	Thu.			11:30 a.m 1:00 p.m.	Dec. 24-26, 31/14
Rd. & John St.)	Fri.		10:00 a.m 11:30 a.m.	11:30 a.m 1:00 p.m.	Jan. 1-2, Feb. 16/15
905-881-6363	Sat.	3:00 p.m 5:00 p.m.			
	Sun.				
		Oct. 18/14 - Mar. 28/15	Oct. 17/14 - Mar. 30/15	Oct. 14/14 - Apr. 2/15	

	Day	Public Skate	Parent & Tot Skate (5 yrs and under)	Adult Skate	Senior Skate (Free)	Note
	Mon.		9:00 a.m 10:00 a.m.		11:00 a.m 12:30 p.m.	
	Tues.	6:00 p.m 8:00 p.m.	9:00 a.m 10:00 a.m.			
Thornhill C.C.	Wed.			9:00 p.m 10:00 p.m.		No Skating on:
7755 Bayview Ave.,	Thurs.					Dec. 24-26, 31/14
(Bayview Ave. & John St.)	Fri.		9:30 a.m 10:30 a.m.		10:30 a.m 12:00 p.m.	Jan. 1-2, Feb. 16/15
905-944-3800	Sat.	7:00 p.m 8:30 p.m.				
	Sun.	1:00 p.m 3:00 p.m.				
		Oct. 14/14 - Mar. 31/15	Oct. 14/14 - Mar. 31/15	Oct. 15/14 - Apr. 1/15	Oct. 17/14 - Mar. 30/15	

FEES (INCLUDE H.S.T.):	Per Skate	10 tickets
Children (4 - 15 yrs)	\$2.45	\$21.76
Seniors (65 yrs+)	\$2.55	\$22.58
Adult (16 yrs+)	\$4.15	\$37.32
Adult Shinny (16 yrs+)	\$4.80	\$43.12
Family Rate	\$10.20	\$91.53

## **Important Considerations**

- Wheelchairs welcome at all recreational skates.
- Occasional cancellations may occur due to schedule conflicts.
- Please allow 10 minutes of each hour for resurfacing the ice.
- Minimum age for Adult Shinny is 16 years (hockey helmets are mandatory).
- Family Stick & Puck is a casual way to practice the fundamentals of hockey: shooting, passing and basic stick handling. Hockey helmets are mandatory for this program (for both Adults and Children) and scrimmages are not permitted. This program

provides an opportunity for children and their parents to play together. No children are permitted on the ice themselves and no adults permitted on the ice without a child. Family rate applies.

- For holiday public skating schedules, call the facility or check our website www.markham.ca
- C.S.A. approved hockey helmets are recommended for all recreational skaters.
- C.S.A. approved hockey helmets are mandatory for adult shinny.
- \* Family rate includes a maximum of 6 people. (No more than 2 adults, and children must be 15 years of age or younger.)

ror all Drop-in Programs, participants are asked to arrive no sooner than 15 minutes before the start of the drop-in. No one will be allowed to register before this time. All Drop-in Programs run all the time except on Statutory Holidays. Participants are required to bring their own equipment. Food and drinks are not permitted in the gym. Please wear non-marking shoes. Proof of age

#### **Drop-in Programs Start and End Dates**

Program location	Start Date	End Date
Angus Glen C.C.	Sep. 22	Dec. 30
Armadale C.C.	Sep. 2	Dec. 23
Centennial C.C.	Sep. 8	Dec. 21
Cornell C.C.	Jun. 30	Aug. 31
Milliken Mills C.C.	Sep. 7	Dec. 28
Thornhill C.C.	Sep. 8	Dec. 30

Age	Location	Day	Time
	BAD	MINTON	
	Angus Glen C.C.	Thu. Sun.	12:30 p.m 2:30 p.m. 11:00 a.m 1:00 p.m.
	Armadale C.C.	Mon., Thu. Sun.	8:15 p.m 9:45 p.m. 6:15 p.m 8:15 p.m.
16 yrs+	Centennial C.C.	Mon. Tue., Thu. Sat. Sat.	8:00 p.m - 9:30 p.m. 9:30 a.m 11:00 a.m. 6:30 p.m 8:00 p.m. 8:00 p.m 9:30 p.m.
	Cornell C.C.	Mon., Wed., Fri. Tue. Sat.	9:30 a.m 11:00 a.m. 8:00 p.m 9:30 p.m. 8:00 p.m 10:00 p.m.
	Thornhill C.C.	Mon., Tue., Thu. Tue., Fri. Wed., Fri.	11:00 a.m 1:00 p.m. 7:00 p.m 9:30 p.m. 12:00 p.m 1:30 p.m.
For a line	Centennial C.C.	Sun. Sun.	9:00 a.m 10:30 a.m. 10:30 a.m 12:00 p.m.
Family (one adult 18yrs+, maximum 4 participants	Cornell C.C.	Tue. Fri. Sat. Sun.	6:00 p.m 8:00 p.m. 4:00 p.m 6:00 p.m. 9:00 a.m 11:00 a.m. 1:00 p.m 3:00 p.m.
per family)	Thornhill C.C.	Sun.	12:30 p.m 2:00 p.m.
	Armadale C.C.	Sun.	12:15 p.m 1:45 p.m.
55 yrs+	Centennial C.C.	Sun. Wed.	7:00 p.m 9:30 p.m. 1:00 p.m 3:00 p.m.
	Cornell C.C.	Mon., Wed.	9:30 a.m 11:00 a.m.
All ages	Armadale C.C.	MonFri. Fri.	12:00 p.m 2:00 p.m. 5:15 p.m 6:45 p.m.
	INDOO	R SOCCER	
18 yrs+	St. Roberts Soccer Dome	Tue. Sat.	6:00 p.m 8:00 p.m. 9:00 a.m 12:00 p.m.
	FAMIL	Y SPORTS	
All ages	Cornell C.C.	Sun.	9:30 a.m 11:30 a.m.
	FLOO	ORBALL	
16 yrs+	Sir. John A. MacDonald P.S.	Wed.	8:30 p.m 10:30 p.m.
	TABL	E TENNIS	
18 yrs+	Thornhill C.C.	Mon. Tue.	7:00 p.m 10:00 p.m. 8:00 a.m 12:00 p.m.
All ages	Milliken MIlls C.C.	Mon.	6:00 p.m 9:00 p.m.
	K	ENDO	
All ages	Centennial C.C.	Sun.	4:30 p.m 6:30 p.m.

may be required for FREE youth dropins (please bring high school ID or other identification). Please call community centres for more information.

## For Group Fitness Drop-ins, please see page 96.

#### **Drop-in Fees (effective September 2014)**

Fee	Per Activity	10 Tickets
Adult/Youth	\$3.70	\$33.21
Senior (65 yrs+)	\$2.60	\$23.24
Family	\$6.00	\$53.57

Unexpected free time? Check out a list of drop-in programs!

Age	Location	Day	Time			
	PI	CKLEBALL				
	Armadale C.C.	Tue.	9:30 a.m 11:30 a.m.			
	Centennial C.C.	Mon.	9:00 a.m 11:00 a.m.			
55 yrs+	Cornell C.C.	Thu. Sat. Sun.	9:30 a.m 11:30 a.m. 11:30 a.m 1:30 p.m. 3:30 p.m 6:30 p.m.			
	Thornhill C.C.	Wed., Fri.	2:00 p.m 4:00 p.m.			
	VO	LLEYBALL				
16 yrs+	Angus Glen C.C.	Wed. (Recreational) Wed. (Competitive)	7:00 p.m 8:30 p.m. 8:30 p.m 10:00 p.m.			
	Armadale C.C.	Sun.	4:00 p.m 6:00 p.m.			
18 yrs+	Cornell C.C.	Wed.,	8:00 p.m 10:00 p.m.			
	BALLROOM	DANCE PRACTICE				
18 yrs+	Thornhill C.C.	Mon.	7:00 p.m 9:30 p.m.			
	BA	SKETBALL				
10-13 yrs	Angus Glen C.C.	Wed., Thu.	4:00 p.m 5:30 p.m.			
(Free)	Centennial C.C.	Fri.	7:30 p.m 9:00 p.m.			
	Armadale C.C.	Mon., Wed.	3:30 p.m 5:00 p.m.			
11-14 yrs (Free)	Centennial C.C.	Mon., Tue., Wed., Thu.	11:30 a.m 1:00 p.m.			
	Cornell C.C.	Mon., Thu.	4:00 p.m 6:00 p.m.			
	Angus Glen C.C.	Mon. Sat.	4:00 p.m 6:00 p.m. 2:00 p.m 3:30 p.m.			
	Armadale C.C.	Tue., Thu., Fri.	3:30 p.m 5:00 p.m.			
14-17 yrs (Free)	Centennial C.C.	Mon., Fri.	3:00 p.m 5:00 p.m. 3:30 p.m 5:00 p.m.			
	Cornell C.C.	Tue. Thu.	4:00 p.m 6:00 p.m. 6:00 p.m 8:00 p.m.			
	Thornlea S.S. Gym	Mon., Wed., Fri.	3:00 p.m 4:30 p.m.			
	Angus Glen C.C.	Mon. Sat.	12:00 p.m 1:30 p.m. 3:30 p.m 5:00 p.m.			
	Armadale C.C.	Tue., Thu., Fri.	3:30 p.m 5:00 p.m.			
	Centennial C.C.	Sat.	4:00 p.m 6:00 p.m.			
18 yrs+	Cornell C.C.	Mon. Mon. Tue., Thu., Fri. Wed. Fri. Sat. Sun.	9:30 a.m 11:00 a.m. 8:00 p.m 10:00 p.m. 12:00 p.m 2:00 p.m. 4:00 p.m 6:00 p.m. 8:30 p.m 10;30 p.m. 5:00 p.m 7:00 p.m. 6:30 p.m 8:30 p.m.			

# CITY OF MARKHAM FITNESS CENTRES

Markham is a leader in the municipal fitness industry, striving to provide members with the best available equipment and unmatched customer service. Our fitness centres are more than just gyms – they are wellness centres that encourage healthy living.

Markham Fitness Centres are accredited through the Canadian Society of Exercise Physiology (CSEP), the gold standard in exercise science and personal training.

# **MEMBER BENEFITS**

- Expert, knowledgeable staff
- A comprehensive fitness appraisal and counselling session
- A personalized exercise program
- FREE access to:
  - Group fitness classes across the City
  - Aquafit, lane and recreational swimming at any City-owned pool
  - All three fitness centres – Thornhill, Cornell and Centennial
  - Public skating at any City of Markham arena

# LOCATIONS

## **Centennial Fitness Centre**

8600 McCowan Road Phone: 905-294-6111 ext. 4339

## **Cornell Fitness Centre**

3201 Bur Oak Avenue Phone: 905-479-7753 ext. 4538

## **Thornhill Fitness Centre**

7755 Bayview Avenue Phone: 905-944-3790

tfi@markham.ca

cornellfi@markham.ca

cfi@markham.ca

# HOURS OF OPERATION

Monday to Thursday: Friday (September – May): Friday (June – August): Saturday and Sunday: 5:30 a.m. – 10:00 p.m. 5:30 a.m. – 9:00 p.m. 5:30 a.m. – 7:00 p.m. 7:30 a.m. – 6:00 p.m.





#### **Cycle and Strength**

More than just a cycle class! A combined 30 minute cycle class followed by 30 minutes of muscle conditioning. Our classes are lead by certified cycle/group fitness instructors. Build stamina, burn fat, and strengthen glutes, quads, hamstrings and calves. *Please wear comfortable clothing, exercise footwear and bring a bottle of water and a towel.* 

#### **Bottoms Up**

This challenging class is designed to firm and tone your lower body. You will use hand weights, body bars, exercise bands and stability balls to build lower body strength and core power. *Join the companion class 'Up in Arms' on Tuesday at 1:00 pm.* 

#### **Cardio Dance**

Dance and work out at the same time. This is a hip and fun, high energy class that will have you dancing all the way home. From hip hop to salsa, burn those calories while learning new and funky dance moves.

#### **Cardio Kick Boxing**

This is a high intensity cardio workout that combines boxing and kicking techniques with more traditional exercise moves. A safe, exciting, challenging program that will burn calories, build cardio-vascular endurance and muscle tone and strength while helping to improve coordination and balance.

## **Fitness Classes**

Please note that fitness club members do not use the class codes listed below, but should obtain their list from fitness centre staff.

#### Cardio Mix

Mix up your cardio routine! This class is a mix of fairly intense hi/lo cardio of at least 40 minutes in length. The cardio segment may include such elements as traditional cardio, athletics, boot camp or kick boxing exercises. The remainder of the class is spent on total body conditioning, stretch and relaxation.

#### Cardio Salsa

No dance experience necessary! This is a dancebased workout for beginners that includes salsa, cha cha, samba and Caribbean folk dance in the mix. You'll have so much fun, you'll forget that you are working out!

#### **Car-lates**

This program (car-laa-teez) offers the best of two worlds - a gentle, low impact 20 minute cardio combined with the fabulous benefits of torso-based Pilates exercises. *Each participant must have completed Level I and II Pilates as prerequisites for this class. This is an advanced level II Pilates class.* 

#### **Circuit Blast**

Make the most of your time with this super effective routine. Move from one location to another within the class challenging your muscles and cardiovascular system. Improve your mobility, strength and stamina. This class consists of warm-up, a mix of cardio and strength training exercises.

#### **Core Strength and Stretch**

Balance your way to a stronger body. Using proper technique with the BOSU and stability ball, you will target your essential core muscles to improve posture, alleviate back pain, improve your balance and be less prone to injury and falls.

#### **Core Strength for Athletes**

All movement originates in the core. The core muscles stabilize the spine, pelvis and shoulders. *This intermediate to advanced level class is for the fitter, more experienced athlete.* 

#### **Core Yoga**

Focusing on developing supple strength with an importance on abs, back, hips and pelvis. You will discover how to use your core to gain true power. A yoga practice that physically and mentally challenges you to connect to an inner power - reshaping your body and mind! *Please note that this is not a beginner class.* 

#### **Cycle and Stretch**

More than just a cycle class! A combined 30 minute cycle class followed by 30 minutes of stretching. Our classes are lead by certified cycle/group fitness instructors. Build stamina, burn fat, and strengthen glutes, quads, hamstrings and calves. *Please wear comfortable clothing, exercise footwear and bring a bottle of water and a towel.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Cycle and Strength	16 yrs+	Thornhill C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 9	15	248750	\$128.82
Bottoms Up	16 yrs+	Centennial C.C.	Thu.	12:00 p.m 1:00 p.m.	Sep. 11	14	247995	\$119.78
		Thornhill C.C.	Thu.	8:00 p.m 9:00 p.m.	Sep. 11	7	247313	\$61.02
Cardio Dance	16 yrs+	Centennial C.C.	Tue.	9:30 a.m 10:30 a.m.	Sep. 9	14	248000	\$119.78
		Centennial C.C.	Fri.	8:30 a.m 9:15 a.m.	Sep. 12	14	248001	\$119.78
Cardio Kick Boxing	16 yrs+	Angus Glen C.C.	Sat.	10:40 a.m 11:40 a.m.	Sep. 13	12	247488	\$102.83
		Centennial C.C.	Mon.	8:10 p.m 9:10 p.m.	Sep. 8	14	248004	\$119.78
		Thornhill C.C.	Mon.	6:10 p.m 7:10 p.m.	Sep. 8	14	248006	\$119.78
Cardio Mix	16 yrs+	Angus Glen C.C.	Sat.	9:30 a.m 10:30 a.m.	Sep. 13	12	247484	\$102.83
		Centennial C.C.	Tue.	5:45 p.m 6:45 p.m.	Sep. 9	14	248007	\$119.78
		Centennial C.C.	Wed.	5:45 p.m 6:45 p.m.	Sep. 10	14	248009	\$119.78
		Cornell C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 9	14	248008	\$119.78
		Crosby C.C.	Fri.	9:30 a.m 10:30 a.m.	Sep. 12	15	247486	\$128.82
Cardio Salsa	16 yrs+	Centennial C.C.	Sun.	1:00 p.m 2:00 p.m.	Sep. 7	14	248012	\$163.29
		Centennial C.C.	Wed.	12:00 p.m 1:00 p.m.	Sep. 10	14	248015	\$163.29
		Cornell C.C.	Tue.	12:10 p.m 12:50 p.m.	Sep. 9	14	248013	\$163.29
		Cornell C.C.	Fri.	10:40 a.m 11:40 a.m.	Sep. 12	12	248014	\$140.12
		Crosby C.C.	Tue.	8:10 p.m 9:10 p.m.	Sep. 9	15	247483	\$175.15
Car-lates	16 yrs+	Centennial C.C.	Thu.	7:20 p.m 8:15 p.m.	Sep. 11	14	247997	\$163.29
Circuit Blast	16 yrs+	Cornell C.C.	Mon.	5:45 p.m 6:45 p.m.	Sep. 8	14	248016	\$119.78
		Thornhill C.C.	Wed.	5:30 p.m 6:30 p.m.	Sep. 10	15	247314	\$128.82
		Thornhill C.C.	Fri.	8:30 a.m 9:30 a.m.	Sep. 12	15	248748	\$128.82
Core Strength and Stretch	16 yrs+	Centennial C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 8	14	249309	\$119.78
		Cornell C.C.	Sun.	10:40 a.m 11:40 a.m.	Sep. 7	14	248165	\$119.78
		Cornell C.C.	Wed.	10:40 a.m 11:40 a.m.	Sep. 10	14	248017	\$119.78
Core Strength for Athletes	16 yrs+	Thornhill C.C.	Thu.	8:00 p.m 9:00 p.m.	Oct. 30	7	248749	\$61.02
Core Yoga	16 yrs+	Cornell C.C.	Tue.	5:45 p.m 6:45 p.m.	Sep. 9	14	248019	\$163.29
Cycle and Stretch	16 yrs+	Thornhill C.C.	Wed.	10:00 a.m 11:00 a.m.	Sep. 10	15	247510	\$128.82



# Fitness Classes

## Fall 2014

Please note that fitness club members do not use the class codes listed below, but should obtain their list from fitness centre staff.

#### Cycle and Yoga

Join us for a 40 minute cycle class followed by 20 minutes of yoga practise. Please bring your own yoga mat and water bottle.

#### **Cycle Fitness**

Ride your way to fitness. Our classes are lead by certified cycle instructors. Build stamina, burn fat, and strengthen glutes, quads, hamstrings and calves. Please wear comfortable clothing, exercise footwear and bring a bottle of water and a towel.

#### Fitness 101

Have you ever thought that you need to start a regular exercise routine, but don't know where to start? Or has your doctor recommended that you make some lifestyle changes? Well, this is the program for you! Supervised by CSEP(Canadian Society of Exercise Physiology), certified fitness staff, you will be introduced to exercise in a safe and supportive environment. You will learn the basics of what is required to maintain an active lifestyle and work towards your exercise goals whatever they may be.

#### Forever Fit

We can be fit and vital at any age. This class is for those 50 years of age and older who are looking for a challenging workout in a safe

environment. The cardio component will enhance heart and lung function. The class will help to improve balance, flexibility, bone density, power and coordination while increasing injury protection.

#### Low Impact - Beginner

A great class for the novice or someone returning to fitness. This class includes a light to moderate cardio segment for at least 20 minutes. The class also includes a moderate muscle conditioning component and ends with a stretch and relax segment; burn calories, build muscle and improve flexibility. Please note that the program held at Armadale Community Centre is women's only.

#### Low Impact - Intermediate

Suited to the more advanced participant. Cardio and muscle conditioning are more intense than in the beginner class. The instructor will provide modifications for all exercises.

#### Lunch Time Exp - Pilates Challenge 🧏

This 40 minute class is for experienced Pilates enthusiasts only. Challenge your core with advanced level II exercises with the added challenge of some equipment. Successful completion of Pilates I and II is essential for this class.

#### Lunch Time Mixer

Make the most of this efficient 30 minute class - boost energy, clear your mind and reduce stress. This class will challenge those muscles with a variety of conditioning and relaxation.

#### M.E.N.D. (Movement and Exercise for Neurological Disorders

This specialized wellness/fitness class is for those living with or recovering from neurological disorders such as stroke, acquired brain injury, Parkinsons or MS. Our instructors are trained (T.I.M.E. training program) to provide exercise in a safe and supportive environment to help you reclaim your body and perform your daily tasks. The small class size will enable individual attention. Participants must be able to walk a minimum of 10 metres with or without an assistive device. Pre-screening is mandatory. Please contact Carol Manning 905 477-7000 ext. 4344 for more information.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Cycle and Yoga	16 yrs+	Thornhill C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 10	14	247511	\$163.29
Cycle Fitness	16 - 75 yrs	Thornhill C.C.	Sat.	8:30 a.m 9:15 a.m.	Sep. 6	14	248918	\$163.29
		Thornhill C.C.	Sun.	9:30 a.m 10:15 a.m.	Sep. 7	14	248919	\$163.29
		Thornhill C.C.	Mon.	8:30 a.m 9:15 a.m.	Sep. 8	14	248921	\$163.29
		Thornhill C.C.	Mon.	5:15 p.m 6:00 p.m.	Sep. 8	14	248917	\$163.29
		Thornhill C.C.	Mon.	8:00 p.m 8:45 p.m.	Sep. 8	14	248920	\$163.29
		Thornhill C.C.	Tue.	8:10 p.m 8:55 p.m.	Sep. 9	15	248922	\$175.15
		Thornhill C.C.	Wed.	5:30 p.m 6:15 p.m.	Sep. 10	15	248924	\$175.15
		Thornhill C.C.	Wed.	8:15 p.m 9:00 p.m.	Sep. 10	15	248923	\$175.15
Fitness 101	16 yrs+	Cornell C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	8	250027	\$68.93
		Cornell C.C.	Thu.	2:00 p.m 3:00 p.m.	Sep. 18	8	250028	\$68.93
Forever Fit	55 yrs+	Centennial C.C.	Thu.	1:15 p.m 2:15 p.m.	Sep. 11	14	248038	\$119.78
Low Impact - Beginner	16 yrs+	Armadale C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	6	248045	\$51.98
		Armadale C.C.	Tue.	7:00 p.m 8:00 p.m.	Oct. 28	8	248044	\$68.93
		Crosby C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 8	14	247471	\$119.78
		Crosby C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 9	15	247472	\$128.82
		Markham Seniors Centre	Thu.	7:30 p.m 8:30 p.m.	Sep. 11	14	248042	\$119.78
		Markham Village C.C.	Wed.	7:30 p.m 8:30 p.m.	Sep. 10	14	248043	\$119.78
		Milliken Mills C.C.	Sat.	9:30 a.m 10:30 a.m.	Sep. 13	7	247911	\$61.02
		Milliken Mills C.C.	Sat.	9:30 a.m 10:30 a.m.	Nov. 8	7	247912	\$61.02
Low Impact - Intermediate	16 yrs+	Centennial C.C.	Mon.	9:30 a.m 10:30 a.m.	Sep. 8	14	248046	\$119.78
		Thornhill C.C.	Mon.	9:30 a.m 10:30 a.m.	Sep. 8	14	248047	\$119.78
		Thornhill C.C.	Fri.	9:40 a.m 10:40 a.m.	Sep. 12	15	248048	\$128.82
Lunch Time Exp - Pilates Challenge	16 yrs+	Centennial C.C.	Mon.	12:10 p.m 12:50 p.m.	Sep. 8	13	248049	\$151.42
Lunch Time Mixer	16 yrs+	Cornell C.C.	Mon.	1:15 p.m 1:45 p.m.	Sep. 8	14	248051	\$119.78
		Cornell C.C.	Thu.	12:10 p.m 12:40 p.m.	Sep. 11	14	248050	\$119.78
M.E.N.D. (Movement and Exercise for Neurological Disorders)	16 yrs+	Centennial C.C.	Fri.	1:00 p.m 2:00 p.m.	Sep. 12	7	248052	\$82.49
		Centennial C.C.	Fri.	1:00 p.m 2:00 p.m.	Oct. 31	7	248055	\$82.49
		Cornell C.C.	Tue.	3:00 p.m 4:00 p.m.	Sep. 16	6	248053	\$70.63
		Cornell C.C.	Thu.	1:00 p.m 2:00 p.m.	Sep. 11	7	248054	\$82.49
		Cornell C.C.	Tue.	3:00 p.m 4:00 p.m.	Oct. 28	7	248056	\$82.49
		Cornell C.C.	Thu.	1:00 p.m 2:00 p.m.	Oct. 30	7	248057	\$82.49



#### **Meditative Yoga**

Yoga is a gentle way to exercise the body. Through this program participants will learn the art of breathing, relaxation and meditation. A large portion of this program will be dedicated to focusing and breathing.

#### **Mom and Babe Fitness**

Calling all new moms! This is a fitness class for you and your infant (less than 10 months please). Each class provides postnatal exercises that are sure to increase your energy, improve muscle strength, flexibility and posture and provide an opportunity to connect with other new moms in the community. *Moms should be 4+ weeks postpartum (6 weeks for caesareans). All fitness levels are welcome. Please bring a Yoga mat to class.* 

#### **Muscle Conditioning**

This class offers a safe and effective strength workout (no cardio) for men and women which will build bone mass, increase muscle strength and improve muscle tone. Equipment such as body bars, stability balls, BOSU, hand weights and exercise bands is supplied and will vary according to location. *This format is suited to all fitness levels.* 

# **Fitness Classes**

Please note that fitness club members do not use the class codes listed below, but should obtain their list from fitness centre staff.



Join us at your leisure for fitness classes throughout the City! Now you can *pay as you go* to select fitness classes. For a full schedule, visit our site at markham.ca.



**Cost:** \$10.10 per regular fitness class, \$13.65 per specialty fitness class, purchase 10 tickets at a discounted price.

Tickets can be purchased at the following community centres: Angus Glen, Armadale, Centennial, Cornell, Milliken Mills, and Thornhill

#### **Muscle Works**

This is a strength training workout for all major muscle groups utilizing hand weights, body bars, resistance tubing, stability balls, cardio circuits and individual body resistance to improve muscle and core strength. *This muscle conditioning class includes some cardio. Equipment will vary according to location.* 

#### Nia - Wellness Thru Movement

Discover the transformational power of joyful and purposeful movement. Nia blends an invigorating cardiovascular workout with global dance forms, martial arts, yoga, creative movement and powerful imagery. Blending aerobic exercise and conditioning and the therapeutic benefits of body integration therapies, this holistic fitness program creates a new sense of well-being for all ages and fitness levels. *The course will be taught by a certified Nia instructor.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Meditative Yoga	16 yrs+	Armadale C.C.	Thu.	10:00 a.m 11:00 a.m.	Oct. 2	8	250570	\$77.97
		Milliken Mills C.C.	Mon.	10:00 a.m 11:00 a.m.	Sep. 29	14	250569	\$136.73
		Old Unionville Lib. C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 13	14	247473	\$136.73
Mom and Babe Fitness	16 - 45 yrs	Cornell C.C.	Wed.	11:00 a.m 12:00 p.m.	Sep. 10	7	248060	\$82.49
		Cornell C.C.	Wed.	11:00 a.m 12:00 p.m.	Oct. 29	7	248061	\$82.49
Muscle Conditioning	16 yrs+	Centennial C.C.	Sat.	10:40 a.m 11:40 a.m.	Sep. 6	14	248065	\$119.78
		Centennial C.C.	Sun.	9:30 a.m 10:30 a.m.	Sep. 7	14	248066	\$119.78
		Centennial C.C.	Thu.	10:40 a.m 11:40 a.m.	Sep. 11	14	248062	\$119.78
		Cornell C.C.	Tue.	10:40 a.m 11:40 a.m.	Sep. 9	14	248063	\$119.78
		Cornell C.C.	Tue.	8:10 p.m 9:10 p.m.	Sep. 9	14	248064	\$119.78
		Crosby C.C.	Fri.	10:40 a.m 11:40 a.m.	Sep. 12	15	247476	\$128.82
		Thornhill C.C.	Sun.	10:40 a.m 11:40 a.m.	Sep. 7	14	247318	\$119.78
		Thornhill C.C.	Mon.	8:15 p.m 9:15 p.m.	Sep. 8	14	247315	\$119.78
		Thornhill C.C.	Thu.	5:30 p.m 6:30 p.m.	Sep. 11	14	247317	\$119.78
		Thornhill C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	14	247316	\$119.78
Muscle Works	16 yrs+	Centennial C.C.	Sun.	10:40 a.m 11:40 a.m.	Sep. 7	14	248071	\$119.78
		Centennial C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 9	14	248072	\$119.78
		Centennial C.C.	Fri.	5:30 p.m 6:30 p.m.	Sep. 12	14	248073	\$119.78
		Cornell C.C.	Wed.	5:15 p.m 6:15 p.m.	Sep. 10	14	248074	\$119.78
		Cornell C.C.	Thu.	10:40 a.m 11:40 a.m.	Sep. 11	14	249014	\$119.78
		Thornhill C.C.	Sat.	10:40 a.m 11:40 a.m.	Sep. 6	14	247321	\$119.78
		Thornhill C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 11	14	247320	\$119.78
Nia - Wellness Thru Movement	16 yrs+	Angus Glen C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 10	15	247358	\$175.15
		Angus Glen C.C.	Fri.	9:30 a.m 10:30 a.m.	Sep. 12	14	247359	\$163.29
		Crosby C.C.	Mon.	9:30 a.m 10:30 a.m.	Sep. 8	14	247357	\$163.29
		Thornhill C.C.	Tue.	9:00 a.m 10:00 a.m.	Sep. 9	15	247322	\$175.15
		Thornhill C.C.	Thu.	9:00 a.m 10:00 a.m.	Sep. 11	15	247323	\$175.15
		Thornhill C.C.	Thu.	6:45 p.m 7:45 p.m.	Sep. 11	14	247324	\$163.29

# Fitness Classes

Please note that fitness club members do not use the class codes listed below, but should obtain their list from fitness centre staff.

#### **Osteoporosis Exercise**

Bone is living tissue and responds to exercise by becoming stronger. Two types of exercise maintain and build bone mass and density: weight bearing and resistance exercise. If you have been diagnosed with bone degeneration, this class can help you maintain and build bone mass.

#### Pilates - Level I - Fund.

Pilates (Pi-laa-teez) offers a functional approach to strength and flexibility training with exercises created to strengthen abdominal and back muscles while developing pelvic stability and abdominal control. Pilates increases flexibility and strength, improves posture and coordination and harmonizes mind and body. Please wear comfortable clothing. No footwear is worn during the class.

#### Pilates - Level II

Pilates - Level I - Fundamentals is a prerequisite for this class. A great class for intermediate participants. Develop greater strength, flexibility and coordination and build on the fundamentals learned in Level I.

#### Pilates - Paced level

Work on the more technical aspects of your Pilates practice through the introduction of core foundation exercises and progressions

from basic to more advanced programming. Link breath and movement while addressing alignment and strength. This course is particularly appropriate for the older adult and those who enjoy more detailed, hands on application.

#### Piloga

Piloga combines the CORE strength and stretch benefits of Pilates with the strength, flexibility and spirituality of Yoga. Join this class to feel re-energized, relaxed, motivated and inspired.

#### **Pre/Post Natal Fitness**

Being fit throughout pregnancy and following delivery has so many benefits, from improving your energy level and promoting healthy weight gain to having the strength and endurance required for delivery and carrying and lifting your new baby. This class format focuses on strength, endurance, and flexibility by incorporating elements of resistance training, aerobic exercise, Pilates, and Yoga. The instructors are Certified Pre- and Postnatal Fitness Specialists and can answer your questions about exercising safely during and following pregnancy. The class is based upon the guidelines of the Canadian Society for Exercise Physiology and the American Congress of Obstetricians and Gyneocologists. A medical questionnaire must be completed by your doctor before attending class. Please contact Carol Manning at 905 294-6111 ext. 4344 for the form.

#### **Pure Cardio**

Be sure to bring a full water bottle and be ready for an intense workout. Burn those calories with a variety of cardio moves such as cardio kick boxing, jump rope, Bosu and pylometrics. The class format includes sufficient warm up and cool down and appropriate stretching.

#### **Relax and Renew Yoga**

Many people live in a chronic state of stress that affects their quality of life, compromises their body and leaves them vulnerable to illness and injuries. Yoga techniques such as conscious breathing, relaxation, subtle Yoga movements and meditation will be used during this class to stimulate and sooth the organs, improve the immune system and release stress and tension.

#### **Relax and Stretch**

Take some time to reduce your stress and improve your flexibility. It is extremely important to maintain muscle flexibility. This class will concentrate on all major muscle groups. There is no cardio component in this class. (Please bring a blanket.)

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Osteoporosis Exercise	16 yrs+	Centennial C.C.	Mon.	1:00 p.m 2:00 p.m.	Sep. 15	13	248075	\$151.42
	10 9131	Centennial C.C.	Wed.	1:15 p.m 2:15 p.m.	Sep. 10	14	248075	\$163.29
		Thornhill C.C.	Tue.	1:00 p.m 2:00 p.m.	Sep. 9	15	240070	\$175.15
		Thornhill C.C.	Thu.	1:30 p.m 2:30 p.m.	Sep. 11	15	247326	\$175.15
Pilates - Level I - Fund.	16 yrs+	Centennial C.C.	Wed.	7:00 p.m 7:55 p.m.	Sep. 10	14	248078	\$163.29
	io jio.	Centennial C.C.	Thu.	5:20 p.m 6:15 p.m.	Sep. 11	14	248077	\$163.29
		Cornell C.C.	Sat.	9:30 a.m 10:25 a.m.	Sep. 6	14	248079	\$163.29
		Crosby C.C.	Thu.	10:40 a.m 11:35 a.m.	Sep. 11	15	247477	\$175.15
		Crosby C.C.	Sat.	9:30 a.m 10:25 a.m.	Sep. 13	14	247478	\$163.29
		Thornhill C.C.	Mon.	1:15 p.m 2:10 p.m.	Sep. 8	14	247329	\$163.29
		Thornhill C.C.	Tue.	9:30 a.m 10:25 a.m.	Sep. 9	15	247327	\$175.15
		Thornhill C.C.	Thu.	7:00 p.m 7:55 p.m.	Sep. 11	15	247328	\$175.15
Pilates - Level II	16 yrs+	Centennial C.C.	Thu.	6:20 p.m 7:15 p.m.	Sep. 11	14	248080	\$163.29
		Cornell C.C.	Sat.	10:40 a.m 11:35 a.m.	Sep. 6	14	248081	\$163.29
		Crosby C.C.	Thu.	9:30 a.m 10:25 a.m.	Sep. 11	15	247480	\$175.15
		Crosby C.C.	Sat.	10:40 a.m 11:35 a.m.	Sep. 13	14	247479	\$163.29
		Thornhill C.C.	Tue.	5:50 p.m 6:45 p.m.	Sep. 9	15	247331	\$175.15
Pilates - Paced level	16 yrs+	Thornhill C.C.	Tue.	10:40 a.m 11:35 a.m.	Sep. 9	15	248909	\$175.15
Pre/Post Natal Fitness	16 yrs+	Cornell C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 10	7	248084	\$82.49
		Cornell C.C.	Wed.	7:00 p.m 8:00 p.m.	Oct. 29	7	248085	\$82.49
Pure Cardio	16 - 75 yrs	Centennial C.C.	Tue.	8:30 p.m 9:30 p.m.	Sep. 9	14	248086	\$119.78
		Cornell C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 11	14	248087	\$119.78
Relax and Renew Yoga	16 yrs+	Centennial C.C.	Sat.	10:15 a.m 11:15 a.m.	Sep. 6	14	249140	\$136.73
		Centennial C.C.	Sun.	4:00 p.m 5:00 p.m.	Sep. 7	14	250946	\$136.73
		Centennial C.C.	Thu.	8:10 p.m 9:10 p.m.	Sep. 11	14	249132	\$136.73
Relax and Stretch	16 yrs+	Centennial C.C.	Mon.	10:40 a.m 11:40 a.m.	Sep. 8	14	248090	\$119.78
		Centennial C.C.	Wed.	10:40 a.m 11:40 a.m.	Sep. 10	14	248089	\$119.78
		Cornell C.C.	Mon.	10:40 a.m 11:40 a.m.	Sep. 8	14	248088	\$119.78
		Crosby C.C.	Mon.	10:40 a.m 11:40 a.m.	Sep. 8	14	247470	\$119.78
		Thornhill C.C.	Mon.	10:40 a.m 11:40 a.m.	Sep. 8	14	248091	\$119.78
		Thornhill C.C.	Fri.	10:40 a.m 11:40 a.m.	Sep. 12	15	248092	\$128.82







#### **Restorative Yoga**

Restorative yoga poses are 'active relaxation' poses that are designed to enhance deep relaxation and promote proper alignment and healing for the whole body. The postures are held longer than other postures to allow the spine and body to realign itself and promote healing. Props, such as pillows, straps, blocks or blankets are used to support the body and allow for the release of stress and tension.

#### Shimmy & Shake

Ladies this class is your B & B class (belly dancing and bollywood) exclusively for you - shimmy your way to a fitter you! This is a cardio based class with mild and more intense cardio segments with lots of pelvic movement! *Join us for a fun, cardio-burning dance-based class.* 

#### **Stability Ball**

Would you like to develop core strength and stability, improve your posture, improve muscle tone and definition and increase your mobility and flexibility? Join our stability ball class. Hand weights and exercises bands will also be used in the class. *Please note: If you are new to muscle conditioning, it is recommended that you attend our muscle conditioning class before advancing to our stability ball class.* 

#### **Step Beginner**

Experience this great cardio exercise format. Learn basic stepping. The class includes cardio and muscle conditioning components.

#### **Step Dance**

If you have step exercise experience and love to dance, you will enjoy this class. The traditional step format is enhanced with choreographed dance moves to give you a great cardio workout. This class also contains a muscle conditioning component.

#### **Step Intermediate**

A more intense workout than step beginner. The cardio component of the class will be between 30-35 minutes in length. Free weights, dynabands or body bars will be

# **Fitness Classes**

Please note that fitness club members do not use the class codes listed below, but should obtain their list from fitness centre staff.

used for resistance training. (*Equipment may* vary according to location.) Step experience is required for this class.

#### Tough It Out, Girl!

Ladies, are you looking for a challenging workout that can show results? This total body workout, designed just for women, can reduce weight and stress and tone muscles through core conditioning, drills, circuits, strength training and stretching. Make the commitment to a better you!

#### Tough It Out, Guys and Gals

Welcome guys and gals! This challenging total body workout, can reduce weight and stress and tone muscles through core conditioning, drills, circuits, strength training and stretching.

#### **Up in Arms**

This challenging class is designed to firm and tone your upper body. You will use hand weights, body bars, exercise bands and stability balls to build upper body strength and core power. *Join the companion class and concentrate on the lower body in 'Bottoms Up' on Tuesday at 1:00 p.m.* 

#### Walk Mix

Come in out of the cold and rain. Regular walking can help you lose weight, prevent or help control diabetes, strengthen bones, lower blood pressure, cut the risk of heart attack and stroke and fend off depression and anxiety. This unique class is located in a large indoor facility. Walking, traditional low impact aerobics and muscle conditioning are included in the class.

#### Walking with Poles

Are you looking for a new full body cardio workout? When used with appropriate technique, walking with poles increases your cardiovascular workout by 25% and burns up to 400 additional calories. This class is an outdoor activity using high quality walking poles and with technique instruction by a certified fitness instructor. *Participants must be able to sustain a medium to fast walking pace for fifty minutes. Poles are provided and the program will be offered rain or shine.* 

## The City of Markham 2nd Annual Healthy Living Fair

Saturday, September 13, 2014 10:00 a.m. – 2:00 p.m. | Admission free

## Cornell Community Centre 3201 Bur Oak Drive, Markham

Discover ways to improve the quality of your life. This gathering of health care professionals will feature a variety of healthy living practitioners and products. Displays, demos, free samples and prizes.

For more information regarding participation or attendance, please contact: Carol Manning, Community Program Supervisor, the City of Markham, 905-294-6111 ext. 4344 or cmanning@markham.ca

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Restorative Yoga	18 yrs+	Thornhill C.C.	Wed.	7:00 p.m 8:00 p.m.	Oct. 1	10	247266	\$98.31
Shimmy & Shake	16 yrs+	Centennial C.C.	Fri.	10:40 a.m 11:40 a.m.	Sep. 12	14	248093	\$119.78
Stability Ball	16 yrs+	Centennial C.C.	Tue.	10:40 a.m 11:40 a.m.	Sep. 9	14	248095	\$119.78
		Centennial C.C.	Fri.	9:30 a.m 10:30 a.m.	Sep. 12	14	248094	\$119.78
Step Beginner	16 yrs+	Centennial C.C.	Wed.	9:30 a.m 10:30 a.m.	Sep. 10	14	248097	\$119.78
Step Dance	16 yrs+	Centennial C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 11	14	248098	\$119.78
Tough It Out, Girl!	16 - 75 yrs	Centennial C.C.	Thu.	8:30 p.m 9:30 p.m.	Sep. 11	14	248102	\$163.29
		Cornell C.C.	Sun.	9:30 a.m 10:30 a.m.	Sep. 7	14	248103	\$163.29
		Cornell C.C.	Wed.	8:10 p.m 9:10 p.m.	Sep. 10	14	248104	\$163.29
Tough It Out, Guys and Gals	16 yrs+	Centennial C.C.	Mon.	5:45 p.m 6:45 p.m.	Sep. 8	14	250739	\$119.78
Up in Arms	16 yrs+	Centennial C.C.	Tue.	1:00 p.m 2:00 p.m.	Sep. 16	13	248108	\$110.74
Walk Mix	16 yrs+	Mount Joy C.C.	Mon.	1:00 p.m 2:00 p.m.	Oct. 20	8	248110	\$68.93
		Mount Joy C.C.	Wed.	9:00 a.m 10:00 a.m.	Oct. 22	8	248111	\$68.93
Walking with Poles	16 - 75 yrs	Crosby C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 13	6	247481	\$70.63

# Fitness Classes

## Fall 2014

Please note that fitness club members do not use the class codes listed below, but should obtain their list from fitness centre staff.

#### Yoga - Adult - Beginner

A gentle non-competitive approach to physical fitness utilizing strength, flexibility and stamina. Proper body alignment, breathing and relaxation techniques will also be taught throughout the program. *Participants must bring their own yoga mat to class. The classes at Markham Village, Sr. Centre, Centennial, Rouge, Milliken and Cornell offer the Hatha style.* 

#### Yoga - Adult - Intermediate

If you're ready to move onto some more challenging positions, yoga intermediate might be right for you. *Participants must bring a yoga mat and blanket to class. Hatha Style is taught at Milliken and Rouge River C.C.* 

#### Yoga - Beg/Intermediate

This class is for both beginners and intermediate participants. This combined class is good for people that are in between levels and is a great way to deepen your practice.

#### Yoga - Meditation/Relaxation

This program will provide participants with a gentle yoga class with a focus on meditation and relaxation. Learn about the wonderful healing benefits of meditation practice and the effects it has on the body and mind. Participants will learn various techniques and practice them during class.

#### Zumba

A fusion of Latin-inspired dance/fitness that blends music and dance into a workout that is great for both the body and the mind. Join us in this high energy cardiovascular workout that combines motivating music and a fun way to get fit. *No previous dance experience required.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Yoga - Beginner	15 yrs+	Rouge River C.C.	Wed.	7:30 p.m 8:30 p.m.	Sep. 24	12	246740	\$117.52
	16 yrs+	Angus Glen C.C.	Wed.	6:45 p.m 7:45 p.m.	Sep. 10	15	247496	\$146.90
		Buttonville Women's Institute	Sat.	9:30 a.m 10:30 a.m.	Sep. 13	14	247466	\$136.73
		Centennial C.C.	Sat.	9:00 a.m 10:00 a.m.	Sep. 6	14	248125	\$136.73
		Centennial C.C.	Tue.	8:10 p.m 9:10 p.m.	Sep. 9	14	248124	\$136.73
		Centennial C.C.	Thu.	7:00 p.m 8:00 p.m.	Sep. 11	14	248126	\$136.73
		Cornell C.C.	Mon.	9:30 a.m 10:30 a.m.	Sep. 8	14	248118	\$136.73
		Cornell C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 8	14	248120	\$136.73
		Cornell C.C.	Tue.	9:30 a.m 10:30 a.m.	Sep. 9	14	248119	\$136.73
		Cornell C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 11	14	248117	\$136.73
		Cornell C.C.	Thu.	8:15 p.m 9:15 p.m.	Sep. 11	14	248115	\$136.73
		Crosby C.C.	Thu.	1:30 p.m 2:30 p.m.	Sep. 11	15	247500	\$146.90
		Markham Village C.C.	Tue.	10:30 a.m 11:30 a.m.	Sep. 9	14	248123	\$136.73
		Milliken Mills C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 29	10	248193	\$98.31
		Milliken Mills C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 29	10	247910	\$98.31
		Milliken Mills C.C.	Sat.	10:45 a.m 11:45 a.m.	Oct. 4	10	249419	\$98.31
		Old Unionville Lib. C.C.	Mon.	10:30 a.m 11:30 a.m.	Sep. 8	13	247468	\$127.13
		Old Unionville Lib. C.C.	Tue.	7:30 p.m 8:30 p.m.	Sep. 9	15	248121	\$146.90
		Thornhill C.C.	Sun.	9:30 a.m 10:30 a.m.	Sep. 7	15	247289	\$146.90
		Thornhill C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 10	15	247288	\$146.90
Yoga - Intermediate	16 yrs+	Buttonville Women's Institute	Sat.	10:40 a.m 11:40 a.m.	Sep. 13	14	247491	\$136.73
		Milliken Mills C.C.	Mon.	8:00 p.m 9:00 p.m.	Sep. 29	10	247913	\$98.31
		Old Unionville Lib. C.C.	Tue.	8:30 p.m 9:30 p.m.	Sep. 9	15	251113	\$146.90
Yoga - Beg/Intermediate	16 yrs+	Rouge River C.C.	Wed.	6:30 p.m 7:30 p.m.	Sep. 24	12	246739	\$117.52
		Thornhill C.C.	Thu.	10:45 a.m 11:45 a.m.	Sep. 11	15	248910	\$146.90
		Thornhill C.C.	Tue.	6:30 p.m 7:30 p.m.	Sep. 16	14	247292	\$136.73
		Thornhill C.C.	Tue.	9:30 a.m 10:30 a.m.	Sep. 23	13	247290	\$127.13
		Thornhill C.C.	Tue.	7:30 p.m 8:30 p.m.	Sep. 23	15	247293	\$146.90
Yoga - Meditation/Relaxation	18 yrs+	Thornhill C.C.	Wed.	8:10 p.m 9:10 p.m.	Sep. 10	14	248742	\$136.73
Zumba	16 yrs+	Armadale C.C.	Wed.	7:00 p.m 8:00 p.m.	Sep. 17	14	246732	\$119.78
		Centennial C.C.	Sat.	9:30 a.m 10:30 a.m.	Sep. 6	14	248139	\$119.78
		Centennial C.C.	Tue.	8:10 p.m 9:10 p.m.	Sep. 9	14	248136	\$119.78
		Centennial C.C.	Wed.	8:10 p.m 9:10 p.m.	Sep. 10	14	248131	\$119.78
		Cornell C.C.	Sat.	1:00 p.m 2:00 p.m.	Sep. 6	14	248132	\$119.78
		Cornell C.C.	Mon.	8:10 p.m 9:10 p.m.	Sep. 8	14	248130	\$119.78
		Cornell C.C.	Wed.	9:30 a.m 10:30 a.m.	Sep. 10	14	248134	\$119.78
		Cornell C.C.	Thu.	7:00 p.m 8:00 p.m.	Sep. 11	14	248129	\$119.78
		Cornell C.C.	Fri.	6:00 p.m 7:00 p.m.	Sep. 12	14	248135	\$119.78
		Crosby C.C.	Mon.	8:10 p.m 9:10 p.m.	Sep. 8	14	247482	\$119.78
		Rouge River C.C.	Sun.	9:00 a.m 10:00 a.m.	Sep. 21	13	246738	\$111.87
		Rouge River C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 23	13	246733	\$111.87
		Thornhill C.C.	Sat.	12:00 p.m 1:00 p.m.	Sep. 6	14	247506	\$119.78
		Thornhill C.C.	Mon.	11:50 a.m 12:50 p.m.	Sep. 8	14	247507	\$119.78
		Thornhill C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 9	15	247504	\$128.82
		Thornhill C.C.	Tue.	8:10 p.m 9:10 p.m.	Sep. 9	15	247505	\$128.82
		Thornhill C.C.	Thu.	10:40 a.m 11:40 a.m.	Sep. 11	15	247508	\$128.82



#### Aquafit - Aqua Stretch

A program designed for gentle water stretching, range of motion exercises, muscle strengthening and relaxation techniques. Takes place in a warm pool with a water temperature over 90 degrees Fahrenheit.

#### Aquafit - Deep

Deep Water Aquafit is a water exercise class set to music and is open to individuals who are 16 years of age or older. Those under 16 years of age who display behaviour appropriate to the class may participate.

## Aquafit Programs

#### Aquafit - Diaper Fit

Floatation seats are provided so that parents can participate in a shallow water aquafit class and have babies within arm's reach. Babies must be able to sit upright on their own. This is a great way to get fit, have fun, and enjoy time with your child. For children who are not toilet trained, they must wear swimmer pull ups (e.g. Huggies, Gabby's.) These may be purchased at the pool. No diapers, disposable or cloth, are permitted.

#### Aquafit - Hip & Knee

For people coping with hip & knee joint injuries or degeneration.

#### **Aquafit - Kick Butt Cardio**

Fast paced cardio class while wearing flippers. Comfort in deep water required.

#### Aquafit - Oh My Aching Body

Aquatit - Oh My Aching Body Focus on range of motion and conditioning of muscles associated with the hip and knee joints.

#### **Aquafit - Older Adult**

This is a low intensity water exercise class set to music. It is designed to meet the fitness needs of older adults with a variety of mobility restrictions and exercise needs.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Aquafit - Aqua Stretch	16 yrs+	Cornell C.C.	Tue.	9:30 a.m 10:15 a.m.	Sep. 2	13	248545	\$72.38
		Cornell C.C.	Thu.	9:30 a.m 10:15 a.m.	Sep. 4	13	248546	\$72.38
		Thornhill C.C.	Mon.	10:00 a.m 10:45 a.m.	Sep. 22	12	248937	\$66.90
		Thornhill C.C.	Tue.	11:00 a.m 11:45 a.m.	Sep. 23	13	248938	\$72.38
		Thornhill C.C.	Wed.	11:00 a.m 11:45 a.m.	Sep. 24	13	250932	\$72.38
		Thornhill C.C.	Wed.	7:00 p.m 7:45 p.m.	Sep. 24	13	248939	\$72.38
		Thornhill C.C.	Thu.	11:00 a.m 11:45 a.m.	Sep. 25	13	248940	\$72.38
		Thornhill C.C.	Thu.	8:00 p.m 8:45 p.m.	Sep. 25	13	248942	\$72.38
		Thornhill C.C.	Fri.	10:00 a.m 10:45 a.m.	Sep. 26	13	248970	\$72.38
Aquafit - Deep	16 yrs+	Angus Glen C.C.	Mon.	8:00 a.m 8:45 a.m.	Sep. 22	13	246620	\$72.38
		Angus Glen C.C.	Fri.	8:00 a.m 8:45 a.m.	Sep. 26	13	246619	\$72.38
		Centennial C.C.	Wed.	9:15 a.m 10:00 a.m.	Sep. 3	16	248291	\$88.82
		Centennial C.C.	Wed.	12:00 p.m 12:45 p.m.	Sep. 3	16	248292	\$88.82
		Centennial C.C.	Fri.	9:30 a.m 10:15 a.m.	Sep. 5	15	248294	\$83.34
		Centennial C.C.	Sat.	8:00 a.m 8:45 a.m.	Sep. 6	16	248296	\$88.82
		Cornell C.C.	Tue.	10:30 a.m 11:15 a.m.	Sep. 2	13	248549	\$72.38
		Cornell C.C.	Thu.	10:30 a.m 11:15 a.m.	Sep. 4	13	248550	\$72.38
		Cornell C.C.	Fri.	11:00 a.m 11:45 a.m.	Sep. 5	12	248548	\$66.90
		Cornell C.C.	Mon.	11:00 a.m 11:45 a.m.	Sep. 8	11	248547	\$61.42
		Thornlea Pool/Gym	Mon.	7:30 a.m 8:15 a.m.	Sep. 22	12	250981	\$66.90
		Thornlea Pool/Gym	Fri.	7:30 a.m 8:15 a.m.	Sep. 26	13	250982	\$72.38
Aquafit - Diaper Fit	16 yrs+	Cornell C.C.	Wed.	11:00 a.m 11:45 a.m.	Sep. 3	13	248551	\$72.38
		Thornhill C.C.	Wed.	10:00 a.m 10:45 a.m.	Sep. 24	13	250933	\$72.38
Aquafit - Hip & Knee	16 yrs+	Cornell C.C.	Thu.	10:30 a.m 11:15 a.m.	Sep. 4	13	248552	\$72.38
		Thornhill C.C.	Thu.	9:00 a.m 9:45 a.m.	Sep. 25	13	250934	\$72.38
Aquafit - Kick Butt Cardio	16 yrs+	Centennial C.C.	Wed.	8:05 p.m 8:50 p.m.	Sep. 3	16	251140	\$88.92
Aquafit - Oh My Aching Body	16 yrs+	Cornell C.C.	Tue.	10:30 a.m 11:15 a.m.	Sep. 2	13	248553	\$72.38
Aquafit - Older Adult	55 yrs+	Angus Glen C.C.	Mon.	9:00 a.m 10:00 a.m.	Sep. 22	13	246612	\$72.38
		Angus Glen C.C.	Wed.	9:00 a.m 10:00 a.m.	Sep. 24	13	246613	\$72.38
		Angus Glen C.C.	Fri.	9:00 a.m 10:00 a.m.	Sep. 26	13	246614	\$72.38
		Centennial C.C.	Wed.	10:30 a.m 11:30 a.m.	Sep. 3	16	248300	\$88.82
		Centennial C.C.	Fri.	10:30 a.m 11:30 a.m.	Sep. 5	16	248299	\$88.82
		Centennial C.C.	Mon.	10:30 a.m 11:30 a.m.	Sep. 8	14	248298	\$77.86
		Cornell C.C.	Tue.	8:30 a.m 9:30 a.m.	Sep. 2	13	248554	\$72.38
		Cornell C.C.	Thu.	9:30 a.m 10:30 a.m.	Sep. 4	13	248555	\$72.38
		Thornhill C.C.	Mon.	9:00 a.m 9:45 a.m.	Sep. 22	12	248989	\$66.90
		Thornhill C.C.	Tue.	10:00 a.m 11:00 a.m.	Sep. 23	13	248983	\$72.38
		Thornhill C.C.	Tue.	12:00 p.m 12:45 p.m.	Sep. 23	13	248984	\$72.38
		Thornhill C.C.	Wed.	9:00 a.m 9:45 a.m.	Sep. 24	13	248985	\$72.38
		Thornhill C.C.	Thu.	12:00 p.m 12:45 p.m.	Sep. 25	13	248986	\$72.38
		Thornhill C.C.	Fri.	9:00 a.m 9:45 a.m.	Sep. 26	13	248988	\$72.38

# **Aquafit Programs**

#### Aquafit - Shallow

Shallow aquafit is a water exercise class set to music and open to the line of to music and open to all individuals 16 years of age and older. Those under 16 years of age who display behaviour appropriate to the class may participate.

#### Aquafit - Shallow Ladies Only

Ladies only - Shallow aquafit is a water exercise class set to music and open to all individuals 16 years of age and older. Those under 16 years of age who display behaviour appropriate to the class may participate.

#### Aquafit - Water Pilates

This program offers participants the opportunity to strengthen abdominal and back muscles and work on flexibility while exercising in a shallow warm water environment. This aquatic exercise program improves pelvic stability and abdominal control while encouraging participants to work on harmonizing mind and body.

#### Aquafit - Water Yoga

Learn basic moves to create the whole new aquatic experience that enables you



to 'understand' the water. Focuses on techniques to improve posture, breathing, flexibility, core stabilization, coordination and muscular endurance using the soothing properties of the water.

#### Aquafit - Aqua Zumba

Integrating the zumba dance class with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardioconditioning, body-toning, and most of all, exhilarating beyond belief.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Aquafit - Shallow	16 yrs+	Angus Glen C.C.	Mon.	10:00 a.m 10:45 a.m.	Sep. 22	13	246615	\$72.38
		Angus Glen C.C.	Mon.	8:30 p.m 9:15 p.m.	Sep. 22	13	246616	\$72.38
		Angus Glen C.C.	Wed.	10:00 a.m 10:45 a.m.	Sep. 24	13	246617	\$72.38
		Angus Glen C.C.	Wed.	8:00 p.m 8:45 p.m.	Sep. 24	13	246618	\$72.38
		Centennial C.C.	Tue.	9:00 a.m 9:45 a.m.	Sep. 2	16	248303	\$88.82
		Centennial C.C.	Thu.	9:00 a.m 9:45 a.m.	Sep. 4	16	248305	\$88.82
		Centennial C.C.	Mon.	9:30 a.m 10:15 a.m.	Sep. 8	14	248301	\$77.86
		Centennial C.C.	Mon.	8:05 p.m 8:50 p.m.	Sep. 8	14	248302	\$77.86
		Cornell C.C.	Tue.	8:00 p.m 8:45 p.m.	Sep. 2	13	248556	\$72.38
		Cornell C.C.	Wed.	8:30 a.m 9:15 a.m.	Sep. 3	13	248558	\$72.38
		Cornell C.C.	Thu.	8:30 a.m 9:15 a.m.	Sep. 4	13	248560	\$72.38
		Cornell C.C.	Thu.	8:00 p.m 8:45 p.m.	Sep. 4	13	248557	\$72.38
		Cornell C.C.	Mon.	8:30 a.m 9:15 a.m.	Sep. 8	11	248559	\$61.42
Aquafit - Shallow Ladies Only	All Ages	Thornhill C.C.	Wed.	6:00 p.m 6:45 p.m.	Sep. 24	13	248994	\$72.38
Aquafit - Water Pilates	16 yrs+	Cornell C.C.	Sun.	7:00 p.m 7:45 p.m.	Sep. 7	11	248561	\$90.87
		Thornhill C.C.	Mon.	11:00 a.m 12:00 p.m.	Sep. 22	12	249042	\$99.03
		Thornhill C.C.	Wed.	8:00 p.m 9:00 p.m.	Sep. 24	13	249039	\$107.19
		Thornhill C.C.	Fri.	11:00 a.m 12:00 p.m.	Sep. 26	13	249040	\$107.19
Aquafit - Water Yoga	16 yrs+	Cornell C.C.	Tue.	8:30 a.m 9:15 a.m.	Sep. 2	13	248562	\$107.19
		Cornell C.C.	Thu.	8:30 a.m 9:15 a.m.	Sep. 4	13	248563	\$107.19
		Thornhill C.C.	Mon.	8:00 p.m 9:00 p.m.	Sep. 22	12	249047	\$99.03
		Thornhill C.C.	Tue.	9:00 a.m 10:00 a.m.	Sep. 23	13	249048	\$107.19
Aquafit - Aqua Zumba	16 yrs	Thornlea Pool/Gym	Wed.	8:00 a.m 8:45 a.m.	Sep. 24	11	250980	\$61.42





# **General Swimming Information**

# **Know Before You Go!**



## What You Should Know

**Change Room Requirements** Children 7 years or older are required to use the change room of their own gender. If this is not suitable, please see facility staff to make alternate arrangements. Family Change Rooms are available at the following pools only: Angus Glen, Centennial, Cornell, Thornhill Therapeutic Pool and Thornlea Pool.

**Serious Medical Conditions** Those with seizure disorders or other serious medical conditions should be accompanied by an individual who knows of their condition and is responsible for their direct supervision.

What to Wear Proper bathing attire required. This means clothing used for swimming only – no street clothes, shoes or undergarments. Children who are not toilet trained must wear swimmer pull-ups (e.g. Huggies, Gabby's.) These may be purchased at the pool. Disposable and cloth diapers are not permitted.

**Pool Rental** For more information about pool rental for birthday parties and other events, please call the Customer Service Representative at your local pool.

**Screening for Swim Levels** Are you unsure of which level is right for your child? If your child has learned to swim without instruction or has been out of lessons for a year or more, you can request a free screening from the supervisor at the start of any scheduled recreational swim.

**A Family** is defined as adults, plus children 15 years of age and under. (maximum 6 people, up to 2 adults per family).

**Individuals with special needs:** each individual is permitted to bring their caregiver to the facility. The caregiver will be admitted at no charge. Regular admission rations apply.

A caregiver is a person 15 years of age or older.

No inflatable rings, tubes, water wings and/or toys are permitted during our swims.

## **Drop-in Swim Descriptions**

**Lane Swim** Open to all individuals 6 years of age and older, the pool is to be accessed for fitness swimming. Participants 6-9 years old that have completed the admission swim test (must be able to complete at least one continuous length of the pool unassisted), may swim independently. The pool is set up for participants to swim lengths of the pool. Lanes are set up as fast, medium and slow.

**Parent & Tot** The wading pool is open and accessible to a parent or guardian (15 years +) and preschooler up to 7 years old. The swim admission policy applies.

**Recreational Swim** Open to children and adults for recreational swimming, the swim admission policy applies.

**Splash Only** Our splash pad area is available for the public to use during specified instructional lessons located at Angus Glen and Cornell Community Centre. This area may be used by preschoolers up to 7 years old with their guardians (15 years +) The splash pad area is also a feature provided during our recreational swim times. Those wishing to use the splash pad area during recreational swim times will be required to pay admission.

**Therapy Swim:** Open to all individuals interested in accessing the Therapeutic Pool to do light water exercise or stretching in a warm water environment. The Therapeutic Pool is especially helpful for individuals with arthritis and fibromyalgia, because the warmth helps relax muscles and diminish pain and stiffness. This program is available only at our therapeutic pools.

For aquafit program definitions, please see page 80.

## **Drop-in Swim Fees**

prices include H.S.T.

	Per Swim	10 Tickets	3 Month	6 Month	Yearly
Child (4-15 years )	\$2.45	\$21.76	\$63.75	\$127.53	\$233.80
Adult (16 years+)	\$4.15	\$37.32	\$120.65	\$241.00	\$441.38
Seniors (65 years+)	\$2.55	\$22.58	\$72.84	\$144.40	\$264.44
Family	\$10.20	\$91.53	\$292.90	\$585.14	\$1074.48
Aquafit	\$6	\$54	—	_	_
Aquafit (Seniors, 65 years+)	\$4.20	\$37.80	_	_	_
Specialty Aquafit	\$8.40	\$75.46			_
Specialty Aquafit Senior (65 years+)	\$6.00	\$52.82	_	_	_

Tickets are available individually or in quantities of 10. Tickets may be used at any City of Markham pool. ID may be requested to purchase or use senior admission.

# **Lifesaving Club of Markham**





he Lifesaving Club of Markham (LCM) is a City club that engages youth in physical activity and participation in lifesaving sport. The club-based program focuses on keeping youth active in the community and building a sense of belonging. LCM members will develop lifesaving skills, and engage in active living through participation in regional and provincial competitions, and monthly social

events.



recreational swims Monthly social events •

• Access to all scheduled lane and

A current LCM membership includes:

with a coach

• Free entry to in-house regional competitions

In order to register, you must hold a current membership. The cost of membership is:

• Up to two (2) training sessions per week

3-month Membership	\$214.83
Continual Membership*	\$64.21/month

\* Monthly payment plans available with minimum 6-month contract commitment

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Cancelled Classes
Lifesaving Club of Markham - Junior Divison	7 - 9 yrs	Angus Glen C.C.	Mon.	5:15 p.m 6:00 p.m.	Sep. 22	12	250498	Oct. 13
Prerequisite: completed Swimmer 4 minimum		Centennial C.C.	Tue.	6:00 p.m 6:45 p.m.	Sep. 9	12	250537	
		Cornell C.C.	Sat.	5:30 p.m 6:15 p.m.	Sep. 20	12	250503	
		Cornell C.C.	Sun.	9:15 a.m 10:00 a.m.	Sep. 21	12	250504	
		Milliken Mills C.C.	Thu.	5:15 p.m 6:00 p.m.	Sep. 11	12	250499	
		Milliken Mills C.C.	Sat.	9:15 a.m 10:00 a.m.	Sep. 13	12	250500	
		Milliken Mills C.C.	Sat.	4:15 p.m 5:00 p.m.	Sep. 13	12	250501	
		Thornlea Pool/Gym	Sat.	1:45 p.m 2:30 p.m.	Sep. 27	12	250505	
		Thornlea Pool/Gym	Sun.	5:00 p.m 5:45 p.m.	Sep. 28	12	250502	
Lifesaving Club of Markham - Youth Divison	10 - 13 yrs	Angus Glen C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 22	12	250517	Oct. 13
Prerequisite: completed Swimmer 6 minimum		Angus Glen C.C.	Fri.	5:00 p.m 6:00 p.m.	Sep. 26	12	250509	
		Centennial C.C.	Tue.	6:45 p.m 7:45 p.m.	Sep. 9	12	250538	
		Centennial C.C.	Fri.	7:00 p.m 8:00 p.m.	Sep. 12	12	250507	
		Cornell C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 16	12	250508	
		Cornell C.C.	Sat.	4:30 p.m 5:30 p.m.	Sep. 20	12	250510	
		Cornell C.C.	Sun.	10:00 a.m 11:00 a.m.	Sep. 21	12	250506	
		Milliken Mills C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 8	12	250511	Oct. 13
		Milliken Mills C.C.	Thu.	6:00 p.m 7:00 p.m.	Sep. 11	12	250512	
		Milliken Mills C.C.	Sat.	11:00 a.m 12:00 p.m.	Sep. 13	12	250513	
		Milliken Mills C.C.	Sat.	5:00 p.m 6:00 p.m.	Sep. 13	12	250514	
		Thornlea Pool/Gym	Tue.	6:30 p.m 7:30 p.m.	Sep. 23	12	250515	
		Thornlea Pool/Gym	Sat.	2:30 p.m 3:30 p.m.	Sep. 27	12	250516	
		Thornlea Pool/Gym	Sun.	4:00 p.m 5:00 p.m.	Sep. 28	12	250518	
Lifesaving Club of Markham - Youth Advanced	10 - 13 yrs	Milliken Mills C.C.	Tue.	5:00 p.m 6:00 p.m.	Sep. 9	12	250519	
Prerequisites: minimum one session with Youth		Milliken Mills C.C.	Fri.	5:00 p.m 6:00 p.m.	Sep. 12	12	250520	
Division; and referral by a lifesaving coach		Milliken Mills C.C.	Sat.	10:00 a.m 11:00 a.m.	Sep. 13	12	250521	
		Thornlea Pool/Gym	Sun.	4:00 p.m 5:00 p.m.	Sep. 28	12	250522	
Lifesaving Club of Markham - Bronze Divison	13 - 16 yrs	Angus Glen C.C.	Fri.	6:00 p.m 7:00 p.m.	Sep. 26	12	250523	
Prerequisite: completed Swimmer 9 - Star Patrol		Centennial C.C.	Fri.	8:00 p.m 9:00 p.m.	Sep. 12	12	250524	
minimum		Cornell C.C.	Sun.	11:00 a.m 12:00 p.m.	Sep. 14	12	250532	
		Cornell C.C.	Tue.	7:00 p.m 8:00 p.m.	Sep. 16	12	250531	
		Milliken Mills C.C.	Mon.	7:00 p.m 8:00 p.m.	Sep. 8	12	250525	Oct. 13
		Milliken Mills C.C.	Thu.	4:15 p.m 5:15 p.m.	Sep. 11	12	250526	
		Milliken Mills C.C.	Sat.	12:00 p.m 1:00 p.m.	Sep. 13	12	250527	
		Milliken Mills C.C.	Sat.	6:00 p.m 7:00 p.m.	Sep. 13	12	250528	
		Thornlea Pool/Gym	Tue.	7:30 p.m 8:30 p.m.	Sep. 23	12	250529	
		Thornlea Pool/Gym	Sat.	3:30 p.m 4:30 p.m.	Sep. 27	12	250533	
		Thornlea Pool/Gym	Sun.	3:00 p.m 4:00 p.m.	Sep. 28	12	250530	
Lifesaving Club of Markham - Bronze Advanced	13 - 16 yrs	Milliken Mills C.C.	Tue.	6:00 p.m 7:00 p.m.	Sep. 9	12	250534	
Prerequisites: minimum one session with Bronze	10 10 10	Milliken Mills C.C.	Fri.	6:00 p.m 7:00 p.m.	Sep. 12	12	250535	
Division; and referral by a lifesaving coach		Thornlea Pool/Gym	Sun.	3:00 p.m 4:00 p.m.	Sep. 28	12	250536	



# **Drop-in Swim Schedule**

Pool	Day	Lane Swim	Parent & Tot	Rec Swim	Splash Only (Sep. 22 - Dec. 15)	Older Adult AquaFit	Aquafit				
	Mon.	6:30 a.m8:00 a.m. 11:00 a.m1:00 p.m.	10:00 a.m1:00 p.m. 7:00 p.m8:30 p.m.		4:30 p.m7:00 p.m.	9:00 a.m10:00 a.m.	8:00 a.m8:45 a.m. (Deep) 10:00 a.m10:45 a.m. (Shallow) 8:30 p.m9:15 p.m. (Shallow)				
	Tue.	7:30 a.m9:00 a.m. 12:00-2:30 p.m. 8:30 p.m10:00 p.m.	7:30 a.m9:00 a.m. 12:00-2:30 p.m. 8:30 p.m10:00 p.m.		6:00 p.m8:30 p.m.						
Angus Clar Deal	Wed.	6:30 a.m8:30 a.m. 12:30 p.m2:30 p.m. 8:45 p.m10:00 p.m.	12:30 p.m2:30 p.m. 8:45 p.m10:00 p.m.		6:00 p.m8:00 p.m.	9:00 a.m10:00 a.m.	10:00 a.m10:45 a.m. (Shallow) 8:00 p.m8:45 p.m. (Shallow)				
Glen Pool Sep. 22 -	Thu.	7:30 a.m9:00 a.m. 11:00 a.m1:00 p.m. 8:00 p.m9:30 p.m.	7:30 a.m9:00 a.m. 11:00 a.m1:00 p.m. 8:00 p.m9:30 p.m.		6:00 p.m8:00 p.m.						
Dec. 23	Fri.	6:30 a.m8:00 a.m. 10:00 a.m12:00 p.m.	10:00 a.m12:00 p.m.	7:00 p.m9:00 p.m.	4:30 p.m7:00 p.m.	9:00 a.m10:00 a.m.	8:00 a.m8:45 a.m. (Deep)				
	Sat.	12:00 p.m1:30 p.m.	7:00 a.m9:00 a.m. 12:00 p.m1:30 p.m.	7:30 p.m9:30 p.m.	9:00 a.m12:00 p.m. 3:00 p.m7:30 p.m.						
	Sun.	7:30 a.m9:00 a.m.	7:30 a.m9:00 a.m.	1:00 p.m3:00 p.m.	9:00 a.m1:00 p.m. 4:30 p.m8:30 p.m.						
	Holiday schedule: Mon., Oct. 13: Lane Swim/Parent and Tot Swim: 1:00 p.m 2:00 p.m., Rec Swim: 2:00 p.m 4:00 p.m. Annual maintenance closure: Sep. 1 - 21										

Pool	Day	Lane Swim	Parent & Tot	Rec Swim	Older Adult AquaFit**	Aquafit**				
	Mon.	6:30 a.m8:30 a.m. 11:30-2:00 p.m.* 9:00 p.m10:30 p.m.	9:30 a.m 10:30 a.m. 11:30 a.m1:00 p.m. 4:00 p.m 6:00 p.m.		10:30 a.m11:30 a.m.	9:30 a.m10:15 a.m. (Shallow/Deep) 8:05 p.m8:50 p.m. (Shallow/Deep)				
	Tue.	6:00 a.m8:30 a.m. 11:30 a.m1:00 p.m.*	11:30 a.m1:00 p.m. 4:00 p.m 6:00 p.m.			9:00 a.m9:45 a.m. (Shallow/Deep)				
Centennial Pool	Wed.	6:30 a.m10:00 a.m.* 11:30 a.m1:00 p.m.* 9:00 p.m10:30 p.m.	11:30 a.m1:00 p.m. 4:00 p.m 5:30 p.m.		10:30 a.m11:30 a.m.	9:15 a.m10:00 a.m. (Deep) 12:00 p.m12:45 p.m. (Deep) 8:05 p.m 8:50 p.m. (Kick Butt Cardio)				
	Thu.	6:30 a.m8:30 a.m. 11:30 a.m1:00 p.m.*	11:30 a.m1:00 p.m. 4:00 p.m 6:00 p.m.			9:00 a.m9:45 a.m. (Shallow/Deep)				
Sep. 2 - Dec. 23	Fri.	6:00 a.m10:30 a.m.* 11:30 a.m1:00 p.m.*	9:30 a.m 10:30 a.m. 11:30 a.m1:00 p.m. 4:00 p.m 7:00 p.m.		10:30 a.m11:30 a.m.	9:15 a.m10:00 a.m. (Deep)				
	Sat.	12:00 p.m1:30 p.m.	12:00 p.m1:30 p.m.	1:30 p.m3:30 p.m.		8:00 a.m8:45 a.m. (Deep)				
	Sun.	7:00 a.m9:00 a.m. 12:00 p.m1:30 p.m.	12:00 p.m1:30 p.m.	1:30 p.m3:30 p.m.						
		** Registered program with drop-in permitted where space allows. <b>December Schedule:</b> December 24 - 31: Call Pool for Details Holiday Schedules: Oct. 13: Lane Swim/Parent and Tot: 1:00-2:00 pm, Recreational Swim: 2:00-4:00 pm.								

Pool	Day	Lane Swim	Parent & Tot	Rec Swim	Older Adult AquaFit	AquaFit	Note	
	Mon.	6:30 a.m 8:00 a.m. 10:30 a.m 1:00 p.m. 8:45 p.m 10:00 p.m.	10:30 a.m 1:00 p.m.			8:00 p.m 8:45 p.m.		
	Tue.	6:30 a.m 8:00 a.m. 11:00 a.m 1:00 p.m. 2:30 p.m 4:00 p.m. 8:30 p.m 10:00 p.m.	11:00 a.m 1:00 p.m. 2:30 p.m 4:00 p.m.	7:00 - 8:30 p.m.	10:00 a.m 11:00 a.m.	9:15 a.m 10:00 a.m.	* Ladies Only Holiday Schedules:	
Milliken Mills Pool	Wed.	6:30 a.m 8:00 a.m. 10:30 a.m 1:00 p.m. 8:15 p.m 9:00 p.m.* 9:15 p.m 10:00 p.m.	10:30 a.m 1:00 p.m.	8:15 - 9:00 p.m.*		8:15 p.m 9:00 p.m.*	Oct. 14, Feb. 17, Apr. 21, May 19: Lane Swim: 1:00-2:00pm Rec Swim: 2:00-4:00pm	
Sep. 2 -	Thu.	6:30 a.m 8:00 a.m. 11:00 a.m 1:00 p.m. 8:30 p.m 10:00 p.m.	11:00 a.m 1:00 p.m.	7:00 - 8:30 p.m.	10:00 a.m 11:00 a.m.	9:15 a.m 10:00 a.m.		
Jun. 29, 2015	Fri.	6:30 a.m 8:00 a.m. 10:30 a.m 1:00 p.m. 2:30 p.m 4:00 p.m. 9:00 p.m 10:00 p.m.	10:30 a.m 1:00 p.m. 2:30 p.m 4:00 p.m.	7:00 - 9:00 p.m.			<b>PA Day Schedule:</b> Additional Rec Swim 1:00 – 2:30pm	
	Sat.	7:30 a.m 9:00 a.m.	7:30 a.m 9:00 a.m.	2:30 - 4:00 p.m.				
	Sun.	7:30 a.m 9:00 a.m. 8:00 p.m 9:30 p.m.	7:30 a.m 9:00 a.m. 8:00 p.m 9:30 p.m.	2:30 - 4:00 p.m. 6:45 p.m 8 p.m.*				

# **Drop-in Swim Schedule**

Pool	Day	Lane Swim	Parent & Tot	Rec Swim	Splash Only*	Older Adult AquaFit	Aquafit			
	Mon.	6:30 a.m8:30 a.m. 12:00 p.m2:00 p.m. 8:30 p.m10:00 p.m.	11:00 a.m12:00 p.m.	7:30 p.m8:30 p.m.	5:00 p.m7:30 p.m.		8:30 a.m9:15 a.m. (Shallow) 11:00 a.m11:45 a.m. (Deep)			
	Tue.	6:30 a.m8:30 a.m. 11:30 a.m1:30 p.m. 8:45 p.m10:00 p.m.	9:30 a.m11:00 a.m.		5:00 p.m8:00 p.m.	8:30 a.m9:30 a.m.	8:30 a.m9:15 a.m. (WaterYoga) 9:30 a.m10:15 a.m. (AquaStretch) 10:30 a.m11:15 a.m. (Deep) 8:00 p.m8:45 p.m. (Shallow)			
	Wed.	6:30 a.m8:30 a.m. 12:00 p.m1:30 p.m. 9:00 p.m10:30 p.m.	12:00 p.m1:30 p.m.	7:30 p.m9:00 p.m. (Deep end not available)	5:00 p.m7:30 p.m.		8:30 a.m9:15 a.m. (Shallow) 11:00 a.m11:45 a.m. (DiaperFit)			
Cornell Pool	Thu.	6:30 a.m8:30 a.m. 11:30 a.m1:30 p.m. 8:45 p.m10:00 p.m.	9:30 a.m11:00 a.m.		5:00 p.m8:00 p.m.	9:30 a.m10:30 a.m.	8:30 a.m9:15 a.m. (WaterYoga) 8:30 a.m9:15 a.m. (Shallow) 9:30 a.m10:15 a.m. (AquaStretch) 10:30 a.m11:15 a.m. (Deep) 8:00 p.m8:45 p.m. (Shallow)			
Sep. 2 - Nov. 29	Fri.	6:30 a.m8:30 a.m. 12:00 p.m2:00 p.m. 9:00 p.m10:00 p.m.	11:00 a.m12:00 p.m.	7:00 p.m9:00 p.m.	4:30 p.m7:00 p.m.		11:00 a.m11:45 p.m. (Deep)			
	Sat.	7:00 a.m9:00 a.m.	7:30 a.m9:00 a.m.	2:30 p.m4:30 p.m.	9:00 a.m12:30 p.m. 5:30 p.m7:30 p.m.					
	Sun.	7:00 a.m9:00 a.m.	7:30 a.m9:00 a.m.	2:00 p.m4:00 p.m.	9:00 a.m12:30 p.m. 4:00 p.m7:00 p.m.		6:00 p.m 6:45 p.m. (Water Pilates)			
	Holid Mond Pool (	* Sep. 15 - Nov. 17, during regular lesson set. Holiday Schedules: Oct. 14: Lane Swim: 1:00-2:00 p.m., Rec Swim 2:00-4:00 p.m. December Schedule: December 20 - 31: Call Pool for Details Monday, September 8 - Lane/Rec Swim cancelled from 7:30pm to 10:00pm due to staff training. Pool Closed: Friday October 17, Saturday October 18 & Sunday October 19 due to a Swim Meet. Annual maintenance closure: November 30 - December 19, 2014. Pool reopens December 20, 2014.								

Pool	Day	Lane Swim	Rec Swim	Aquafit	Note
	Mon.	7:00 - 9:00 a.m.*   11:00 -12:30 p.m.   9:30 -10:30 p.m.		7:30 - 8:15 a.m. (Deep Water)	
Thornlea	Tue.				
Pool	Wed.	7:00 - 9:00 a.m.*   8:00 - 9:30 p.m.		7:30 - 8:15 a.m. (Aqua Zumba)	* Only 2 lanes available
	Thu.				from 7:00 – 7:30am
Sep. 22 -	Fri.	7:00 - 9:00 a.m.*   11:00 -12:30 p.m.		7:30 - 8:15 a.m. (Deep Water)	** 3 lanes available
Dec. 21	Sat.	12:00 -1:30 p.m.**	12:00 - 1:30 p.m.		
	Sun.	12:00 -1:30 p.m.**	12:00 - 1:30 p.m.		

Pool	Day	Therapy Swim	Parent & Tot	Older Adult Aquafit	Aqua Stretch	Speciaty*
	Mon.	12:00 - 1:30 p.m.		9:00 - 9:45 a.m.	10:00 - 10:45 a.m.	11:00 - 12:00 p.m. (Water Pilates*) 8:00 - 9:00 p.m. (Water Yoga*)
Thornhill	Tue.	1:00 -2:30 p.m. 7:30 - 9:00 p.m.	6:00 - 7:30 p.m.	10:00 - 10:45 a.m. 12:00 - 12:45 p.m.	11:00 - 11:45 a.m.	9:00 - 10:00 a.m. (Water Yoga*)
Therapeutic	Wed.	12:00 - 1:30 p.m.		9:00 - 9:45 a.m.	11:00 - 12:00 p.m. 7:00 - 7:45 p.m.	10:00 - 10:45 a.m. (Diaper Fit) 6:00 - 6:45 p.m. (Ladies Only) 8:00 - 9:00 p.m. (Water Pilates*)
Pool	Thu.	1:00 -2:30 p.m.	10:00 - 11:00 a.m.	12:00 - 12:45 p.m.	11:00 - 11:45 a.m. 8:00 - 9:00 p.m.	9:00 - 9:45 a.m. (Hip & Knee)
Sep. 22 - Dec. 21	Fri.	12:00 - 1:30 p.m. 7:30 - 9:00 p.m.		9:00 - 9:45 a.m.	10:00 - 10:45 a.m.	11:00 - 12:00 p.m. (Water Pilates*)
	Sat.	12:30 - 2:00 p.m.	2:00 - 3:30 p.m.			
	Sun.	12:30 - 2:00 p.m.	2:00 - 3:30 p.m.			
	Note: D	rop in available only if space	e permits for Aqua Fitness Pr	ograms. There will be a sep	arate Swim Schedule posted	for Dec. 22, 2014 – Jan. 4, 2015

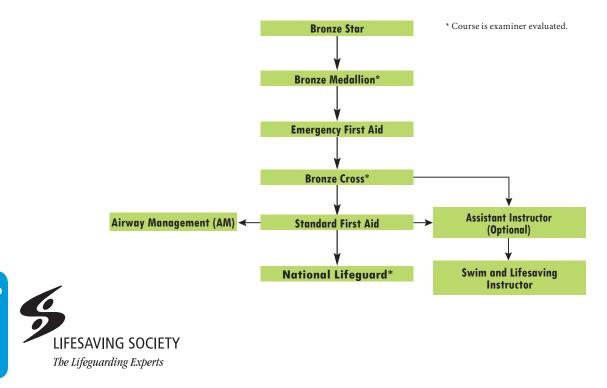


# **Lifesaving Society Swim Programs**

## Learn to Swim Programs



**Become a Lifeguard and Swim Instructor** 



# **Swimming Programs**

## Fall 2014

#### **Preschool Swimming**

#### Parent and Tot 1

#### Ratio: 12:1; Age: 3-12 mths.

Spend quality time with your child while you both have fun, learn and socialize. Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart\* tips on keeping your child safe in any aquatic setting. Designed for the 3 to 12-month-old to learn to enjoy the water with the parent.

#### Parent and Tot 2



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▶ Ratio: 12:1; Ages: 1-2 yrs. Spend quality time with your child while you both have fun, learn and socialize. Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart<sup>®</sup> tips on keeping your child safe in any aquatic setting. Designed for the 12 to 24-month-old to learn to enjoy the water with the parent.

#### Parent and Tot 3 Ratio: 12:1; Ages: 2-3 yrs.

Spend quality time with your child while you both have fun, learn and socialize. Through structured in-water interaction between parent and child, we stress the importance of play in developing water-positive attitudes and skills. We provide Lifesaving Society Water Smart<sup>®</sup> tips on keeping your child safe in any aquatic setting. Designed for the 2 to 3-year-old to learn to enjoy the water with the parent.

#### Preschool 1

#### Ratio: 4:1; Ages: 3-5 yrs.

We encourage the parent to participate until their child lets them know they can do it themselves (thank you very much). These preschoolers will have fun learning to get in and out of the water. We'll help them jump into chest deep water. They'll try floats on their front and back, and glides on their back while wearing a Personal Flotation Device. They'll learn to get their face wet and blow bubbles underwater. **Prerequisite: 3-5 years old.** 

#### Preschool 2

#### Ratio: 4:1; Ages: 3-5 yrs.

These preschoolers learn to jump into chest deep water by themselves, and get in and get out wearing a Personal Flotation Device. They'll submerge and exhale underwater. While wearing a Personal Flotation Device, they'll glide on their front and back. *Prerequisite: 3-5 years old and completed Preschool 1 or A.* 

## Preschool 3

#### Ratio: 5:1; Ages: 3-5 yrs.

These youngsters will try both jumping and a side roll into deep water while wearing a Personal Flotation Device. They'll recover objects from the bottom in waist-deep water. They'll work on kicking and gliding through the water on their front and back. *Prerequisite: 3-5 years old and completed Preschool 2 or B.* 

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#### **Preschool 4**

#### ▶ Ratio: 6:1; Ages: 3-5 yrs.

Advanced preschoolers will learn to do solo jumps into deeper water and get out by themselves. They'll do side roll entries and open their eyes underwater. They'll master a short (3-5 m) swim on their front and gliding and kicking on their side. *Prerequisite: 3-5 years old and completed Preschool 3 or C.* 

#### Preschool 5 Ratio: 6:1; Ages: 3-5 yrs.

These youngsters get more adventuresome with a forward roll entry wearing a PFD and holding their breath underwater for up to 10 sec. They'll work on longer front and back crawl swims, interval training and get a giggle out of whip kick. *Prerequisite: 3-5 years old and completed Preschool 4.* 

#### Children Swimming

#### **Family Swim Lessons**

Tired of waiting around the pool for each one of your children to finish lessons at a different time? Want to do something other than come to the pool 3 nights a week? This unique new program allows you to bring all your children at the same time if they are in Swimmer 1-6. All participants will be screened on the first night to determine level placement. Classes may be multi-level and class size may exceed regular lesson ratios. *Children are to be between the ages of 6 to 12.* 

#### Ladies Only-Family Swim Lessons-Shallow

For females who require privacy. Instructors are female. Candidates will be grouped into classes according to ability. For levels Swimmer 1 - 3

#### Swimmer 1

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#### **Ratio: 8:1; Ages: 5-12 yrs.**

These beginners will become comfortable jumping into water with and without a Personal Floatation Device. They'll learn to open their eyes and exhale underwater, and gain the skills to confidently get objects off the bottom. They'll work on floats and moving through the water on their front and back. *Prerequisite: 5 years, beginner, non swimmer, or Preschool levels 1-4 or A-D.* 

#### Swimmer 101 - Ladies Only Ratio: 10:1; Ages: 5-12 yrs.

You'll work towards a 15 to 25m swim on your front and back. You'll be able to do jump entries from the side and support yourself at the surface for 10 - 20 sec. You'll be able to recover an object from the bottom of chestdeep water.

#### Swim All Year Lessons - Swimmer 1

Classes run from September to May! Candidates registering for this level should be at the Swimmer 1 level (see Swimmer 1 description). Candidates will begin at Swimmer 1, and as they progress they will begin content from the higher levels. The instructor will progress the candidates through the material at their own pace - no transfers needed. Candidates can potentially complete multiple levels. *Prerequisite: 5 years of age.* 

## Swimmer 2 Ratio: 8:1; Ages: 5-12 yrs.

These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a Personal Flotation Device. They'll be able to support themselves at the surface without an aid, learn whip kick, and swim 15-25m on their front and back. *Prerequisites: 5 years, Swimmer 1 or Preschool 5 or E.* 

#### Swimmer 201 - Ladies Only Ratio: 10:1; Ages: 5-12 yrs.

Kick it up a notch by working towards a 50 to 100m swim. You'll be able to perform dive entries and demonstrate breaststroke arms and breathing over 25m. You'll develop sculling skills and strengths over 10m, and show off your handstands in shallow water. *Prerequisite: Swimmer 101 - Ladies Only or Swimmer 2* 

#### Swim All Year Lessons - Swimmer 2

Classes run from September to May! Candidates registering for this level should be at the Swimmer 2 level (see Swimmer 2 description). Candidates will begin at Swimmer 2, and as they progress they will begin content from the higher levels. The instructor will progress the candidates through the material at their own pace - no transfers needed. Candidates can potentially complete multiple levels. *Prerequisite: 5 years of age, Preschool 5 or Swimmer 1.* 

#### Swimmer 3 Ratio: 8:1: Ages: 5-12 vrs.

These junior swimmers will cannonball, dive and roll into the water. New bag of tricks includes treading water, handstands, in-water somersaults and swimming underwater. They'll work on front crawl and back crawl over short distances, and endurance swims of 25 to 50 m. *Prerequisite: 5 years, Swimmer 2* 

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#### Swimmer 301 - Ladies Only Ratio: 10:1; Ages: 5-15 yrs.

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No sweat (or at least none anyone can see), you'll be doing 200 to 300m continuous swims and sprinting 25m. You'll be front crawling, back crawling and breaststroking over 100m. You'll be sculling feet first and swimming 25m head-up. Whew! Prerequisite: Swimmer 201 - Ladies Only or Swimmer 4.

#### Swimmer 3/4 Stroke Improvement 🥕 Ratio: 10:1; Ages: 6-12 yrs.

Stroke Improvement classes are ideal for participants who need a little special attention on a specific stroke or skill to advance to the next level. If you have repeated a level more than once - give a stroke improvement class a try. AIM: To improve strokes and skills so the participant can advance to the next level. Prerequisites: Swimmer 3 or 4.

Swim All Year Lessons - Swimmer 3/4 Classes run from September to May! Candidates registering for this level should be at the Swimmer 3 or 4 level (see Swimmer 3/4 description). Candidates will begin at Swimmer 3 or 4, and as they progress they will begin content from the higher levels. The instructor will progress the candidates through the material at their own pace - no transfers needed. Candidates can potentially complete multiple

levels. Prerequisite: 5 years of age, Swimmer 2 or 3.

#### Swimmer 4

#### Ratio: 10:1; Ages: 5-12 yrs.

These intermediate swimmers will refine dives and stride entries. They'll wrestle with eggbeater kick, and master foot-first surface dive, and in-water back somersaults. They'll learn to scull and swim lengths of front crawl, back crawl, whip kick, and breaststroke arms with breathing. They'll cap it all off with endurance swims of 50-100m. Prerequisite: 5 years, Swimmer 3.

#### **Fitness Swimmer**

#### **Ratio:** 10:1; Ages: 5-12 yrs.

No matter what your age, Fitness Swimmer lets you set your own goals to improve overall physical fitness. Fitness Swimmer is a structured approach based on accepted training principles and practices including interval training, sprints and distance swims. Prerequisite: Completed Swimmer 4

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#### Swimmer 5

#### Ratio: 10:1; Ages: 5-12 yrs.

These swimmers will master shallow dive entries, eggbeater kicks, and foot-first sculling. Surface dives will take them down to underwater swims. They'll refine their front crawl, back crawl, and breaststroke over 50m swims of each. Then they'll pick up the pace in 25m sprints and endurance swims of 100-200m. Prerequisite: 5 years, Swimmer 4.

# **Swimming Programs**

#### Swimmer 5/6 Stroke Improvement 📌 Ratio: 10:1; Ages: 6-12 yrs.

Stroke Improvement classes are ideal for participants who need a little special attention on a specific stroke or skill to advance to the next level. If you have repeated a level more than once - give a stroke improvement class a try. AIM: To improve strokes and skills so the participant can advance to the next level. Prerequisites: Swimmer 5 or 6

#### Swim All Year Lessons - Swimmer 5/6

Classes run from September to May! Candidates registering for this level should be at the Swimmer 5 or 6 level (see Swimmer 5/6 description). Candidates will begin at Swimmer 5 or 6, and as they progress they will begin content from the higher levels. The instructor will progress the candidates through the material at their own pace - no transfers needed. Candidates can potentially complete multiple levels. Prerequisite: 5 years of age, Swimmer 4 or 5.

#### Swimmer 6

#### Ratio: 10:1; Ages: 5-12 yrs.

These advanced swimmers will rise to the challenge of sophisticated aquatic skills like compact jump entries, and eggbeater kick for 1 min. while changing directions. They'll develop strength and power in head-up front crawl or breaststroke over 25m. They'll easily swim 100m front crawl, back crawl, and breaststroke, and complain about the 4 x 25m sprints in interval training. The 200 to 300m endurance swim will be a piece of cake. Prerequisite: 5 years, Swimmer 5

#### Swimmer 7 – Rookie Patrol Ratio: 12:1; Ages: 5-15 yrs.

Swimmers continue stroke development with 50m swims of front crawl, back crawl and breaststroke. Lifesaving sport skills include a 25m obstacle swim and a 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS, and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims.

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#### Swimmer 8 – Ranger Patrol Ratio: 12:1; Ages: 5-15 yrs.

Swimmers develop better strokes over 75m swims of each stroke. They tackle lifesaving sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

#### Swimmer 9 – Star Patrol Ratio: 12:1; Ages: 5-15 yrs.

Swimmers are challenged with 600m workouts, 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defence methods, victim removals and rolling over and supporting a victim face up in shallow water.

#### **Lifesaving - Fitness**

Teaches the importance of physical fitness in lifesaving. This award is designed for participants of all ages to learn how to measure, monitor, and maintain personal physical fitness for lifesaving emergencies. Recommended for those who want to remain active in aquatics but do not meet the age requirement for the next level.

#### I Love Waterpolo

#### Ratio: 12:1; Ages: 6-15 yrs.

Swimmers learn the theory and skills behind this competitive water sport in a fun, positive atmosphere. Through drills in ball handling, kicking, and stroke technique, participants improve their efficiency and endurance in the water, and practice their new skills in exciting and challenging water polo games. This group program develops teamwork, sportsmanship and decision making skills, while improving overall fitness levels and swimming strokes. This activity is eligible for the Children's Fitness Tax Credit. Prerequisite: Swimmer 5.

#### **Pre-Teen/Teen Swimming Diving Level 1 and 2** Ratio: 10:1: Ages: 7-16 vrs.

These beginners or advanced beginners will learn how to execute dives and jumps with proper springboard diving technique. Prerequisite: Swimmer 3 or equivalent.

### **Diving Level 3 and 4**

#### Ratio: 10:1; Ages: 7-16 yrs.

These intermediate divers will focus on proper body position and techniques as they learn the more complicated springboard dives and summersaults. Prerequisite: Swimmer 3 or equivalent.

#### Teen 1 Ratio: 10:1; Ages: 9-16 yrs.



You'll work towards a 10-15 m swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9-12 m interval training.

## **Swimming Programs**

### Fall 2014

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### Teen 2

### Ratio: 10:1; Ages: 9-16 yrs.

Kick it up a notch working on two interval training workouts of 4 x 25 m kicking and front or back crawl. You'll be able to perform dive entries and demonstrate breaststroke arms and breathing over 10-15 m. You'll be supporting yourself at the surface for 1-2 minutes, and showing off your handstands in shallow water. Prerequisite: Completed Teen 1

### Teen 3

#### Ratio: 10:1; Ages: 9-16 yrs.

No sweat (or at least none anyone can see). You'll learn eggbeater, stride entries and compact jumps. You'll be doing a 300 m workout and sprinting 25-50 m. You'll master your front crawl, back crawl and breaststroke. Whew! Prerequisite: Completed Teen 2.

### Aquafit - Youth

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Ratio: 10:1; Ages: 12-16 yrs. Shallow aquafit is a water exercise class set to music and open to all individuals 12 to 16 years of age. Prerequisite: Swimmer 3 or equivalent.

### H40 Swimming

### H40 Swimmer 1

#### Ratio: 4:1; Ages: 5-12 yrs.

These beginners will become comfortable jumping into water with and without a Personal Flotation Device. They'll learn to open their eyes and exhale underwater, and gain the skills to confidently get objects off the bottom. They'll work on floats and moving through the water on their front and back. Prerequisite: 5 years, beginner, non swimmer, or Preschool 1-4 or A-D.

### H40 Swimmer 2

#### Ratio: 4:1; Ages: 5-12 yrs.

These advanced beginners will jump into deeper water, and learn to be comfortable falling sideways into the water wearing a Personal Flotation Device. They'll be able to support themselves at the surface without an aid, learn whip kick, and swim 15-25m on their front and back. Prerequisite: 5 years, Swimmer 1 or Preschool 5 or E.

### H40 Swimmer 3

#### Ratio: 4:1; Ages: 5-12 yrs.

These junior swimmers will cannonball, dive and roll into the water. New bag of tricks includes treading water, handstands, in-water somersaults and swimming underwater. They'll work on front crawl and back crawl over short distances, and endurance swims of 25 to 50m. Prerequisite: 5 years, Swimmer 2.

### H40 Swimmer 4 Ratio: 4:1; Ages: 5-12 yrs.

These intermediate swimmers will refine dives and stride entries. They'll wrestle with eggbeater kick, and master foot-first surface dives, and in-water back somersaults. They'll learn to scull and swim lengths of front crawl, back crawl, whip kick, and breaststroke arms with breathing. They'll cap it all off with endurance swims of 50-100m. Prerequisite: 5 years, Swimmer 3.

### H40 Swimmer 5 Ratio: 4:1; Ages: 5-12 yrs.

These swimmers will master shallow dive entries, eggbeater kicks, and foot-first sculling. Surface dives will take them down to underwater swims. They'll refine their front crawl, back crawl, and breaststroke over 50m swims of each. Then they'll pick up the pace in 25m sprints and endurance swims of 100-200m. Prerequisite: 5 years, Swimmer 4.

### H40 Swimmer 6

#### Ratio: 4:1; Ages: 5-12 yrs.

These advanced swimmers will rise to the challenge of sophisticated aquatic skills like compact jump entries, and eggbeater kick for 1 min. while changing directions. They'll develop strength and power in head-up front crawl or breaststroke over 25m. They'll easily swim 100m front crawl, back crawl, and breaststroke, and complain about the 4 x 25m sprints in interval training. The 200 to 300m endurance swim will be a piece of cake. Prerequisite: 5 years, Swimmer 5.

### Adult Swimming

### Adult 1

#### Ratio: 10:1; Ages: 16 yrs+

You'll work towards a 10-15 m swim on your front and back. You'll do jump entries from the side and recover an object from the bottom in chest-deep water. Improve your fitness and your flutter kick with 4 x 9-12 m interval training. Prerequisite: 16 years old, beginner non-swimmer.

### Adult 101 - Ladies Only Ratio: 10:1; Ages: 16 yrs+

You'll work towards a 15-25m swim on your front and back. You'll be able to do jump entries from the side and support yourself at the surface for 10-20 sec. You'll be able to recover an object from the bottom of chestdeep water. Prerequisite: 16 years, beginner non-swimmer.

### Adult 2

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### Ratio: 10:1; Ages: 16 yrs+

Kick it up a notch working on two interval training workouts of 4 x 25 m kicking and front or back crawl. You'll be able to perform dive entries and demonstrate breaststroke arms and breathing over 10-15 m. You'll be supporting yourself at the surface for 1-2 minutes, and showing off your handstands in shallow water. Prerequisite: 16 years old and completed Adult 1.

### Adult 201 - Ladies Only Ratio: 10:1; Ages: 16 yrs+

Kick it up a notch by working towards a 50 to 100m swim. You'll be able to perform dive entries and demonstrate breatstroke arms and breathing over 25m. You'll develop sculling skill and strengths over 10m , and show off your handstands in shallow water. Prerequisite: 16 years Adult 101 - Ladies Only.

### Adult 3

#### Ratio: 10:1; Ages: 16 yrs+

No sweat (or at least none anyone can see). You'll learn eggbeater, stride entries and compact jumps. You'll be doing a 300 m workout and sprinting 25-50 m. You'll master your front crawl, back crawl and breaststroke. Whew! Prerequisite: 16 years and completed Adult 2

### Adult Stroke Improvement Ratio: 10:1; Ages: 16 yrs+

Stroke improvement classes are ideal for participants who have already completed our Adult 3 class or who already know how to swim. The classes are designed to focus on improving participants strokes for fitness swimming or triathlons. Program is flexible so can be tailored to meet individual needs.





## **Angus Glen Pool**

### 3990 Major MacKenzie Dr. East, 905-944-3777 ext. 7111

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Sun.         Sep. 28 $6:30 \text{ p.m.} - 7:00 \text{ p.m.} \\ 9:00 \text{ a.m.} - 9:30 \text{ a.m.} \\ 12         246021         $105.50           Preschool 1         John - 5:30 p.m. \\ 5:30 p.m 5:30 p.m. \\ 5:30 p.m 7:00 p.m. \\ 12         246027         $105.50           Mon.         Sep. 22         4:30 p.m 5:00 p.m. \\ 5:30 p.m 7:00 p.m. \\ 12         246065         $105.50           Big 10 p.m 5:30 p.m. \\ 5:30 p.m 7:00 p.m. \\ 12         246066         $105.50         $105.50           Big 10 p.m 5:30 p.m. \\ 5:00 p.m 7:30 p.m. \\ 12         246023         $105.50         $105.50           Big 10 p.m 5:30 p.m. \\ 5:00 p.m 6:30 p.m. \\ 12         246023         $105.50         $105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m. \\ 7:30 p.m 6:00 p.m. \\ 12         246033         $105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m. \\ 7:30 p.m 12         246034         $105.50           Thu.         Sep. 25         9:30 a.m 100 0.m. \\ 7:30 p.m 6:00 p.m. \\ 12         246034         $105.50           Fil.         Sep. 25         9:30 a.m 12         246034         $105.50           Sep. 26         5:30 p.m 12         2460404         $105.50           Sep. 27         9:00 a.m 9:30 a.m. \\ 7:30 p.m 12         2460$	Sat.	Sep. 27					
Sun.         Sep. 28         9:00 a.m 9:30 a.m. 6:00 p.m 6:30 p.m.         12         246016         \$105.50           Preschool 1         Jost 2         246027         \$105.50           Mon.         Sep. 22         4:30 p.m 5:00 p.m. 5:00 p.m 5:30 p.m.         12         246045         \$105.50           Gen 30 p.m 7:00 p.m. 12         12         246045         \$105.50         \$105.50           Tue.         Sep. 23         11:00 a.m 11:30 a.m. 5:30 p.m 6:00 p.m.         12         246023         \$105.50           Tue.         Sep. 23         11:00 a.m 11:30 a.m. 5:30 p.m 6:30 p.m.         12         246023         \$105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m. 7:00 p.m 7:30 p.m.         12         246034         \$105.50           Wed.         Sep. 24         5:00 p.m 6:30 p.m. 7:30 p.m.         12         246034         \$105.50           Thu.         Sep. 25         9:30 a.m 10:00 a.m.         12         246034         \$105.50           Thu.         Sep. 25         9:30 a.m 7:00 p.m.         12         246034         \$105.50           Thu.         Sep. 26         5:30 p.m 6:00 p.m.         12         246044         \$105.50           Thu.         Sep. 28         9:30 a.							
Preschool         5:00 p.m 6:30 p.m.         12         244021         \$105.50           Mon.         Sep. 22         4:30 p.m 5:00 p.m.         12         246065         \$105.50           S:00 p.m 5:30 p.m.         12         246065         \$105.50         \$105.50           Iue.         Sep. 23         11:00 a.m 11:30 a.m.         12         246067         \$105.50           S:00 p.m 5:30 p.m.         12         246067         \$105.50         \$105.50           Iue.         Sep. 23         11:00 a.m 11:30 a.m.         12         246023         \$105.50           S:00 p.m 6:00 p.m.         12         246023         \$105.50         \$105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m.         12         246033         \$105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m.         12         246034         \$105.50           Thu.         Sep. 25         9:30 a.m 10:00 a.m.         12         246035         \$105.50           Thu.         Sep. 25         9:30 a.m 10:00 a.m.         12         246044         \$105.50           Si 0.0 p.m 5:30 p.m.         12         246044         \$105.50         \$105.50           Fri.         Sep. 26	C	Con 20					
Preschool 1         3-5 yrs           Mon.         Sep. 22         4:30 p.m 5:00 p.m. 5:00 p.m.         12         246065         \$105.50           Mon.         Sep. 23         1:00 a.m 1:30 a.m. 6:30 p.m.         12         246066         \$105.50           Mon.         Sep. 23         11:00 a.m 11:30 a.m. 5:30 p.m.         12         246022         \$105.50           Tue.         Sep. 23         11:00 a.m 11:30 a.m. 5:30 p.m.         12         246022         \$105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m. 5:30 p.m 6:00 p.m. 7:00 p.m 7:30 p.m. 12         246033         \$105.50           Wed.         Sep. 24         5:00 p.m 5:30 p.m. 12         246033         \$105.50           Thu.         Sep. 25         9:30 a.m 10:00 a.m. 12         246034         \$105.50           Thu.         Sep. 25         9:30 a.m 10:00 a.m. 12         246034         \$105.50           Fri.         Sep. 26         5:30 p.m 6:00 p.m. 12         246044         \$105.50           Fri.         Sep. 27         9:00 a.m 9:30 a.m. 12         246044         \$105.50           Sat.         Sep. 27         9:00 a.m 9:30 a.m. 12         246044         \$105.50           Sat.         Sep. 28         9:00 a.m 12:00	Sun.	Sep. 28					
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S:00 p.m.         5:30 p.m.         12         246065         \$105.50           5:30 p.m.         6:30 p.m.         12         246067         \$105.50           Tue.         Sep. 23         11:00 a.m.         11:30 a.m.         12         246023         \$105.50           Tue.         Sep. 23         11:00 a.m.         11:30 a.m.         12         246023         \$105.50           Wed.         Sep. 24         5:00 p.m.         6:30 p.m.         12         246033         \$105.50           Wed.         Sep. 24         5:00 p.m.         6:30 p.m.         12         246034         \$105.50           Wed.         Sep. 24         5:00 p.m.         12         246034         \$105.50           Sep. 25         9:30 p.m.         6:30 p.m.         12         246034         \$105.50           Thu.         Sep. 25         9:30 a.m.         10:00 a.m.         12         246034         \$105.50           Sign.         7:30 p.m.         8:00 p.m.         12         246034         \$105.50           Thu.         Sep. 25         9:30 a.m.         10:00 a.m.         12         246044         \$105.50           Sign.         5:00 p.m.         5:30 p.m.         12         246044 </td <td></td> <td></td> <td>( 00</td> <td>10</td> <td>0//007</td> <td></td> <td>Pres</td>			( 00	10	0//007		Pres
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Sun.         Sep. 28         9:00 a.m 9:30 a.m.         12         246052         \$105.50           10:30 a.m 11:00 a.m.         12         246054         \$105.50         \$105.50           11:00 a.m 11:30 a.m.         12         246055         \$105.50         \$105.50           11:15 a.m 11:45 a.m.         12         246056         \$105.50         \$105.50           11:15 a.m 12:00 p.m.         12         246057         \$105.50         \$105.50           11:30 a.m 12:00 p.m.         12         246057         \$105.50         \$105.50           12:00 p.m 12:00 p.m.         12         246058         \$105.50         \$105.50           12:30 p.m 12:00 p.m.         12         246057         \$105.50         \$105.50           12:30 p.m 10:00 p.m.         12         246058         \$105.50         \$105.50           5:00 p.m 5:00 p.m.         12         246060         \$105.50         \$105.50           5:30 p.m 6:00 p.m.         12         246062         \$105.50         \$105.50           Freschool 2         4:30 p.m 5:00 p.m.         12         246013         \$105.50           5:30 p.m 6:00 p.m.         12         246014         \$105.50         \$105.50           11:00			3:00 p.m 3:30 p.m.			\$105.50	THU.
Som.         Step. 20         7,800 a.m 7,30 a.m.         12         244032         9103.30           10:30 a.m 11:00 a.m.         12         244035         \$105.50         \$105.50           11:00 a.m 11:30 a.m.         12         244055         \$105.50           11:15 a.m 11:45 a.m.         12         246056         \$105.50           11:30 a.m 12:00 p.m.         12         246057         \$105.50           11:30 a.m 12:00 p.m.         12         246058         \$105.50           12:00 p.m 12:30 p.m.         12         246059         \$105.50           12:30 p.m 1:00 p.m.         12         246050         \$105.50           12:30 p.m 5:00 p.m.         12         246060         \$105.50           5:30 p.m 6:00 p.m.         12         246062         \$105.50           9         5:30 p.m 6:00 p.m.         12         246062         \$105.50           9         5:30 p.m 6:00 p.m.         12         246054         \$105.50           9         5:30 p.m 6:00 p.m.         12         246054         \$105.50           9         5:30 p.m 6:00 p.m.         12         246055         \$105.50           9         6:00 p.m 6:30 p.m.         12         246	_						Sat.
11:00 a.m 11:30 a.m.       12       246055       \$105.50         11:15 a.m 11:45 a.m.       12       246056       \$105.50         11:30 a.m 12:00 p.m.       12       246057       \$105.50         11:30 a.m 12:00 p.m.       12       246057       \$105.50         12:30 p.m 12:00 p.m.       12       246059       \$105.50         12:30 p.m 5:00 p.m.       12       246060       \$105.50         12:30 p.m 5:00 p.m.       12       246061       \$105.50         5:00 p.m 5:30 p.m.       12       246062       \$105.50         5:30 p.m 6:00 p.m.       12       246062       \$105.50         Preschool 2       3-5 yrs         Mon.       Sep. 22       4:30 p.m 5:00 p.m.       12       246055       \$105.50         5:30 p.m 6:00 p.m.       12       246062       \$105.50       \$105.50         Fue.       Sep. 23       11:00 a.m 13:0 a.m.       12       246104       \$105.50         11:30 a.m 12:00 p.m.       12       246105       \$105.50       \$105.50         11:30 a.m 12:00 p.m.       12       246106       \$105.50       \$105.50       \$105.50         11:30 a.m 12:00 p.m.       12       246105       \$105.5	Sun.	Sep. 28	9:00 a.m 9:30 a.m.				Jal.
11:15 a.m 11:45 a.m.         12         246056         \$105.50           11:30 a.m 12:00 p.m.         12         246057         \$105.50           12:00 p.m 12:30 p.m.         12         246058         \$105.50           12:00 p.m 12:30 p.m.         12         246059         \$105.50           12:30 p.m 1:00 p.m.         12         246059         \$105.50           12:30 p.m 5:00 p.m.         12         246060         \$105.50           5:30 p.m 5:00 p.m.         12         246062         \$105.50           5:30 p.m 6:00 p.m.         12         246062         \$105.50           Preschool 2         3-5 yrs           Mon.         Sep. 22         4:30 p.m 5:00 p.m.         12         246103         \$105.50           5:30 p.m 6:00 p.m.         12         246103         \$105.50         \$105.50           5:30 p.m 6:00 p.m.         12         246103         \$105.50         \$105.50           11:30 a.m 11:30 a.m.         12         246105         \$105.50         \$105.50           11:30 a.m 12:00 p.m.         12         246106         \$105.50         \$105.50         \$105.50           5:00 p.m 5:30 p.m.         12         246106         \$105.50         \$105.							
11:30 a.m 12:00 p.m.       12       246057       \$105.50         12:00 p.m 12:30 p.m.       12       246058       \$105.50         12:30 p.m 1:00 p.m.       12       246059       \$105.50         12:30 p.m 1:00 p.m.       12       246050       \$105.50         12:30 p.m 1:00 p.m.       12       246060       \$105.50         5:00 p.m 5:30 p.m.       12       246061       \$105.50         5:30 p.m 6:00 p.m.       12       246062       \$105.50 <b>Preschool 2 3 - 5 yrs</b> Mon.       Sep. 22       4:30 p.m 5:00 p.m.       12       246062       \$105.50 <b>3 - 5 yrs</b> Mon.       Sep. 22       4:30 p.m 5:00 p.m.       12       246103       \$105.50 <b>3 - 5 yrs 1</b> (1:00 a.m 1:00 p.m.       12       246104       \$105.50 <b>1</b> (1:00 a.m 11:30 a.m.       12       246105       \$105.50 <b>1</b> (1:00 a.m 11:30 a.m.       12       246106       \$105.50 <b>1</b> (1:00 a.m 12:00 p.m.       12       246106       \$105.50       \$100.50       \$100 p.m 5:30 p.m.       12       246106							
12:00 p.m.       12:00 p.m.       12       246057       \$105.50         12:00 p.m.       12:30 p.m.       12       246058       \$105.50         12:30 p.m.       12:30 p.m.       12       246059       \$105.50         12:30 p.m.       5:00 p.m.       12       246060       \$105.50         5:00 p.m.       5:00 p.m.       12       246061       \$105.50         5:00 p.m.       5:30 p.m.       12       246062       \$105.50         Preschool 2       3:5 yrs       3:5 yrs         Mon.       Sep. 22       4:30 p.m 5:00 p.m.       12       246103       \$105.50         5:30 p.m 6:00 p.m.       12       246104       \$105.50       \$50         Fue.       Sep. 22       4:30 p.m 6:00 p.m.       12       246105       \$105.50         11:00 a.m 11:30 a.m.       12       246105       \$105.50       \$105.50         11:30 a.m 12:00 p.m.       12       246105       \$105.50       \$105.50         11:30 a.m 12:00 p.m.       12       246105       \$105.50       \$105.50         5:00 p.m 5:30 p.m.       12       246105       \$105.50       \$105.50         5:00 p.m 5:30 p.m.       12       246105       \$105.50 <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>Sun.</td>							Sun.
12:30 p.m 1:00 p.m.       12       246059       \$105.50         4:30 p.m 5:00 p.m.       12       246060       \$105.50         5:00 p.m 5:30 p.m.       12       246061       \$105.50         5:30 p.m 6:00 p.m.       12       246062       \$105.50         Preschool 2         3 - 5 yrs         Mon.       Sep. 22       4:30 p.m 5:00 p.m.       12       246103       \$105.50         5:30 p.m 6:00 p.m.       12       246104       \$105.50       \$105.50         Tue.       Sep. 23       11:00 a.m 11:30 a.m.       12       246105       \$105.50         11:30 a.m 12:00 p.m.       12       246105       \$105.50       \$105.50         5:00 p.m 5:30 p.m.       12       246105       \$105.50       \$105.50         5:00 p.m 6:00 p.m.       12       246105       \$105.50       \$105.50         5:00 p.m 15:30 p.m.       12       246105       \$105.50       \$105.50         5:00 p.m 5:30 p.m.       12       246105       \$105.50         5:00 p.m 6:00 p.m.       12       246105       \$105.50         5:30 p.m 6:00 p.m.       12       246105       \$105.50         5:30 p.m 6:00 p.m.							oun.
4:30 p.m 5:00 p.m.         12         246060         \$105.50           5:00 p.m 5:30 p.m.         12         246061         \$105.50           5:30 p.m 6:00 p.m.         12         246062         \$105.50 <b>Preschool 2</b> Mon.         Sep. 22         4:30 p.m 5:00 p.m.         12         246103         \$105.50           5:30 p.m 6:00 p.m.         12         246103         \$105.50         \$105.50           Mon.         Sep. 22         4:30 p.m 5:00 p.m.         12         246103         \$105.50           5:30 p.m 6:00 p.m.         12         246104         \$105.50         \$105.50         \$105.50           11:00 a.m 10:30 a.m.         12         246105         \$105.50         \$105.50         \$105.50           11:30 a.m 11:30 a.m.         12         246105         \$105.50         \$105.50         \$105.50           5:00 p.m 5:30 p.m.         12         246105         \$105.50         \$105.50         \$105.50           5:00 p.m 5:30 p.m.         12         246106         \$105.50         \$105.50           5:30 p.m 6:00 p.m.         12         246105         \$105.50         \$105.50							
Stop p.m.         Stop p.m. <t< td=""><td></td><td></td><td></td><td></td><td></td><td></td><td>Pres</td></t<>							Pres
Preschool 2         3 - 5 yrs           Mon.         Sep. 22         4:30 p.m 6:00 p.m.         12         246103         \$105.50           Sep. 22         4:30 p.m 5:00 p.m.         12         246103         \$105.50           Sep. 22         4:30 p.m 6:00 p.m.         12         246104         \$105.50           Sep. 23         11:00 a.m 11:30 a.m.         12         246105         \$105.50           Tue.         Sep. 23         11:00 a.m 12:00 p.m.         12         246106         \$105.50           Sep. 23         11:30 a.m 12:00 p.m.         12         246105         \$105.50         \$105.50           Sep. 23         5:00 p.m 6:00 p.m.         12         246105         \$105.50         \$105.50           Sep. 23         5:00 p.m 12:00 p.m.         12         246105         \$105.50         \$105.50           Sep. 23         5:00 p.m 12:00 p.m.         12         246106         \$105.50         \$105.50			4:30 p.m 5:00 p.m.				Mon.
Preschool 2         3 - 5 yrs           Mon.         Sep. 22         4:30 p.m 5:00 p.m.         12         246103         \$105.50           5:30 p.m 6:00 p.m.         12         246104         \$105.50           6:00 p.m 6:30 p.m.         12         246104         \$105.50           1ue.         Sep. 23         11:00 a.m 11:30 a.m.         12         246105         \$105.50           11:30 a.m 12:00 p.m.         12         246105         \$105.50         \$105.50         \$105.50           5:00 p.m 5:30 p.m.         12         246106         \$105.50         \$105.50         \$105.50			5:00 p.m 5:30 p.m.				Tue.
Mon.         Sep. 22         4:30 p.m 5:00 p.m.         12         246103         \$105.50           5:30 p.m 6:00 p.m.         12         246104         \$105.50           6:00 p.m 6:30 p.m.         12         246105         \$105.50           100 p.m 6:30 p.m.         12         246105         \$105.50           100 p.m 6:30 p.m.         12         246105         \$105.50           11:30 a.m 11:30 a.m.         12         246105         \$105.50           11:30 a.m 12:00 p.m.         12         246106         \$105.50           5:00 p.m 5:30 p.m.         12         246107         \$105.50           5:30 p.m 6:00 p.m.         12         246136         \$105.50	Drocoba	012	5.30 p.m 6:00 p.m.	1 12	240U0Z		Thu.
Step. 22         4.30 p.m.         5:30 p.m.         12         246104         \$105.50           5:30 p.m.         6:00 p.m.         12         246104         \$105.50           6:00 p.m.         6:30 p.m.         12         246656         \$105.50           Tue.         Sep. 23         11:00 a.m.         11:30 a.m.         12         246105         \$105.50           11:30 a.m.         12         246105         \$105.50         \$105.50         \$105.50         \$105.50           5:00 p.m.         5:30 p.m.         12         246106         \$105.50         \$105.50         \$105.50           5:30 p.m.         5:30 p.m.         12         246106         \$105.50         \$105.50         \$105.50         \$105.50			( 00 m m E 00 m	10	0//100		Sat.
Sep. 23         6:00 p.m 6:30 p.m.         12         246656         \$105.50           Tue.         Sep. 23         11:00 a.m 11:30 a.m.         12         246105         \$105.50           11:30 a.m 12:00 p.m.         12         246106         \$105.50         \$105.50           5:00 p.m 12:00 p.m.         12         246106         \$105.50           5:00 p.m 5:30 p.m.         12         246107         \$105.50           5:30 p.m 6:00 p.m.         12         246136         \$105.50	MON.	Sep. 22					out.
Sep. 23         11:00 a.m 11:30 a.m.         12         246105         \$105.50           11:30 a.m 12:00 p.m.         12         246106         \$105.50           5:00 p.m 5:30 p.m.         12         246107         \$105.50           5:00 p.m 5:30 p.m.         12         246107         \$105.50           5:30 p.m 6:00 p.m.         12         246136         \$105.50							
11:30 a.m.         12         246106         \$105.50           5:00 p.m.         12         246107         \$105.50           5:00 p.m.         5:30 p.m.         12         246107         \$105.50           5:30 p.m.         12         246137         \$105.50	Tue	Cor. 22					Sun.
5:00 p.m 5:30 p.m. 12 246107 \$105.50 5:30 p.m 6:00 p.m. 12 246136 \$105.50	iue.	Sep. 23					oun.
5:30 p.m 6:00 p.m. 12 246136 \$105.50							
i							
			o:uu p.iii 6:30 p.m.	12	2401Uŏ	ຸລາມວ.ວປ	

		Preschool Swim	iming		
Day	Begins	Time	Classes	Code	Fee
Tue.	Sep. 23	6:45 p.m 7:15 p.m.	12	246109	\$105.50
Wed.	Sep. 24	5:00 p.m 5:30 p.m.	12	246110	\$105.50
iiou.	000.24	5:30 p.m 6:00 p.m.	12	246112	\$105.50
		7:00 p.m 7:30 p.m.	12	246113	\$105.50
Thu.	Sep. 25	10:00 a.m 10:30 a.m.	12	246115	\$105.50
	-	5:00 p.m 5:30 p.m.	12	246116	\$105.50
		5:30 p.m 6:00 p.m.	12	246117	\$105.50
	0.01	7:00 p.m 7:30 p.m.	12	246118	\$105.50
Fri.	Sep. 26	4:30 p.m 5:00 p.m.	12	246133	\$105.50
		6:00 p.m 6:30 p.m.	12	246142	\$105.50
Sat.	Sep. 27	9:00 a.m 9:30 a.m.	12	246120	\$105.50
	000127	9:30 a.m 10:00 a.m.	12	246121	\$105.50
		10:30 a.m 11:00 a.m.	12	246122	\$105.50
		4:00 p.m 4:30 p.m.	12	246124	\$105.50
Sun.	Sep. 28	9:00 a.m 9:30 a.m.	12	246125	\$105.50
		9:30 a.m 10:00 a.m.	12	246126	\$105.50
		10:30 a.m 11:00 a.m.	12	246127	\$105.50
		11:30 a.m 12:00 p.m.	12	246128	\$105.50
		5:00 p.m 5:30 p.m.	12	246129	\$105.50
		5:30 p.m 6:00 p.m.	12	246130	\$105.50
		6:30 p.m 7:00 p.m.	12	246131	\$105.50
Prescho	2 10	0.30 p.m. 7.00 p.m.	12	240131	
		E 00 m m E 00	10	0//005	<u>3-5у</u>
Mon.	Sep. 22	5:00 p.m 5:30 p.m.	12	246235	\$105.50
		6:30 p.m 7:00 p.m.	12	246236	\$105.50
Tue.	Sep. 23	11:30 a.m 12:00 p.m.	12	246212	\$105.50
		6:00 p.m 6:30 p.m.	12	246215	\$105.50
			12		
		7:00 p.m 7:30 p.m.		246216	\$105.50
		7:30 p.m 8:00 p.m.	12	246217	\$105.50
Wed.	Sep. 24	6:00 p.m 6:30 p.m.	12	246219	\$105.50
		7:30 p.m 8:00 p.m.	12	246661	\$105.50
Thu.	Sep. 25	9:30 a.m 10:00 a.m.	12	246221	\$105.50
mu.	Jep. 25				
	0.01	6:00 p.m 6:30 p.m.	12	246223	\$105.50
Fri.	Sep. 26	5:00 p.m 5:30 p.m.	12	246234	\$105.50
Sat.	Sep. 27	9:30 a.m 10:00 a.m.	12	246224	\$105.50
		11:00 a.m 11:30 a.m.	12	246225	\$105.50
		4:00 p.m 4:30 p.m.	12	246226	\$105.50
		5:30 p.m 6:00 p.m.	12	246227	\$105.50
		6:30 p.m 7:00 p.m.	12	246228	\$105.50
Sun.	Sep. 28	9:30 a.m 10:00 a.m.	12	246229	\$105.50
		10:00 a.m 10:30 a.m.	12	246230	\$105.50
		10:30 a.m 11:00 a.m.	12	246231	\$105.50
		11:00 a.m 11:30 a.m.	12	246232	\$105.50
		4:30 p.m 5:00 p.m.	12	246233	\$105.50
Prescho	ool 4				3 - 5 yı
Mon.	Sep. 22	6:00 p.m 6:30 p.m.	12	246250	\$105.50
	000.22		12	246251	\$105.5
	000	6:30 p.m 7:00 p.m.			
Tue.	Sep. 23	7:15 p.m 7:45 p.m.	12	246239	\$105.50
Ned.	Sep. 24	7:30 p.m 8:00 p.m.	12	246240	\$105.50
Thu.	Sep. 25	10:00 a.m 10:30 a.m.	12	246241	\$105.50
		6:00 p.m 6:30 p.m.	12	246242	\$105.5
Cot	Cor 27				¢105.0
Sat.	Sep. 27	10:30 a.m 11:00 a.m.	12	246243	\$105.50
		11:30 a.m 12:00 p.m.	12	246244	\$105.50
		3:30 p.m 4:00 p.m.	12	246245	\$105.50
		6:00 p.m 6:30 p.m.	12	246246	\$105.50
Sun.	Sep. 28	9:30 a.m 10:00 a.m.	12	246247	\$105.50
Juli.	Jeh. 70				
		12:30 p.m 1:00 p.m.	12	246248	\$105.50
		6:00 p.m 6:30 p.m.	12	246249	\$105.50
Prescho	ool 5				3 - 5 уі
Mon.	Sep. 22	6:00 p.m 6:30 p.m.	12	246263	\$105.50
Tue.	Sep. 22	6:30 p.m 7:00 p.m.	12	246256	\$105.5
Thu.	Sep. 25	7:30 p.m 8:00 p.m.	12	246349	\$105.50
Sat.	Sep. 27	10:00 a.m 10:30 a.m.	12	246258	\$105.50
		11:30 a.m 12:00 p.m.	12	246262	\$105.50
		5:00 p.m 5:30 p.m.	12	246259	\$105.50
		11:30 a.m 12:00 p.m.	12	246260	\$105.50
Sun.	Sep. 28				

## Angus Glen Pool (cont'd)

3990 Major MacKenzie Dr. East, 905-944-3777 ext. 7111

		Children Swimr	ning		
Day	Begins	Time	Classes	Code	Fee
Swimme	er 1				5 - 12 yrs
Mon.	Sep. 22	5:00 p.m 5:30 p.m.	12	246265	\$105.50
		5:30 p.m 6:00 p.m.	12	246266	\$105.50
		6:00 p.m 6:30 p.m.	12	246267	\$105.50
Tue.	Sep. 23	6:30 p.m 7:00 p.m.	12	246269	\$105.50
Wed.	Sep. 24	6:30 p.m 7:00 p.m.	12	246271	\$105.50
Fri.	Sep. 26	6:00 p.m 6:30 p.m.	12	246273	\$105.50
Sat.	Sep. 27	9:00 a.m 9:30 a.m.	12	246274	\$105.50
		10:30 a.m 11:00 a.m.	12	246276	\$105.50
		11:30 a.m 12:00 p.m.	12	246283	\$105.50
Cup	Con 20	7:00 p.m 7:30 p.m.	12	246278	\$105.50
Sun.	Sep. 28	10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m.	12 12	246279 246280	<b>\$105.50</b> <b>\$105.50</b>
Swimme	r 7	11.00 d.111 11.30 d.111.	12	240200	
		(20 nm E-00 nm	10	2//20/	5 - 12 yrs
Mon.	Sep. 22	4:30 p.m 5:00 p.m.	12	246284	\$105.50
		5:30 p.m 6:00 p.m.	12 12	246655	\$105.50 \$105.50
		6:00 p.m 6:30 p.m.	12	246286	\$105.50
Tue.	Sep. 23	6:30 p.m 7:00 p.m. 6:00 p.m 6:30 p.m.	12	246287 246288	\$105.50 \$105.50
lue.	Jep. 2J	6:30 p.m 7:00 p.m.	12	246289	\$105.50
Wed.	Sep. 24	6:00 p.m 6:30 p.m.	12	246290	\$105.50
vvcu.	Jep. 24	7:30 p.m 8:00 p.m.	12	246290	\$105.50
Fri.	Sep. 26	6:30 p.m 7:00 p.m.	12	246301	\$105.50
Sat.	Sep. 20	9:00 a.m 9:30 a.m.	12	246292	\$105.50
Jut.	Jup. 27	9:30 a.m 10:00 a.m.	12	246293	\$105.50
		11:00 a.m 11:30 a.m.	12	246294	\$105.50
		11:30 a.m 12:00 p.m.	12	246295	\$105.50
		6:00 p.m 6:30 p.m.	12	246296	\$105.50
		7:00 p.m 7:30 p.m.	12	246297	\$105.50
Sun.	Sep. 28	10:30 a.m 11:00 a.m.	12	246298	\$105.50
Swimme				210270	5 - 12 yrs
Mon.	Sep. 22	5:15 p.m 6:00 p.m.	12	246303	\$105.50
Tue.	Sep. 23	6:45 p.m 7:30 p.m.	12	246304	\$105.50
Wed.	Sep. 24	7:15 p.m 8:00 p.m.	12	246305	\$105.50
Thu.	Sep. 25	6:45 p.m 7:30 p.m.	12	246306	\$105.50
Fri.	Sep. 26	4:30 p.m 5:15 p.m.	12	246307	\$105.50
Sat.	Sep. 27	10:30 a.m 11:15 a.m.	12	246308	\$105.50
	·	11:15 a.m 12:00 p.m.	12	246309	\$105.50
Sun.	Sep. 28	9:00 a.m 9:45 a.m.	12	246310	\$105.50
		10:30 a.m 11:15 a.m.	12	246311	\$105.50
		11:15 a.m 12:00 p.m.	12	246312	\$105.50
		6:00 p.m 6:45 p.m.	12	246313	\$105.50
		ke Improvement			6 - 12 yrs
Fri.	Sep. 26	6:15 p.m 7:00 p.m.	12	246380	\$105.50
Swimme	er 4				5 - 12 yrs
Mon.	Sep. 22	4:30 p.m 5:15 p.m.	12	246350	\$105.50
Wed.	Sep. 24	6:30 p.m 7:15 p.m.	12	246352	\$105.50
Thu.	Sep. 25	6:30 p.m 7:15 p.m.	12	246353	\$105.50
Fri.	Sep. 26	5:15 p.m 6:00 p.m.	12	246354	\$105.50
Sat.	Sep. 27	9:00 a.m 9:45 a.m.	12	246362	\$105.50
		9:45 a.m 10:30 a.m.	12	246355	\$105.50
		11:15 a.m 12:00 p.m.	12	246356	\$105.50
0	0	3:30 p.m 4:15 p.m.	12	246358	\$105.50
Sun.	Sep. 28	9:45 a.m 10:30 a.m.	12	246359	\$105.50
<b>o</b> :		7:00 p.m 7:45 p.m.	12	246360	\$105.50
Swimme		EAE 1.00	10	0//0/5	5 - 12 yrs
Mon.	Sep. 22	5:15 p.m 6:00 p.m.	12	246363	\$105.50
Wed.	Sep. 24	6:45 p.m 7:30 p.m.	12	246365	\$105.50
Thu.	Sep. 25	6:00 p.m 6:45 p.m.	12	246369	\$105.50
Sat.	Sep. 27	9:00 a.m 9:45 a.m.	12	246366	\$105.50
Curr	0 00	10:30 a.m 11:15 a.m.	12	246367	\$105.50
Sun.		10:30 a.m 11:15 a.m.	12	246368	\$105.50
	Sep. 28		10	9//970	¢105 50
	Sep. 28	4:15 p.m 5:00 p.m.	12	246370	\$105.50
		4:15 p.m 5:00 p.m. 6:45 p.m 7:30 p.m.	12 12	246370 246371	\$105.50
		4:15 p.m 5:00 p.m.			

		Children Swimi	ning		
Day	Begins	Time	Classes	Code	Fee
Swimm	er 6				5 - 12 yr
Mon.	Sep. 22	4:30 p.m 5:15 p.m.	12	246372	\$105.50
Tue.	Sep. 23	7:45 p.m 8:30 p.m.	12	246373	\$105.50
Wed.	Sep. 24	6:00 p.m 6:45 p.m.	12	246374	\$105.50
Thu.	Sep. 25	6:00 p.m 6:45 p.m.	12	246375	\$105.50
Sat.	Sep. 27	9:45 a.m 10:30 a.m.	12	246376	\$105.50
Sun.	Sep. 28	9:45 a.m 10:30 a.m.	12	246377	\$105.50
oun.	000.20	7:45 p.m 8:30 p.m.	12	246378	\$105.50
Swimm	er 7 – Rook		12	240070	5 - 15 yr
Tue.	Sep. 23	7:00 p.m 7:45 p.m.	12	246382	\$105.50
Sat.			12		
Jdl.	Sep. 27	10:30 a.m 11:15 a.m.		246383	\$105.50
0	0 00	6:15 p.m 7:00 p.m.	12	246387	\$105.5
Sun.	Sep. 28	9:45 a.m 10:30 a.m.	12	246384	\$105.50
		5:00 p.m 5:45 p.m.	12	246385	\$105.5
		7:00 p.m 7:45 p.m.	12	246386	\$105.50
Swimm	er 8 – Rang	er Patrol			5 - 15 yı
Tue.	Sep. 23	6:00 p.m 6:45 p.m.	12	246393	\$105.5
Sat.	Sep. 27	11:15 a.m 12:00 p.m.	12	246389	\$105.5
		3:30 p.m 4:15 p.m.	12	246390	\$105.5
Sun.	Sep. 28	11:00 a.m 11:45 a.m.	12	246370	\$105.5
oun.	000.20	6:30 p.m 7:15 p.m.	12	246371	\$105.5
Cutimm			12	240J72	
	<mark>er 9 – Star</mark>		10		<mark>5 - 15 yı</mark>
Wed.	Sep. 24	7:00 p.m 8:00 p.m.	12	246394	\$105.5
Fri.	Sep. 26	4:30 p.m 5:30 p.m.	12	246395	\$105.5
Sat.	Sep. 27	5:00 p.m 6:00 p.m.	12	246396	\$105.5
Sun.	Sep. 28	12:00 p.m 1:00 p.m.	12	246397	\$105.5
		7:30 p.m 8:30 p.m.	12	246399	\$105.5
		H40 Swimmi			
Day	Begins	Time	Classes	Code	Fee
H40 Sw	immer 1				5 - 12 yı
Mon.	Sep. 22	4:30 p.m 5:00 p.m.	12	246410	\$184.5
Tue.	Sep. 23	6:00 p.m 6:30 p.m.	12	246411	\$184.5
Wed			12	246414	\$184.5
	Sep. 24	7:00 p.m 7:30 p.m.	12	246414	
		7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m.	12	246412	\$184.5
Wed. Thu.	Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m.	12 12	246412 246416	\$184.5 \$184.5
Thu.	Sep. 24 Sep. 25	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m.	12 12 12	246412 246416 246662	\$184.5 \$184.5 \$184.5
Thu. Fri.	Sep. 24 Sep. 25 Sep. 26	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m.	12 12 12 12 12	246412 246416 246662 246415	\$184.5 \$184.5 \$184.5 \$184.5
Fri. Sat.	Sep. 24 Sep. 25 Sep. 26 Sep. 27	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m.	12 12 12 12 12 12	246412 246416 246662 246415 246417	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m.	12 12 12 12 12	246412 246416 246662 246415	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Fri. Sat. Sun.	Sep. 24 Sep. 25 Sep. 26 Sep. 27	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m.	12 12 12 12 12 12	246412 246416 246662 246415 246417	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Fri. Sat. Sun. <b>H40 Sw</b>	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m.	12 12 12 12 12 12	246412 246416 246662 246415 246417	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 <b>5 - 12 y</b>
Fri. Sat. Sun. <b>H40 Sw</b> Mon.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m.	12 12 12 12 12 12 12 12	246412 246416 246662 246415 246417 246418	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 <b>5 - 12 yr</b> \$184.5
Fri. Sat. Sun. <b>H40 Sw</b> Mon.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 2	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12	246412 246416 246662 246415 246417 246418 246418 246419 246420	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 <b>5 - 12 yr</b> \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 23	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12	246412 246416 246662 246415 246417 246418 246418 246419 246420 246420 246421	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 <b>5 - 12 yr</b> \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246418 246419 246420 246421 246422	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 23	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246418 246419 246420 246420 246421 246422 246423	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H4O Sw</b> Mon. Tue. Wed.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246419 246429 246421 246421 246422 246423 246424	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H4O Sw</b> Mon. Tue. Wed.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 23	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246419 246420 246420 246421 246421 246422 246423 246424 246425	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu.	Sep. 24 Sep. 25 Sep. 27 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24 Sep. 25	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246418 246419 246420 246420 246421 246422 246423 246424 246425 246428	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 4:30 p.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 7:30 p.m 8:15 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 8:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246417 246419 246420 246421 246422 246422 246423 246423 246425 246428 246426	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu. Fri.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 23 Sep. 23 Sep. 24 Sep. 25 Sep. 25 Sep. 26	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 7:30 p.m 8:10 p.m. 7:30 p.m 8:10 p.m. 7:30 p.m 8:10 p.m. 7:30 p.m 8:10 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246417 246418 246419 246420 246420 246421 246422 246422 246423 246424 246425 246428	\$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu. Fri. Sat.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 26	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:50 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 8:15 p.m. 5:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246417 246418 246420 246420 246421 246422 246422 246423 246424 246425 246428 246428	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu. Fri. Sat.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 23 Sep. 23 Sep. 24 Sep. 25 Sep. 25 Sep. 26	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 7:30 p.m 8:10 p.m. 7:30 p.m 8:10 p.m. 7:30 p.m 8:10 p.m. 7:30 p.m 8:10 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246417 246418 246419 246420 246420 246421 246422 246422 246423 246424 246425 246428	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu. Fri. Sat.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 26	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:50 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 8:15 p.m. 5:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246417 246418 246420 246420 246421 246422 246422 246423 246424 246425 246428 246428	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Thu. Fri. Sat.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 26	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:15 p.m. 5:30 p.m 8:15 p.m. 5:30 p.m 7:00 p.m. 4:30 p.m 7:00 p.m. 4:30 p.m 7:00 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246417 246417 246418 246419 246420 246420 246421 246422 246423 246424 246425 246425 246426 246426 246427 246429 246430	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H4O Sw</b> Mon. Tue. Wed. Thu. Fri. Sat. Sun.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 25 Sep. 26 Sep. 27 Sep. 28	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:15 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 5:00 p.m. 9:30 a.m 10:00 a.m. 10:30 a.m 11:00 a.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246419 246420 246420 246421 246421 246423 246423 246424 246425 246425 246428 246426 246429 246430 246431	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H4O Sw</b> Mon. Tue. Wed. Thu. Fri. Sat. Sat. Sun. H4O Sw	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 3	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:33 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 5:00 p.m. 9:30 a.m 10:00 a.m. 10:30 a.m 11:30 a.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246645 246417 246417 246418 246419 246420 246420 246421 246422 246423 246424 246425 246424 246425 246426 246427 246429 246430 246431 246432	\$184.5 \$184.5\$184.5 \$184.5 \$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5 \$184.5\$184.5\$184.5\$184.5\$184.5\$184.5\$184.5\$1
Thu. Fri. Sat. Sun. <b>H4O Sw</b> Mon. Tue. Wed. Thu. Fri. Sat. Sun. H4O Sw	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 25 Sep. 26 Sep. 27 Sep. 28	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 6:30 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 5:00 p.m. 9:30 a.m 10:00 a.m. 10:30 a.m 11:30 a.m. 4:45 p.m 5:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246418 246418 246420 246420 246421 246422 246424 246425 246424 246425 246428 246426 246427 246430 246431 246433	\$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5
Thu. Fri. Sat. Sun. <b>H4O Sw</b> Mon. Tue. Wed. Thu. Fri. Sat. Sun. H4O Sw Mon.	Sep. 24 Sep. 25 Sep. 27 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 3</b> Sep. 22	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 4:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 7:00 p.m. 4:30 p.m 5:00 p.m. 9:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246417 246418 246419 246420 246420 246421 246422 246423 246424 246425 246428 246426 246427 246429 246430 246431 246433 246434	\$184.5 \$184.5\$184.5
Thu. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Thu. Fri. Sat. Sun. H40 Sw Mon. Tue.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 26 Sep. 27 Sep. 28 immer 3 Sep. 22 Sep. 22 Sep. 23	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 7:30 p.m 8:50 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 8:50 p.m. 5:30 p.m 5:00 p.m. 4:30 p.m 10:00 a.m. 10:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 5:30 p.m 6:51 p.m. 5:30 p.m 6:51 p.m. 6:30 p.m 6:51 p.m.	12         12	246412 246416 246662 246417 246417 246418 246418 246419 246420 246420 246421 246422 246422 246423 246424 246425 246428 246426 246429 246430 246431 246432	\$184.5 \$184.5
Thu. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Thu. Fri. Sat. Sun. H40 Sw Mon. Tue.	Sep. 24 Sep. 25 Sep. 27 Sep. 27 Sep. 28 <b>immer 2</b> Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 25 Sep. 26 Sep. 27 Sep. 28 <b>immer 3</b> Sep. 22	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 6:00 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 5:00 p.m. 9:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m. 6:45 p.m 6:15 p.m. 6:45 p.m 7:30 p.m.	12         12	246412 246416 246662 246417 246418 246417 246418 246419 246420 246420 246421 246422 246423 246424 246425 246428 246428 246428 246430 246431 246432	\$184.5 \$184.5\$184.5 \$184.5 \$184.5\$184.5
Thu. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Sat. Sun. H40 Sw Mon. Tue. Wed.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 26 Sep. 27 Sep. 28 immer 3 Sep. 22 Sep. 22 Sep. 22 Sep. 23 Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 5:00 p.m. 9:30 a.m 10:00 a.m. 10:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m. 6:530 p.m 6:15 p.m. 6:45 p.m 7:30 p.m. 6:30 p.m 7:15 p.m. 6:45 p.m 7:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246419 246420 246420 246421 246421 246423 246423 246423 246424 246425 246425 246425 246424 246425 246423 246431 246432 246433 246433	\$184.5 \$184.5
Thu. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Sat. Sun. H40 Sw Mon. Tue. Wed.	Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 24 Sep. 25 Sep. 26 Sep. 26 Sep. 27 Sep. 28 immer 3 Sep. 22 Sep. 22 Sep. 23	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 5:00 p.m. 4:30 p.m 7:00 p.m. 4:30 p.m 11:00 a.m. 10:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m. 6:30 p.m 7:15 p.m. 6:45 p.m 7:30 p.m. 6:45 p.m 7:30 p.m. 6:45 p.m 7:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 2466417 2466417 246417 246418 246419 246420 246420 246421 246422 246423 246424 246425 246425 246425 246428 246426 246427 246430 246431 246432 246433 246434 246433	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Thu.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 3 Sep. 22 Sep. 23 Sep. 22 Sep. 23 Sep. 24 Sep. 23 Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 4:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 5:00 p.m. 5:30 p.m 11:00 a.m. 10:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m. 6:45 p.m 7:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246418 246418 246419 246420 246420 246421 246422 246422 246424 246425 246424 246425 246424 246430 246431 246433 246433 246434 246436 246437 246437 246438 246438	\$184.5 \$184.5
Thu. Fri. Sat. Sun. <b>H40 Sw</b> Mon. Tue. Wed. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Thu.	Sep. 24 Sep. 25 Sep. 27 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 3 Sep. 22 Sep. 22 Sep. 23 Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 9:00 a.m 9:30 a.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 6:30 p.m 6:30 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 5:00 p.m. 4:30 p.m 7:00 p.m. 4:30 p.m 11:00 a.m. 10:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m. 6:30 p.m 7:15 p.m. 6:45 p.m 7:30 p.m. 6:45 p.m 7:30 p.m. 6:45 p.m 7:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 2466417 2466417 246417 246418 246419 246420 246420 246421 246422 246423 246424 246425 246425 246425 246428 246426 246427 246430 246431 246432 246433 246434 246433	\$184.5 \$184.5
Thu. Fri. Sat. Sun. H40 Sw Mon. Tue. Wed. Sat. Sun. H40 Sw Mon. Tue. Wed.	Sep. 24 Sep. 25 Sep. 25 Sep. 27 Sep. 28 immer 2 Sep. 22 Sep. 23 Sep. 24 Sep. 25 Sep. 26 Sep. 27 Sep. 28 immer 3 Sep. 22 Sep. 23 Sep. 22 Sep. 23 Sep. 24 Sep. 23 Sep. 24	7:00 p.m 7:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:00 p.m. 4:30 p.m 6:30 p.m. 4:30 p.m 5:00 p.m. 4:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 8:00 p.m. 7:30 p.m 8:15 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 5:00 p.m. 5:30 p.m 11:00 a.m. 10:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 4:45 p.m 5:30 p.m. 6:45 p.m 7:30 p.m.	12 12 12 12 12 12 12 12 12 12 12 12 12 1	246412 246416 246662 246415 246417 246418 246418 246418 246419 246420 246420 246421 246422 246422 246424 246425 246424 246425 246424 246430 246431 246433 246433 246434 246436 246437 246437 246438 246438	\$184.5 \$184.5\$184.5



## Angus Glen Pool (cont'd)

### 3990 Major MacKenzie Dr. East, 905-944-3777 ext. 7111

		H40 Swimmin	g		
Day	Begins	Time	Classes	Code	Fee
H40 Swi	mmer 4				5 - 12 yrs
Mon.	Sep. 22	4:45 p.m 5:30 p.m.	12	246447	\$184.50
		5:30 p.m 6:15 p.m.	12	246445	\$184.50
Tue.	Sep. 23	7:30 p.m 8:15 p.m.	12	246448	\$184.50
Wed.	Sep. 24	6:00 p.m 6:45 p.m.	12	246449	\$184.50
		7:15 p.m 8:00 p.m.	12	246450	\$184.50
Thu.	Sep. 25	7:00 p.m 7:45 p.m.	12	246455	\$184.50
		7:15 p.m 8:00 p.m.	12	246451	\$184.50
Fri.	Sep. 26	4:45 p.m 5:30 p.m.	12	246670	\$184.50
Sat.	Sep. 27	3:00 p.m 3:45 p.m.	12	246452	\$184.50
Sun.	Sep. 28	9:45 a.m 10:30 a.m.	12	246453	\$184.50
		12:15 p.m 1:00 p.m.	12	246454	\$184.50
H40 Swi	mmer 5				5 - 12 yrs
Mon.	Sep. 22	6:15 p.m 7:00 p.m.	12	246456	\$184.50
Tue.	Sep. 23	6:00 p.m 6:45 p.m.	12	246457	\$184.50
Wed.	Sep. 24	6:00 p.m 6:45 p.m.	12	246458	\$184.50
Thu.	Sep. 25	6:45 p.m 7:30 p.m.	12	246459	\$184.50
Fri.	Sep. 26	5:15 p.m 6:00 p.m.	12	246461	\$184.50
Sat.	Sep. 27	3:45 p.m 4:30 p.m.	12	246462	\$184.50
		5:45 p.m 6:30 p.m.	12	246463	\$184.50
Sun.	Sep. 28	9:00 a.m 9:45 a.m.	12	246464	\$184.50
		11:30 a.m 12:15 p.m.	12	246466	\$184.50

		H40 Swimmin	Ig		
Day	Begins	Time	Classes	Code	Fee
<b>H40 Sw</b>	immer 6				5 - 12 yrs
Mon.	Sep. 22	6:15 p.m 7:00 p.m.	12	246468	\$184.50
Tue.	Sep. 23	7:00 p.m 7:45 p.m.	12	246470	\$184.50
Wed.	Sep. 24	6:45 p.m 7:30 p.m.	12	246471	\$184.50
Fri.	Sep. 26	4:30 p.m 5:15 p.m.	12	246473	\$184.50
Sat.	Sep. 27	5:00 p.m 5:45 p.m.	12	246474	\$184.50
Sun.	Sep. 28	10:45 a.m 11:30 a.m.	12	246476	\$184.50
		12:15 p.m 1:00 p.m.	12	246477	\$184.50
		Adult Swimmi	ng		
Day	Begins	Time	Classes	Code	Fee
Adult 1					16 yrs+
Thu.	Sep. 25	9:30 a.m 10:15 a.m.	12	246402	\$136.73
Sat.	Sep. 27	9:45 a.m 10:30 a.m.	12	246400	\$136.73
Sun.	Sep. 28	7:45 p.m 8:30 p.m.	12	246401	\$136.73
Adult 2					16 yrs+
Tue.	Sep. 23	7:45 p.m 8:30 p.m.	12	246406	\$136.73
Thu.	Sep. 25	10:15 a.m 11:00 a.m.	12	246407	\$136.73
Adult 3					16 yrs+
-					1 4 4 4 4 4 4 4

Sep. 23 7:45 p.m. - 8:30 p.m.

12 246409 \$136.73

### **Centennial Pool**

Tue.

### 8600 McCowan Road, 905-294-6111 ext. 4343 | Cancelled: Oct. 13

		Preschool Swim	ming		
Day	Begins	Time	Classes	Code	Fee
Parent a	and Tot 1				3 - 12 mth
Sun.	Sep. 14	10:00 a.m 10:30 a.m.	14	248342	\$123
Parent a	and Tot 2			12 п	nths - 2 yr
Sun.	Sep. 14	11:00 a.m 11:30 a.m.	14	248343	\$123
Parent a	and Tot 3				2 - 3 yr
Sun.	Sep. 14	10:30 a.m 11:00 a.m.	14	248347	\$123
Prescho					3 - 5 vi
Mon.	Sep. 8	5:30 p.m 6:00 p.m.	14	251130	\$123
	00010	6:00 p.m 6:30 p.m.	14	251131	\$123
Tue.	Sep. 9	5:30 p.m 6:00 p.m.	14	248356	\$123
		6:30 p.m 7:00 p.m.	14	248357	\$123
Wed.	Sep. 10	5:30 p.m 6:00 p.m.	14	248362	\$123
		6:00 p.m 6:30 p.m.	14	248365	\$123
		6:30 p.m 7:00 p.m.	14	248366	\$123
		7:00 p.m 7:30 p.m.	14	248363	\$123
Thu.	Sep. 11	5:30 p.m 6:00 p.m.	14	248367	\$123
		6:30 p.m 7:00 p.m.	14	248368	\$123
		7:00 p.m 7:30 p.m.	14	248369	\$123
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	14	248373	\$123
		10:30 a.m 11:00 a.m.	14	248375	\$123
		11:30 a.m 12:00 p.m.	14	248377	\$123
		4:00 p.m 4:30 p.m.	14	248380	\$123
		4:30 p.m 5:00 p.m.	14	248378	\$123
		5:00 p.m 5:30 p.m.	14	248379	\$123
		5:30 p.m 6:00 p.m.	14	251136	\$123
Sun.	Sep. 14	11:00 a.m 11:30 a.m.	14	248384	\$123
		4:00 p.m 4:30 p.m.	14	248390	\$123
		4:30 p.m 5:00 p.m.	14	251138	\$123
		6:00 p.m 6:30 p.m.	14	248386	\$123
Prescho	ool 2				3 - 5 y
Mon.	Sep. 8	5:30 p.m 6:00 p.m.	14	251132	\$123
Tue.	Sep. 9	6:00 p.m 6:30 p.m.	14	248392	\$123
Wed.	Sep. 10	5:30 p.m 6:00 p.m.	14	248414	\$123
		6:00 p.m 6:30 p.m.	14	248395	\$123
		6:30 p.m 7:00 p.m.	14	248415	\$123
		7:00 p.m 7:30 p.m.	14	248416	\$123

		Preschool Swim	ming		
Day	Begins	Time	Classes	Code	Fee
Thu.	Sep. 11	5:30 p.m 6:00 p.m.	14	248396	\$123
Sat.	Sep. 13	9:30 a.m 10:00 a.m.	14	248400	\$123
		11:00 a.m 11:30 a.m.	14	248403	\$123
		4:30 p.m 5:00 p.m.	14	248405	\$123
		5:00 p.m 5:30 p.m.	14	248406	\$123
Sun.	Sep. 14	11:30 a.m 12:00 p.m.	14	248408	\$123
		4:00 p.m 4:30 p.m.	14	248409	\$123
		4:30 p.m 5:00 p.m.	14	248411	\$123
		5:30 p.m 6:00 p.m.	14	248410	\$123
Prescho	ol 3				3 - 5 yrs
Mon.	Sep. 8	6:30 p.m 7:00 p.m.	14	251060	\$123
Tue.	Sep. 9	7:00 p.m 7:30 p.m.	14	248429	\$123
Thu.	Sep. 11	6:00 p.m 6:30 p.m.	14	248430	\$123
Sat.	Sep. 13	10:00 a.m 10:30 a.m.	14	248421	\$123
		11:30 a.m 12:00 p.m.	14	251061	\$123
		5:00 p.m 5:30 p.m.	14	248422	\$123
		6:00 p.m 6:30 p.m.	14	251062	\$123
Sun.	Sep. 14	10:00 a.m 10:30 a.m.	14	248423	\$123
		5:00 p.m 5:30 p.m.	14	248426	\$123
		6:00 p.m 6:30 p.m.	14	248427	\$123
Prescho	ol 4				3 - 5 yrs
Thu.	Sep. 11	6:00 p.m 6:30 p.m.	14	248433	\$123
Sat.	Sep. 13	10:30 a.m 11:00 a.m.	14	251059	\$123
		11:00 a.m 11:30 a.m.	14	251058	\$123
		4:00 p.m 4:30 p.m.	14	248434	\$123
Sun.	Sep. 14	10:00 a.m 10:30 a.m.	14	248435	\$123
		5:30 p.m 6:00 p.m.	14	248436	\$123
Prescho	ol 5				3 - 5 yrs
Thu.	Sep. 11	6:30 p.m 7:00 p.m.	14	248440	\$123
Sat.	Sep. 13	9:30 a.m 10:00 a.m.	14	251055	\$123
		11:00 a.m 11:30 a.m.	14	251056	\$123
Sun.	Sep. 14	10:30 a.m 11:00 a.m.	14	248441	\$123
		4:00 p.m 4:30 p.m.	14	251057	\$123
		5:30 p.m 6:00 p.m.	14	248442	\$123

## Centennial Pool (cont'd)

8600 McCowan Road, 905-294-6111 ext. 4343 | Cancelled: Oct. 13

		Children Swimn	nina		
Day	Begins	Time	Classes	Code	Fee
Family S	Swim Less	ons			6 - 12 yrs
Sun.	Sep. 14	9:15 a.m 10:00 a.m.	14	251090	\$123
Swimm				2010/0	5 - 12 yrs
Mon.	Sep. 8	6:00 p.m 6:30 p.m.	14	251034	\$123
Tue.	Sep. 9	7:30 p.m 8:00 p.m.	14	248348	\$123
Thu.	Sep. 11	7:00 p.m 7:30 p.m.	14	248349	\$123
Sat.	Sep. 13	10:00 a.m 10:30 a.m.	14	248350	\$123
outi	copi io	11:30 a.m 12:00 p.m.	14	248351	\$123
Sun.	Sep. 14	11:00 a.m 11:30 a.m.	14	248354	\$123
		5:00 p.m 5:30 p.m.	14	248355	\$123
		6:30 p.m 7:00 p.m.	14	251036	\$123
Swim A	ll Year Less	sons - Swimmer 1			
Sat.	Sep. 13	9:00 a.m 9:45 a.m.	32	251117	\$280
Swimm					5 - 12 yrs
Mon.	Sep. 8	6:00 p.m 6:30 p.m.	14	248517	\$123
Tue.	Sep. 9	7:30 p.m 8:00 p.m.	14	248516	\$123
Thu.	Sep. 11	7:30 p.m 8:00 p.m.	14	251037	\$123
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	14	248518	\$123
outi	000110	11:30 a.m 12:00 p.m.	14	248519	\$123
Sun.	Sep. 14	11:30 a.m 12:00 p.m.	14	248514	\$123
- unit		5:30 p.m 6:00 p.m.	14	251038	\$123
		7:00 p.m 7:30 p.m.	14	248515	\$123
Swim A	l Year Less	sons - Swimmer 2			1 4.22
Sat.	Sep. 13	9:45 a.m 10:30 a.m.	32	251118	\$280
Swimm		7.40 u.m. 10.00 u.m.	02	201110	5 - 12 yrs
Mon.	Sep. 8	6:30 p.m 7:15 p.m.	14	248524	\$123
Tue.	Sep. 9	6:00 p.m 6:45 p.m.	14	240524	\$123
Sat.	Sep. 13	11:15 a.m 12:00 p.m.	14	248525	\$123
Jat.	Jeh. 12	4:00 p.m 4:45 p.m.	14	240525	\$123
Sun.	Sep. 14	11:15 a.m 12:00 p.m.	14	248522	\$123
		ke Improvement	14	240322	5 - 12 yrs
Thu.	Sep. 11	7:00 p.m 7:45 p.m.	14	251028	\$123
			14	201020	φιζυ
-		sons - Swimmer 3/4	11	951110	<b>\$</b> 200
Sat.	Sep. 13	10:30 a.m 11:15 a.m.	32	251119	\$280
Swimm	1	( 00 E 45	44	0 ( 05 00	5 - 12 yrs
Mon.	Sep. 8	6:30 p.m 7:15 p.m.	14	248528	\$123
Tue.	Sep. 9	6:45 p.m 7:30 p.m.	14	248527	\$123
Sat.	Sep. 13	10:30 a.m 11:15 a.m.	14	248529	\$123
C	Con 1/	4:45 p.m 5:30 p.m.	14	248530	\$123
Sun.	Sep. 14	10:30 a.m 11:15 a.m.	14	248531	\$123
Swimm					5 - 12 yrs
Tue.	Sep. 9	6:45 p.m 7:30 p.m.	14	248532	\$123
Sat.	Sep. 13	9:45 a.m 10:30 a.m.	14	248533	\$123
Sun.	Sep. 14	10:45 a.m 11:30 a.m.	14	248534	\$123
		ke Improvement			5 - 12 yrs
Thu.	Sep. 11	7:45 p.m 8:30 p.m.	14	251029	\$123
Swim A	ll Year Less	sons - Swimmer 5/6			
Sat.	Sep. 13	11:15 a.m 12:00 p.m.	32	251120	\$280
Swimm	er 6				5 - 12 yrs
Tue.	Sep. 9	6:00 p.m 6:45 p.m.	14	248536	\$123
Sat.	Sep. 13	9:00 a.m 9:45 a.m.	14	248537	\$123
Sun.	Sep. 14	10:00 a.m 10:45 a.m.	14	248538	\$123
<b>Fitness</b>	Swimmer				5 - 15 yrs
Tue.	Sep. 9	7:30 p.m 8:15 p.m.	14	251019	\$123
Sun.	Sep. 14	6:00 p.m 6:45 p.m.	14	251020	\$123
	er 7 – Rook				5 - 15 yrs
Mon.	Sep. 8	7:00 p.m 7:45 p.m.	14	251021	\$123
Sat.	Sep. 13	9:45 a.m 10:30 a.m.	14	248539	\$123
	er 8 – Rang			2.3007	5 - 15 yrs
Sat.	Sep. 13	10:30 a.m 11:15 a.m.	14	248540	1. 1. 1. 1. 1.
			14	240040	\$123
	er 9 – Star		14	2/0E/1	5 - 15 yrs
Sat.	Sep. 13	11:15 a.m 12:00 p.m.	14	248541	\$123

EXI. 434	13   Uali	celled: Uct. 13			
		Pre-Teen/Teen Swi	mming		
Day	Begins	Time	Classes	Code	Fee
<b>Diving L</b>	evel 1 and	2			7 - 16 yrs
Mon.	Sep. 8	6:00 p.m 6:45 p.m.	14	251018	\$136
Wed.	Sep. 10	6:00 p.m 6:45 p.m.	14	248308	\$136
	evel 3 and				7 - 16 yrs
Wed.	Sep. 10	6:45 p.m 7:30 p.m.	14	248311	\$136
Fri.	Sep. 12	6:45 p.m 7:30 p.m.	14	248310	\$136
Teen 1					9 - 16 yrs
Sat.	Sep. 13	5:30 p.m 6:15 p.m.	14	251025	\$123
Teen 2	0 10	F 00 / 4F		05400/	9 - 16 yrs
Sat.	Sep. 13	5:30 p.m 6:15 p.m.	14	251026	\$123
Teen 3	0 10	F 00 / 4F		054005	9 - 16 yrs
Sat.	Sep. 13	5:30 p.m 6:15 p.m.	14	251027	\$123
		H40 Swimmir	Ig		
Day	Begins	Time	Classes	Code	Fee
H40 Swi	mmer 1		· · · · · · · · · · · · · · · · · · ·		5 - 12 yrs
Thu.	Sep. 11	6:00 p.m 6:30 p.m.	14	248312	\$215
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	14	248313	\$215
		4:00 p.m 4:30 p.m.	14	251030	\$215
Sun.	Sep. 14	10:00 a.m 10:30 a.m.	14	248314	\$215
		4:30 p.m 5:00 p.m.	14	248315	\$215
11/0.0		7:00 p.m 7:30 p.m.	14	248317	\$215
H40 Swi		( 00 ( 00		05404/	5 - 12 yrs
Thu.	Sep. 11	6:00 p.m 6:30 p.m.	14	251214	\$215
Sat.	Sep. 13	6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m.	14 14	248322 248323	\$215 \$215
<b>J</b> dl.	3ep. 13	4:00 p.m 4:30 p.m.	14	251137	\$215
Sun.	Sep. 14	10:30 a.m 11:00 a.m.	14	248318	\$215
oun.	000.14	5:00 p.m 5:30 p.m.	14	248319	\$215
		6:30 p.m 7:00 p.m.	14	248321	\$215
H40 Swi	mmer 3				5 - 12 yrs
Thu.	Sep. 11	6:00 p.m 6:45 p.m.	14	251031	\$215
Sat.	Sep. 13	9:30 a.m 10:15 a.m.	14	248328	\$215
Sun.	Sep. 14	10:30 a.m 11:15 a.m.	14	248324	\$215
		4:45 p.m 5:30 p.m.	14	248325	\$215
		6:45 p.m 7:30 p.m.	14	248327	\$215
H40 Swi	1	( (5	1/	051000	5 - 12 yrs
Thu.	Sep. 11	6:45 p.m 7:30 p.m.	14 14	251032	\$215
Sat. Sun.	Sep. 13 Sep. 14	10:00 a.m 10:45 a.m. 11:15 a.m 12:00 p.m.	14	248332 248329	\$215 \$215
Juli.	Jep. 14	4:00 p.m 4:45 p.m.	14	248330	\$215
		6:00 p.m 6:45 p.m.	14	248331	\$215
H40 Swi	mmer 5			210001	5 - 12 yrs
Thu.	Sep. 11	7:00 p.m 7:45 p.m.	14	248336	\$215
Sat.	Sep. 13	10:45 a.m 11:30 a.m.	14	248337	\$215
Sun.	Sep. 14	9:45 a.m 10:30 a.m.	14	248333	\$215
		4:45 p.m 5:30 p.m.	14	248334	\$215
		6:00 p.m 6:45 p.m.	14	248335	\$215
H40 Swi					5 - 12 yrs
Thu.	Sep. 11	7:45 p.m 8:30 p.m.	14	251033	\$215
Sat.	Sep. 13	10:15 a.m 11:00 a.m.	14	248283	\$215
Sun.	Sep. 14	9:00 a.m 9:45 a.m.	14	248279	\$215
		4:00 p.m 4:45 p.m.	14	248280	\$215 \$215
	1	6:45 p.m 7:30 p.m.	14	248281	j .⊅∠13
		Adult Swimmi	ng		
Day	Begins	Time	Classes	Code	Fee
Adult 1					16 yrs+
Mon.	Sep. 8	7:15 p.m 8:00 p.m.	14	251023	\$159.33
Adult 2		7.10 p.m. 0.00 p.m.	.4	201020	16 yrs+
Mon.	Sep. 8	7:15 p.m 8:00 p.m.	14	248287	\$159.33
Adult 3				2.5207	16 yrs+
Mon.	Sep. 8	7:15 p.m 8:00 p.m.	14	251024	\$159.33
	roke Impro			20.024	16 yrs+
Tue.	Sep. 9	7:45 p.m 8:30 p.m.	14	251022	\$159.33
				20.011	φ.σ/.σσ



### **Cornell Pool**

### 3201 Bur Oak Ave., 905-479-7753 ext. 4531 | Cancelled: Oct. 13, 17, 18, 19

		Preschool Swim	mina		
Day	Begins	Time	Classes	Code	Fee
Parent a			Classes		<i>- 12 mths</i>
Mon.	Sep. 15	2:00 p.m 2:30 p.m.	9	248634	\$79.50
Tue.	Sep. 16	6:30 p.m 7:00 p.m.	9	248635	\$79.50
Wed.	Sep. 17	5:30 p.m 6:00 p.m.	9	248636	\$79.50
Fri.	Sep. 19	6:30 p.m 7:00 p.m.	9	248631	\$79.50
Sat.	Sep. 20	11:00 a.m 11:30 a.m.	9	248632	\$79.50
Sun.	Sep. 21	10:00 a.m 10:30 a.m.	9	248633	\$79.50
Parent a	nd Tot 2			12 m	ths - 2 yrs
Tue.	Sep. 16	6:00 p.m 6:30 p.m.	9	248641	\$79.50
Thu.	Sep. 18	4:30 p.m 5:00 p.m.	9	248642	\$79.50
Fri.	Sep. 19	6:00 p.m 6:30 p.m.	9	248637	\$79.50
Sat.	Sep. 20	10:30 a.m 11:00 a.m.	9	248638	\$79.50
Sun.	Sep. 21	12:00 p.m 12:30 p.m.	9	248639	\$79.50
Parent a	1		1		2 - 3 yrs
Mon.	Sep. 15	2:30 p.m 3:00 p.m.	9	248650	\$79.50
<b>T</b>	0 1/	5:00 p.m 5:30 p.m.	9	248643	\$79.50
Tue.	Sep. 16	5:00 p.m 5:30 p.m.	9	248651	\$79.50
Wed	Sep. 17	7:00 p.m 7:30 p.m.	9 9	248652	<b>\$79.50</b> <b>\$</b> 79.50
Wed. Fri.	Sep. 17	6:30 p.m 7:00 p.m. 5:30 p.m 6:00 p.m.	9	248654 248646	\$79.50
Sat.	Sep. 17	12:00 p.m 12:30 p.m.	9	248647	\$79.50
Sun.	Sep. 20	9:30 a.m 10:00 a.m.	9	248648	\$79.50
Juli.	50p. 21	10:30 a.m 11:00 a.m.	9	248649	\$79.50
Prescho	ol 1	10.00 a.m. 11.00 a.m.	,	240047	3 - 5 yrs
Mon.	Sep. 15	4:30 p.m 5:00 p.m.	9	248695	\$79.50
FIGH.	00p. 10	5:00 p.m 5:30 p.m.	9	248682	\$79.50
		6:00 p.m 6:30 p.m.	9	248655	\$79.50
		7:00 p.m 7:30 p.m.	9	248656	\$79.50
Tue.	Sep. 16	5:30 p.m 6:00 p.m.	9	248683	\$79.50
		6:00 p.m 6:30 p.m.	9	248684	\$79.50
		7:30 p.m 8:00 p.m.	9	248685	\$79.50
		8:00 p.m 8:30 p.m.	9	248686	\$79.50
Wed.	Sep. 17	1:30 p.m 2:00 p.m.	9	248691	\$79.50
		5:00 p.m 5:30 p.m.	9	248657	\$79.50
	0 10	6:30 p.m 7:00 p.m.	9	248658	\$79.50
Thu.	Sep. 18	4:30 p.m 5:00 p.m.	9	248687	\$79.50
		5:30 p.m 6:00 p.m.	9	248688	\$79.50
		6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m.	9	248660	\$79.50 \$79.50
		8:00 p.m 8:30 p.m.	9	248661 248689	\$79.50
Fri.	Sep. 19	4:30 p.m 5:00 p.m.	9	248662	\$79.50
111.	JCp. 17	5:00 p.m 5:50 p.m.	9	251063	\$79.50
		5:30 p.m 6:00 p.m.	9	248663	\$79.50
Sat.	Sep. 20	9:15 a.m 9:45 a.m.	9	248664	\$79.50
		9:30 a.m 10:00 a.m.	9	248665	\$79.50
		10:30 a.m 11:00 a.m.	9	248666	\$79.50
		11:30 a.m 12:00 p.m.	9	248667	\$79.50
		12:00 p.m 12:30 p.m.	9	248668	\$79.50
		5:30 p.m 6:00 p.m.	9	248669	\$79.50
		6:30 p.m 7:00 p.m.	9	248670	\$79.50
Sun.	Sep. 21	9:00 a.m 9:30 a.m.	9	248671	\$79.50
		9:30 a.m 10:00 a.m.	9	251064	\$79.50
		10:00 a.m 10:30 a.m.	9	248672	\$79.50
		10:30 a.m 11:00 a.m.	9	251065	\$79.50
		11:00 a.m 11:30 a.m.	9	248673	\$79.50
		11:00 a.m 11:30 a.m.	9	251128	\$79.50 ¢70.50
		12:00 p.m 12:30 p.m.	9	248674	\$79.50 ¢70.50
		12:00 p.m 12:30 p.m. 4:00 p.m 4:30 p.m.	9	251129 248675	\$79.50 \$79.50
		4:00 p.m 4:30 p.m. 4:30 p.m 5:00 p.m.	9	248675	\$79.50
		4.50 p.m. = 5.00 p.m.	7	2400/0	ψ/7.00
		5·30 n m - 6·00 n m	9	248678	\$79 50
		5:30 p.m 6:00 p.m. 6:00 p.m 6:30 p.m.	9	248678 248679	\$79.50 \$79.50

		Preschool Swim			
Day	Begins	Time	Classes	Code	Fee
Prescho					3 - 5 yr.
Mon.	Sep. 15	2:30 p.m 3:00 p.m.	9	248721	\$79.50
		5:30 p.m 6:00 p.m.	9	248697	\$79.50
_		6:30 p.m 7:00 p.m.	9	248698	\$79.50
Tue.	Sep. 16	5:00 p.m 5:30 p.m.	9	248722	\$79.50
		6:30 p.m 7:00 p.m.	9	248723	\$79.50
		7:00 p.m 7:30 p.m.	9	248724	\$79.50
Wed.	Sep. 17	5:30 p.m 6:00 p.m.	9	248699	\$79.50
		6:00 p.m 6:30 p.m.	9	248700	\$79.50
		7:00 p.m 7:30 p.m.	9	248725	\$79.50
Thu.	Sep. 18	5:00 p.m 5:30 p.m.	9	248726	\$79.50
		6:00 p.m 6:30 p.m.	9	248701	\$79.50
		6:30 p.m 7:00 p.m.	9	248702	\$79.50
Fri.	Sep. 19	4:30 p.m 5:00 p.m.	9	251066	\$79.50
		5:00 p.m 5:30 p.m.	9	248703	\$79.50
		6:00 p.m 6:30 p.m.	9	248704	\$79.50
Sat.	Sep. 20	9:00 a.m 9:30 a.m.	9	248705	\$79.50
		10:00 a.m 10:30 a.m.	9	248706	\$79.50
		11:00 a.m 11:30 a.m.	9	248707	\$79.50
		12:00 p.m 12:30 p.m.	9	248708	\$79.50
		6:00 p.m 6:30 p.m.	9	248709	\$79.50
-		7:00 p.m 7:30 p.m.	9	248710	\$79.50
Sun.	Sep. 21	9:00 a.m 9:30 a.m.	9	248711	\$79.50
		9:30 a.m 10:00 a.m.	9	248712	\$79.50
		10:00 a.m 10:30 a.m.	9	251067	\$79.50
		10:30 a.m 11:00 a.m.	9	248713	\$79.50
		11:30 a.m 12:00 p.m.	9	248714	\$79.50
		4:00 p.m 4:30 p.m.	9	248715	\$79.50
		5:00 p.m 5:30 p.m.	9	248717	\$79.50
		6:00 p.m 6:30 p.m.	9	248719	\$79.50
		6:30 p.m 7:00 p.m.	9	248720	\$79.50
Prescho					3 - 5 yr
Mon.	Sep. 15	2:30 p.m 3:00 p.m.	9	249165	\$79.50
		5:00 p.m 5:30 p.m.	9	249175	\$79.50
		5:30 p.m 6:00 p.m.	9	249176	\$79.50
		6:30 p.m 7:00 p.m.	9	249151	\$79.50
Tue.	Sep. 16	5:00 p.m 5:30 p.m.	9	249166	\$79.50
		6:00 p.m 6:30 p.m.	9	251068	\$79.50
		7:00 p.m 7:30 p.m.	9	249167	\$79.50
Wed.	Sep. 17	2:00 p.m 2:30 p.m.	9	249172	\$79.50
		4:30 p.m 5:00 p.m.	9	249168	\$79.50
		5:00 p.m 5:30 p.m.	9	249169	\$79.50
		5:30 p.m 6:00 p.m.	9	249152	\$79.50
		6:00 p.m 6:30 p.m.	9	249170	\$79.50
		7:00 p.m 7:30 p.m.	9	249153	\$79.50
Thu.	Sep. 18	5:30 p.m 6:00 p.m.	9	249171	\$79.50
		7:00 p.m 7:30 p.m.	9	249154	\$79.50
Fri.	Sep. 19	4:30 p.m 5:00 p.m.	9	249155	\$79.50
Sat.	Sep. 20	9:30 a.m 10:00 a.m.	9	249156	\$79.50
		10:30 a.m 11:00 a.m.	9	249157	\$79.50
		11:30 a.m 12:00 p.m.	9	249158	\$79.50
		5:30 p.m 6:00 p.m.	9	249159	\$79.50
Sun.	Sep. 21	9:00 a.m 9:30 a.m.	9	249174	\$79.50
		10:30 a.m 11:00 a.m.	9	249161	\$79.50
		11:30 a.m 12:00 p.m.	9	249162	\$79.50
		4:00 p.m 4:30 p.m.	9	249163	\$79.50
		5:30 p.m 6:00 p.m.	9	249164	\$79.50
Prescho	ool 4				3 - 5 yr
Mon.	Sep. 15	6:00 p.m 6:30 p.m.	9	249177	\$79.50
	Sep. 16	5:30 p.m 6:00 p.m.	9	249189	\$79.50
Tue.	000.10	6:30 p.m 7:00 p.m.	9	249190	\$79.50
IUE.				27/1/0	ι ψ//.JU
lue.			9	269191	\$79 50
Wed.	Sep. 17	7:30 p.m 8:00 p.m. 5:00 p.m 5:30 p.m.	9 9	<mark>249191</mark> 249196	\$79.50 \$79.50

## Cornell Pool (cont'd)

3201 Bur Oak Ave., 905-479-7753 ext. 4531 | Cancelled: Oct. 13, 17, 18, 19

		Preschool Swim	ming		
Day	Begins	Time	Classes	Code	Fee
Thu.	Sep. 18	4:30 p.m 5:00 p.m.	9	249193	\$79.50
		5:30 p.m 6:00 p.m.	9	249192	\$79.50
		7:30 p.m 8:00 p.m.	9	249179	\$79.50
		8:00 p.m 8:30 p.m.	9	249195	\$79.50
Fri.	Sep. 19	5:00 p.m 5:30 p.m.	9	249180	\$79.50
Sat.	Sep. 20	9:00 a.m 9:30 a.m.	9	249181	\$79.50
Jut.	JCp. 20	11:00 a.m 11:30 a.m.	9	249182	\$79.50
		6:00 p.m 6:30 p.m.	9	249183	\$79.50
Sun.	Cap 21	9:30 a.m 10:00 a.m.	9		\$79.50
Suil.	Sep. 21		9	249184	
		11:00 a.m 11:30 a.m.	-	249185	\$79.50
		12:00 p.m 12:30 p.m.	9	249186	\$79.50
		4:30 p.m 5:00 p.m.	9	249187	\$79.50
		6:00 p.m 6:30 p.m.	9	249188	\$79.50
Prescho	iol 5				3 - 5 yrs
Mon.	Sep. 15	7:00 p.m 7:30 p.m.	9	249198	\$79.50
Tue.	Sep. 16	6:00 p.m 6:30 p.m.	9	249209	\$79.50
		7:30 p.m 8:00 p.m.	9	249210	\$79.50
		8:00 p.m 8:30 p.m.	9	249211	\$79.50
Wed.	Sep. 17	1:30 p.m 2:00 p.m.	9	249213	\$79.50
wcu.	July 17	6:30 p.m 7:00 p.m.	9	249199	\$79.50
Thu.	Sep. 18	5:00 p.m 5:30 p.m.	9	249212	\$79.50
		6:30 p.m 7:00 p.m.	9		
Fri.	Sep. 19		-	249200	\$79.50
Sat.	Sep. 20	10:00 a.m 10:30 a.m.	9	249201	\$79.50
		12:00 p.m 12:30 p.m.	9	249202	\$79.50
		7:00 p.m 7:30 p.m.	9	249204	\$79.50
Sun.	Sep. 21	10:00 a.m 10:30 a.m.	9	249203	\$79.50
		12:00 p.m 12:30 p.m.	9	249205	\$79.50
		5:00 p.m 5:30 p.m.	9	249206	\$79.50
		4.20 p m 7.00 p m	9	249207	\$79.50
		6:30 p.m 7:00 p.m.	/	24/20/	4
			-	247207	1 4.1122
Day	Begins	Children Swimr	-	Code	· ·
	Begins er 1		ning		Fee
Swimme	er 1	Children Swimr Time	ning Classes	Code	<b>Fee</b> 5 - 12 yrs
		Children Swimr Time 2:00 p.m 2:30 p.m.	ning Classes 9	<b>Code</b> 249911	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50
Swimme	er 1	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m.	ning Classes 9 9	<b>Code</b> 249911 251070	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50 \$79.50
Swimme	er 1	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m.	ning Classes 9 9 9	<b>Code</b> 249911 251070 249795	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50 \$79.50 \$79.50
Swimme Mon.	er 1 Sep. 15	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m.	Classes	Code 249911 251070 249795 249796	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50 \$79.50 \$79.50 \$79.50 \$79.50
Swimme Mon. Tue.	er 1 Sep. 15 Sep. 16	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 5:30 p.m 6:00 p.m.	Ping Classes 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249796 249914	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50 \$79.50 \$79.50 \$79.50 \$79.50
Swimme Mon.	er 1 Sep. 15	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 5:30 p.m 6:00 p.m. 2:00 p.m 2:30 p.m.	ning Classes 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249796 249914 249921	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50
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Swimme Mon. Tue. Wed. Thu.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18	Children Swimm           Time           2:00 p.m 2:30 p.m.           4:30 p.m 5:00 p.m.           5:30 p.m 6:00 p.m.           6:30 p.m 7:00 p.m.           5:30 p.m 6:00 p.m.           5:30 p.m 6:00 p.m.           5:00 p.m 6:00 p.m.           5:00 p.m 6:00 p.m.           5:00 p.m 6:00 p.m.           5:00 p.m 5:30 p.m.           6:00 p.m 6:30 p.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249796 249796 249914 249921 249789 249790 249790 249919 249791	<b>Fee</b> <b>5 - 12 yrs</b> \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50 \$79.50
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Swimme Mon. Tue. Wed. Thu. Fri. Sat.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 2:00 p.m 2:30 p.m. 5:00 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 11:30 a.m. 11:30 a.m 11:30 a.m. 11:30 a.m 12:30 p.m. 9:30 a.m 12:30 p.m. 9:30 a.m 12:30 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 9:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249795 249796 249914 249921 249790 249790 249790 249791 249791 249792 249793 249794 249797 249798 249887 249887 249887 249890 249895 249897 249898	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 5:30 p.m 6:00 p.m. 5:00 p.m 6:30 p.m. 5:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 9:30 a.m. 11:30 a.m 11:30 a.m. 11:30 a.m 12:00 p.m. 9:30 a.m 12:00 p.m. 9:30 a.m 12:00 p.m. 12:00 p.m 9:30 a.m. 9:30 a.m 10:00 a.m. 10:00 a.m 9:30 a.m. 9:30 a.m 10:00 a.m. 10:00 a.m 10:30 a.m. 9:30 a.m 10:00 a.m. 9:30 a.m 10:00 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249795 249796 249914 249921 249790 249790 249791 249791 249791 249792 249793 249794 249797 249798 249887 249887 249892 249892 249897 249898	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 2:00 p.m 2:30 p.m. 5:00 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 12:30 p.m. 9:30 a.m 12:30 p.m. 9:30 a.m 12:30 p.m. 12:00 p.m 12:30 p.m. 9:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249795 249796 249914 249921 249790 249790 249790 249791 249791 249792 249793 249794 249797 249798 249887 249887 249887 249890 249895 249897 249898	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 7:00 p.m. 5:30 p.m 2:30 p.m. 5:00 p.m 2:30 p.m. 5:30 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 10:30 a.m. 11:30 a.m 11:30 a.m. 11:30 a.m 11:30 a.m. 10:30 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249795 249796 249914 249921 249790 249790 249791 249791 249791 249792 249793 249794 249797 249798 249887 249887 249892 249892 249897 249898	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 7:00 p.m. 5:30 p.m 2:30 p.m. 5:00 p.m 2:30 p.m. 5:30 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 10:30 a.m. 11:30 a.m 11:30 a.m. 11:30 a.m 11:30 a.m. 10:30 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249795 249796 249914 249789 249790 249790 249791 249791 249792 249793 249794 249797 249798 249884 249887 249890 249892 249895 249897 249898	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat. Sun.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 2:00 p.m 2:30 p.m. 5:00 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 12:30 p.m. 9:30 a.m 12:30 p.m. 9:30 a.m 12:30 p.m. 12:00 p.m 12:30 p.m. 9:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249796 249796 249921 249790 249790 249790 249791 249792 249794 249794 249794 249797 249798 249884 249887 249890 249895 249895 249898	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat. Sun.	er 1 Sep. 15 Sep. 15 Sep. 17 Sep. 17 Sep. 18 Sep. 19 Sep. 20 Sep. 21	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 7:00 p.m. 5:30 p.m 2:30 p.m. 5:00 p.m 2:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 7:00 p.m. 9:00 a.m 10:30 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m. 11:30 a.m 12:30 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 9:30 a.m. 9:30 a.m 11:00 a.m. 11:00 a.m 11:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249796 249796 249921 249790 249790 249790 249791 249792 249794 249794 249794 249797 249798 249884 249887 249890 249895 249895 249897 249898 249899 249900 249901 249905 249909	Fee           5 - 12 yrs           \$79.50           \$
Swimme Mon. Tue. Wed. Thu. Fri. Sat. Sun.	er 1 Sep. 15 Sep. 16 Sep. 17 Sep. 18 Sep. 19 Sep. 20	Children Swimm Time 2:00 p.m 2:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 6:00 p.m. 5:30 p.m 7:00 p.m. 5:30 p.m 2:30 p.m. 5:00 p.m 2:30 p.m. 5:30 p.m 6:30 p.m. 5:30 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 6:30 p.m 7:00 p.m. 9:30 a.m 10:00 a.m. 10:00 a.m 10:30 a.m. 11:30 a.m 11:30 a.m. 11:30 a.m 11:30 a.m. 10:30 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m. 11:00 a.m 11:30 a.m.	ning Classes 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9 9	Code 249911 251070 249795 249796 249796 249921 249790 249790 249790 249791 249792 249794 249794 249794 249794 249797 249798 249884 249887 249890 249895 249898 249899 249900 249901 249905	Fee           5 - 12 yrs           \$79.50           \$

		Children Swimm			
Day	Begins	Time	Classes	Code	Fee
Mon.	Sep. 15	7:00 p.m 7:30 p.m.	9	249821	\$79.50
Wed.	Sep. 17	4:30 p.m 5:00 p.m.	9	249851	\$79.50
		5:30 p.m 6:00 p.m.	9	249822	\$79.50
Thu.	Sep. 18	5:00 p.m 5:30 p.m.	9	249852	\$79.50
		6:30 p.m 7:00 p.m.	9	249823	\$79.50
Fri.	Sep. 19	5:00 p.m 5:30 p.m.	8	249824	\$79.50
		6:00 p.m 6:30 p.m.	8	249825	\$79.50
Sat.	Sep. 20	9:00 a.m 9:30 a.m.	9	249835	\$79.50
		9:30 a.m 10:00 a.m.	9	249836	\$79.50
		10:00 a.m 10:30 a.m.	9	249837	\$79.50
		10:30 a.m 11:00 a.m.	9	249838	\$79.50
		11:00 a.m 11:30 a.m.	9	249839	\$79.50
		11:30 a.m 12:00 p.m.	9	249840	\$79.50
		12:00 p.m 12:30 p.m.	9	249841	\$79.50
Sun.	Sep. 21	9:00 a.m 9:30 a.m.	9	249842	\$79.50
		9:30 a.m 10:00 a.m.	9	249844	\$79.5
		10:00 a.m 10:30 a.m.	9	249845	\$79.50
		10:30 a.m 11:00 a.m.	9	249846	\$79.5
		11:00 a.m 11:30 a.m.	9	249847	\$79.5
		11:30 a.m 12:00 p.m.	9	249848	\$79.5
		12:00 p.m 12:30 p.m.	9	249849	\$79.5
Swimm	er 3				5 - 12 y
Mon.	Sep. 15	5:00 p.m 5:45 p.m.	9	249952	\$79.5
		6:30 p.m 7:15 p.m.	9	249953	\$79.5
Thu.	Sep. 18	4:30 p.m 5:15 p.m.	9	249956	\$79.5
Fri.	Sep. 19	4:30 p.m 5:15 p.m.	9	249954	\$79.5
		5:30 p.m 6:15 p.m.	9	249955	\$79.5
Sat.	Sep. 20	9:30 a.m 10:15 a.m.	9	249944	\$79.5
		9:45 a.m 10:30 a.m.	9	249945	\$79.5
		10:30 a.m 11:15 a.m.	9	249946	\$79.5
		11:45 a.m 12:30 p.m.	9	249947	\$79.5
Sun.	Sep. 21	9:00 a.m 9:45 a.m.	9	249948	\$79.5
		10:15 a.m 11:00 a.m.	9	249949	\$79.5
		11:00 a.m 11:45 a.m.	9	249950	\$79.5
		11:15 a.m 12:00 p.m.	9	249951	\$79.5
Swimm	er 3/4 Strok	e Improvement			5 - 12 y
Mon.	Sep. 15	6:15 p.m 7:00 p.m.	9	249957	\$79.5
Wed.	Sep. 17	4:15 p.m 5:00 p.m.	9	249958	\$79.5
Thu.	Sep. 18	6:45 p.m 7:30 p.m.	9	249959	\$79.5
Swimm					5 - 12 y
Mon.	Sep. 15	5:00 p.m 5:45 p.m.	9	249966	\$79.5
rion.	000.10	5:45 p.m 6:30 p.m.	9	249967	\$79.5
Tue.	Sep. 16	5:15 p.m 6:00 p.m.	9	249971	\$79.5
Wed.	Sep. 10	5:45 p.m 6:30 p.m.	9	249968	\$79.5
Thu.	Sep. 17	4:30 p.m 5:15 p.m.	9	249972	\$79.5
Fri.	Sep. 10	5:15 p.m 6:00 p.m.	9	249969	\$79.5
	50p. 17	6:15 p.m 7:00 p.m.	9	249970	\$79.5
Sat.	Sep. 20	9:45 a.m 10:30 a.m.	9	249960	\$79.5
	50p. 20	10:30 a.m 11:15 a.m.	9	247760	\$79.5
		11:45 a.m 12:30 p.m.	9	249962	\$79.5
Sun.	Sep. 21	9:00 a.m 9:45 a.m.	9	247762	\$79.5
• 411.	000.21	11:00 a.m 11:45 a.m.	9	249964	\$79.5
		11:15 a.m 12:00 p.m.	9	247764	\$79.5
Swimm	or 5		,	247700	<b>5 - 12 y</b>
<b>Swiiiiii</b> Mon.	Sep. 15	5:45 p.m 6:30 p.m.	9	249979	<b>5 - 12 y</b>
11011.	Sep. 15		9		
Wod	Cor 17	6:30 p.m 7:15 p.m.		249980	\$79.5
Wed.	Sep. 17	5:00 p.m 5:45 p.m.	9	249981	\$79.5
Fri.	Sep. 19	5:30 p.m 6:15 p.m.	9	251071	\$79.5
Cat	Car 20	6:00 p.m 6:45 p.m.	9	249982	\$79.5
Sat.	Sep. 20	9:45 a.m 10:30 a.m.	9	249973	\$79.50
		11:00 a.m 11:45 a.m.	9	249974	\$79.5
		11:15 a.m 12:00 p.m. 9:45 a.m 10:30 a.m.	9 9	249975 249976	\$79.50 \$79.50
Sun.	Sep. 21				



## Cornell Pool (cont'd)

### 3201 Bur Oak Ave., 905-479-7753 ext. 4531 | Cancelled: Cancelled: Oct. 13, 17, 18, 19

		Children Swimm	ing		
Day	Begins	Time	Classes	Code	Fee
Sun.	Sep. 21	10:30 a.m 11:15 a.m.	9	249977	\$79.50
		11:45 a.m 12:30 p.m.	9	249978	\$79.50
Swimme	er 5/6 Strol	ke Improvement			6 - 12 yrs
Tue.	Sep. 16	5:15 p.m 6:00 p.m.	9	249983	\$79.50
Thu.	Sep. 18	6:00 p.m 6:45 p.m.	9	249984	\$79.50
Swimme	er 6				5 - 12 yrs
Mon.	Sep. 15	5:00 p.m 5:45 p.m.	9	249991	\$79.50
Thu.	Sep. 18	5:15 p.m 6:00 p.m.	9	249992	\$79.50
Fri.	Sep. 19	4:30 p.m 5:15 p.m.	9	249993	\$79.50
Sat.	Sep. 20	9:00 a.m 9:45 a.m.	9	249985	\$79.50
		10:15 a.m 11:00 a.m.	9	249986	\$79.50
		11:00 a.m 11:45 a.m.	9	249987	\$79.50
Sun.	Sep. 21	9:45 a.m 10:30 a.m.	9	249988	\$79.50
		10:30 a.m 11:15 a.m.	9	249989	\$79.50
		11:45 a.m 12:30 p.m.	9	249990	\$79.50
Swimme	er 7 – Rook	ie Patrol			5 - 15 yrs
Mon.	Sep. 15	5:30 p.m 6:15 p.m.	9	249998	\$79.50
Fri.	Sep. 19	5:30 p.m 6:15 p.m.	9	249997	\$79.50
Sat.	Sep. 20	9:00 a.m 9:45 a.m.	9	249994	\$79.50
		9:45 a.m 10:30 a.m.	9	249995	\$79.50
Sun.	Sep. 21	4:30 p.m 5:15 p.m.	9	249996	\$79.50
Swimme	er 8 – Rang	er Patrol			5 - 15 yrs
Fri.	Sep. 19	6:15 p.m 7:00 p.m.	9	250002	\$79.50
Sat.	Sep. 20	9:00 a.m 9:45 a.m.	9	250000	\$79.50
Sun.	Sep. 21	5:15 p.m 6:00 p.m.	9	250001	\$79.50
Swimme	er 9 – Star	Patrol			5 - 15 yrs
Fri.	Sep. 19	4:30 p.m 5:30 p.m.	9	250006	\$79.50
Sat.	Sep. 20	11:30 a.m 12:30 p.m.	9	250004	\$79.50
Sun.	Sep. 21	6:00 p.m 7:00 p.m.	9	250005	\$79.50
I Love W	aterpolo				6 - 15 yrs
Tue.	Sep. 16	5:00 p.m 5:45 p.m.	9	248629	\$79.50
Sat.	Sep. 20	6:30 p.m 7:15 p.m.	9	248630	\$79.50
		Pre-Teen/Teen Swi	mmina		
Day	Begins	Time	Classes	Code	Fee
Teen 1	Dogino		0140000		9 - 16 yrs
Sun.	Sep. 21	9:00 a.m 9:45 a.m.	9	250007	\$79.50
Juli.	50p.21	7:00 p.m 7:45 p.m.	9	250007	\$79.50
Teen 2	1	7.00 p.m. 7.40 p.m.	,	20000	9 - 16 yrs
Mon.	Sep. 15	6:30 p.m 7:15 p.m.	9	250011	\$79.50
Sun.	Sep. 15 Sep. 21	11:45 a.m 12:30 p.m.	9	250009	\$79.50
Juli.	Jep. 21	7:00 p.m 7:45 p.m.	9	250009	\$79.50
Teen 3	I	7.00 p.m 7.40 p.m.	,	20010	<b>9 - 16 yrs</b>
Tue.	Sep. 16	8:00 p.m 8:45 p.m.	9	250013	\$79.50
Sun.	Sep. 10	11:00 a.m 11:45 a.m.	9	250013	\$79.50
Juli.	Jeh. 71	11:00 d.111 11:40 d.111.	7	200012	\$77.0U

Sep. 21	11:00 a.m 11:40 a.m.	9	200012	<u>۵/۹.۵0</u>					
H40 Swimming									
Begins	Time	Classes	Code	Fee					
H40 Swimmer 1 5									
Sep. 15	5:00 p.m 5:30 p.m.	9	248564	\$138					
	6:00 p.m 6:30 p.m.	9	248565	\$138					
Sep. 17	6:30 p.m 7:00 p.m.	9	248566	\$138					
Sep. 19	4:30 p.m 5:00 p.m.	9	248567	\$138					
	6:00 p.m 6:30 p.m.	9	248568	\$138					
Sep. 20	5:30 p.m 6:00 p.m.	9	248577	\$138					
	6:30 p.m 7:00 p.m.	9	248574	\$138					
Sep. 21	4:00 p.m 4:30 p.m.	9	248569	\$138					
	5:00 p.m 5:30 p.m.	9	248571	\$138					
immer 2				5 - 12 yrs					
Sep. 15	5:30 p.m 6:00 p.m.	9	248578	\$138					
Sep. 17	6:30 p.m 7:00 p.m.	9	248579	\$138					
Sep. 19	5:00 p.m 5:30 p.m.	9	248580	\$138					
	6:30 p.m 7:00 p.m.	9	248581	\$138					
	Begins mmer 1 Sep. 15 Sep. 17 Sep. 19 Sep. 20 Sep. 21 mmer 2 Sep. 15 Sep. 17	H40 Swimmir           Begins         Time           mmer 1         Sep. 15         5:00 p.m 5:30 p.m.           Sep. 15         5:00 p.m 6:30 p.m.         Sep. 17           Sep. 17         6:30 p.m 7:00 p.m.           Sep. 19         4:30 p.m 5:00 p.m.           Sep. 20         5:30 p.m 6:00 p.m.           Sep. 21         4:00 p.m 6:30 p.m.           Sep. 21         4:00 p.m 4:30 p.m.           Sep. 21         4:00 p.m 5:30 p.m.           Sep. 15         5:30 p.m 7:00 p.m.           Sep. 15         5:30 p.m 5:30 p.m.           Sep. 15         5:30 p.m 5:00 p.m.           Sep. 15         5:30 p.m 5:00 p.m.           Sep. 15         5:30 p.m 5:00 p.m.           Sep. 17         6:30 p.m 5:00 p.m.           Sep. 17         5:30 p.m 5:00 p.m.           Sep. 19         5:00 p.m 5:30 p.m.	H40 Swimming           Begins         Time         Classes           mmer 1         Classes         Classes           Sep. 15         5:00 p.m 5:30 p.m.         9           6:00 p.m 6:30 p.m.         9         6:00 p.m 6:30 p.m.         9           Sep. 17         6:30 p.m 7:00 p.m.         9         9           Sep. 19         4:30 p.m 5:00 p.m.         9         6:00 p.m 6:30 p.m.         9           Sep. 20         5:30 p.m 6:00 p.m.         9         6:30 p.m 7:00 p.m.         9           Sep. 21         4:00 p.m 4:30 p.m.         9         5:00 p.m 5:30 p.m.         9           Sep. 21         4:00 p.m 5:30 p.m.         9         5:00 p.m 5:30 p.m.         9           Sep. 15         5:30 p.m 5:30 p.m.         9         5:00 p.m 5:30 p.m.         9           mmer 2         Sep. 15         5:30 p.m 7:00 p.m.         9         Sep. 17         6:30 p.m 7:00 p.m.         9           Sep. 15         5:30 p.m 5:30 p.m.         9         Sep. 17         6:30 p.m 7:00 p.m.         9	H40 Swimming           Begins         Time         Classes         Code           mmer 1         Classes         Code           Sep. 15         5:00 p.m 5:30 p.m.         9         248564           6:00 p.m 6:30 p.m.         9         248565           Sep. 17         6:30 p.m 7:00 p.m.         9         248566           Sep. 17         6:30 p.m 5:00 p.m.         9         248567           6:00 p.m 6:30 p.m.         9         248568           Sep. 20         5:30 p.m 6:00 p.m.         9         248578           Sep. 21         4:00 p.m 4:30 p.m.         9         248574           Sep. 21         4:00 p.m 4:30 p.m.         9         248571           mmer 2         Sep. 15         5:30 p.m 6:00 p.m.         9         248578           Sep. 17         6:30 p.m 7:00 p.m.         9         248578           Sep. 15         5:30 p.m 6:00 p.m.         9         248578           Sep. 15         5:30 p.m 7:00 p.m.         9         248579           Sep. 17         6:30 p.m 7:00 p.m.         9         248579           Sep. 19         5:00 p.m 5:30 p.m.         9         248580					

		H40 Swimmi	ng		
Day	Begins	Time	Classes	Code	Fee
Sat.	Sep. 20	6:00 p.m 6:30 p.m.	9	248582	\$138
		7:00 p.m 7:30 p.m.	9	248584	\$138
Sun.	Sep. 21	4:30 p.m 5:00 p.m.	9	248586	\$138
Juli.	Jep. 21	5:30 p.m 6:00 p.m.	9	248588	\$138
			9		
		6:30 p.m 7:00 p.m.	9	248589	\$138
	immer 3				5 - 12 yrs
Mon.	Sep. 15	6:30 p.m 7:15 p.m.	9	248598	\$138
Wed.	Sep. 17	5:00 p.m 5:45 p.m.	9	248599	\$138
		5:45 p.m 6:30 p.m.	9	248600	\$138
Fri.	Sep. 19	5:15 p.m 6:00 p.m.	9	248601	\$138
		6:15 p.m 7:00 p.m.	9	251072	\$138
Sat.	Sep. 20	6:00 p.m 6:45 p.m.	9	248592	\$138
		6:15 p.m 7:00 p.m.	9	248593	\$138
Sun.	Sep. 21	4:00 p.m 4:45 p.m.	9	248594	\$138
Juli.	50p. 21	4:45 p.m 5:30 p.m.	9	248595	\$138
			9		\$138
		5:30 p.m 6:15 p.m.		248596	
		6:15 p.m 7:00 p.m.	9	248597	\$138
	immer 4				5 - 12 yrs
Mon.	Sep. 15	6:30 p.m 7:15 p.m.	9	248608	\$138
Wed.	Sep. 17	5:00 p.m 5:45 p.m.	9	248609	\$138
Fri.	Sep. 19	6:15 p.m 7:00 p.m.	9	248610	\$138
Sat.	Sep. 20	5:30 p.m 6:15 p.m.	9	248602	\$138
		6:45 p.m 7:30 p.m.	9	248603	\$138
Sun.	Sep. 21	4:00 p.m 4:45 p.m.	9	248604	\$138
Juli.	50p. 21	4:45 p.m 5:30 p.m.	9	248605	\$138
		6:15 p.m 7:00 p.m.	9	248607	\$138
		0:15 p.m 7:00 p.m.	9	240007	
	immer 5				5 - 12 yrs
Mon.	Sep. 15	5:45 p.m 6:30 p.m.	9	248618	\$138
Fri.	Sep. 19	4:30 p.m 5:15 p.m.	9	248619	\$138
Sat.	Sep. 20	6:00 p.m 6:45 p.m.	9	248612	\$138
		6:15 p.m 7:00 p.m.	9	248613	\$138
Sun.	Sep. 21	4:45 p.m 5:30 p.m.	9	248615	\$138
		5:30 p.m 6:15 p.m.	9	248616	\$138
		6:15 p.m 7:00 p.m.	9	248617	\$138
H40 Sw	immer 6				5 - 12 yrs
Mon.	Sep. 15	5:00 p.m 5:45 p.m.	9	248626	\$138
	Sep. 15		9		\$138
Wed.		5:45 p.m 6:30 p.m.		248627	
Fri.	Sep. 19	5:30 p.m 6:15 p.m.	9	248628	\$138
Sat.	Sep. 20	5:30 p.m 6:15 p.m.	9	248620	\$138
		6:45 p.m 7:30 p.m.	9	248621	\$138
Sun.	Sep. 21	4:00 p.m 4:45 p.m.	9	248622	\$138
		5:30 p.m 6:15 p.m.	9	248624	\$138
		6:15 p.m 7:00 p.m.	9	248625	\$138
			in a		
	·	Adult Swimm			
Day	Begins	Time	Classes	Code	Fee
Adult 1					16 yrs+
Tue.	Sep. 16	8:00 p.m 8:45 p.m.	9	251074	\$102.83
Wed.	Sep. 17	1:30 p.m 2:15 p.m.	9	251075	\$102.83
Thu.	Sep. 18	8:00 p.m 8:45 p.m.	9	251076	\$102.83
Sun.	Sep. 10	7:00 p.m 7:45 p.m.	9	251073	\$102.83
	Jeh. 71	7.00 p.m 7.40 p.m.	7	2310/J	
Adult 2		0.00	-	0/0	16 yrs+
Tue.	Sep. 16	8:00 p.m 8:45 p.m.	9	248285	\$102.83
Wed.	Sep. 17	2:15 p.m 3:00 p.m.	9	248288	\$102.83
	Sep. 18	8:00 p.m 8:45 p.m.	9	248286	\$102.83
Thu.	0000.10				
Thu. Sun.		7:00 p.m 7:45 p.m.	9	248284	\$102.83
	Sep. 21		9	248284	\$102.83 16 yrs+

## **Milliken Mills Pool**

7600 Kennedy Road, 905-477-6410 ext. 3328

		Preschool Swim		• •	
Day	Begins	Time	Classes	Code	Fee
	and Tot 1			1	3 - 12 mths
Sat.	Sep. 13	9:30 a.m 10:00 a.m.	8	246910	\$71
Sun.	Sep. 14	10:30 a.m 11:00 a.m.	8	246911	\$71
Tue.	Nov. 4	5:30 p.m 6:00 p.m.	7	250345	\$62
Sat.	Nov. 8	10:30 a.m 11:00 a.m.	7	250349 250347	\$62 \$62
Sun.	Nov. 9	4:00 p.m 4:30 p.m.	7		
Suii.	NUV. 9	9:00 a.m 9:30 a.m. 10:30 a.m 11:00 a.m.	7	250351 250350	\$62 \$62
Doront	and Tot 2	10:30 d.111 11:00 d.111.	/		
Sat.		11.00 a.m. 12.00 a.m.	8	1	ths - 2 yrs \$71
Sat. Sun.	Sep. 13 Sep. 14	11:30 a.m 12:00 p.m. 9:30 a.m 10:00 a.m.	8	246914 246913	\$71
Tue.	Nov. 4	4:00 p.m 4:30 p.m.	7	250352	\$62
106.	100.4	4:30 p.m 5:00 p.m.	7	250352	\$62
Sat.	Nov. 8	11:30 a.m 12:00 p.m.	7	250355	\$62
Jul.	100.0	4:30 p.m 5:00 p.m.	7	250354	\$62
Sun.	Nov. 9	12:30 p.m 1:00 p.m.	7	250355	\$62
	and Tot 3	12.00 p.m. 1.00 p.m.	/	200000	2 - 3 yrs
Sun.	Sep. 14	11:30 a.m 12:00 p.m.	8	246920	\$71
Sun.	Nov. 9	11:30 a.m 12:00 p.m.	7	250420	\$62
	1 1	11.JU a.III. = 12.UU p.III.	/	230420	
Prescho		(00 ( 00	7	27/021	3 - 5 yrs
Mon.	Sep. 8	6:00 p.m 6:30 p.m.	7	246921	\$62
Tue.	Can 0	7:30 p.m 8:00 p.m.	8	246922	\$62
Tue.	Sep. 9	4:00 p.m 4:30 p.m. 5:30 p.m 6:00 p.m.	8	246923 246924	\$71 \$71
Wed.	Sep. 10	6:00 p.m 6:30 p.m.	5	246925	\$45
Thu.	Sep. 10	5:30 p.m 6:00 p.m.	8	246925	\$40
Fri.	Sep. 11	4:00 p.m 4:30 p.m.	8	246928	\$71
111.	Jep. 12	5:00 p.m 5:30 p.m.	8	246929	\$71
		5:30 p.m 6:00 p.m.	8	246930	\$71
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	8	246931	\$71
Jut.	50p. 15	10:00 a.m 10:30 a.m.	8	246932	\$71
		11:00 a.m 11:30 a.m.	8	246933	\$71
		4:30 p.m 5:00 p.m.	8	246934	\$71
		6:00 p.m 6:30 p.m.	8	246935	\$71
Sun.	Sep. 14	10:00 a.m 10:30 a.m.	8	246936	\$71
oun.	000.14	12:00 p.m 12:30 p.m.	8	246937	\$71
		4:00 p.m 4:30 p.m.	8	246938	\$71
		5:00 p.m 5:30 p.m.	8	246939	\$71
Wed.	Oct. 15	6:00 p.m 6:30 p.m.	5	250228	\$45
Mon.	Nov. 3	6:00 p.m 6:30 p.m.	7	249115	\$62
		6:30 p.m 7:00 p.m.	7	249122	\$62
Tue.	Nov. 4	4:30 p.m 5:00 p.m.	7	250226	\$62
		5:30 p.m 6:00 p.m.	7	250227	\$62
Thu.	Nov. 6	4:00 p.m 4:30 p.m.	7	250229	\$62
		5:30 p.m 6:00 p.m.	7	250230	\$62
Fri.	Nov. 7	4:00 p.m 4:30 p.m.	7	250231	\$62
		5:00 p.m 5:30 p.m.	7	250232	\$62
		5:30 p.m 6:00 p.m.	7	250233	\$62
Sat.	Nov. 8	9:00 a.m 9:30 a.m.	7	250234	\$62
		10:00 a.m 10:30 a.m.	7	250239	\$62
		11:00 a.m 11:30 a.m.	7	250240	\$62
		12:30 p.m 1:00 p.m.	7	250241	\$62
		4:00 p.m 4:30 p.m.	7	250242	\$62
		4:30 p.m 5:00 p.m.	7	250243	\$62
		6:00 p.m 6:30 p.m.	7	250244	\$62
Sun.	Nov. 9	9:30 a.m 10:00 a.m.	7	250246	\$62
		10:00 a.m 10:30 a.m.	7	250245	\$62
		12:00 p.m 12:30 p.m.	7	250247	\$62
		4:00 p.m 4:30 p.m.	7	250248	\$62
Wed.	Nov. 19	6:00 p.m 6:30 p.m.	5	250493	\$45
Prescho	ool 2				3 - 5 yrs
Mon.	Sep. 8	6:30 p.m 7:00 p.m.	7	246973	\$62
Tue.	Sep. 9	4:30 p.m 5:00 p.m.	8	246974	\$71
Wed.	Sep. 10	7:00 p.m 7:30 p.m.	5	246975	\$45
Thu.	Sep. 11	5:00 p.m 5:30 p.m.	8	246976	\$71

		Preschool Swim	ming		
Day	Begins	Time	Classes	Code	Fee
Fri.	Sep. 12	4:30 p.m 5:00 p.m.	8	246977	\$71
		6:00 p.m 6:30 p.m.	8	246978	\$71
Sat.	Sep. 13	10:30 a.m 11:00 a.m.	8	246979	\$71
		4:00 p.m 4:30 p.m.	8	246980	\$71
		5:00 p.m 5:30 p.m.	8	246981	\$71
		6:30 p.m 7:00 p.m.	8	246982	\$71
Sun.	Sep. 14	9:00 a.m 9:30 a.m.	8	246983	\$71
oun.	000.14	11:00 a.m 11:30 a.m.	8	246984	\$71
		4:30 p.m 5:00 p.m.	8	246785	\$71
			8	246986	\$71
147.1	0.1.15	5:30 p.m 6:00 p.m.			
Wed.	Oct. 15	7:00 p.m 7:30 p.m.	5	250257	\$45
Mon.	Nov. 3	6:30 p.m 7:00 p.m.	7	249116	\$62
Tue.	Nov. 4	4:30 p.m 5:00 p.m.	7	250255	\$62
		5:00 p.m 5:30 p.m.	7	250258	\$62
Fri.	Nov. 7	6:00 p.m 6:30 p.m.	7	250259	\$62
Sat.	Nov. 8	9:30 a.m 10:00 a.m.	7	250260	\$62
		10:30 a.m 11:00 a.m.	7	250261	\$62
		4:00 p.m 4:30 p.m.	7	250411	\$62
		5:00 p.m 5:30 p.m.	7	250412	\$62
		6:30 p.m 7:00 p.m.	7	250262	\$62 \$62
Cup	No: 0		/		
Sun.	Nov. 9	9:00 a.m 9:30 a.m.	7	250263	\$62
		11:00 a.m 11:30 a.m.	7	250264	\$62
		11:30 a.m 12:00 p.m.	7	250265	\$62
		4:30 p.m 5:00 p.m.	7	250266	\$62
Wed.	Nov. 19	7:00 p.m 7:30 p.m.	5	250494	\$45
Prescho	ool 3				3 - 5 vrs
Mon.	Sep. 8	7:00 p.m 7:30 p.m.	7	246992	\$62
Tue.	Sep. 9	5:00 p.m 5:30 p.m.	8	246993	\$71
			5		
Wed.	Sep. 10	6:30 p.m 7:00 p.m.		246994	\$45
		7:30 p.m 8:00 p.m.	5	246995	\$45
Thu.	Sep. 11	4:30 p.m 5:00 p.m.	8	246996	\$71
Fri.	Sep. 12	4:30 p.m 5:00 p.m.	8	247012	\$71
		5:30 p.m 6:00 p.m.	8	247013	\$71
		6:30 p.m 7:00 p.m.	8	246997	\$71
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	8	246998	\$71
		10:00 a.m 10:30 a.m.	8	246999	\$71
		11:00 a.m 11:30 a.m.	8	247000	\$71
		4:00 p.m 4:30 p.m.	8	247000	\$71
		5:00 p.m 5:30 p.m.	8	247001	\$71
		5:30 p.m 6:00 p.m.	8	247004	\$71
		6:00 p.m 6:30 p.m.	8	247003	\$71
Sun.	Sep. 14	9:00 a.m 9:30 a.m.	8	247005	\$71
		10:00 a.m 10:30 a.m.	8	247006	\$71
		11:00 a.m 11:30 a.m.	8	247007	\$71
		12:00 p.m 12:30 p.m.	8	247008	\$71
		4:00 p.m 4:30 p.m.	8	247009	\$71
		5:00 p.m 5:30 p.m.	8	247010	\$71
		6:00 p.m 6:30 p.m.	8	247010	\$71
Wed.	Oct. 15	6:30 p.m 7:00 p.m.	5	250269	\$45
weu.	001.10		5		
		7:30 p.m 8:00 p.m.		250271	\$45
Mon.	Nov. 3	6:00 p.m 6:30 p.m.	7	249121	\$62
		7:00 p.m 7:30 p.m.	7	249120	\$62
Tue.	Nov. 4	5:00 p.m 5:30 p.m.	7	250268	\$62
IUC.		4:00 p.m 4:30 p.m.	7	250272	\$62
Thu.	Nov. 6				
	Nov. 6		7	250273	\$62
	Nov. 6	4:00 p.m 4:30 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m.		250273 250274	\$62 \$62
	Nov. 6 Nov. 7	4:30 p.m 5:00 p.m.	7		\$62
Thu.		4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m.	7 7 7	250274 250275	\$62 \$62
Thu.		4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m.	7 7 7 7	250274 250275 250276	\$62 \$62 \$62
Thu. Fri.	Nov. 7	4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m.	7 7 7 7 7	250274 250275 250276 250277	\$62 \$62 \$62 \$62
Thu.		4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m.	7 7 7 7 7 7 7	250274 250275 250276 250277 250278	\$62 \$62 \$62 \$62 \$62
Thu. Fri.	Nov. 7	4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 10:00 a.m 10:30 a.m.	7 7 7 7 7 7 7 7	250274 250275 250276 250277 250278 250279	\$62 \$62 \$62 \$62 \$62 \$62 \$62
Thu. Fri.	Nov. 7	4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m.	7 7 7 7 7 7 7 7 7	250274 250275 250276 250277 250278 250279 250280	\$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62
Thu. Fri. Sat.	Nov. 7 Nov. 8	4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m. 6:00 p.m 6:30 p.m.	7 7 7 7 7 7 7 7 7 7	250274 250275 250276 250277 250278 250279 250280 250280 250413	\$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62
Thu. Fri.	Nov. 7	4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m.	7 7 7 7 7 7 7 7 7 7 7 7	250274 250275 250276 250277 250278 250279 250280	\$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62
Thu. Fri. Sat.	Nov. 7 Nov. 8	4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 4:30 p.m 5:00 p.m. 5:30 p.m 6:00 p.m. 6:30 p.m 7:00 p.m. 9:00 a.m 9:30 a.m. 10:00 a.m 10:30 a.m. 11:00 a.m 11:30 a.m. 6:00 p.m 6:30 p.m.	7 7 7 7 7 7 7 7 7 7	250274 250275 250276 250277 250278 250279 250280 250280 250413	\$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62 \$62

Swimming



### Milliken Mills Pool (cont'd)

7600 Kennedy Road, 905-477-6410 ext. 3328

		Duese has all Osudinu			-
<b>.</b>	Dentro	Preschool Swim		0 - d -	
Day Sun.	Begins Nov. 9	<b>Time</b> 12:00 p.m 12:30 p.m.	Classes 7	Code 250284	Fee \$62
u11 <b>.</b>	INUV. 7			250285	
'ed.	Nov. 19	4:00 p.m 4:30 p.m.	7 5	250285	\$62 ¢75
eu.	INUV. 17	6:30 p.m 7:00 p.m.	5		\$45
voob		7:30 p.m 8:00 p.m.	J	250496	\$45
rescho		7.00		0/7575	3 - 5 yrs
on.	Sep. 8	7:30 p.m 8:00 p.m.	7	247575	\$62
ie.	Sep. 9	6:00 p.m 6:30 p.m.	8	247576	\$71
hu.	Sep. 11	4:00 p.m 4:30 p.m.	8	247577	\$71
		6:00 p.m 6:30 p.m.	8	247578	\$71
ri.	Sep. 12	5:00 p.m 5:30 p.m.	8	247579	\$71
at.	Sep. 13	9:30 a.m 10:00 a.m.	8	247580	\$71
		11:30 a.m 12:00 p.m.	8	247583	\$71
		4:30 p.m 5:00 p.m.	8	247581	\$71
		6:30 p.m 7:00 p.m.	8	247582	\$71
un.	Sep. 14	9:30 a.m 10:00 a.m.	8	247584	\$71
		11:30 a.m 12:00 p.m.	8	247585	\$71
		12:30 p.m 1:00 p.m.	8	247586	\$71
		4:30 p.m 5:00 p.m.	8	247587	\$71
		6:00 p.m 6:30 p.m.	8	247588	\$71
ue.	Nov. 4	6:00 p.m 6:30 p.m.	7	250320	\$62
hu.	Nov. 6	6:00 p.m 6:30 p.m.	7	250322	\$62
ri.	Nov. 7	5:00 p.m 5:30 p.m.	7	250323	\$62
at.	Nov. 8	9:30 a.m 10:00 a.m.	7	250324	\$62
		11:30 a.m 12:00 p.m.	7	250325	\$62
		4:30 p.m 5:00 p.m.	7	250326	\$62
		6:30 p.m 7:00 p.m.	7	250327	\$62
un.	Nov. 9	9:30 a.m 10:00 a.m.	7	250328	\$62
		4:30 p.m 5:00 p.m.	7	250329	\$62
		6:00 p.m 6:30 p.m.	7	250331	\$62
rescho		0.00 p.m. 0.00 p.m.	. , ,	200001	3 - 5 yrs
ie.	Sep. 9	6:30 p.m 7:00 p.m.	8	247589	\$71
ed.					
	Sep. 10	7:30 p.m 8:00 p.m.	5	247590	\$45
iu.	Sep. 11	6:30 p.m 7:00 p.m.		247591	\$71
ri.	Sep. 12	6:30 p.m 7:00 p.m.	8	247592	\$71
at.	Sep. 13	5:30 p.m 6:00 p.m.	8	247594	\$71
un.	Sep. 14	10:30 a.m 11:00 a.m.	8	247595	\$71
		12:30 p.m 1:00 p.m.	8	247596	\$71
		5:30 p.m 6:00 p.m.	8	247597	\$71
ed.	Oct. 15	7:30 p.m 8:00 p.m.	5	250333	\$45
е.	Nov. 4	6:30 p.m 7:00 p.m.	7	250332	\$62
hu.	Nov. 6	6:30 p.m 7:00 p.m.	7	250334	\$62
i.	Nov. 7	5:00 p.m 5:30 p.m.	7	250337	\$62
un.	Nov. 9	10:30 a.m 11:00 a.m.	7	250417	\$62
		12:30 p.m 1:00 p.m.	7	250418	\$62
led.	Nov. 19	7:30 p.m 8:00 p.m.	5	250497	\$45
		Children Swimn	aina		
Dam	Dentro			Carlo	
Day	Begins	Time	Classes	Code	Fee
		y Swim Lessons - Shall	1		3 yrs+
/ed.	Sep. 10	8:15 p.m 9:00 p.m.	5	250539	\$45
/ed.	Oct. 15	8:15 p.m 9:00 p.m.	5	250540	\$45
led.	Nov. 19	8:15 p.m 9:00 p.m.	5	250541	\$45
wimm					5 - 12 yrs
on.	Sep. 8	6:00 p.m 6:30 p.m.	7	247713	\$62
	50p. 0	7:00 p.m 7:30 p.m.	7	247713	\$62
011.			1 /	24//14	
	Son 0			2/7715	C 71
	Sep. 9	4:00 p.m 4:30 p.m.	8	247715	\$71
Je.		4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m.	8 8	247716	\$71
Je.	Sep. 9 Sep. 10	4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m.	8 8 5	247716 247717	\$71 \$45
ue.		4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m.	8 8 5 5	247716 247717 247718	\$71 \$45 \$45
ue. Ved.	Sep. 10	4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m.	8 8 5 5 5 5	247716 247717 247718 247719	\$71 \$45 \$45 \$45 \$45
ue. Ved.		4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m.	8 8 5 5 5 5 8	247716 247717 247718	\$71 \$45 \$45
iue. Ved. ihu.	Sep. 10	4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m.	8 8 5 5 5 5	247716 247717 247718 247719	\$71 \$45 \$45 \$45 \$45
ue. Ved.	Sep. 10	4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:00 p.m 4:30 p.m.	8 8 5 5 5 5 8	247716 247717 247718 247719 247720	\$71 \$45 \$45 \$45 \$45 \$71
ue. Ved.	Sep. 10 Sep. 11	4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:00 p.m 8:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m.	8 8 5 5 8 8 8 8	247716 247717 247718 247719 247720 247721 247722	\$71 \$45 \$45 \$45 \$71 \$71 \$71
ue. Ved. hu.	Sep. 10	4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m. 6:00 p.m 6:30 p.m. 6:30 p.m 7:00 p.m. 7:30 p.m 8:00 p.m. 4:00 p.m 4:30 p.m. 5:00 p.m 5:30 p.m.	8 8 5 5 5 8 8	247716 247717 247718 247719 247720 247721	\$71 \$45 \$45 \$45 \$45 \$71 \$71

Children Swimming							
Day	Begins	Time	Classes	Code	Fee		
Fri.	Sep. 12	6:00 p.m 6:30 p.m.	8	247726	\$71		
		6:30 p.m 7:00 p.m.	8	247727	\$71		
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	8	247728	\$71		
		9:30 a.m 10:00 a.m.	8	247729	\$71		
		9:30 a.m 10:00 a.m.	8	247742	\$71		
		10:00 a.m 10:30 a.m.	8	247730	\$71		
		10:30 a.m 11:00 a.m.	8	247731	\$71		
		11:45 a.m 12:15 p.m.	8	247732	\$71		
		12:15 p.m 12:45 p.m.	8	247733	\$71		
Sun.	Sep. 14		8		\$71		
Suil.	Sep. 14	9:00 a.m 9:30 a.m.		247734			
		9:30 a.m 10:00 a.m.	8	247735	\$71		
		10:00 a.m 10:30 a.m.	8	247737	\$71		
		10:30 a.m 11:00 a.m.	8	247736	\$71		
		11:00 a.m 11:30 a.m.	8	247738	\$71		
		11:30 a.m 12:00 p.m.	8	247739	\$71		
		12:00 p.m 12:30 p.m.	8	247740	\$71		
		12:30 p.m 1:00 p.m.	8	247741	\$71		
Wed.	Oct. 15	6:00 p.m 6:30 p.m.	5	249428	\$45		
		6:30 p.m 7:00 p.m.	5	249429	\$45		
		7:30 p.m 8:00 p.m.	5	249430	\$45		
Mon	Nov. 3	6:00 p.m 6:30 p.m.	7	249015	\$62		
	1101.0	6:00 p.m 6:30 p.m.	7	249097	\$62		
		7:00 p.m 7:30 p.m.	7	247077	\$62		
			7				
<b>T</b>	Al /	7:30 p.m 8:00 p.m.		249102	\$62		
Tue.	Nov. 4	4:00 p.m 4:30 p.m.	7	249426	\$62		
		5:00 p.m 5:30 p.m.	7	249427	\$62		
Thu.	Nov. 6	4:00 p.m 4:30 p.m.	7	249433	\$62		
		5:00 p.m 5:30 p.m.	7	249435	\$62		
		6:00 p.m 6:30 p.m.	7	249439	\$62		
		6:30 p.m 7:00 p.m.	7	249440	\$62		
Fri.	Nov. 7	4:30 p.m 5:00 p.m.	7	249441	\$62		
		5:30 p.m 6:00 p.m.	7	249442	\$62		
		6:00 p.m 6:30 p.m.	7	249443	\$62		
		6:30 p.m 7:00 p.m.	7	249444	\$62		
Sat.	Nov. 8	9:00 a.m 9:30 a.m.	7	249445	\$62		
Jdl.	NUV. O		7		\$62		
		9:30 a.m 10:00 a.m.		249446			
		10:00 a.m 10:30 a.m.	7	249447	\$62		
		10:30 a.m 11:00 a.m.	7	249448	\$62		
		11:45 a.m 12:15 p.m.	7	249449	\$62		
		12:15 p.m 12:45 p.m.	7	249450	\$62		
		5:00 p.m 5:30 p.m.	7	249456	\$62		
		5:30 p.m 6:00 p.m.	7	249452	\$62		
		6:30 p.m 7:00 p.m.	7	249453	\$62		
Sun.	Nov. 9	9:00 a.m 9:30 a.m.	7	249457	\$62		
		9:30 a.m 10:00 a.m.	7	249458	\$62		
		10:00 a.m 10:30 a.m.	7	249459	\$62		
		10:30 a.m 11:00 a.m.	7	249460	\$62		
		11:00 a.m 11:30 a.m.	7	249460 249461	\$02 \$62		
		11:30 a.m 12:00 p.m.	7	249462	\$62		
		12:00 p.m 12:30 p.m.	7	249463	\$62		
		12:30 p.m 1:00 p.m.	7	249464	\$62		
		5:00 p.m 5:30 p.m.	7	249465	\$62		
		6:00 p.m 6:30 p.m.	7	249466	\$62		
Wed.	Nov. 19	6:00 p.m 6:30 p.m.	5	250479	\$45		
		6:30 p.m 7:00 p.m.	5	250480	\$45		
		7:30 p.m 8:00 p.m.	5	250481	\$45		
Swimme	er 101 - Lad				5 - 15 yrs		
Wed.	Sep. 10	8:15 p.m 9:00 p.m.	5	251016	\$45		
	Sep. 10 Sep. 14	6:30 p.m 7:15 p.m.					
Sun.	Sep. 14		8	250441	\$71		
M/. 1	0.1.45	7:15 p.m 8:00 p.m.	8	250443	\$71		
Wed.	Oct. 15	8:15 p.m 9:00 p.m.	5	250461	\$45		
Sun.	Nov. 9	6:30 p.m 7:15 p.m.	7	250462	\$62		
		7:15 p.m 8:00 p.m.	7	250463	\$62		
Wed.	Nov. 19	8:15 p.m 9:00 p.m.	5	250542	\$45		

## Milliken Mills Pool (cont'd)

7600 Kennedy Road, 905-477-6410 ext. 3328

		Children Swimr	ning					Cł
Day	Begins	Time	Classes	Code	Fee	Day	Begins	
Swimm	er 2				5 - 12 yrs	Fri.	Sep. 12	4:0
Mon.	Sep. 8	6:30 p.m 7:00 p.m.	8	247751	\$62			5:3
		7:30 p.m 8:00 p.m.	7	247750	\$62	Sat.	Sep. 13	9:0
Tue.	Sep. 9	4:30 p.m 5:00 p.m.	8	247752	\$71			9:4
		5:30 p.m 6:00 p.m.	8	247753	\$71			10:3
Wed.	Sep. 10	6:00 p.m 6:30 p.m.	5	247754	\$45	Sat.	Sep. 13	11:1
rrou.	000.10	7:00 p.m 7:30 p.m.	5	247755	\$45			12:0
Thu.	Sep. 11	4:30 p.m 5:00 p.m.	8	247756	\$71	Sun.	Sep. 14	9:0
mu.	5cp. 11	5:30 p.m 6:00 p.m.	8	247757	\$71			9:4
		6:30 p.m 7:00 p.m.	8	247758	\$71			10:3
Fri.	Sep. 12	4:00 p.m 4:30 p.m.	8	247759	\$71			11:1
	Jep. 12	5:00 p.m 5:30 p.m.	8	247760	\$71			12:0
		6:00 p.m 6:30 p.m.	8	247761	\$71	Mon.	Nov. 3	6:
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	8	247762	\$71	Tue.	Nov. 4	4:0
Jal.	Jeh. 12	9:30 a.m 10:00 a.m.	8	247763	\$71	140.	1101. 4	5:3
			8		\$71	Thu.	Nov. 6	4:4
		10:30 a.m 11:00 a.m.		247775		mu.	100.0	6:1
		11:00 a.m 11:30 a.m.	8	247764	\$71	Fri.	Nov. 7	4:0
		11:30 a.m 12:00 p.m.	8	247765	\$71	п.	NUV. 7	5:3
•		12:00 p.m 12:30 p.m.	8	247774	\$71	Cat	Nov 0	9:0
Sun.	Sep. 14	9:00 a.m 9:30 a.m.	8	247766	\$71	Sat.	Nov. 8	
		10:00 a.m 10:30 a.m.	8	247768	\$71			9:4
		10:30 a.m 11:00 a.m.	8	247769	\$71			11:1
		11:00 a.m 11:30 a.m.	8	247770	\$71			12:0
		11:30 a.m 12:00 p.m.	8	247771	\$71	Sun.	Nov. 9	9:0
		12:00 p.m 12:30 p.m.	8	247772	\$71			9:4
		12:30 p.m 1:00 p.m.	8	247773	\$71			10:3
Wed.	Oct. 15	6:00 p.m 6:30 p.m.	5	249471	\$45			11:1
		7:00 p.m 7:30 p.m.	5	249473	\$45			12:0
Mon.	Nov. 3	6:30 p.m 7:00 p.m.	7	249103	\$62	Swimm	er 301 - La	dies On
		7:30 p.m 8:00 p.m.	7	249104	\$62	Sun.	Sep. 14	7:15
		7:30 p.m 8:00 p.m.	7	249106	\$62	Sun.	Nov. 9	7:1
Tue.	Nov. 4	5:30 p.m 6:00 p.m.	7	249468	\$62	Swimm	er 4	
		6:00 p.m 6:30 p.m.	7	249470	\$62	Mon.	Sep. 8	7:1
Thu.	Nov. 6	4:30 p.m 5:00 p.m.	7	249550	\$62	Tue.	Sep. 9	4:4
		5:30 p.m 6:00 p.m.	7	249552	\$62	Tue.	Sep. 9	6:1
		6:00 p.m 6:30 p.m.	7	249554	\$62	Wed.	Sep. 10	6:3
		6:30 p.m 7:00 p.m.	7	249556	\$62	Thu.	Sep. 10	4:0
Fri.	Nov. 7	4:00 p.m 4:30 p.m.	7	249558	\$62	mu.	Jeh. II	5:3
		5:00 p.m 5:30 p.m.	7	249559	\$62	Fri.	Sep. 12	6:1
		6:00 p.m 6:30 p.m.	7	249560	\$62	Sat.	Sep. 12	9:45
Sat.	Nov. 8	9:00 a.m 9:30 a.m.	7	249561	\$62	Jdl.	Sep. 15	
001.	1101.0	9:30 a.m 10:00 a.m.	7	249562	\$62	Cum	Con 1/	11:1
		11:00 a.m 11:30 a.m.	7	247562	\$62	Sun.	Sep. 14	9:0
			7					10:3
		12:00 p.m 12:30 p.m.	7	249633	\$62		0.145	11:1
		5:00 p.m 5:30 p.m.		249636	\$62	Wed.	Oct. 15	6:3
C	New O	5:30 p.m 6:00 p.m.	7	249638	\$62	Mon.	Nov. 3	7:1
Sun.	Nov. 9	9:00 a.m 9:30 a.m.	7	249639	\$62	Tue.	Nov. 4	4:4
		9:30 a.m 10:00 a.m.	7	249640	\$62	Thu.	Nov. 6	5:3
		10:00 a.m 10:30 a.m.	7	249643	\$62	Fri.	Nov. 7	6:1
		10:30 a.m 11:00 a.m.	7	249645	\$62	Sat.	Nov. 8	9:4
		11:00 a.m 11:30 a.m.	7	250421	\$62			11:1
		11:30 a.m 12:00 p.m.	7	249646	\$62	Sun.	Nov. 9	9:0
		12:00 p.m 12:30 p.m.	7	249647	\$62			10:3
		12:30 p.m 1:00 p.m.	7	249648	\$62			11:1
		6:00 p.m 6:30 p.m.	7	249649	\$62	Wed.	Nov. 19	6:3
Wed.	Nov. 19	6:00 p.m 6:30 p.m.	5	250482	\$45	Swimm		1
		7:00 p.m 7:30 p.m.	5	250483	\$45	Mon.	Sep. 8	6:0
Swimm	er 201 - Lad	lies Only			5 - 15 yrs	Tue.	Sep. 9	4:4
Sun.	Sep. 14	6:30 p.m 7:15 p.m.	8	250447	\$71	Tue.		6:1
Sun.	Nov. 9	6:30 p.m 7:15 p.m.	7	250465	\$62		Sep. 9	
		0.00 p.m 7.10 p.m.	/	200400		Wed.	Sep. 10	6:0
Swimm		( )0 n - 745	0	0/777/	5 - 12 yrs	Thu.	Sep. 11	5:3
Mon.	Sep. 8	6:30 p.m 7:15 p.m.	8	247776	\$62	Fri.	Sep. 12	4:4
Tue.	Sep. 9	4:00 p.m 4:45 p.m.	8	247777	\$71	Sat.	Sep. 13	9:0
Thu.	Sep. 11	4:45 p.m 5:30 p.m.	8	247779	\$71			9:45
	1	6:15 p.m 7:00 p.m.	8	247780	\$71			10:3

		Children Swimn	ning		
Day	Begins	Time	Classes	Code	Fee
Fri.	Sep. 12	4:00 p.m 4:45 p.m.	8	247781	\$71
		5:30 p.m 6:15 p.m.	8	247782	\$71
Sat.	Sep. 13	9:00 a.m 9:45 a.m.	8	247783	\$71
		9:45 a.m 10:30 a.m.	8	247784	\$71
		10:30 a.m 11:15 a.m.	8	247785	\$71
Sat.	Sep. 13	11:15 a.m 12:00 p.m.	8	247786	\$71
		12:00 p.m 12:45 p.m.	8	247787	\$62
Sun.	Sep. 14	9:00 a.m 9:45 a.m.	8	247788	\$71
		9:45 a.m 10:30 a.m.	8	247789	\$71
		10:30 a.m 11:15 a.m.	8	247790	\$71
		11:15 a.m 12:00 p.m.	8	247791	\$71
		12:00 p.m 12:45 p.m.	8	247792	\$71
Mon.	Nov. 3	6:30 p.m 7:15 p.m.	7	249108	\$62
Tue.	Nov. 4	4:00 p.m 4:45 p.m.	7	249653	\$62
100.	1101. 4	5:30 p.m 6:15 p.m.	7	249655	\$62
Thu.	Nov. 6	4:45 p.m 5:30 p.m.	7	249664	\$62
mu.	1101.0	6:15 p.m 7:00 p.m.	7	249665	\$62
Fri.	Nov. 7	4:00 p.m 4:45 p.m.	7	249666	\$62
<i>T</i> 11.	NUV. 7	4.00 p.m 4.45 p.m. 5:30 p.m 6:15 p.m.	7		\$62
Cat	Nov. 8	, ,		249667	
Sat.	NOV. 8	9:00 a.m 9:45 a.m.	7	249670	\$62
		9:45 a.m 10:30 a.m.	7	249672	\$62
		11:15 a.m 12:00 p.m.	7	249675	\$62
0		12:00 p.m 12:45 p.m.	7	249677	\$62
Sun.	Nov. 9	9:00 a.m 9:45 a.m.	7	249678	\$62
		9:45 a.m 10:30 a.m.	7	249682	\$62
		10:30 a.m 11:15 a.m.	7	249684	\$62
		11:15 a.m 12:00 p.m.	7	249685	\$62
		12:00 p.m 12:45 p.m.	7	249686	\$62
Swimme	er 301 - Lad	lies Only			5 - 12 yrs
Sun.	Sep. 14	7:15 p.m 8:00 p.m.	8	250451	\$71
Sun.	Nov. 9	7:15 p.m 8:00 p.m.	7	250466	\$62
Swimme	er 4				5 - 12 yrs
Mon.		7:15 p.m 8:00 p.m.	7	247801	
Mon.	Sep. 8	7:15 p.m 8:00 p.m. 4:45 p.m 5:30 p.m.		247801 247802	\$62
Mon. Tue.	Sep. 8 Sep. 9	4:45 p.m 5:30 p.m.	8	247802	\$62 \$71
Mon. Tue. Tue.	Sep. 8 Sep. 9 Sep. 9	4:45 p.m 5:30 p.m. 6:15 p.m 7:00 p.m.	8 8	247802 247803	\$62 \$71 \$71
Mon. Tue. Tue. Wed.	Sep. 8 Sep. 9 Sep. 9 Sep. 10	4:45 p.m 5:30 p.m. 6:15 p.m 7:00 p.m. 6:30 p.m 7:15 p.m.	8 8 5	247802 247803 247804	\$62 \$71 \$71 \$45
Mon. Tue. Tue.	Sep. 8 Sep. 9 Sep. 9	4:45 p.m 5:30 p.m. 6:15 p.m 7:00 p.m. 6:30 p.m 7:15 p.m. 4:00 p.m 4:45 p.m.	8 8 5 8	247802 247803 247804 247805	\$62 \$71 \$71 \$45 \$71
Mon. Tue. Tue. Wed. Thu.	Sep. 8 Sep. 9 Sep. 9 Sep. 10 Sep. 11	4:45 p.m 5:30 p.m. 6:15 p.m 7:00 p.m. 6:30 p.m 7:15 p.m. 4:00 p.m 4:45 p.m. 5:30 p.m 6:15 p.m.	8 8 5 8 8	247802 247803 247804 247805 247806	\$62 \$71 \$45 \$71 \$45 \$71 \$71
Mon. Tue. Tue. Wed. Thu. Fri.	Sep. 8 Sep. 9 Sep. 9 Sep. 10 Sep. 11 Sep. 12	4:45 p.m 5:30 p.m. 6:15 p.m 7:00 p.m. 6:30 p.m 7:15 p.m. 4:00 p.m 4:45 p.m. 5:30 p.m 6:15 p.m. 6:15 p.m 7:00 p.m.	8 8 5 8 8 8	247802 247803 247804 247805 247806 247808	\$62 \$71 \$45 \$71 \$71 \$71 \$71
Mon. Tue. Tue. Wed. Thu.	Sep. 8 Sep. 9 Sep. 9 Sep. 10 Sep. 11	4:45 p.m 5:30 p.m. 6:15 p.m 7:00 p.m. 6:30 p.m 7:15 p.m. 4:00 p.m 4:45 p.m. 5:30 p.m 6:15 p.m. 6:15 p.m 7:00 p.m. 9:45 a.m 10:30 a.m.	8 8 5 8 8 8 8 8	247802 247803 247804 247805 247806 247808 247816	\$62 \$71 \$45 \$71 \$71 \$71 \$71 \$71
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### Milliken Mills Pool (cont'd)

7600 Kennedy Road, 905-477-6410 ext. 3328

		Children Swimr			1
Day	Begins	Time	Classes	Code	Fee
Sat.	Sep. 13	11:15 a.m 12:00 p.m.	8	247826	\$71
Sun.	Sep. 14	9:00 a.m 9:45 a.m.	8	247827	\$71
		10:30 a.m 11:15 a.m.	8	247828	\$71
		11:15 a.m 12:00 p.m.	8	247829	\$71
		12:00 p.m 12:45 p.m.	8	247830	\$71
Wed.	Oct. 15	6:00 p.m 6:45 p.m.	5	250119	\$45
Mon.	Nov. 3	6:00 p.m 6:45 p.m.	7	249111	\$62
Tue.	Nov. 4	4:00 p.m 4:45 p.m.	7	250116	\$62
IUC.	NUV. 4		7		
<b>T</b> /		6:15 p.m 7:00 p.m.		250118	\$62
Thu.	Nov. 6	4:00 p.m 4:45 p.m.	7	250122	\$62
		5:30 p.m 6:15 p.m.	7	250121	\$62
Fri.	Nov. 7	4:45 p.m 5:30 p.m.	7	250123	\$62
Sat.	Nov. 8	9:00 a.m 9:45 a.m.	7	250124	\$62
		10:30 a.m 11:15 a.m.	7	250125	\$62
		11:15 a.m 12:00 p.m.	7	250126	\$62
Sun.	Nov. 9	12:00 p.m 12:45 p.m.	7	250127	\$62
Wed.	Nov. 19	6:00 p.m 6:45 p.m.	5	250490	\$45
Swimme	er 6				5 - 12 yrs
Mon.	Sep. 8	6:45 p.m 7:30 p.m.	7	247833	\$62
Tue.	Sep. 9	4:00 p.m 4:45 p.m.	8	247834	\$71
		5:30 p.m 6:15 p.m.	8	247835	\$71
Wed.	Sep. 10	6:45 p.m 7:30 p.m.	5	247836	\$45
Thu.	Sep. 10	4:45 p.m 5:30 p.m.	8	247837	\$71
mu.	Jep. 11		8		
r.:	0 10	6:15 p.m 7:00 p.m.		247838	\$71
Fri.	Sep. 12	5:30 p.m 6:15 p.m.	8	247840	\$71
Sat.	Sep. 13	9:00 a.m 9:45 a.m.	8	247841	\$71
		10:30 a.m 11:15 a.m.	8	247842	\$71
Sun.	Sep. 14	9:00 a.m 9:45 a.m.	8	247843	\$71
		9:45 a.m 10:30 a.m.	8	247844	\$71
		12:15 p.m 1:00 p.m.	8	247845	\$71
Wed.	Oct. 15	6:45 p.m 7:30 p.m.	5	250130	\$45
			7		
Mon.	Nov. 3	6:45 p.m 7:30 p.m.		249112	\$62
Thu.	Nov. 6	4:45 p.m 5:30 p.m.	7	250131	\$62
Fri.	Nov. 7	5:30 p.m 6:15 p.m.	7	250132	\$62
Sat.	Nov. 8	9:45 a.m 10:30 a.m.	7	250135	\$62
		10:30 a.m 11:15 a.m.	7	250136	\$62
Sun.	Nov. 9	9:45 a.m 10:30 a.m.	7	250137	\$62
		12:15 p.m 1:00 p.m.	7	250138	\$62
Wed.	Nov. 19	6:45 p.m 7:30 p.m.	5	250491	\$45
	er 7 – Rook		0	200471	
-	1				5 - 15 yrs
Mon.	Sep. 8	6:00 p.m 6:45 p.m.	7	247598	\$62
Tue.	Sep. 9	4:45 p.m 5:30 p.m.	8	247599	\$71
Thu.	Sep. 11	4:00 p.m 4:45 p.m.	8	247600	\$71
Fri.	Sep. 12	4:15 p.m 5:00 p.m.	8	247601	\$71
Sat.	Sep. 13	9:00 a.m 9:45 a.m.	8	247602	\$71
		10:30 a.m 11:15 a.m.	8	247603	\$71
		5:30 p.m 6:15 p.m.	8	247603	\$71
C	Cor 1/				
Sun.	Sep. 14	12:00 p.m 12:45 p.m.	8	247605	\$71
Mon.	Nov. 3	6:00 p.m 6:45 p.m.	7	249125	\$62
Tue.	Nov. 4	4:45 p.m 5:30 p.m.	7	250144	\$62
Thu.	Nov. 6	6:15 p.m 7:00 p.m.	7	250153	\$62
Fri.	Nov. 7	4:15 p.m 5:00 p.m.	7	250157	\$62
Sat.	Nov. 8	9:00 a.m 9:45 a.m.	7	250167	\$62
		10:30 a.m 11:15 a.m.	7	250168	\$62
		5:30 p.m 6:15 p.m.	7	250100	\$62
Cup	No: 0		7		
Sun.	Nov. 9	12:00 p.m 12:45 p.m.	/	250175	\$62
	er 8 – Rang				5 - 15 yrs
Tue.	Sep. 9	4:00 p.m 4:45 p.m.	8	247607	\$71
Wed.	Sep. 10	6:00 p.m 6:45 p.m.	5	247608	\$45
Fri.	Sep. 12	6:15 p.m 7:00 p.m.	8	247609	\$71
Sat.	Sep. 12	9:45 a.m 10:30 a.m.	8	247610	\$71
σαι.	Jeh. 13		8		
C	0 1/	6:15 p.m 7:00 p.m.		247611	\$71
Sun.	Sep. 14	9:45 a.m 10:30 a.m.	8	247612	\$71
Wed.	Oct. 15	6:00 p.m 6:45 p.m.	5	250176	\$45
Fri.	Nov. 7	6:15 p.m 7:00 p.m.	7	250193	\$62

Children Swimming								
Day	Begins	Time	Classes	Code	Fee			
Sat.	Nov. 8	9:45 a.m 10:30 a.m.	7	250194	\$62			
		6:15 p.m 7:00 p.m.	7	250197	\$62			
Sun.	Nov. 9	9:45 a.m 10:30 a.m.	7	250198	\$62			
Wed.	Nov. 19	6:00 p.m 6:45 p.m.	5	250487	\$45			
Swimmer 9 – Star Patrol 5-15 yrs								
Mon.	Sep. 8	6:45 p.m 7:45 p.m.	7	247614	\$62			
Wed.	Sep. 10	6:45 p.m 7:45 p.m.	5	247616	\$45			
Thu.	Sep. 11	6:00 p.m 7:00 p.m.	8	247617	\$71			
Fri.	Sep. 12	4:00 p.m 5:00 p.m.	8	247618	\$71			
Sat.	Sep. 13	12:00 p.m 1:00 p.m.	8	247619	\$71			
		5:30 p.m 6:30 p.m.	8	247620	\$71			
Sun.	Sep. 14	4:00 p.m 5:00 p.m.	8	247621	\$71			
Wed.	Oct. 15	6:45 p.m 7:45 p.m.	5	250205	\$45			
Mon.	Nov. 3	6:45 p.m 7:45 p.m.	7	249127	\$62			
Thu.	Nov. 6	6:00 p.m 7:00 p.m.	7	250206	\$62			
Fri.	Nov. 7	4:00 p.m 5:00 p.m.	7	250209	\$62			
Sat.	Nov. 8	12:00 p.m 1:00 p.m.	7	250210	\$62			
		5:30 p.m 6:30 p.m.	7	250212	\$62			
Sun.	Nov. 9	5:30 p.m 6:30 p.m.	7	250213	\$62			
Wed.	Nov. 19	6:45 p.m 7:45 p.m.	5	250488	\$45			

	Pre-Teen/Teen Swimming								
Day	Begins	Time	Classes	Code	Fee				
Teen 1	Teen 1 9 - 16 yrs								
Tue.	Sep. 9	6:00 p.m 6:45 p.m.	8	246784	\$71				
Sat.	Sep. 13	11:00 a.m 11:45 a.m.	8	246785	\$71				
		4:00 p.m 4:45 p.m.	8	246786	\$71				
Tue.	Nov. 4	6:00 p.m 6:45 p.m.	7	250221	\$62				
Sat.	Nov. 8	11:00 a.m 11:45 a.m.	7	250222	\$62				
		4:00 p.m 4:45 p.m.	7	250223	\$62				
Teen 2					9 - 16 yrs				
Sat.	Sep. 13	10:15 a.m 11:00 a.m.	8	246788	\$71				
		4:45 p.m 5:30 p.m.	8	246787	\$71				
Sat.	Nov. 8	10:15 a.m 11:00 a.m.	7	250225	\$62				
		4:45 p.m 5:30 p.m.	7	250224	\$62				

H40 Swimming							
Day	Begins	Time	Classes	Code	Fee		
H40 Sw	immer 1				5 - 12 yrs		
Tue.	Sep. 9	5:15 p.m 5:45 p.m.	8	247623	\$123		
Wed.	Sep. 10	6:00 p.m 6:30 p.m.	5	247624	\$77.50		
Fri.	Sep. 12	4:30 p.m 5:00 p.m.	8	247625	\$123		
Sat.	Sep. 13	4:00 p.m 4:30 p.m.	8	247626	\$123		
		4:30 p.m 5:00 p.m.	8	247629	\$123		
		5:00 p.m 5:30 p.m.	8	247627	\$123		
		5:30 p.m 6:00 p.m.	8	247630	\$123		
		6:00 p.m 6:30 p.m.	8	247631	\$123		
		6:30 p.m 7:00 p.m.	8	247628	\$123		
Sun.	Sep. 14	5:00 p.m 5:30 p.m.	8	247632	\$123		
		5:30 p.m 6:00 p.m.	8	247633	\$123		
		6:00 p.m 6:30 p.m.	8	247634	\$123		
Wed.	Oct. 15	6:00 p.m 6:30 p.m.	5	250469	\$77.50		
Mon.	Nov. 3	7:00 p.m 7:30 p.m.	7	249130	\$108		
Tue.	Nov. 4	4:00 p.m 4:30 p.m.	7	249133	\$108		
		5:15 p.m 5:45 p.m.	7	249134	\$108		
		6:30 p.m 7:00 p.m.	7	249365	\$108		
Fri.	Nov. 7	4:30 p.m 5:00 p.m.	7	249366	\$108		
Sat.	Nov. 8	9:30 a.m 10:00 a.m.	7	249367	\$108		
		11:30 a.m 12:00 p.m.	7	249368	\$108		
		5:30 p.m 6:00 p.m.	7	249369	\$108		
		6:00 p.m 6:30 p.m.	7	249370	\$108		
Sun.	Nov. 9	9:00 a.m 9:30 a.m.	7	249372	\$108		
		4:00 p.m 4:30 p.m.	7	249376	\$108		
		4:30 p.m 5:00 p.m.	7	249374	\$108		
		5:00 p.m 5:30 p.m.	7	249373	\$108		
Wed.	Nov. 19	6:00 p.m 6:30 p.m.	5	250484	\$77.50		

Swimming

## Milliken Mills Pool (cont'd)

7600 Kennedy Road, 905-477-6410 ext. 3328

		H40 Swimmi	ng		
Day	Begins	Time	Classes	Code	Fee
H40 Sw	immer 2				5 - 12 yrs
Mon.	Sep. 8	6:00 p.m 6:30 p.m.	7	247665	\$108
Tue.	Sep. 9	4:45 p.m 5:15 p.m.	8	247666	\$123
		5:45 p.m 6:15 p.m.	8	247667	\$123
Fri.	Sep. 12	4:00 p.m 4:30 p.m.	8	247668	\$123
		5:00 p.m 5:30 p.m.	8	247669	\$123
Sat.	Sep. 13	4:00 p.m 4:30 p.m.	8	247670	\$123
		4:30 p.m 5:00 p.m.	8	247671	\$123
		5:00 p.m 5:30 p.m.	8	247675	\$123
Sat.	Sep. 13	5:30 p.m 6:00 p.m.	8	247672	\$123
		6:00 p.m 6:30 p.m.	8	247673	\$123
		6:30 p.m 7:00 p.m.	8	247674	\$123
Sun.	Sep. 14	5:00 p.m 5:30 p.m.	8	247676	\$123
		6:00 p.m 6:30 p.m.	8	247678	\$123
Mon.	Nov. 3	7:30 p.m 8:00 p.m.	7	249135	\$108
Tue.	Nov. 4	4:00 p.m 4:30 p.m.	7	249136	\$108
		4:45 p.m 5:15 p.m.	7	249137	\$108
Fri.	Nov. 7	4:00 p.m 4:30 p.m.	7	249138	\$108
		5:00 p.m 5:30 p.m.	7	249139	\$108
Sat.	Nov. 8	10:30 a.m 11:00 a.m.	7	250410	\$108
out.	100.0	10:30 a.m 11:00 a.m.	7	250410	\$108
		4:00 p.m 4:30 p.m.	7	249353	\$108
			7		
		4:30 p.m 5:00 p.m.	7	249358	\$108
		5:00 p.m 5:30 p.m.		249359	\$108
0		6:00 p.m 6:30 p.m.	7	249360	\$108
Sun.	Nov. 9	4:00 p.m 4:30 p.m.	7	249361	\$108
		5:00 p.m 5:30 p.m.	7	249397	\$108
		5:30 p.m 6:00 p.m.	7	249362	\$108
H40 Sw	immer 3				5 - 12 yrs
Mon.	Sep. 8	7:15 p.m 8:00 p.m.	7	247679	\$108
Tue.	Sep. 9	6:15 p.m 7:00 p.m.	8	247680	\$123
Thu.	Sep. 11	4:00 p.m 4:45 p.m.	8	247681	\$123
Fri.	Sep. 12	6:15 p.m 7:00 p.m.	8	247682	\$123
Sat.	Sep. 13	4:00 p.m 4:45 p.m.	8	247683	\$123
		5:30 p.m 6:15 p.m.	8	247684	\$123
Sun.	Sep. 14	5:30 p.m 6:15 p.m.	8	247686	\$123
Mon.	Nov. 3	7:15 p.m 8:00 p.m.	7	249113	\$108
Tue.	Nov. 4	4:00 p.m 4:45 p.m.	7	249378	\$108
100.	1101.4	6:15 p.m 7:00 p.m.	7	249379	\$108
Thu.	Nov. 6	4:00 p.m 4:45 p.m.	7	249381	\$108
Fri.	Nov. 7	6:15 p.m 7:00 p.m.	7	249382	\$108
sat.	Nov. 7 Nov. 8	4:00 p.m 4:45 p.m.	7	249382	\$108
Jdl.	NUV. O	5:30 p.m 6:15 p.m.	7		
Cup	Nov 0		7	250141	\$108
Sun.	Nov. 9	4:00 p.m 4:45 p.m.		249388	\$108
		5:30 p.m 6:15 p.m.	7	249389	\$108
11/0.0		5:30 p.m 6:15 p.m.	1	249390	\$108
	immer 4				5 - 12 yrs
Mon.	Sep. 8	6:30 p.m 7:15 p.m.	7	247687	\$108
Wed.	Sep. 10	7:15 p.m 8:00 p.m.	5	247688	\$77.50
Thu.	Sep. 11	4:45 p.m 5:30 p.m.	8	247689	\$123
Fri.	Sep. 12	5:30 p.m 6:15 p.m.	8	247690	\$123
Sat.	Sep. 13	4:45 p.m 5:30 p.m.	8	247691	\$123
		6:15 p.m 7:00 p.m.	8	247692	\$123
Sun.	Sep. 14	4:45 p.m 5:30 p.m.	8	247693	\$123
Wed.	Oct. 15	7:15 p.m 8:00 p.m.	5	250470	\$77.50
Mon.	Nov. 3	6:30 p.m 7:15 p.m.	7	249114	\$108
Tue.	Nov. 4	4:45 p.m 5:30 p.m.	7	249391	\$108
Thu.	Nov. 4	4:00 p.m 4:45 p.m.	7	249392	\$108
rnu. Fri.	Nov. 7		7		
		5:30 p.m 6:15 p.m.	7	249393	\$108
Sat.	Nov. 8	4:45 p.m 5:30 p.m.		249394	\$108
C	No. 0	6:15 p.m 7:00 p.m.	7	249395	\$108
Sun.	Nov. 9 Nov. 19	4:45 p.m 5:30 p.m. 7:15 p.m 8:00 p.m.	7 5	249396	\$108 \$77.50
Wed.				250485	

		H40 Swimmi			
Day	Begins	Time	Classes	Code	Fee
H40 Sw	immer 5				5 - 12 yrs
Tue.	Sep. 9	4:00 p.m 4:45 p.m.	8	247695	\$123
Thu.	Sep. 11	6:15 p.m 7:00 p.m.	8	247696	\$123
Sat.	Sep. 13	4:00 p.m 4:45 p.m.	8	247697	\$123
		5:30 p.m 6:15 p.m.	8	247698	\$123
Sun.	Sep. 14	4:00 p.m 4:45 p.m.	8	247699	\$123
oun.	000.14	5:30 p.m 6:15 p.m.	8	247700	\$123
Tue.	Nov. 4	5:30 p.m 6:15 p.m.	7	249398	\$108
Thu.	Nov. 4 Nov. 6	6:15 p.m 7:00 p.m.	7	249390	\$108
Sat.	Nov. 8		7		\$108
Jdl.	NUV. O	9:00 a.m 9:45 a.m.	7	249408 249407	\$108
0	N 0	4:00 p.m 4:45 p.m.			
Sun.	Nov. 9	9:00 a.m 9:45 a.m.	7	249409	\$108
		11:15 a.m 12:00 p.m.	7	249410	\$108
		5:30 p.m 6:15 p.m.	7	249411	\$108
H40 Sw	immer 6				5 - 12 yrs
Wed.	Sep. 10	6:30 p.m 7:15 p.m.	5	247702	\$77.50
Thu.	Sep. 11	5:30 p.m 6:15 p.m.	8	247701	\$123
Sat.	Sep. 13	4:45 p.m 5:30 p.m.	8	247703	\$123
out.	000.10	6:15 p.m 7:00 p.m.	8	247704	\$123
Sun.	Sep. 14	5:30 p.m 6:15 p.m.	8	247704	\$123
Wed.	Oct. 15		5		
		6:30 p.m 7:15 p.m.		250471	\$77.50
Tue.	Nov. 4	6:15 p.m 7:00 p.m.	7	249412	\$108
Thu.	Nov. 6	4:45 p.m 6:30 p.m.	7	250139	\$108
Sat.	Nov. 8	4:45 p.m 5:30 p.m.	7	249415	\$108
		6:15 p.m 7:00 p.m.	7	249414	\$108
Sun.	Nov. 9	9:00 a.m 9:45 p.m.	7	249416	\$108
		10:30 a.m 11:15 a.m.	7	249417	\$108
		11:30 a.m 12:15 p.m.	7	250422	\$108
Tue.	Nov. 11	5:30 p.m 6:15 p.m.	7	249413	\$108
Wed.	Nov. 19	6:30 p.m 7:15 p.m.	5	250486	\$77.50
			•		
		Adult Swimm			
Day	Begins	Time	Classes	Code	Fee
Adult 1					16 yrs+
Tue.	Sep. 9	9:15 a.m 10:00 a.m.	8	246765	\$91.53
Wed.	Sep. 10	7:15 p.m 8:00 p.m.	5	246766	\$57.63
Thu.	Sep. 11	9:15 a.m 10:00 a.m.	8	246767	\$91.53
Wed.	Oct. 15	7:15 p.m 8:00 p.m.	5	250216	\$57.63
Mon.	Nov. 3	8:00 p.m 8:45 p.m.	7	250214	\$80.23
Tue.	Nov. J	9:15 a.m 10:00 a.m.	7	250214	\$80.23
Thu.	Nov. 4 Nov. 6	9:15 a.m 10:00 a.m. 9:15 a.m 10:00 a.m.	7	250215	\$80.23
Sat.	Nov. 8	12:00 p.m 12:45 p.m.	7	250218	\$80.23
Wed.	Nov. 19	7:15 p.m 8:00 p.m.	5	250492	\$57.63
Adult 10	)1 - Ladies (	Inly			16 yrs+
Wed.	Sep. 10	8:15 p.m 9:00 p.m.	5	246775	\$57.63
Sun.	Sep. 14	6:30 p.m 7:15 p.m.	8	246776	\$91.53
Wed.	Oct. 15	8:15 p.m 9:00 p.m.	5	250456	\$57.63
Sun.	Nov. 9	6:30 p.m 7:15 p.m.	7	250458	\$80.23
Wed.	Nov. 19	8:15 p.m 9:00 p.m.	5	250543	\$57.63
Adult 2	101.17	0.10 p.m. 7.00 p.m.		200040	
	Co= 0	0.00 mm 0.45 mm	7	2//770	16 yrs+
Mon.	Sep. 8	8:00 p.m 8:45 p.m.	7	246770	\$80.23
Tue.	Sep. 9	9:15 a.m 10:00 a.m.	8	246771	\$91.53
Thu.	Sep. 11	9:15 a.m 10:30 a.m.	9	246772	\$102.83
Tue.	Nov. 4	9:15 a.m 10:00 a.m.	7	250219	\$80.23
Thu.	Nov. 6	9:15 a.m 10:00 a.m.	7	250220	\$80.23
Adult 20	)1 - Ladies (	Dnlv			16 yrs+
AUULLZI					
		7.15 n m - 8.00 n m	8	246782	\$91 53
Sun. Sun.	Sep. 14 <i>Nov. 9</i>	7:15 p.m 8:00 p.m. <i>7:15 p.m 8:00 p.m.</i>	8 7	246782 250459	\$91.53 <i>\$80.23</i>



### **Thornlea Pool**

8075 Bayview Ave., 905-889-0766 | Cancelled: Oct. 13, Dec. 22, 2014 through Jan. 4, 2015

		Children Swimr	nina		
Day	Begins	Time	Classes	Code	Fee
Swimme			otuoooo		5 - 12 yrs
Sat.	Sep. 27	9:45 a.m 10:15 a.m.	9	249802	\$79.50
Sun.	Sep. 28	9:00 a.m 9:30 a.m.	9	249800	\$79.50
Sat.	Nov. 29	9:45 a.m 10:15 a.m.	9	249806	\$79.50
Sun.	Nov. 30	9:00 a.m 9:30 a.m.	9	249804	\$79.50
Swimme	er 2		•		5 - 12 yrs
Sat.	Sep. 27	9:45 a.m 10:15 a.m.	9	249810	\$79.50
Sun.	Sep. 28	9:30 a.m 10:00 a.m.	9	249807	\$79.50
		10:00 a.m 10:30 a.m.	9	249808	\$79.50
		5:45 p.m 6:15 p.m.	9	249809	\$79.50
Sat.	Nov. 29	9:45 a.m 10:15 a.m.	9	249814	\$79.50
Sun.	Nov. 30	9:30 a.m 10:00 a.m.	9	249811	\$79.50
		10:00 a.m 10:30 a.m.	9	249812	\$79.50
		5:45 p.m 6:15 p.m.	9	249813	\$79.50
Swimme					5 - 12 yrs
Sat.	Sep. 27	10:15 a.m 11:00 a.m.	9	249818	\$79.50
Sun.	Sep. 28	10:00 a.m 10:45 a.m.	9	249815	\$79.50
		11:15 a.m 12:00 p.m.	9	249816	\$79.50
		5:45 p.m 6:30 p.m.	9	249817	\$79.50
Sat.	Nov. 29	10:15 a.m 11:00 a.m.	9	249853	\$79.50
Sun.	Nov. 30	10:00 a.m 10:45 a.m.	9	249826	\$79.50
		11:15 a.m 12:00 p.m.	9	249827	\$79.50
		5:45 p.m 6:30 p.m.	9	249843	\$79.50
Swimme					5 - 12 yrs
Sat.	Sep. 27	10:15 a.m 11:00 a.m.	9	249857	\$79.50
Sun.	Sep. 28	9:45 a.m 10:30 a.m.	9	249854	\$79.50
		11:15 a.m 12:00 p.m.	9	249855	\$79.50
		5:45 p.m 6:30 p.m.	9	249856	\$79.50
Sat.	Nov. 29	10:15 a.m 11:00 a.m.	9	249861	\$79.50
Sun.	Nov. 30	9:45 a.m 10:30 a.m.	9	249858	\$79.50
		11:15 a.m 12:00 p.m.	9	249859	\$79.50
	L	5:45 p.m 6:30 p.m.	9	249860	\$79.50
Swimme					5 - 12 yrs
Sat.	Sep. 27	10:45 a.m 11:30 a.m.	9	249864	\$79.50
Sun.	Sep. 28	9:00 a.m 9:45 a.m.	9	249862	\$79.50
<b>.</b>		6:15 p.m 7:00 p.m.	9	249863	\$79.50
Sat.	Nov. 29	10:45 a.m 11:30 a.m.	9	249867	\$79.50
Sun.	Nov. 30	9:00 a.m 9:45 a.m.	9	249865	\$79.50
Customer		6:15 p.m 7:00 p.m.	9	249866	\$79.50
Swimme		40.45 44.00	0	0 (0050	5 - 12 yrs
Sat.	Sep. 27	10:15 a.m 11:00 a.m.	9	249870	\$79.50
Sun.	Sep. 28	9:45 a.m 10:30 a.m.	9	249868	\$79.50
0.4	Nov. 20	6:15 p.m 7:00 p.m.	9	249869	\$79.50
Sat.	Nov. 29	10:15 a.m 11:00 a.m.	9	249873	\$79.50
Sun.	Nov. 30	9:45 a.m 10:30 a.m.	9	249871	\$79.50
Customer	7 Deels	6:15 p.m 7:00 p.m.	9	249872	\$79.50
<b>o</b> .	er 7 – Rook		0	2/007/	5 - 15 yrs
Sat.	Sep. 27	9:30 a.m 10:15 a.m.	9	249876	\$79.50
Sun.	Sep. 28	9:00 a.m 9:45 a.m.	9	249874	\$79.50
Cat	Nov. 29	5:30 p.m 6:15 p.m.		249875	\$79.50
Sat.		9:30 a.m 10:15 a.m.	9	249879	\$79.50
Sun.	Nov. 30	9:00 a.m 9:45 a.m.	9	249877 249878	\$79.50
Cutimme	r O Dong	5:30 p.m 6:15 p.m.	9	2470/0	\$79.50
	er 8 – Rang		0	0/0000	5 - 15 yrs
Sat.	Sep. 27	9:30 a.m 10:15 a.m.	9	249882	\$79.50
Sun.		9:45 a.m 10:30 a.m.	9	249880	\$79.50
	Sep. 28		0		
Sat		5:30 p.m 6:15 p.m.	9	249881	\$79.50 \$70.50
Sat.	Nov. 29	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m.	9	249886	\$79.50
Sat. Sun.		5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m.	9 9	249886 249883	\$79.50 \$79.50
Sun.	Nov. 29 Nov. 30	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m.	9	249886	\$79.50 \$79.50 \$79.50
Sun. <b>Swimme</b>	Nov. 29 Nov. 30 er <b>9 – Star</b>	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m. <b>Patrol</b>	9 9 9	249886 249883 249885	\$79.50 \$79.50 \$79.50 <b>5 - 15 yrs</b>
Sun. <b>Swimme</b> Sat.	Nov. 29 Nov. 30 er 9 – Star Sep. 27	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m. <b>Patrol</b> 10:15 a.m 11:15 a.m.	9 9 9 9	249886 249883 249885 249891	\$79.50 \$79.50 \$79.50 <b>5 - 15 yrs</b> \$79.50
Sun. Swimme	Nov. 29 Nov. 30 er <b>9 – Star</b>	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m. <b>Patrol</b> 10:15 a.m 11:15 a.m. 10:30 a.m 11:30 a.m.	9 9 9 9	249886 249883 249885 249891 249888	\$79.50 \$79.50 \$79.50 <b>5 - 15 yrs</b> \$79.50 \$79.50
Sun. Swimme Sat. Sun.	Nov. 29 Nov. 30 er 9 – Star Sep. 27 Sep. 28	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m. <b>Patrol</b> 10:15 a.m 11:15 a.m. 10:30 a.m 11:30 a.m. 5:45 p.m 6:45 p.m.	9 9 9 	249886 249883 249885 249891 249888 249888 249889	\$79.50 \$79.50 \$79.50 <b>5 - 15 yrs</b> \$79.50 \$79.50 \$79.50
Sun. Swimme Sat. Sun. Sat.	Nov. 29 Nov. 30 er 9 – Star Sep. 27 Sep. 28 Nov. 29	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m. <b>Patrol</b> 10:15 a.m 11:15 a.m. 10:30 a.m 11:30 a.m. 5:45 p.m 6:45 p.m. 10:15 a.m 11:15 a.m.	9 9 9 9 9 9 9 9 9	249886 249883 249885 249885 249889 249888 249889 249899	\$79.50 \$79.50 \$79.50 <b>5 - 15 yrs</b> \$79.50 \$79.50 \$79.50 \$79.50
Sun. Swimme Sat. Sun.	Nov. 29 Nov. 30 er 9 – Star Sep. 27 Sep. 28	5:30 p.m 6:15 p.m. 9:30 a.m 10:15 a.m. 9:45 a.m 10:30 a.m. 5:30 p.m 6:15 p.m. <b>Patrol</b> 10:15 a.m 11:15 a.m. 10:30 a.m 11:30 a.m. 5:45 p.m 6:45 p.m.	9 9 9 	249886 249883 249885 249891 249888 249888 249889	\$79.50 \$79.50 \$79.50 <b>5 - 15 yrs</b> \$79.50 \$79.50 \$79.50

		H40 Swimmi			
Day	Begins	Time	Classes	Code	Fee
H40 Sv	wimmer 1				5 - 12 yr
Thu.	Sep. 25	6:30 p.m 7:00 p.m.	9	249735	\$138
Sat.	Sep. 27	9:00 a.m 9:30 a.m.	9	249736	\$138
Sun.	Sep. 28	10:30 a.m 11:00 a.m.	9	249733	\$138
		5:00 p.m 5:30 p.m.	9	249734	\$138
Thu.	Nov. 27	6:30 p.m 7:00 p.m.	9	249739	\$138
Sat.	Nov. 29	9:00 a.m 9:30 a.m.	9	249740	\$138
Sun.	Nov. 30	10:30 a.m 11:00 a.m.	9	249737	\$138
•••••		5:00 p.m 5:30 p.m.	9	249738	\$138
H/0 Sv	vimmer 2	0.00 p.m. 0.00 p.m.	, ,	247700	5 - 12 yr
Thu.	Sep. 25	7:00 p.m 7:30 p.m.	9	249743	\$138
Sat.	Sep. 23	9:00 a.m 9:30 a.m.	9	249744	\$138
Jdl.	3ep. 27	11:00 a.m 11:30 a.m.	9	249745	\$138
Sun.	Cop 20		9	249745	\$138
oun.	Sep. 28	10:30 a.m 11:00 a.m.			
TL	N. 07	5:00 p.m 5:30 p.m.	9	249742	\$138
Thu.	Nov. 27	7:00 p.m 7:30 p.m.	9	249748	\$138
Sat.	Nov. 29	9:00 a.m 9:30 a.m.	9	249749	\$138
		11:00 a.m 11:30 a.m.	9	249750	\$138
Sun.	Nov. 30	10:30 a.m 11:00 a.m.	9	249746	\$138
		5:00 p.m 5:30 p.m.	9	249747	\$138
H40 Sv	wimmer 3				5 - 12 yı
Thu.	Sep. 25	6:30 p.m 7:15 p.m.	9	249754	\$138
Sat.	Sep. 27	9:00 a.m 9:45 a.m.	9	249755	\$138
		11:15 a.m 12:00 p.m.	9	249756	\$138
Sun.	Sep. 28	9:00 a.m 9:45 a.m.	9	249751	\$138
oun.	000.20	10:30 a.m 11:15 a.m.	9	249752	\$138
		5:00 p.m 5:45 p.m.	9	249753	\$138
Thu.	Nov. 27		9		\$138
		6:30 p.m 7:15 p.m.	9	249760	
Sat.	Nov. 29	9:00 a.m 9:45 a.m.		249761	\$138
•	11 00	11:15 a.m 12:00 p.m.	9	249762	\$138
Sun.	Nov. 30	9:00 a.m 9:45 a.m.	9	249757	\$138
		10:30 a.m 11:15 a.m.	9	249758	\$138
		5:00 p.m 5:45 p.m.	9	249759	\$138
H40 Sv	wimmer 4				5 - 12 yı
Thu.	Sep. 25	7:15 p.m 8:00 p.m.	9	249765	\$138
Sat.	Sep. 27	9:00 a.m 9:45 a.m.	9	249766	\$138
	-	11:00 a.m 11:45 a.m.	9	249767	\$138
Sun.	Sep. 28	10:45 a.m 11:30 a.m.	9	249763	\$138
		5:00 p.m 5:45 p.m.	9	249764	\$138
Thu.	Nov. 27	7:15 p.m 8:00 p.m.	9	249770	\$138
Sat.	Nov. 29	9:00 a.m 9:45 a.m.	9	249771	\$138
out.	1101.27	11:00 a.m 11:45 a.m.	9	249772	\$138
Sun.	Nov. 30	10:45 a.m 11:30 a.m.	9	249768	\$138
oun.	1107. 30	5:00 p.m 5:45 p.m.	9	249769	\$138
U/0 C.	wimmer E	5.00 p.m 5.45 p.m.	7	24//07	1
	vimmer 5	( 00 7.45	0	0/0775	5 - 12 yı
Thu.	Sep. 25	6:30 p.m 7:15 p.m.	9	249775	\$138
Sat.	Sep. 27	9:00 a.m 9:45 a.m.	9	249776	\$138
Sun.	Sep. 28	10:30 a.m 11:15 a.m.	9	249773	\$138
		5:00 p.m 5:45 p.m.	9	249774	\$138
Thu.	Nov. 27	6:30 p.m 7:15 p.m.	9	249779	\$138
Sat.	Nov. 29	9:00 a.m 9:45 a.m.	9	249780	\$138
Sun.	Nov. 30	10:30 a.m 11:15 a.m.	9	249777	\$138
		5:00 p.m 5:45 p.m.	9	249778	\$138
H40 Sv	wimmer 6				5 - 12 yı
Thu.	Sep. 25	7:15 p.m 8:00 p.m.	9	249783	\$138
Sat.	Sep. 25	9:00 a.m 9:45 a.m.	9	249784	\$138
			9		
Sun.	Sep. 28	11:00 a.m 11:45 a.m.		249781	\$138
T1	N. 07	5:00 p.m 5:45 p.m.	9	249782	\$138
Thu.	Nov. 27	7:15 p.m 8:00 p.m.	9	249787	\$138
Sat.	Nov. 29	9:00 a.m 9:45 a.m.	9	249788	\$138
Sun.	Nov. 30	11:00 a.m 11:45 a.m.	9	249785	\$138
		5:00 p.m 5:45 p.m.	9	249786	\$138

## **Thornhill Therapeutic Pool**

### 7755 Bayview Ave., 905-944-3800 ext. 6603 | Cancelled: Oct. 13, Dec. 22, 2014 through Jan. 4, 2015

		Preschool Swim			
Day	Begins	Time	Classes	Code	Fee
	and Tot 1		1		3 - 12 mths
Mon.	Sep. 22	6:15 p.m 6:45 p.m.	9	249485	\$79.50
Thu.	Sep. 25	5:45 p.m 6:15 p.m.	9	249486	\$79.50
Sat.	Sep. 27	10:30 a.m 11:00 a.m.	9	249487	\$79.50
		11:30 a.m 12:00 p.m.	9	249488	\$79.50
Sun.	Sep. 28	9:00 a.m 9:30 a.m.	9	249482	\$79.50
		11:00 a.m 11:30 a.m.	9	249483	\$79.50
Thu.	Nov. 27	5:45 p.m 6:15 p.m.	9	249512	\$79.50
Sat.	Nov. 29	10:30 a.m 11:00 a.m.	9	249525	\$79.50
out.	1101.27	11:30 a.m 12:00 p.m.	9	249526	\$79.50
Sun.	Nov. 30	9:00 a.m 9:30 a.m.	9	249489	\$79.50
Jun.	100.30	11:00 a.m 11:30 a.m.	9	249490	\$79.50
Mon.	Dec. 1		9	247470	\$79.50
		6:15 p.m 6:45 p.m.	9		
	and Tot 2	( 45 ) ( 5	0		ths - 2 yrs
Mon.	Sep. 22	6:15 p.m 6:45 p.m.	9	249545	\$79.50
		6:45 p.m 7:15 p.m.	9	249546	\$79.50
Thu.	Sep. 25	5:45 p.m 6:15 p.m.	9	249547	\$79.50
		6:15 p.m 6:45 p.m.	9	249548	\$79.50
Fri.	Sep. 26	6:15 p.m 6:45 p.m.	9	249549	\$79.50
Sat.	Sep. 27	9:30 a.m 10:00 a.m.	9	249551	\$79.50
out.	000.27	10:30 a.m 11:00 a.m.	9	249553	\$79.50
		11:00 a.m 11:30 a.m.	9	249555	\$79.50
			9		
Sup	Cor 20	11:30 a.m 12:00 p.m.		249557	\$79.50
Sun.	Sep. 28	9:00 a.m 9:30 a.m.	9	249541	\$79.50
		10:00 a.m 10:30 a.m.	9	249543	\$79.50
		11:00 a.m 11:30 a.m.	9	249542	\$79.50
		11:30 a.m 12:00 p.m.	9	249544	\$79.50
Thu.	Nov. 27	5:45 p.m 6:15 p.m.	9	249576	\$79.50
		6:15 p.m 6:45 p.m.	9	249577	\$79.50
Fri.	Nov. 28	6:15 p.m 6:45 p.m.	9	249579	\$79.50
Sat.	Nov. 29	9:30 a.m 10:00 a.m.	9	249583	\$79.50
Jut.	1101.27	10:30 a.m 11:00 a.m.	9	249584	\$79.50
			9		
		11:00 a.m 11:30 a.m.	9	249585	\$79.50
<b>.</b>	N. 00	11:30 a.m 12:00 p.m.		249586	\$79.50
Sun.	Nov. 30	9:00 a.m 9:30 a.m.	9	249563	\$79.50
		10:00 a.m 10:30 a.m.	9	249566	\$79.50
		11:00 a.m 11:30 a.m.	9	249565	\$79.50
		11:30 a.m 12:00 p.m.	9	249567	\$79.50
Mon.	Dec. 1	6:15 p.m 6:45 p.m.	9	249569	\$79.50
		6:45 p.m 7:15 p.m.	9	249570	\$79.50
Doront :	and Tot 3	or to plant the plant		217070	2 - 3 yr
Mon.	Sep. 22	4./Enm 7.1Enm	9	2/0500	
		6:45 p.m 7:15 p.m.		249589	\$79.50
Thu.	Sep. 25	6:15 p.m 6:45 p.m.	9	249590	\$79.50
Fri.	Sep. 26	6:15 p.m 6:45 p.m.	9	249591	\$79.50
Sat.	Sep. 27	9:30 a.m 10:00 a.m.	9	249592	\$79.50
		11:00 a.m 11:30 a.m.	9	249593	\$79.50
Sun.	Sep. 28	10:00 a.m 10:30 a.m.	9	249587	\$79.50
		11:30 a.m 12:00 p.m.	9	249588	\$79.50
Thu.	Nov. 27	6:15 p.m 6:45 p.m.	9	249598	\$79.50
Fri.	Nov. 28	6:15 p.m 6:45 p.m.	9	249599	\$79.50
Sat.	Nov. 20	9:30 a.m 10:00 a.m.	9	249600	\$79.50
σαι.	NUV. 27		9		
C	Nov. 00	11:00 a.m 11:30 a.m.		249601	\$79.50
Sun.	Nov. 30	10:00 a.m 10:30 a.m.	9	249595	\$79.50
		11:30 a.m 12:00 p.m.	9	249596	\$79.50
Mon.	Dec. 1	6:45 p.m 7:15 p.m.	9	249597	\$79.50
Prescho	ool 1				3 - 5 yr
Mon.	Sep. 22	5:15 p.m 5:45 p.m.	9	249609	\$79.50
		7:15 p.m 7:45 p.m.	9	249610	\$79.50
Thu.	Sep. 25	5:45 p.m 6:15 p.m.	9	249611	\$79.50
	55p. 20	6:45 p.m 7:15 p.m.	9	249612	\$79.50
Fri.	Sep. 26	5:45 p.m 6:15 p.m.	9	249612	\$79.50
			9		\$79.50
Sat.	Sep. 27	9:00 a.m 9:30 a.m.		249615	
		10:00 a.m 10:30 a.m.	9	249616	\$79.50
		12:00 p.m 12:30 p.m.	9	249617	\$79.50
Sun.	Sep. 28	10:00 a.m 10:30 a.m.	9	249607	\$79.50
		11:30 a.m 12:00 p.m.	9	249608	\$79.50
Thu.	Nov. 27	5:45 p.m 6:15 p.m.	9	249622	\$79.50
		6:45 p.m 7:15 p.m.	9	249623	\$79.50
Fri.	Nov. 28	5:45 p.m 6:15 p.m.	9	249624	\$79.50
		9:00 a.m 9:30 a.m.	9		\$79.50
Sat.	Nov. 29			249625	
		10:00 a.m 10:30 a.m.	9	249626	\$79.50
0	11 00	12:00 p.m 12:30 p.m.	9	249627	\$79.50
Sun.	Nov. 30	10:00 a.m 10:30 a.m.	9	249618	\$79.50
		11:30 a.m 12:00 p.m.	9	249619	\$79.50
	Dec. 1	5:15 p.m 5:45 p.m.	9	249620	\$79.50
Mon.	Dec. 1		9		

		Preschool Swim	mina		
Day	Begins	Time	Classes	Code	Fee
Prescho	ol 2				3 - 5 yrs
Mon.	Sep. 22	5:15 p.m 5:45 p.m.	9	249631	\$79.50
	0.05	5:45 p.m 6:15 p.m.	9	249632	\$79.50
Thu.	Sep. 25	5:15 p.m 5:45 p.m.	9	249634	\$79.50
Fri.	Con 24	6:15 p.m 6:45 p.m.	9 9	249635	\$79.50
Sat.	Sep. 26 Sep. 27	5:15 p.m 5:45 p.m. 8:30 a.m 9:00 a.m.	9	249637 249641	\$79.50 \$79.50
Jat.	Jep. 27	10:30 a.m 11:00 a.m.	9	249642	\$79.50
		11:30 a.m 12:00 p.m.	9	249644	\$79.50
Sun.	Sep. 28	8:30 a.m 9:00 a.m.	9	249628	\$79.50
		9:30 a.m 10:00 a.m.	9	249629	\$79.50
		12:00 p.m 12:30 p.m.	9	249630	\$79.50
Thu.	Nov. 27	5:15 p.m 5:45 p.m.	9	249658	\$79.50
Fri.	Nov. 28	6:15 p.m 6:45 p.m.	9 9	249659	\$79.50 \$79.50
Sat.	Nov. 20	5:15 p.m 5:45 p.m. 8:30 a.m 9:00 a.m.	9	249660 249661	\$79.50
Jai.	NUV. 27	10:30 a.m 11:00 a.m.	9	249662	\$79.50
		11:30 a.m 12:00 p.m.	9	249663	\$79.50
Sun.	Nov. 30	8:30 a.m 9:00 a.m.	9	249650	\$79.50
		9:30 a.m 10:00 a.m.	9	249651	\$79.50
		12:00 p.m 12:30 p.m.	9	249652	\$79.50
Mon.	Dec. 1	5:15 p.m 5:45 p.m.	9	249654	\$79.50
		5:45 p.m 6:15 p.m.	9	249656	\$79.50
Prescho		E / E / A E		0.00.004	3 - 5 yrs
Mon.	Sep. 22	5:45 p.m 6:15 p.m.	9	249671	\$79.50
Thu.	Con 2E	7:15 p.m 7:45 p.m.	9 9	249674	\$79.50 \$79.50
IIIU.	Sep. 25	5:15 p.m 5:45 p.m. 6:45 p.m 7:15 p.m.	9	249676 249679	\$79.50
Fri.	Sep. 26	5:15 p.m 5:45 p.m.	9	249680	\$79.50
Sat.	Sep. 27	9:30 a.m 10:00 a.m.	9	249681	\$79.50
out.	000.27	11:00 a.m 11:30 a.m.	9	249683	\$79.50
Sun.	Sep. 28	8:30 a.m 9:00 a.m.	9	249668	\$79.50
		10:30 a.m 11:00 a.m.	9	249669	\$79.50
Thu.	Nov. 27	5:15 p.m 5:45 p.m.	9	249692	\$79.50
		6:45 p.m 7:15 p.m.	9	249693	\$79.50
Fri.	Nov. 28	5:15 p.m 5:45 p.m.	9	249694	\$79.50
Sat.	Nov. 29	9:30 a.m 10:00 a.m.	9 9	249696	\$79.50 \$79.50
Sun.	Nov. 30	11:00 a.m 11:30 a.m. 8:30 a.m 9:00 a.m.	9	249698 249687	\$79.50
Juli.	NUV. 30	10:30 a.m 11:00 a.m.	9	249688	\$79.50
Mon.	Dec. 1	5:45 p.m 6:15 p.m.	9	249689	\$79.50
		7:15 p.m 7:45 p.m.	9	249691	\$79.50
Prescho	ol 4				3 - 5 yrs
Mon.	Sep. 22	6:15 p.m 6:45 p.m.	9	249706	\$79.50
Thu.	Sep. 25	7:15 p.m 7:45 p.m.	9	249707	\$79.50
Fri.	Sep. 26	6:15 p.m 6:45 p.m.	9	249708	\$79.50
Sat.	Sep. 27	8:30 a.m 9:00 a.m.	9	249709	\$79.50
Sun.	Son 29	10:00 a.m 10:30 a.m.	9 9	249710 249703	\$79.50 \$79.50
Juli.	Sep. 28	9:00 a.m 9:30 a.m. 10:30 a.m 11:00 a.m.	9	249705	\$79.50
Thu.	Nov. 27	7:15 p.m 7:45 p.m.	9	249714	\$79.50
Fri.	Nov. 28	6:15 p.m 6:45 p.m.	9	249715	\$79.50
Sat.	Nov. 29	8:30 a.m 9:00 a.m.	9	249716	\$79.50
		10:00 a.m 10:30 a.m.	9	249717	\$79.50
Sun.	Nov. 30	9:00 a.m 9:30 a.m.	9	249711	\$79.50
		10:30 a.m 11:00 a.m.	9	249712	\$79.50
Mon.	Dec. 1	6:15 p.m 6:45 p.m.	9	249713	\$79.50
Prescho		(/En m 715	0	2/0710	3 - 5 yrs
Mon.	Sep. 22	6:45 p.m 7:15 p.m.	9 9	249719 249720	\$79.50
Thu. Fri.	Sep. 25 Sep. 26	7:15 p.m 7:45 p.m. 5:45 p.m 6:15 p.m.	9	249720	\$79.50 \$79.50
Sat.	Sep. 20	9:00 a.m 9:30 a.m.	9	249721	\$79.50
Sun.	Sep. 28	9:30 a.m 10:00 a.m.	9	249718	\$79.50
Thu.	Nov. 27	7:15 p.m 7:45 p.m.	9	249725	\$79.50
Fri.	Nov. 28	5:45 p.m 6:15 p.m.	9	249726	\$79.50
Sat.	Nov. 29	9:00 a.m 9:30 a.m.	9	249727	\$79.50
Sun.	Nov. 30	9:30 a.m 10:00 a.m.	9	249723	\$79.50
Mon.	Dec. 1	6:45 p.m 7:15 p.m.	9	249724	\$79.50
		Adult Swimmi	na 📃		
Day	Pogino			Code	Eee
Day	Begins	Time	Classes	Code	Fee
Adult 10			0	2/0720	16 yrs+
Wed. Wed.	Sep. 24	5:00 p.m 5:45 p.m.	9	249728	\$102.83
wcu.	Nov. 26	5:00 p.m 5:45 p.m.	7	249729	\$102.83

Swimming



## **Private Lessons**

Semi Private Price: \$30.50 per child per lesson

## **Angus Glen Pool**

Day	Begins	Time	Classes	Barcode	Fee
Mon.	Sep. 22	5:00 p.m 5:30 p.m.	12	246479	\$399.50
		6:00 p.m 6:30 p.m.	12	246481	\$399.50
		6:30 p.m 7:00 p.m.	12	246483	\$399.50
Tue.	Sep. 23	7:30 p.m 8:00 p.m.	12	246485	\$399.50
		8:00 p.m 8:30 p.m.	12	246486	\$399.50
		8:00 p.m 8:30 p.m.	12	246557	\$399.50
		8:00 p.m 8:30 p.m.	12	246558	\$399.50
Wed.	Sep. 24	6:00 p.m 6:30 p.m.	12	246488	\$399.50
		6:30 p.m 7:00 p.m.	12	246559	\$399.50
Thu.	Sep. 25	6:00 p.m 6:30 p.m.	12	246492	\$399.50
		6:30 p.m 7:00 p.m.	12	246561	\$399.50
		6:30 p.m 7:00 p.m.	12	246562	\$399.50
		7:00 p.m 7:30 p.m.	12	246495	\$399.50
		7:30 p.m 8:00 p.m.	12	246499	\$399.50
		7:30 p.m 8:00 p.m.	12	246563	\$399.50
Fri.	Sep. 26	4:30 p.m 5:00 p.m.	12	246500	\$399.50
		5:00 p.m 5:30 p.m.	12	246503	\$399.50
		5:30 p.m 6:00 p.m.	12	246506	\$399.50
		5:30 p.m 6:00 p.m.	12	246507	\$399.50
		6:00 p.m 6:30 p.m.	12	246509	\$399.50
		6:00 p.m 6:30 p.m.	12	246510	\$399.50
		6:30 p.m 7:00 p.m.	12	246511	\$399.50
		6:30 p.m 7:00 p.m.	12	246564	\$399.50
Sat.	Sep. 27	9:00 a.m 9:30 a.m.	12	246512	\$399.50
		9:30 a.m 10:00 a.m.	12	246514	\$399.50
		9:30 a.m 10:00 a.m.	12	246565	\$399.50
		10:00 a.m 10:30 a.m.	12	246516	\$399.50
		10:00 a.m 10:30 a.m.	12	246566	\$399.50
		10:00 a.m 10:30 a.m.	12	246567	\$399.50
		10:30 a.m 11:00 a.m.	12	246519	\$399.50

Day	Begins	Time	Classes	Barcode	Fee
Sat.	Sep. 27	10:30 a.m 11:00 a.m.	12	246568	\$399.50
		10:30 a.m 11:00 a.m.	12	246569	\$399.50
		11:00 a.m 11:30 a.m.	12	246522	\$399.50
		11:00 a.m 11:30 a.m.	12	246570	\$399.50
		11:30 a.m 12:00 p.m.	12	246524	\$399.50
		11:30 a.m 12:00 p.m.	12	246525	\$399.50
		3:00 p.m 3:30 p.m.	12	246527	\$399.50
		4:30 p.m 5:00 p.m.	12	246528	\$399.50
		5:00 p.m 5:30 p.m.	12	246529	\$399.50
		6:00 p.m 6:30 p.m.	12	246571	\$399.50
		6:30 p.m 7:00 p.m.	12	246572	\$399.50
		7:00 p.m 7:30 p.m.	12	246573	\$399.50
		7:00 p.m 7:30 p.m.	12	246574	\$399.50
Sun.	Sep. 28	9:00 a.m 9:30 a.m.	12	246530	\$399.50
		9:30 a.m 10:00 a.m.	12	246531	\$399.50
		10:00 a.m 10:30 a.m.	12	246532	\$399.50
		10:00 a.m 10:30 a.m.	12	246575	\$399.50
		10:30 a.m 11:00 a.m.	12	246535	\$399.50
		11:30 a.m 12:00 p.m.	12	246537	\$399.50
		12:00 p.m 12:30 p.m.	12	246538	\$399.50
		12:00 p.m 12:30 p.m.	12	246539	\$399.50
		12:30 p.m 1:00 p.m.	12	246541	\$399.50
		12:30 p.m 1:00 p.m.	12	246576	\$399.50
		5:00 p.m 5:30 p.m.	12	246544	\$399.50
		5:30 p.m 6:00 p.m.	12	246545	\$399.50
		6:00 p.m 6:30 p.m.	12	246546	\$399.50
		6:30 p.m 7:00 p.m.	12	246547	\$399.50
		7:15 p.m 7:45 p.m.	12	246550	\$399.50
		7:45 p.m 8:15 p.m.	12	246552	\$399.50

## **Centennial Pool**

Day	Begins	Time	Classes	Barcode	Fee
Mon.	Sep. 8	6:00 p.m 6:30 p.m.	14	248486	\$466
		6:00 p.m 6:30 p.m.	14	248511	\$466
		6:00 p.m 6:30 p.m.	14	248453	\$466
		6:30 p.m 7:00 p.m.	14	248454	\$466
		6:30 p.m 7:00 p.m.	14	248495	\$466
		6:30 p.m 7:00 p.m.	14	248512	\$466
		7:00 p.m 7:30 p.m.	14	248455	\$466
		7:00 p.m 7:30 p.m.	14	248458	\$466
		7:00 p.m 7:30 p.m.	14	248474	\$466
		7:30 p.m 8:00 p.m.	14	248457	\$466
		7:30 p.m 8:00 p.m.	14	248503	\$466
		7:30 p.m 8:00 p.m.	14	248513	\$466
Tue.	Sep. 9	8:00 p.m 8:30 p.m.	14	248451	\$466
		8:00 p.m 8:30 p.m.	14	251040	\$466
Thu.	Sep. 11	6:30 p.m 7:00 p.m.	14	248459	\$466
		7:30 p.m 8:00 p.m.	14	251133	\$466
		7:30 p.m 8:00 p.m.	14	248462	\$466
		8:00 p.m 8:30 p.m.	14	251134	\$466
		8:00 p.m 8:30 p.m.	14	251135	\$466
		8:00 p.m 8:30 p.m.	14	248496	\$466
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	14	248467	\$466
		4:30 p.m 5:00 p.m.	14	248475	\$466
		4:30 p.m 5:00 p.m.	14	251041	\$466
		5:00 p.m 5:30 p.m.	14	248476	\$466
		6:00 p.m 6:30 p.m.	14	248478	\$466

Day	Begins	Time	Classes	Barcode	Fee
Sun.	Sep. 14	9:00 a.m 9:30 a.m.	14	248480	\$466
		9:30 a.m 10:00 a.m.	14	248481	\$466
		11:30 a.m 12:00 p.m.	14	248485	\$466
		11:30 a.m 12:00 p.m.	14	248504	\$466
		4:00 p.m 4:30 p.m.	14	248488	\$466
		4:30 p.m 5:00 p.m.	14	248489	\$466
		5:00 p.m 5:30 p.m.	14	251043	\$466
		5:30 p.m 6:00 p.m.	14	248490	\$466
		5:30 p.m 6:00 p.m.	14	251044	\$466
		6:00 p.m 6:30 p.m.	14	248491	\$466
		6:00 p.m 6:30 p.m.	14	251045	\$466
		6:30 p.m 7:00 p.m.	14	248492	\$466
		6:30 p.m 7:00 p.m.	14	251046	\$466
		7:00 p.m 7:30 p.m.	14	248493	\$466
		7:00 p.m 7:30 p.m.	14	248494	\$466
		7:00 p.m 7:30 p.m.	14	251047	\$466
		7:30 p.m 8:00 p.m.	14	251048	\$466
		7:30 p.m 8:00 p.m.	14	251049	\$466
		7:30 p.m 8:00 p.m.	14	251050	\$466
		7:30 p.m 8:00 p.m.	14	251051	\$466
		7:30 p.m 8:00 p.m.	14	251052	\$466
		7:30 p.m 8:00 p.m.	14	251053	\$466
		7:30 p.m 8:00 p.m.	14	251054	\$466

## **Private Lessons**

Fall 2014

Semi Private Price: \$30.50 per child per lesson

### **Milliken Mills Pool**

Day	Begins	Time	Classes	Barcode	Fee
Mon.	Sep. 8	6:00 p.m 6:30 p.m.	7	247846	\$233.50
		6:00 p.m 6:30 p.m.	7	248221	\$233.50
		6:30 p.m 7:00 p.m.	7	248222	\$233.50
		7:00 p.m 7:30 p.m.	7	248223	\$233.50
		7:30 p.m 8:00 p.m.	7	248224	\$233.50
Tue.	Sep. 9	4:00 p.m 4:30 p.m.	8	248225	\$267
		4:30 p.m 5:00 p.m.	8	248226	\$267
		5:30 p.m 6:00 p.m.	8	248228	\$267
		6:00 p.m 6:30 p.m.	8	248229	\$267
		6:30 p.m 7:00 p.m.	8	248230	\$267
Wed.	Sep. 10	6:00 p.m 6:30 p.m.	5	248231	\$167
		6:30 p.m 7:00 p.m.	5	248232	\$167
		7:00 p.m 7:30 p.m.	5	248233	\$167
		7:30 p.m 8:00 p.m.	5	248234	\$167
Thu.	Sep. 11	4:00 p.m 4:30 p.m.	8	248235	\$267
		4:30 p.m 5:00 p.m.	8	248236	\$267
		5:00 p.m 5:30 p.m.	8	248237	\$267
		5:30 p.m 6:00 p.m.	8	248238	\$267
		6:00 p.m 6:30 p.m.	8	248239	\$267
		6:30 p.m 7:00 p.m.	8	248240	\$267
Fri.	Sep. 12	4:00 p.m 4:30 p.m.	8	248243	\$267
		5:00 p.m 5:30 p.m.	8	248242	\$267
		5:30 p.m 6:00 p.m.	8	248241	\$267
		6:00 p.m 6:30 p.m.	8	248244	\$267
		6:30 p.m 7:00 p.m.	8	248245	\$267
Sat.	Sep. 13	9:00 a.m 9:30 a.m.	8	248246	\$267
		10:00 a.m 10:30 a.m.	8	248247	\$267
		10:30 a.m 11:00 a.m.	8	248248	\$267
		11:00 a.m 11:30 a.m.	8	248249	\$267
		11:30 a.m 12:00 p.m.	8	248250	\$267
		12:00 p.m 12:30 p.m.	8	248251	\$267
		12:30 p.m 1:00 p.m.	8	248252	\$267
		4:00 p.m 4:30 p.m.	8	248253	\$267
		4:30 p.m 5:00 p.m.	8	248254	\$267
		5:00 p.m 5:30 p.m.	8	248255	\$267
		5:30 p.m 6:00 p.m.	8	248256	\$267
		6:00 p.m 6:30 p.m.	8	248257	\$267
		6:30 p.m 7:00 p.m.	8	248258	\$267
Sun.	Sep. 14	9:00 a.m 9:30 a.m.	8	248259	\$267
		9:30 a.m 10:00 a.m.	8	248260	\$267
		10:00 a.m 10:30 a.m.	8	248261	\$267
		10:30 a.m 11:00 a.m.	8	248262	\$267
		11:00 a.m 11:30 a.m.	8	248263	\$267
		11:30 a.m 12:00 p.m.	8	248264	\$267

Day	Begins	Time	Classes	Barcode	Fee
Sun.	Sep. 14	12:00 p.m 12:30 p.m.	8	248265	\$267
		12:30 p.m 1:00 p.m.	8	248266	\$267
		4:00 p.m 4:30 p.m.	8	248267	\$267
		4:30 p.m 5:00 p.m.	8	248268	\$267
		5:00 p.m 5:30 p.m.	8	248269	\$267
		6:00 p.m 6:30 p.m.	8	248271	\$267
Mon.	Nov. 3	6:00 p.m 6:30 p.m.	7	250407	\$233.50
Tue.	Nov. 4	4:30 p.m 5:00 p.m.	7	250361	\$233.50
		6:00 p.m 6:30 p.m.	7	250365	\$233.50
Wed.	Oct. 15	6:00 p.m 6:30 p.m.	5	250366	\$167
		6:30 p.m 7:00 p.m.	5	250473	\$167
		7:00 p.m 7:30 p.m.	5	250474	\$167
		7:30 p.m 8:00 p.m.	5	250367	\$167
Thu.	Nov. 6	5:00 p.m 5:30 p.m.	7	250373	\$233.50
Fri.	Nov. 7	4:00 p.m 4:30 p.m.	7	250374	\$233.50
		5:00 p.m 5:30 p.m.	7	250375	\$233.50
		5:30 p.m 6:00 p.m.	7	250376	\$233.50
		6:30 p.m 7:00 p.m.	7	250377	\$233.50
Sat.	Nov. 8	9:00 a.m 9:30 a.m.	7	250378	\$233.50
		10:00 a.m 10:30 a.m.	7	250379	\$233.50
		11:00 a.m 11:30 a.m.	7	250381	\$233.50
		11:30 a.m 12:00 p.m.	7	250383	\$233.50
		12:00 p.m 12:30 p.m.	7	250384	\$233.50
		12:30 p.m 1:00 p.m.	7	250385	\$233.50
		4:00 p.m 4:30 p.m.	7	250386	\$233.50
		4:30 p.m 5:00 p.m.	7	250387	\$233.50
		5:00 p.m 5:30 p.m.	7	250388	\$233.50
		5:30 p.m 6:00 p.m.	7	250389	\$233.50
		6:30 p.m 7:00 p.m.	7	250390	\$233.50
Sun.	Nov. 9	9:30 a.m 10:00 a.m.	7	250391	\$233.50
		10:00 a.m 10:30 a.m.	7	250392	\$233.50
		10:00 a.m 10:30 a.m.	7	250393	\$233.50
		10:30 a.m 11:00 a.m.	7	250394	\$233.50
		11:00 a.m 11:30 a.m.	7	250395	\$233.50
		11:00 a.m 11:30 a.m.	7	250398	\$233.50
		11:30 a.m 12:00 p.m.	7	250396	\$233.50
		12:00 p.m 12:30 p.m.	7	250397	\$233.50
		4:30 p.m 5:00 p.m.	7	250399	\$233.50
		5:00 p.m 5:30 p.m.	7	250400	\$233.50
		6:00 p.m 6:30 p.m.	7	250403	\$233.50
Wed.	Nov. 19	6:00 p.m 6:30 p.m.	5	250476	\$167
		6:30 p.m 7:00 p.m.	5	250477	\$167
		7:00 p.m 7:30 p.m.	5	250475	\$167
		7:30 p.m 8:00 p.m.	5	250478	\$167

## **Thornlea Pool**

Day	Begins	Time	Classes	Barcode	Fee
Thu.	Sep. 25	7:30 p.m 8:00 p.m.	9	249915	\$300
		8:00 p.m 8:30 p.m.	9	249916	\$300
		8:00 p.m 8:30 p.m.	9	249917	\$300
		8:00 p.m 8:30 p.m.	9	249918	\$300
Sat.	Sep. 27	11:00 a.m 11:30 a.m.	9	249920	\$300
		11:30 a.m 12:00 p.m.	9	249922	\$300
		11:30 a.m 12:00 p.m.	9	249923	\$300
		11:30 a.m 12:00 p.m.	9	249924	\$300
Sun.	Sep. 28	9:00 a.m 9:30 a.m.	9	249902	\$300
		9:30 a.m 10:00 a.m.	9	249903	\$300
		11:00 a.m 11:30 a.m.	9	249904	\$300
		11:30 a.m 12:00 p.m.	9	249906	\$300
		11:30 a.m 12:00 p.m.	9	249907	\$300
		11:30 a.m 12:00 p.m.	9	249908	\$300
		6:15 p.m 6:45 p.m.	9	249910	\$300
		6:30 p.m 7:00 p.m.	9	249912	\$300
		6:30 p.m 7:00 p.m.	9	249913	\$300

Day	Begins	Time	Classes	Barcode	Fee
Thu.	Nov. 27	7:30 p.m 8:00 p.m.	9	249934	\$300
		8:00 p.m 8:30 p.m.	9	249935	\$300
		8:00 p.m 8:30 p.m.	9	249936	\$300
		8:00 p.m 8:30 p.m.	9	249937	\$300
Sat.	Nov. 29	11:00 a.m 11:30 a.m.	9	249938	\$300
		11:30 a.m 12:00 p.m.	9	249939	\$300
		11:30 a.m 12:00 p.m.	9	249940	\$300
		11:30 a.m 12:00 p.m.	9	249941	\$300
Sun.	Nov. 30	9:00 a.m 9:30 a.m.	9	249925	\$300
		9:30 a.m 10:00 a.m.	9	249926	\$300
		11:00 a.m 11:30 a.m.	9	249927	\$300
		11:30 a.m 12:00 p.m.	9	249928	\$300
		11:30 a.m 12:00 p.m.	9	249929	\$300
		11:30 a.m 12:00 p.m.	9	249930	\$300
		6:15 p.m 6:45 p.m.	9	249931	\$300
		6:30 p.m 7:00 p.m.	9	249932	\$300
		6:30 p.m 7:00 p.m.	9	249933	\$300



## **Private Lessons**

Semi Private Price: \$30.50 per child per lesson

### **Cornell Pool**

Day	Begins	Time	Classes	Barcode	Fee
Sat.	Sep. 20	9:00 a.m 9:30 a.m.	9	249252	\$300
		9:00 a.m 9:30 a.m.	9	249281	\$300
		9:30 a.m 10:00 a.m.	9	249253	\$300
		10:00 a.m 10:30 a.m.	9	249254	\$300
		10:30 a.m 11:00 a.m.	9	249255	\$300
		11:00 a.m 11:30 a.m.	9	249256	\$300
		11:30 a.m 12:00 p.m.	9	249257	\$300
		11:30 a.m 12:00 p.m.	9	251083	\$300
		12:00 p.m 12:30 p.m.	9	249258	\$300
		5:30 p.m 6:00 p.m.	9	249259	\$300
		5:30 p.m 6:00 p.m.	9	249260	\$300
		6:30 p.m 7:00 p.m.	9	249261	\$300
		7:00 p.m 7:30 p.m.	9	249263	\$300
		7:00 p.m 7:30 p.m.	9	249264	\$300
Sun.	Sep. 21	9:00 a.m 9:30 a.m.	9	249265	\$300
		9:00 a.m 9:30 a.m.	9	249266	\$300
		9:30 a.m 10:00 a.m.	9	249267	\$300
		10:00 a.m 10:30 a.m.	9	249268	\$300
		10:30 a.m 11:00 a.m.	9	249269	\$300
		11:00 a.m 11:30 a.m.	9	249270	\$300
		11:30 a.m 12:00 p.m.	9	249271	\$300
		12:00 p.m 12:30 p.m.	9	249272	\$300
		4:00 p.m 4:30 p.m.	9	249274	\$300
		4:30 p.m 5:00 p.m.	9	249275	\$300
		5:00 p.m 5:30 p.m.	9	249276	\$300
		5:30 p.m 6:00 p.m.	9	249277	\$300
		6:00 p.m 6:30 p.m.	9	249278	\$300
		6:30 p.m 7:00 p.m.	9	249280	\$300
Mon.	Sep. 15	4:30 p.m 5:00 p.m.	9	251078	\$300
		5:00 p.m 5:30 p.m.	9	249214	\$300

Day	Begins	Time	Classes	Barcode	Fee
Mon.	Sep. 15	5:30 p.m 6:00 p.m.	9	249215	\$300
		6:00 p.m 6:30 p.m.	9	249216	\$300
		6:00 p.m 6:30 p.m.	9	249217	\$300
		6:30 p.m 7:00 p.m.	9	249218	\$300
		7:00 p.m 7:30 p.m.	9	249219	\$300
		7:00 p.m 7:30 p.m.	9	249241	\$300
Tue.	Sep. 16	5:00 p.m 5:30 p.m.	9	249242	\$300
		5:30 p.m 6:00 p.m.	9	251079	\$300
		8:00 p.m 8:30 p.m.	9	251080	\$300
Wed.	Sep. 17	2:30 p.m 3:00 p.m.	9	249248	\$300
		4:30 p.m 5:00 p.m.	9	249243	\$300
		5:00 p.m 5:30 p.m.	9	249225	\$300
		5:30 p.m 6:00 p.m.	9	249226	\$300
		6:00 p.m 6:30 p.m.	9	249227	\$300
		6:30 p.m 7:00 p.m.	9	249228	\$300
		6:30 p.m 7:00 p.m.	9	249229	\$300
Thu.	Sep. 18	4:30 p.m 5:00 p.m.	9	249249	\$300
		7:00 p.m 7:30 p.m.	9	249232	\$300
		7:00 p.m 7:30 p.m.	9	249233	\$300
		7:30 p.m 8:00 p.m.	9	249235	\$300
		7:30 p.m 8:00 p.m.	9	249236	\$300
Fri.	Sep. 19	4:30 p.m 5:00 p.m.	9	251081	\$300
		5:00 p.m 5:30 p.m.	9	249237	\$300
		5:30 p.m 6:00 p.m.	9	249238	\$300
		6:00 p.m 6:30 p.m.	9	249239	\$300
		6:30 p.m 7:00 p.m.	9	249240	\$300
Sun.	Sep. 21	7:00 p.m 7:30 p.m.	9	249244	\$300
		7:00 p.m 7:30 p.m.	9	249245	\$300
		7:30 p.m 8:00 p.m.	9	249246	\$300
		7:30 p.m 8:00 p.m.	9	249247	\$300

## **Markham Swim Accessibility**

Location	Туре	Entrance and Exit	Changeroom	Temperature °F
<b>Angus Glen Pool</b> 3990 Major Mackenzie Dr. 905-944-3777 x 7111	Tank: 6 lane x 25m, Teach/Leisure pool, Splash play area	Main Pool: ramp access Leisure Pool: ramp access Splash area: no stairs	All 3 changerooms have wheelchair accessible washrooms, cubicles, and shower areas. Cubicles include benches. Family Changeroom has one adult change bench.	Main: 85° Leisure: 92°
<b>Centennial Pool</b> 8600 McCowan Rd. 905-294-6111 x 4343	Tank, Dive Well, Baby Pool	Main Pool: Portable Aquatic Lift, removable ladder.	Family changeroom has designated cubicle with hydraulic change table. Wheelchair accessible washrooms and shower area.	Main: 84° Small: 88°
<b>Cornell Pool</b> 3201 Bur Oak Ave. 905-479-7753 x 4531	Tank: 8 lane x 25m, Teach/Leisure pool, Splash play area, Therapy pool, slide	Ramps	All 3 changerooms have wheelchair accessible washrooms, cubicles, and shower areas. Cubicles include benches.	Leisure: 89-90° Main: 84° Therapy: 95°
Milliken Mills Pool 7600 Kennedy Rd. 905-477-6410 x 3328	Main Pool (25m x irregular shaped pool), Water-powered slide, baby pool	Main Pool: wheelchair used to transport candidate into the water via ramps, low- depth steps with a large platform on each step	Accessible Changeroom is an open space with no cubicles. Contains one hydraulic bench, one washroom stall, one shower area, and lockers (need to bring personal lock for belongings). Please note: the accessibility change room cannot be used as a family change room.	Main: 86° Small: 90°
<b>Thornlea Pool</b> 8075 Bayview Ave. 905-889-0766	Tank	Wheelchair Lift	New accessible changeroom. Change stalls in all changerooms. Accessible change stalls in family/ accessible changeroom. Hydraulic lift for pool entering. Ramp access into building.	Main: 82°
Thornhill Therapeutic Pool 7755 Bayview Ave. 905-944-3800	Therapy Pool	Ramp	All are accessible washrooms and shower stalls. Water wheelchair available for use, connects directly to the pool deck.	Therapy: 93°

## **Aquatic Leadership**

### Lifesaving - Bronze Star

Excellent preparation for success in Bronze Medallion. Participants develop problemsolving and decision-making skills individually and in partners. Candidates learn CPR and develop the lifesaving skills needed to be their own lifeguard. Includes a timed 400m swim. *Prerequisites: 12 years (recommended)* 

### Lifesaving - H80 Bronze Star

Same great program, with a smaller class size (just 8 participants per class!).

### Lifesaving - Bronze Medallion

Teaches an understanding of the lifesaving principles embodied in the four components of water-rescue education: judgment, knowledge, skill and fitness. Rescuers learn tows and carries, and defence methods and releases in preparation for challenging rescues of increased risk involving conscious and unconscious victims of various types. Lifesavers develop stroke efficiency and endurance in a 500m timed swim. *Course is examiner evaluated. Please contact pool for exam date and time. Prerequisite: Bronze Star or 13 years of age Course Text to be added at time of checkout/registration* 

### **Bronze Combo**

This program is a combination of the Lifesaving Bronze Medallion, Bronze Cross and Standard First Aid Courses programmed into one course. This Crash course format is recommended for swimmers who have strong swimming skills and who need to complete these awards to advance to the National Lifeguard Service Award (NLS) program. \*See individual program descriptions to understand course demands.\*

### **First Aid - Emergency**

Emergency First Aid is for people who want a general knowledge of first aid principles and the emergency treatment of injuries. Skills include: victim assessment, rescue breathing, CPR B Certification, choking, and what to do for external bleeding, heart attack, and stroke.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Lifesaving - Bronze Star	10 yrs+	Angus Glen C.C.	Fri.	5:30 p.m 7:00 p.m.	Sep. 26	9	247512	\$119.77
5		Angus Glen C.C.	Sat.	4:30 p.m 6:00 p.m.	Sep. 27	9	247513	\$119.77
		Centennial C.C.	Sun.	9:00 a.m 10:00 a.m.	Sep. 14	14	229941	\$119.77
		Centennial C.C.	Mon.	6:00 p.m 7:00 p.m.	Sep. 8	14	229937	\$119.77
		Centennial C.C.	Sat.	8:45 a.m 9:45 a.m.	Sep. 13	14	229938	\$119.77
		Cornell C.C.	Tue.	6:30 p.m 8:00 p.m.	Sep. 16	9	234119	\$119.77
		Cornell C.C.	Sat.	5:30 p.m 7:00 p.m.	Sep. 20	9	234118	\$119.77
		Milliken Mills C.C.	Tue.	5:30 p.m 7:00 p.m.	Sep. 9	8	248951	\$119.77
		Milliken Mills C.C.	Thu.	4:15 p.m 6:00 p.m.	Sep. 11	8	248952	\$119.77
		Milliken Mills C.C.	Sat.	11:15 a.m 12:45 p.m.	Sep. 13	8	248949	\$119.77
		Milliken Mills C.C.	Sun.	4:00 p.m 5:30 p.m.	Sep. 14	8	248950	\$119.77
		Milliken Mills C.C.	Tue.	5:00 p.m 7:00 p.m.	Nov. 4	7	250424	\$119.77
		Milliken Mills C.C.	Thu.	4:00 p.m 6:00 p.m.	Nov. 6	7	250425	\$119.77
		Milliken Mills C.C.	Sat.	11:00 a.m 1:00 p.m.	Nov. 8	7	250426	\$119.77
		Milliken Mills C.C.	Sun.	4:00 p.m 6:00 p.m.	Nov. 9	7	250428	\$119.77
		Thornlea Pool/Gym	Sat.	10:30 a.m 12:00 p.m.	Sep. 27	9	249732	\$119.77
		Thornlea Pool/Gym	Sun.	9:00 a.m 10:30 a.m.	Sep. 28	9	227078	<b>\$</b> 119.77
		Thornlea Pool/Gym	Sat.	10:30 a.m 12:00 p.m.	Nov. 29	9	249731	\$119.77
		Thornlea Pool/Gym	Sun.	9:00 a.m 10:30 a.m.	Nov. 30	9	249730	\$119.77
Lifesaving - H80 Bronze Star		Centennial C.C.	Sun.	4:00 p.m 5:00 p.m.	Sep. 14	14	251116	\$230.69
Lifesaving - Bronze Medallion	12 yrs+	Angus Glen C.C.	Sun.	6:00 p.m 8:00 p.m.	Sep. 28	10	246704	\$131.51
		Centennial C.C.	Sun.	3:00 p.m 6:00 p.m.	Sep. 14	7	250314	\$131.51
		Centennial C.C.	Sun.	3:00 p.m 6:00 p.m.	Nov. 9	7	229934	\$131.51
		Cornell C.C.	Thu.	6:00 p.m 8:00 p.m.	Sep. 18	10	229936	\$131.51
		Cornell C.C.	Sat.	5:30 p.m 7:30 p.m.	Sep. 20	10	229935	\$131.51
		Thornlea Pool/Gym	Sat.	1:00 p.m 3:00 p.m.	Sep. 27	10	227064	\$131.51
		Centennial C.C.	Fri.	6:00 p.m 9:00 p.m.	Sep. 12	7	250315	\$131.51
		Centennial C.C.	Fri.	6:00 p.m 9:00 p.m.	Nov. 7	7	229933	\$131.51
		Milliken Mills C.C.	Wed.	5:30 p.m 8:00 p.m.	Sep. 10	9	248957	\$131.51
Bronze Combo	10 yrs+	Cornell C.C.	Sat., Sun., Mon., Tue., Fri.	9:00 a.m 6:30 p.m.	Dec. 27	5	229923	\$380.19
	13 yrs+	Thornlea Pool/Gym	Fri., Sat., Sun.	6:00 p.m 10:00 p.m. 9:00 a.m 6:00 p.m.	Oct. 24	6	228472	\$380.19
		Thornlea Pool/Gym	Fri., Sat., Sun.	6:00 p.m 10:00 p.m. 9:00 a.m 6:00 p.m.	Nov. 28	6	228475	\$380.19
First Aid - Emergency	10 yrs+	Angus Glen C.C.	Fri., Sat.	5:00 p.m 9:00 p.m. 9:00 a.m 3:00 p.m.	Oct. 3	2	246684	\$82.07
		Angus Glen C.C.	Fri., Sat.	5:00 p.m 9:00 p.m. 9:00 a.m 3:00 p.m.	Nov. 14	2	246685	\$82.07
		Centennial C.C.	Sat., Sun.	10:00 a.m 3:00 p.m.	Oct. 18	2	229924	\$82.07
		Cornell C.C.	Mon., Wed.	5:00 p.m 10:00 p.m.	Nov. 17	2	229925	\$82.07
		Thornhill C.C.	Sat., Sun.	10:00 a.m 3:00 p.m.	Oct. 25	2	228453	\$82.07
		Thornlea Pool/Gym	Sat.	9:00 a.m 12:30 p.m.	Nov. 8	3	250765	\$82.07



### **First Aid - Standard**

Standard First Aid provides comprehensive training covering all aspects of first aid and a CPR C Certification. Standard First Aid incorporates all of Emergency First Aid and is designed for those who require a more indepth understanding of first aid including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies. *Course text to be added at time of checkout/registration* 

### Lifesaving - Bronze Cross

Designed for lifesavers who want the challenge of more advanced training including an introduction to safe supervision in aquatic facilities. Bronze Cross is the prerequisite for all advanced training programs including National Lifeguard and Instructor certification. Includes a timed 600m swim. *Course is examiner evaluated. Please contact pool for exam date and time. Prerequisites: Bronze Medallion and Emergency First Aid or Standard First Aid. Please note first aid awards must be from one of the following agencies: Lifesaving Society, Canadian Red Cross, St. John's Ambulance, or Canadian Ski Patrol.* 

### Lifesaving - Assistant Instructor

The Lifesaving Society Assistant Instructor Course prepares candidates to help certified instructors with swimming and lifesaving

## **Aquatic Leadership**

classes. Candidates are introduced to key principles of learning and teaching, and they master basic progressions. The Assistant Instructor course emphasizes the roles and responsibilities of instructors and their assistants. The course will incorporate the City of Markham Volunteer Orientation Workshop. This is an excellent stepping stone for candidates who hold a current Bronze Cross Award and who are working towards becoming a Swim Instructor. *Prerequisites: Bronze Cross & 14 years of age.* 

#### Volunteer Orientation Workshop -Aquatic

The Volunteer Workshop is mandatory for anyone wishing to volunteer in the Recreation Services Department. This workshop does not guarantee a volunteer placement, but rather prepares the potential volunteer for a placement. Specifically, the workshop prepares the potential volunteer with knowledge about the City, the department's program policies, roles and responsibilities of the volunteers. There is no cost for this program; however, participants must register. To register please use our Fast Track registration or our EZ Reg internet registration systems. Following the workshop, participants will be asked to complete a volunteer application form and submit it to the aquatic coordinator in the area in which they want to volunteer.

### **Instructors - Swim and Lifesaving**



The combined Swim and Lifesaving Instructor course prepares the instructor to teach and evaluate swim strokes and lifesaving skills. Through classroom learning and in-water practice, instructor can-

didates explore proven teaching methods; learning strategies and activities; a variety of stroke and skill drills; effective correction techniques; and evaluation criteria. Practice teaching is emphasized throughout. *This course includes certification in HIGH FIVE*<sup>®</sup> *Principles of Healthy Child Development. Prerequisites: 16 years of age, and current Bronze Cross (or higher) certification. The Swim and Lifesaving Instructor Combined Pac to be added at time of checkout/registration* 

### **Lifesaving - Pre-National Lifeguard**

This course is ideal for those wishing to take their National Lifeguard certification in the near future. This course will help develop the endurance and the physical skills for the National Lifeguard program. *Participants must have finsihed Bronze Cross.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
First Aid - Standard	12 yrs+	Angus Glen C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Sep. 6	2	246686	\$140.29
		Angus Glen C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Sep. 20	2	246691	\$140.29
		Angus Glen C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Oct. 11	2	246692	\$140.29
		Angus Glen C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Oct. 25	2	246730	\$140.29
		Angus Glen C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Nov. 8	2	246693	\$140.29
		Angus Glen C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Nov. 22	2	246694	\$140.29
		Milliken Mills C.C.	Thu.	6:00 p.m 10:00 p.m.	Oct. 2	4	234454	\$140.29
		Milliken Mills C.C.	Wed.	6:00 p.m 10:00 p.m.	Nov. 26	4	234455	\$140.29
		Centennial C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Sep. 13	2	229926	\$140.29
		Cornell C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Oct. 4	2	229927	\$140.29
		Thornhill C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Sep. 20	2	228427	\$140.29
		Thornhill C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Nov. 29	2	228425	\$140.29
		Thornhill C.C.	Sat., Sun.	9:00 a.m 6:00 p.m.	Dec. 13	2	228426	\$140.29
Lifesaving - Bronze Cross	12 yrs+	Angus Glen C.C.	Sun.	4:00 p.m 6:00 p.m.	Sep. 28	10	246712	\$140.29
		Centennial C.C.	Fri.	6:00 p.m 9:00 p.m.	Sep. 12	7	229930	\$140.29
		Centennial C.C.	Sun.	5:00 p.m 8:00 p.m.	Sep. 14	7	229929	\$140.29
		Centennial C.C.	Fri.	6:00 p.m 9:00 p.m.	Nov. 7	7	250310	\$140.29
		Centennial C.C.	Sun.	5:00 p.m 8:00 p.m.	Nov. 9	7	250311	\$140.29
		Cornell C.C.	Tue.	6:00 p.m 8:00 p.m.	Sep. 16	10	229931	\$140.29
		Cornell C.C.	Sat.	7:00 p.m 9:00 p.m.	Sep. 20	10	229932	\$140.29
		Cornell C.C.	Fri., Sat., Sun.	5:30 p.m 9:30 p.m. 9:00 a.m 5:00 p.m.	Oct. 31	3	250312	\$140.29
		Milliken Mills C.C.	Sun.	9:30 a.m 12:15 p.m.	Sep. 14	8	249012	\$140.29
		Milliken Mills C.C.	Wed.	5:00 p.m 8:00 p.m.	Nov. 5	7	250432	\$140.29
		Thornlea Pool/Gym	Sat.	2:30 p.m 4:30 p.m.	Sep. 27	10	227071	\$140.29
Lifesaving - Assistant Instructor	14 yrs+	Cornell C.C.	Sat.	9:00 a.m 11:30 a.m.	Sep. 20	6	229928	\$85.05
		Thornlea Pool/Gym	Sat., Sun.	9:00 a.m 5:00 p.m.	Oct. 18	2	228384	\$85.05
Volunteer Orientation Workshop - Aquatic	14 - 18 yrs	Cornell C.C.	Sun.	9:30 a.m 11:30 a.m.	Nov. 2	1	229955	FREE
		Thornlea Pool/Gym	Sat.	2:00 p.m 4:00 p.m.	Oct. 4	1	228444	FREE
Instructors - Swim and Lifesaving	16 yrs+	Thornlea Pool/Gym	Sun.	9:00 a.m 6:30 p.m.	Nov. 2	5	227095	\$278.08
		Thornlea Pool/Gym	Sat., Sun., Mon., Tue., Wed.	9:00 a.m 8:00 p.m. 9:00 a.m 2:00 p.m.	Dec. 27	5	227096	\$278.08
		Cornell C.C.	Sat.	12:30 p.m 9:00 p.m.	Sep. 20	6	234114	\$278.08
Lifesaving - Pre-National Lifeguard	14 yrs+	Thornlea Pool/Gym	Sat.	1:30 p.m 2:30 p.m.	Sep. 27	9	228462	\$107.05

## **Aquatic Leadership**

### **National Lifeguard**

The National Lifeguard certification is Canada's professional lifeguard standard. National Lifeguard education is designed to develop a sound understanding of lifeguarding principles, good judgment and a mature and responsible attitude toward the role of the lifeguard. The National Lifeguard certification emphasizes prevention and effective rescue response in emergencies including first aid treatment. The National Lifeguard program is designed to prepare lifeguards to fulfill this role as professional facilitators of safe, enjoyable aquatics. *Course is examiner evaluated. Please contact pool for*  exam date and time. Prerequisites: 16 years of age, Bronze Cross, and Standard First Aid from either: Lifesaving Society, Red Cross, St. John's Ambulance or Canadian Ski Patrol Alert Manual to be added at time of checkout/registration. You need to purchase a whistle.

### **Airway Management - AM**

Airway Management certification provides senior and experienced lifeguards with specific knowledge and training in the use of oxygen, suction devices, oral airways and mask/bag-valve-mask (BVM). *Prerequisites: Standard First Aid.* 

#### Lifesaving - Examiner Standards Clinic

Participation in an Examination Standards Clinic (ESC) will allow candidates to coexamine (with an experienced Examiner) awards they wish to be appointed to exam. After successful co-exams, completed training records and the approval of the LS Area Chair, the individual may then be appointed as an examiner. *Prerequisite: Instructor certification in the award the instrucotr wishes to be appointed to examine.* 

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
National Lifeguard	16 yrs+	Centennial C.C.	Sun.	2:00 p.m 9:00 p.m.	Sep. 14	7	234116	\$191.16
		Centennial C.C.	Sun.	2:00 p.m 9:00 p.m.	Nov. 9	7	250316	\$191.16
		Thornlea Pool/Gym	Sun.	9:00 a.m 6:00 p.m.	Sep. 28	5	227087	\$191.16
		Thornlea Pool/Gym	Sat., Sun., Mon., Tue., Wed.	9:00 a.m 7:00 p.m. 9:00 a.m 2:00 p.m.	Dec. 27	5	227086	\$191.16
Airway Management - AM	12 yrs+	Thornhill C.C.	Sun.	1:00 p.m 6:00 p.m.	Sep. 28	1	228399	\$93.16
		Thornhill C.C.	Sat.	1:00 p.m 6:00 p.m.	Nov. 8	1	228400	\$93.16
		Thornhill C.C.	Sat.	1:00 p.m 6:00 p.m.	Dec. 6	1	228398	\$93.16
Lifesaving - Examiner Standards Clinic	16 yrs+	Thornlea Pool/Gym	Sun.	12:00 p.m 4:00 p.m.	Oct. 5	1	250838	\$13.43
		Thornlea Pool/Gym	Sat.	12:00 p.m 4:00 p.m.	Dec. 13	1	250837	\$13.43

## **Aquatic Leadership Recert**

### **Airway Management Recert**

Prerequisite: Airway Management and Standard First Aid (SFA)

#### First Aid - Standard Recert

Prerequisite: Lifesaving Society's Standard First Aid (SFA) Holders of Standard First Aid (SFA) certifications from other agencies may not recertify their certificate on a Lifesaving Society recertification course. You may only recertify with your original certifying agency. Please be advised that you may only recertify your SFA award once. After one recertification you must repeat a full SFA Course Recertifications must be taken within three years of a full standard first aid course. If more than three years have passed, you must retake a full course.

#### **NLS Recert**

Prerequisite: Previously National Lifeguard certified

#### Recert - Combo (NLS, AM, SFA)

This is a combination recertification course for those needing to recertify their National Lifeguard, Airway Management and Standard First Aid Awards.

Program Name	Age	Location	Day	Time	Start Date	# of Classes	Course Code	Fee
Airway Management Recert	12 yrs+	Thornhill C.C.	Fri.	6:00 p.m 10:00 p.m.	Sep. 26	1	228411	\$66.89
		Thornhill C.C.	Fri.	6:00 p.m 10:00 p.m.	Nov. 14	1	228412	\$66.89
		Thornhill C.C.	Fri.	6:00 p.m 10:00 p.m.	Dec. 12	1	228410	\$66.89
First Aid - Standard Recert	12 yrs+	Angus Glen C.C.	Sat.	9:00 a.m 6:00 p.m.	Sep. 13	1	246697	\$75.49
		Angus Glen C.C.	Sun.	9:00 a.m 6:00 p.m.	Nov. 16	1	246698	\$75.49
		Angus Glen C.C.	Sat.	9:00 a.m 6:00 p.m.	Dec. 6	1	246699	\$75.49
		Thornhill C.C.	Sun.	9:00 a.m 6:00 p.m.	Oct. 5	1	228439	\$75.49
		Thornhill C.C.	Sun.	9:00 a.m 6:00 p.m.	Nov. 9	1	228440	\$75.49
		Thornhill C.C.	Sun.	9:00 a.m 6:00 p.m.	Dec. 7	1	228438	\$75.49
		Centennial C.C.	Sat.	9:00 a.m 6:00 p.m.	Sep. 20	1	229942	\$75.49
NLS Recert	16 yrs+	Angus Glen C.C.	Sat.	1:30 p.m 7:30 p.m.	Dec. 20	1	246721	\$94.25
		Centennial C.C.	Sun.	1:30 p.m 7:30 p.m.	Sep. 7	1	234117	\$94.25
		Thornlea Pool/Gym	Sun.	12:00 p.m 6:00 p.m.	Sep. 28	1	228465	\$94.25
		Thornlea Pool/Gym	Sun.	1:00 p.m 7:00 p.m.	Dec. 14	1	228467	\$94.25
Recert - Combo (NLS, AM, SFA)	16 yrs+	Thornhill C.C. Thornlea Pool/Gym	Fri., Sat., Sun.	6:00 p.m 10:00 p.m. 9:00 a.m 6:00 p.m.	Dec. 19	3	228478	\$185.85